



MAHATMA GANDHI MISSION



NSS Unit & Student Welfare Cell MGM Medical College, Aurangabad

A Constituent Unit of MGMIHS, Navi Mumbai



152nd

Gandhi Jayanti Celebration

Event Report

*You may never know what result come of
your action, but if you do nothing there
will be no result....*

- M. K. Gandhi



PATRONS



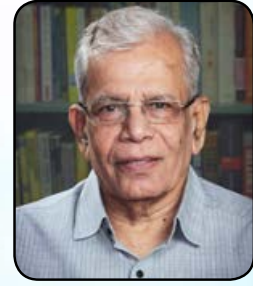
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Hon. Chancellor, MGM IHS, Navi Mumbai
& Chairman, MGM Trust



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Hon. Vice Chairman, MGM Trust



Shri. Ankushrao Kadam
Hon. Secretary, MGM Trust



Shri. Prataprao Borade
Hon. Trustee, MGM Trust

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Navi Mumbai



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MGM MCHA



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Dy. Registrar, MGM IHS,
Navi Mumbai



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MGMIHS IQAC
Co-ordinator



Dr. Swati Shiradkar
MGM MCA IQAC
Co-ordinator



Dr. Madhavi Mankar
MGMIHS NSS Program
Co-ordinator

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Member Secretary,
Student Welfare Cell, MGM MCHA



Dr. Bhavna Joshi
NSS Program Officer,
MGM MCHA

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General Secretary



Ms. Nandini Hajare
Asst. General Secretary



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Cultural Secretary (Male)



Ms. Prerna Dasgandhi
Cultural Secretary (Female)



Mr. Kritik Totla
Sports Secretary (Male)



Ms. Srushti Khandelwal
Sports Secretary (Female)



Ms. Aruja Saraswat
Ladies Representative



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Batch Representative
III MBBS (Part – II)



Mr. Pankaj Patil
Batch Representative
III MBBS (Part – I)



Mr. Ajit Jadhao
Batch Representative
II MBBS



Mr. Kevinaries Nair
Batch Representative
I MBBS

NSS UNIT, MGM MEDICAL COLLEGE, AURANGABAD



NSS volunteers with Dr. Bhavna Joshi, NSS Program Officer

NSS STUDENT WING

NSS Secretary (Male)	Pankaj Patil
NSS Secretary (Female)	Prajakta Rane
NSS Creative Team	Arish Raza Supriya Nagargoje
NSS Execution Team	Hinal Patel Sanket Birajdar
NSS Chronicle Team	Prachiti Pathrabe Payal Kendre Akanksha Jannawar
NSS Coordinators	Hardika Chothani Nikhil Patil Pushpak Kadam Pratik Solanke Tanya Trikha

Floral Tribute

The year 2021 marks the 152nd birth anniversary of Mahatma Gandhi who taught the world the values of truth and non-violence. These ideals are relevant to all human kind and can be considered universal. More than before Mahatma Gandhi's teachings are valid today, when people are trying to find solutions to the rampant greed, widespread violence, and runaway consumptive style of living.

He has inspired generations to think of 'swaraj' and struggle for it peacefully. To him, swaraj did not only mean 'self-rule' but it encompassed all spheres of life. In honor of the legendary leader and to inculcate his ideology in the students, we organized series of events following floral tribute.



Our Patrons Dr. P. M. Jadhav, Dr. A. G. Shroff & Dr. R. B. Bohra with Dr. Rajesh Kadam, Dr. Swati Shiradkar, Dr. Deepak Tayade, Mr. Mahesh Mahajan (General Secretary) & Mr. Pankaj Patil (NSS Secretary)

Date: 02 October 2021, Venue: Dyotan Hall



NSS Unit paying tribute to Mahatma Gandhi
Dr. Bhavna Joshi, NSS Program Officer with NSS Volunteers
Date: 02 October 2021, Venue: Dyotan Hall

Clean India Campaign 2021

Shramdan by NSS volunteers

Be the change you want to see in the world....!

- M. K. Gandhi



NSS volunteers cleaning the MGM campus

Date: 04 October 2021

Venue: MGM Clover Dale School Campus



NSS volunteers cleaning MGM campus with outcome

Date: 04 October 2021

Venue: MGM Clover Dale School Campus

Plastic Use Awareness Campaign

*The best way to find yourself is to lose yourself
int the service of others...*

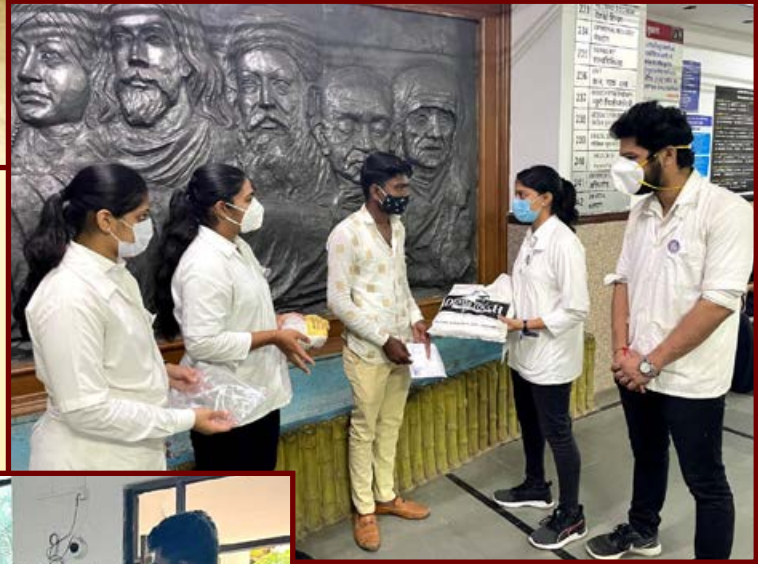
- M. K. Gandhi



NSS volunteers explaining about hazards of single use plastic to
attendants & canteen workers

Date: 06 October 2021

Venue: MGM Medical College Campus



NSS volunteers explaining about hazards of single use plastic to patients & relatives in OPD

Date: 06 October 2021

Venue: MGM hospital premises



MAHATMA GANDHI MISSION

152nd Gandhi Jayanti Celebration

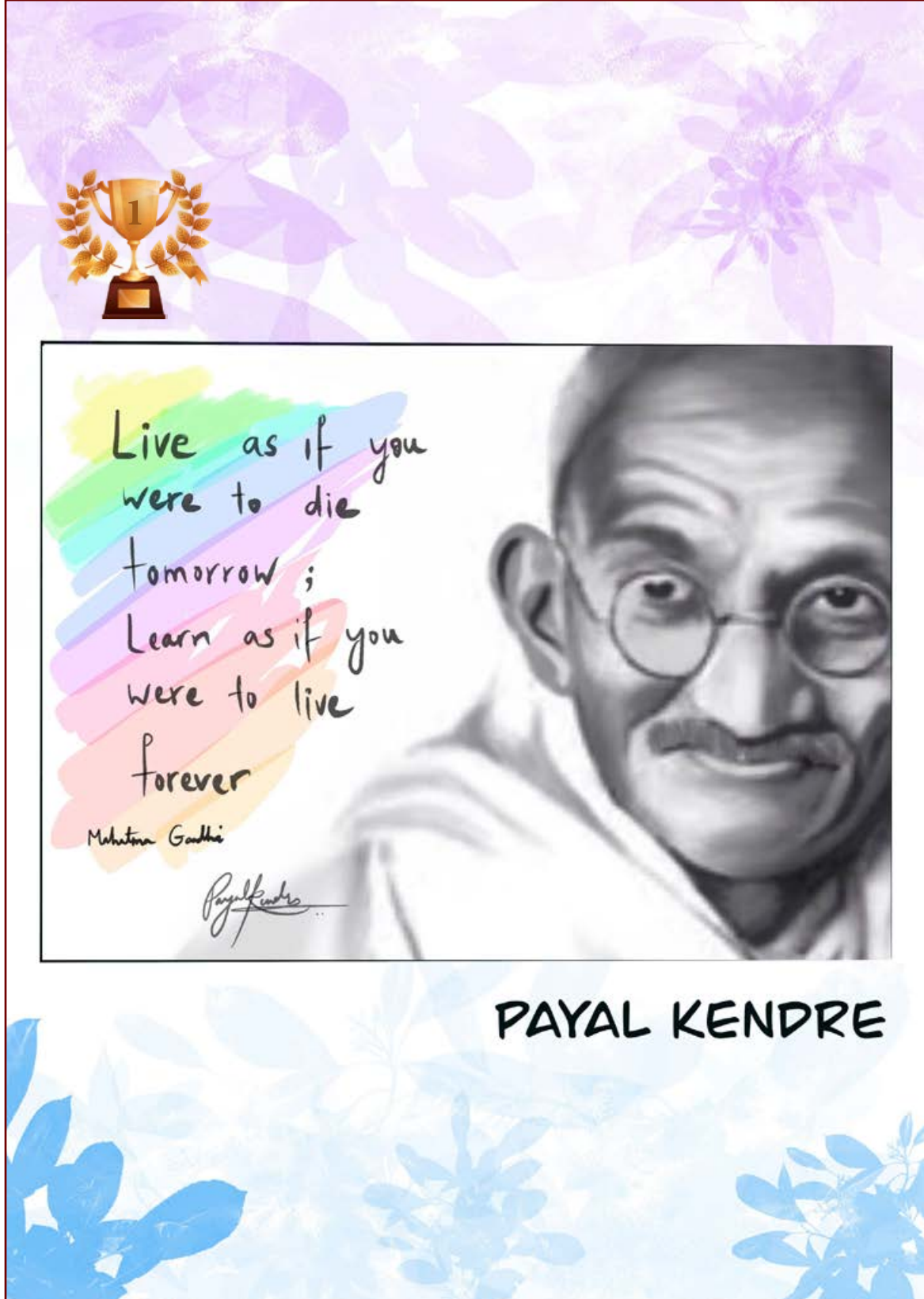
NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

Sketch/Drawing Competition

Theme: Gandhi - Through My Eyes



Dates of Competition: 01 October 2021 to 06 October 2021



MAHATMA GANDHI MISSION

152nd Gandhi Jayanti Celebration

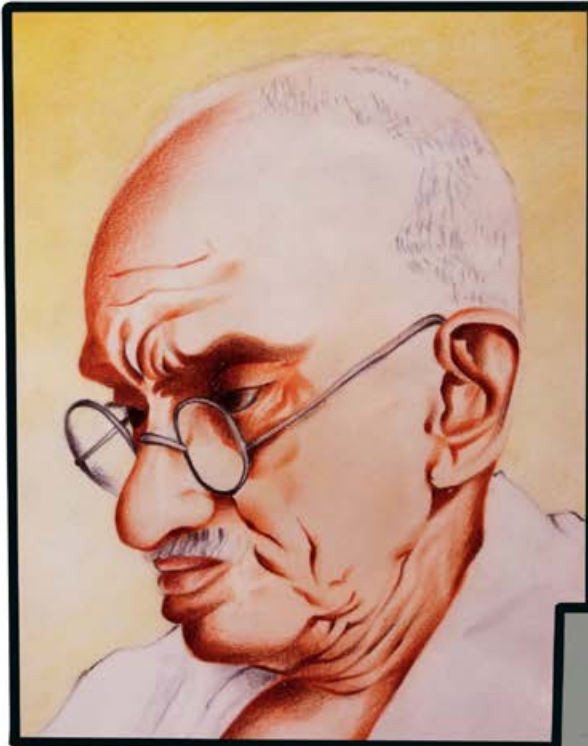
NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

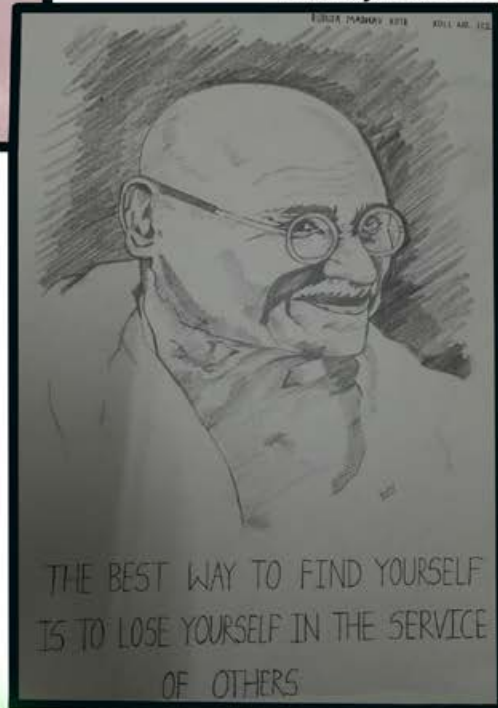
Sketch/Drawing Competition

Theme: Gandhi - Through My Eyes



Rajnandini Somani

Rutuja Rote



Dates of Competition: 01 October 2021 to 06 October 2021



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152nd Gandhi Jayanti Celebration NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

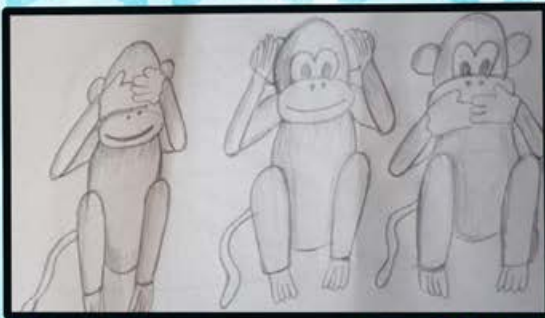
Sketch/Drawing Competition Theme: Gandhi - Through My Eyes



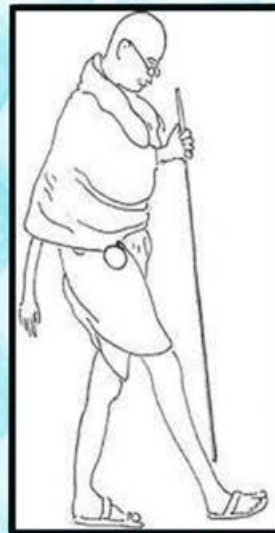
Seema Quraishi



Vaishnavi Sonawane



Vishwam Rathod



Nameer Shaikh

Dates of Competition: 01 October 2021 to 06 October 2021



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MGM Medical College, Aurangabad

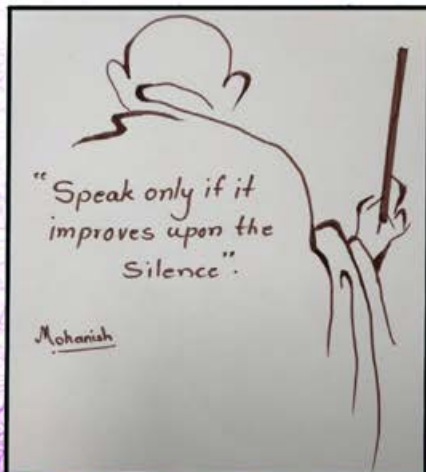
Sketch/Drawing Competition

Theme: Gandhi - Through My Eyes

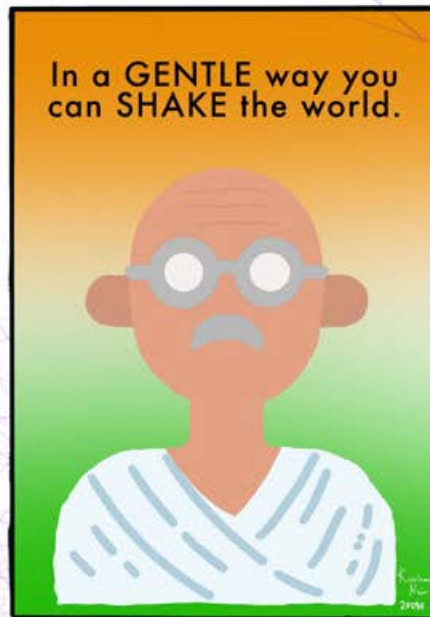
Shruti Unawane



Randheer Ghodke



Mohanish Mandawgade



Kevinaries Nair

Dates of Competition: 01 October 2021 to 06 October 2021



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Sketch/Drawing Competition

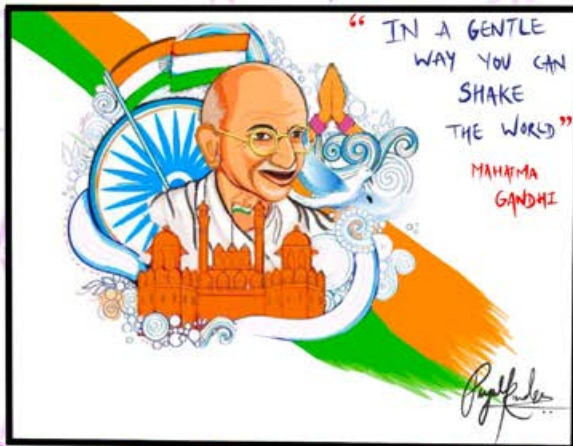
Theme: Gandhi - Through My Eyes



Saima Qureshi



Atharva Mali & Anshuman Das



Payal Kendre



Ajinkya Tandale

Dates of Competition: 01 October 2021 to 06 October 2021



MAHATMA GANDHI MISSION

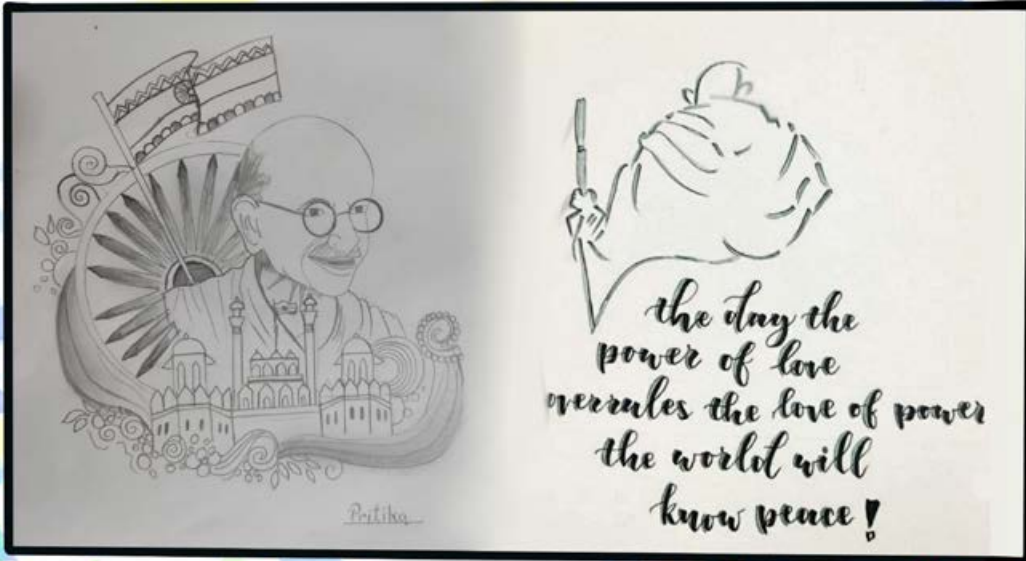
152nd Gandhi Jayanti Celebration

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MGM Medical College, Aurangabad

Sketch/Drawing Competition Theme: Gandhi - Through My Eyes



Pritika



Mrunmayee Rokade

Aheli pal

Dates of Competition: 01 October 2021 to 06 October 2021

Essay Competition
Theme: Gandhian Ideology & Medicine



152nd Gandhi Jayanti Celebration
NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

Creative Writing

Name of Student :

SHARVAREE . RAMKRISHNA . WAIKAR .

Academic Year :

II MBBS .

Title :

THOUGHTS OF GANDHIJI WITH RELEVANCE
OF TODAY'S GENERATION.



Marathi

आजच्या काळाच्या संबंदात गांधीजींचे विचार.
(गांधीजींचे विचार आजच्या काळात अनुरूप/ प्रसंगिक आहेत का ?)

०२ ऑक्टोबर १९६१ भारतीय स्वातंत्र्य लढ्यातील अग्रेसर व्यक्तिमत्व महात्मा गांधी यांचा जन्म दिवस . दर वर्षी साजरा केल्या जाणाऱ्या गांधी जयंती मुळे सर्व शाळकरी मुलांच्या तर हा लक्षात आहेच पण मी मात्र गांधीजी जाणून घेतले 'मुन्नाभाई एम बी बी एस' चित्रपटातील एका विनोदी दृश्यामुळे.
यात गांधी सिद्धांतानी प्रभावित झालेला मुन्नाभाई आहिंसा तत्वानुसार बंगल्याबाहेर उभे राहून क्रोध दर्शवित असताना, एक दूवा रपाल बाहेर येऊन त्याच्या कानशिलात लगावतो. चिड्ढेलेल्या सर्किटला समजावत मुन्नाभाई दुसरा गाल पुढे करतो परंतु त्याच्या अपेक्षेनुसार शांत होऊन निघून न जाता तो दूवारपाल त्याच्या दुसऱ्या गालावर देखील सणसणून थप्पड ठेऊन देतो. हतबद्ध झालेला मुन्नाभाई त्यानंतर एका थपडीत दूवारपालाला ओपवतो आणि म्हणतो "जब दुसरे गाल पर भी पड जाये, तो क्या करनेका ये बापूने अपुनको नही बोला था."
बापू जर आज असे तर ते यावर काय म्हणाले असे हे शोद्यायला मी गेले आणि एका महात्म्याला भेटले.

Dates of Competition: 01 October 2021 to 06 October 2021



Creative Writing

सुपीक, सुदृढ समाज निर्माण होण्यास सुरुवात होईल सुज्ञ वाचकांच्या लक्षात अलेच असेल की हेच विचार गांधीजींनी आग्रहाने मांडले होते आणि स्वतः अप्रमण आचरणात देखील आणले होते.

गांधीजींचा चरखा मोहीम यशस्वी राबवून खादी वापरण्याचा संदेश देत स्वदेशीचा मंत्र दिला होता. आज आपण 'मेड इन इंडिया' चा पुरस्कार करत आहोत. वाढत्या शहरीकरणामुळे ग्रामीण युवक शहराकडे पळत आहे. शेती, कुटीर उद्योग बंद पडत आहेत. भ्रज्जीपाला आणि इतर शेतमाल वाढत्या लोकसंख्येला अपुरा पडत आहे. परदेशातून आयात केल्याने वस्तुंची / पदार्थांची किंमत गगनाला भिडत आहे. याला पर्यायी मार्ग गांधीजींनी त्या काळीच दाखवला होता. त्यांनी स्वातंत्र्य पूर्व काळात असहकार चळवळी सोबतच ग्रामोदधार योजना देखील सुरु केली होती. त्यांच्या "गावाकडे चला" या विचारांनी प्रेरित होऊन माजी पंतप्रधान स्वर्गीय श्री लाल बहादूर शास्त्री यांनी देखील 'जय जवान जय किसान' चा नारा दिला होता. आणि लोकांनी त्यांना दिलेल्या प्रतिसादामुळे आर्थिक स्थिरताही अली होती. सद्य स्थितीत 'स्टार्ट अप इंडिया', 'उद्यम' सारख्या योजना राबवून ग्रामीण उद्योगांना चालना देण्यास सुरुवात झाली आहे आपला भारत कृषिप्रधान देश आहे. शेतीला आणि शेतीला पूरक व्यावसायांना प्राधान्य देऊन, त्यांना सुविधा पुरवून मजबूत केल्यास अनेक गावे स्वयंपूर्ण होतील. शेती उत्पन्न वाढून परदेशी वस्तुंची आयात कमी करता येईल. महागाई नियंत्रणात आणण्यास मदत होईल. गावी व्यवसाय निर्माण होईल. शहरी लोकसंख्या



Creative Writing

मला जाणवले की मला समजलेल्या गांधीजींच्या अनेक विचारांपैकी / तत्वांपैकी, "सत्य, अहिंसा, प्रामाणिकपणा, श्रुतदया, समता आणि सर्वधर्मसमभाव" हे काही ठळक विचार आजच्या काळातही तितकेच उपयुक्त आहेत.

आज सगळीकडे समाजमन इतके दगदगलेले आहे की कोणत्याही क्षुल्लकशा करणावरून दंगे होतात. जाळपोळ होते. अन्याय, बेरोजगारी यामुळे आजची पिढी कामग्न धास्तावलेली आहे. चढाओढीची इतकी चुरस आहे की लोक सहज चिरी-मिरी देऊन कामे करवून घेतात. अहंकराच्या / खोव्या मानपानाच्या हव्यासापायी इतरांचा जीव घेतात. मुख्यवर्धित शिक्षणापेवजी जास्त कमाई करून देणाऱ्या विषयानुरूप शिक्षण मुलांच्या ओक्यात कोबले जाते आहे. या सर्व गोष्टींमुळे आजची पिढी अगदी शाळकरी वयात व्याधिग्रस्त, व्यसनाधीन होत आहे. सतत पहिले येण्याच्या नादात मुलांची निरागसता हरवली आहे.

आजच्या या अस्थिर समाजमनाला शांत करण्यासाठी येणाऱ्या पिढीला बालवयापासून मुख्य शिक्षण देण्याची गरज आहे हे मुख्य शिक्षण म्हणजे, सत्य बोलणे, प्रामाणिक राहणे, स्वच्छता राखणे, दीन-दुबळ्यांची मदत करणे, प्राणी मात्रांवार दया करणे. सर्वांना बंधुभावाने एक समान वागवणे. अनीति म्हणजे काय हे जाणून त्यापासून दूर राहणे. स्वतः सोबत इतरांची ही उन्नती होण्यास मदत करणे. जेव्हा ही मूल्ये पालक स्वतः आचरणात आणून मुलांना शिकवतील तेव्हा कुठे मनात विनाशक सुप्त विणगी घेऊन वाढणाऱ्या जिवंत ज्वालामुखीपेवजी अहिंसक,



MAHATMA GANDHI MISSION

152nd Gandhi Jayanti Celebration
NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

Creative Writing

आयेक्यात येईल.

ग्रामीण जनतेच्या अनेक समस्यांपैकी अत्यंत महत्वाची समस्या म्हणजे जातीभेद किंवा शिवाशीव. गांधीजींना ही जातीनिहाय असमानता अजिबात मान्य नव्हती. अस्पृश्य म्हणून हिणवलेल्या लोकांना त्यांनी हरीची लेकरे म्हणजे 'हरिजम' म्हणून जवळ केले. आजही अस्पृश्यता कट्टर धर्मियांच्या मनातून गेलेली नाही. उलट आज तर शहरांतूनही ही समस्या बिकट होत आहे. आज गांधीजींच्या "वैष्णव जन तो तेने कहिये जो परी पराई जाने रे" या विचारांवर अमल करण्याची गरज आहे. सर्व माणसे एकाच ईश्वराची लेकरे आहेत अर्थात समता आणि बंधुभाव आचरणात आणायची गरज आहे.

गांधीजींचे हे सर्व विचार आपल्याला नवीन नाहीत. सर्व देशातील सर्व धर्मातील प्रत्येक पालक आपल्या बालकाला लहानपणी हेच विचार रोजच्या शुभंकरोती अथवा तत्सम प्रार्थनेने शिकवतात, पण ते आचरणात उतरवत नाही. आज गरज आहे की हे विचार नुसते शिक्षणापुरते मर्यादित ने ठेवता प्रत्यक्ष अंगीकारावेत. अस्वाभार्याकपणे हे सर्व मनापासून पटवून धेऊन त्याचा अंगीकार करण्यास निश्चितच प्रदिर्घ वेळ लागणार आहे. पण आज आपण त्यांच्या विचारांचा आजच्या काळाशी संदर्भात विचार करून सुरुवात तर केली आहेच. सर्वांच्या प्रामाणिक सहकार्याने हे कार्य पूर्ण ही करू.

॥ जय हिंद जय भारत ॥

Submitted on 02/01/2021

Bhavna
Dr. Bhavna Joshi

Essay Competition
Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
NSS Unit & Student Welfare Cell



MGM Medical College, Aurangabad

Creative Writing



English

Name of Student : Akanksha Jannawar

Academic Year : I MBBS

Title : RELEVANCE OF GANDHIAN IDEOLOGY IN TODAY'S WORLD

" Your beliefs become your thoughts,
Your thoughts become your words,
Your words become your actions,
Your actions become your habits,
Your habits become your values,
Your values become your destiny." - Mahatma Gandhi

Mahatma Gandhi often said "My life is my message" this is what kept Bapu relevant for over 150 years. The train incident in 1893 when he was thrown out of first-class compartment on a winter night gave him a reason to fight for discrimination. With no grudges against the man he simply called it a symptom of deep disease of colour prejudice. It gives us a bigger picture about how & towards what should a person's energy should be channelized in a world that increasingly grows apart.

Gandhiji was one of the greatest leaders of his time. Not only his leadership but his ideas & values are of immense importance. His ideas were so influential that it inspired great leaders like Nelson Mandela and Martin Luther King.

Dates of Competition: 01 October 2021 to 06 October 2021

Essay Competition
Theme: Gandhian Ideology & Medicine



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MGM Medical College, Aurangabad

Creative Writing

Albert Einstein once said about Gandhiji that "generations to come, it may well be, will scarce believe that such a man as this one ever in flesh & blood walked upon this earth". Even Barack Obama sees him as an inspiration. As his thoughts were important then, their significance is no less in present times. In fact, world needs them now more than ever.

Swavalambha, Ahimsa, Sarvodaya & Satyagraha constitute Gandhian philosophy and are the four pillars of Gandhian thought. In today's world where we are hit by a pandemic, we can say that everything is uncertain, we have all understood the importance of non-violence and Sarvodaya (progress of all). Times such as these also brings stark inequalities in the forefront. India witnessed the largest migrant crisis in its history which proves his statement "poverty is the worst form of violence".

While Gandhiji's classless society is still a far-fetched dream he also emphasized on women's equality and rights. He once rightly stated that "to call women the weaker sex is a libel; it is man's injustice to women. If by strength is meant moral power, then woman is immeasurably man's superior". He believed that the day women can walk freely on the roads at night that day we can say that we achieved independence.

Essay Competition
Theme: Gandhian Ideology & Medicine



MAHATMA GANDHI ASHRAM

152nd Gandhi Jayanti Celebration
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Creative Writing

The backbone of "Atmanirbhar Bharat" or "Make in India" is Swadeshi which is again Mahatma Gandhi's philosophy.

Gandhism is not only restricted to emotional extract but this duty also implies to physical world. He was very aware of the consequences of environmental destruction. As cyclones, wildfire, earthquakes and fear of climate change becomes real so does the need for lessons on morality from Gandhiji's philosophy.

With Gandhiji's immense belief on youth of a country maybe this modern century can adopt his teachings of simplicity, humility, integrity and love as a core value.

AKANKSHA

Submitted on 01/10/21


Dr. Bhavna Joshi

Bhavna
Dr. Bhavna Joshi

Essay Competition
Theme: Gandhian Ideology & Medicine



152nd Gandhi Jayanti Celebration
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MGM Medical College, Aurangabad

Creative Writing



Poetry

Name of Student : ARISH RAZA

Academic Year : III MBBS (PART-1)

Title : POEM - My Life Took A Drastic Turn

I am stuck in time
The ray of hope has diminished
Darkness has blanketed my soul
In the midst of odds
I always found a way to hide
Hide within my impure soul
My inner self used to burn like fire
Everytime I presented myself as a liar
My insensitive and dishonest words
gave me the path for easy success
But deep down I knew
I was missing the pleasures of satisfaction
Yes, I confess!
For me independence always came
with atrocities
But never I could have imagined independence
of the people, by the people and with the people
To speak harsh, lending your ears
to insensitive talks, to see inappropriate
activities is what attracts you

Essay Competition
Theme: Gandhian Ideology & Medicine



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Creative Writing

But to stand there and opt not to
is what makes you different
I could feel the negativity
concealing me with my thoughts and actions
But when I chose to be different
the blanket of darkness made way for
the ray of hope to connect with my soul.
Independence, honesty, non violence
are hard to believe in
But it allows all the positivity to seep in

Arish Raza
ARISH RAZA.

Submitted 02 01/10/21

Bhanna
Dr. Bhavna Joshi

Essay Competition
Theme: Gandhian Ideology & Medicine



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MGM Medical College, Aurangabad

Creative Writing

Name of Student : SUPRIYA BALASAHEB NAGARUOJE

Academic Year : 2018 . III year. minor.

Title : Relevance of Gandhi ideology in today's world.

आज २ ऑक्टोबर २०२१ राष्ट्रपिता महात्मा गांधी जयंती आहे. महात्मा गांधी यांच्या विचारांची प्रासंगिकता आजच्या काळातही टिकून आहे.

महात्मा गांधी जी हे स्वातंत्र्य चळवळीचे अध्यक्ष होते. 'सत्य' 'अहिंसा' 'सर्वोदय' 'सत्याग्रह' या तत्वांमुळे आपल्याला स्वातंत्र्य मिळाले आहे. आणि आधुनिक काळातही त्यांचे तत्व जोपसले गेले आहे. आज प्रत्येक मुलगी वेगवेगळ्या क्षेत्रांमध्ये उंच भरारी घेत आहे. छोटी गावांपासून मोठ्या शहरांतील सर्वांना मुलभूत शिक्षण भेटत आहे. सरकारी शाळा, प्राथमिक आरोग्य केंद्रे, आशा कार्यक्रमा, इ. माध्यामातून शासनांतर्कें प्राथमिक गरजा पूर्ण केल्या जातात.

भारतामध्ये वेगवेगळ्या धर्मांचे, जातीचे, वेगवेगळे भाषा बोलणारे, वेगवेगळे (पोषक) वेशभूषा असणारे सर्वजण एकत्र राहतात. अशीच विविधता पाहिलां भेटते ते म्हणजे महात्मा गांधी कॉलेज मध्ये. येथे वेगवेगळ्या राज्यांतून लोक वैदिक शिक्षण घेण्यास येतात. कोणी दिल्लीचे आहे तर कोणी मुंबई, कोणी हरियाणा, तर कोणी गुजरात, तर कोणी जम्मू कश्मिरचे. सर्वजण सोबत राहतात.



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Creative Writing

आणि एकमेकांची भाषा, संस्कृती समजून घेतात.
गांधीजीनें जे स्वातंत्र्यांचे स्वप्न पाहिले ते हेच!!
कोणत्याही जात, धर्म, रंग या भेदभाव न करता
एकताने राहणे.

गांधीजींच्या विचारांचे आधुनिक जगावर असलेले
प्रभाव म्हणजे 'स्वच्छ भारत अभियान'

'एक कदम स्वच्छते की ओर' या घोषवाक्याप्रमाणे
प्रत्येक छोट्या गावात ही स्वच्छता उपक्रम केले
जातात. ओला व सुका कचरा वर्गीकरण यामुळे
पुनर्वापर करणे हे थुप सोपे झाले आहे.

गांधी जयंती निमित्त एक नवीन उपक्रम सुरू
केला आहे. तो म्हणजे आपल्या ~~चष्मा~~ चष्माचा द्या
कायमची सुट्टी! यामध्ये LASIK या प्रकियेद्वारे
चष्माचा नंबर, इ. काढला जातो.

'डॉक्टर' हे गांधीजींच्या तत्वांचे आदर्श आहेत.
कोणत्याही धर्माचा, जातीचा, रंगाचा भेदभाव न करता
प्रत्येक रूग्ण हे समान आहेत आणि त्यांना समान
उपचार केला जातो. आणि मला डॉक्टर असण्याचा
अभिमान आहे.

प्रत्येकांना गांधीजींच्या विचारांचे अमल करावे,
कारण, In a gentle way, You can shake
the world.

Submitted on 01/10/21


Dr. Bhavna Jotli

Bhavna
Dr. Bhavna Jotli



Essay Competition
Theme: Gandhian Ideology & Medicine



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2

Creative Writing

Name of Student : Tandale Ajinkya Ankush

Academic Year : I MBBS

Title : Thoughts of Gandhiji with relevance to today's generation...

इतिहासा लु पाठिमागे
वळुनी पहा जरा ।

झुकवुनी मस्तक करशील
तयांना मानाचा मुजरा ॥

गांधीजी म्हले की आपल्यासमोर येते व्यादी धारण केलेली एक कृष मुर्ती. परंतु त्यांनीच आपणांस केवळ स्वातंत्र्यच नव्हे तर महान मुल्यांची देठागी दिलेली आहे. आपले राष्ट्रपिता गांधीजी यांनी दिलेले सत्य, अहिंसा, प्रेम हे संदेश कायम प्रेरणा देणारे ठरले आहेत. त्यांचे विचार फक्त आपल्या देशाचेच नव्हे तर संपूर्ण जगाने आत्मसात करून पुढे जाण्याची आजच्या काळात नितांत गरज आहे.

गांधीजींचा जन्म २ ऑक्टोबर १८६९ ला गुजराच्या पोरबंदर येथे पुतळीबाई आणि कर्मचंद गांधी या दाम्पत्याच्या पोटी झाला. त्यांचे संपूर्ण नाव मोहनदास कर्मचंद गांधी असे होत. त्यांनी लंडनमधून बॅरिस्टरपदाची पदवी मिळवली. तेथे वकिली करण्याचा प्रयत्न केला परंतु अपेक्षित यश न मिळाल्यामुळे दक्षिण आफ्रिकेला जाण्याचा निर्णय घेतला. त्यांच्या लंडन येथील वास्तव्याच्या वेळी द्युप



Creative Writing

लोकांनी समजावणे की शरीराला गरम डेवण्यासाठी मदिरा सेवन आवश्यक आहे. परंतु गांधीजी आपल्या विचारसरणीतून वगळता व मदिरास स्पर्शही केला नाही. परंतु आजची युवा पिढी सरसिपणे मदिरा सेवन करून व्यसनाधीन झाली आहे. गांधीजींनी आपली अर्धी ह्यात पाश्चात्य देशांमध्ये काढली परंतु त्यांनी भारतीय पहरेवाचा स्वीकार केला. नेहमी साधी राहणी आणि उच्च विचारसरणीचा पुरस्कार केला. मात्र आजच्या काळात तरुण पाश्चात्य विचारसरणीचे अनुसरण करून बापुंच्या विचारांना तिलांजळी देत आहेत. गांधीजींनी नेहमी स्वदेशीच्या माध्यमातून युवकांना प्रोत्साहित केले.

गांधीजींनी द. आफ्रिकेमध्ये केलेल्या समाजकार्याने प्रभावित होऊन भारतातील स्वातंत्र्यलढ्याचे नेतृत्व बापुंज्ये सोपण्यात आले. त्यांचे सर्वात मोठे वास्तव म्हणजे सत्य व अहिंसा होते. त्यांचा सर्वात मोठा विचार म्हणजे,

“ साझा धर्म सत्य आणि अहिंसेवर
आधारित आहे. सत्य साझा परमेश्वर
आणि अहिंसा त्याला प्राप्त करण्याचे
साधन आहे.. ”

महात्मा गांधीजींचे संपुर्ण आयुष्यच आपणासर्वांसाठी एक आदर्शच आहे. त्यांनी आयुष्यभर लोकफल्याणासाठी स्वतःवर प्रयोग केले व येताच्या पिढ्यांना मुल्यांनी शिकवण दिली.



Creative Writing

आजच्या काळात गांधीजींची मूळे आपणांसाठी मैलाचा दगड आहेत ज्याच्या साहाय्याने आपण शांततामय जीवनाकडे पाहू शकतो.

" व्यक्ती हा आपल्या विचारांनी घडवारा प्राणी आहे तो जो विचार करतो तसाच तो बनतो "

त्यामुळे मनुष्याने आपल्या विचार आणि कृतीची सांगड घालून कोणतेही कार्य करणे. आपल्या कोणत्याही कार्याने लोकांना त्रास होणार नाही याची काळजी घ्यावी. गांधीजींच्या ठायी असलेली करुणा आणि निःस्वार्थ सेवाभाव माझ्यामते अत्यंत महत्त्वाचा गुण आहे. आजच्या जगामध्ये निःस्वार्थपणा लुप्तच होत चालला आहे. प्रत्येकासाठी 'ना हाप खिरी ना भैया, अपनी जिंजी मे रहेगा सबसे बडा कपया' असेच आहे. त्यामुळेचतर गांधीजींचा विचार,

" इतरांच्या सेवेत स्वतःला समर्पित करा लुळावा स्वतःचा 'स्व' सापडेल. "

क्युप कामी येतो.

गांधीजींनी संपुर्ण स्वातंत्र्य लढयामध्ये अहिंसा छामचा पालन केला. त्यांचे मानने होते की कोणताही प्रश्न सोडवायचा असेल तर शांततेने प्रयत्न करा तो प्रश्न अथवा ही समस्या अवश्य सुटते.



Creative Writing

'अहिंसा शब्द है अनमोल दृष्ट-दृष्ट रहा समाए
हिंसा जड विषाद की आनंद अहिंसा कहाए
बंधन में लिप्त प्रेम ही हिंसा का भाव जगाए
मुक्त प्रेम यदि तो, अहिंसा को दर्शाए''
ते नेहमी म्हणायचे की जर एखादी व्यक्ती आप-
ल्या गालात भारत असेल तर आपण आपला दुसरा
गाळा समोर करावा. परंतु आजच्या जगामध्ये अगणा-
स आरे म्हणाला तर लगेच समोरचा का रे म्हणत
तयारच असतो. अशाप्रकारे बापु लोकांना प्रेमने
जिंकणे जाणत होते. या दकडकीच्या आयुष्यात
लोक पैसा, सत्ता, लोभ, भ्रष्टाचार यांच्यात आंघळे
झाले आहेत. नेहमी स्वयं बोलवे, आत्मनिर्भर व्हावे
ही गांधीजींची मुक्ततत्वे आहेत. यांचे त्यांनी आयुष्यभर
पालन केले. व संपुर्ण जगाने त्यांचा स्वीकार करून
त्यानुसार अन्वरण करावे अशी शिकवण दिली. परंतु
आजची पिढी आळशी व एकमेकांवर अवलंबून राह-
णारी आहे.

" कब तक दूसरों की राह लकोगे
कब तक दूसरों के भरोसे बैठोगे
पर के भरोसे बना मत जीवन दुभर
चल उठ हो खड़ा बन आत्मनिर्भर "

गांधीजींचे विश्वास तत्व संपुर्णमानवजातीसाठी एक
मोठी शिबोरी आहे. परंतु या स्पर्धेच्या युगात लोकांचा

Essay Competition
Theme: Gandhian Ideology & Medicine



152nd Gandhi Jayanti Celebration
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2

Creative Writing

एकमेकांप्रतीचा विश्वास नाश पावत आहे. तसेच गांधीजींनी शिकवलेली एकता आणि बंधुत्व या दोन आदर्शवादी मुल्यांचा विसर पडत आहे. त्याची सर्वात मोठी उदाहरणे म्हणजे दहशतवादी हल्ले, जातीधर्माची दंगली, ह्युमविरुद्ध चा-ललेले राजकारण या गोष्टींमुळे सामाजिक शांतता भंग पावत आहे.

आजच्या काळात परिस्थिती बदलली आहे. कोणीही कोणाचा आदर करत नाही, बापुची तत्वे पाळत नाही त्यांची मुल्ये फक्त पुस्तकामध्ये वाचण्यासाठी आणि जयांतीच्या दिवशी सजवण्यासाठीच्या कामाची राहिली आहेत. विज्ञानामुळे झालेल्या प्रगतीमुळे लोकांची स्पष्टीची भावना वाढत आहे त्यामुळे बापुचे मूळ विचार लोप पावत आहेत. म्हणून त्यांची तत्वे, मुल्ये शिकवण विचार आचरणात आणणे गरजेचे आहे. त्यामुळे सर्व लोकांना समान अधिकार उच्च-नीच, गरीब श्रीमंत ही दरी कमी होऊन गांधी-जींच्या स्वप्नातील रामराज्य सत्यात उतरेल व त्यांची 'वसुधैव कुटुंबकम' संकल्पना साकार होईल.

Signature

Submitted on 01/10/21

Signature
Dr. Bhavna

Dr. Bhavna Joshi

Essay Competition
Theme: Gandhian Ideology & Medicine



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MGM Medical College, Aurangabad

Creative Writing

Name of Student : Tarang Mehta

Academic Year : III MBBS (part-1)

Title : Bapu and Medicine

I pay my heartfelt tributes to bapu on his 152nd birth anniversary.

Before starting, we would like to remember Gandhiji through their quote...

"Freedom is not worth having if it does not include the freedom to make mistakes"

Bapu's contribution to the Indian freedom struggle is widely known and recognised internationally. He is been looking upon as greatest visionaries India has produced.

As Gandhiji's role and contributions to the political arena are well known, what is less known is his contributions towards health. Not many people are aware that he was interested in studying medicine and wanted to become a medical practitioner. But because of some

Essay Competition
Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
NSS Unit & Student Welfare Cell



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family reasons he took law and moved to south africa. As he was not able to pursue medicine but that didn't lower his interest in health and working for sick and poor. His interest in health, hygiene, nutrition and diseases was as great as his interest in politics. He insisted that adopting preventive measures for diseases was better than treatment. He said it was important to focus on cleanliness, a controlled diet and an exercise regimen.

Gandhiji was a firm believer in the principle that healthy mind keeps the body healthy, and he stressed on the importance of a healthy lifestyle and positive thinking. He suffered from high blood pressure and said that he had not been able to gain control over his mind as he should have. He thought disease was an outcome of ignorance to health, hygiene, nutrition etc. so if one has ignored, one should be prepared to pay the price for it. He said if a man has overeaten and suffers from indigestion as a consequence, he should

Essay Competition
Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
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Creative Writing

fast instead of resorting to drugs.

The fast will cure the indigestion and at the same time teach him a lesson not to over eat in future.

Therefore,

Mahatma Gandhi will be remembered for his many contributions - his role in India's freedom struggle, his fight for human rights and his work for the needy people etc. Despite limited medical facilities and treatments available during at that time, Gandhi's approach towards disease management by adopting simple, eco friendly and cost-effective methods benefited several people. He lived in an era of global hunger and faced two world wars, but his philosophy towards life was simple. His charismatic personality won him respect and honour throughout the globe. He lived a simple life and he conducted his experiments first on himself before he suggested others to follow.

Essay Competition
Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
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His legacy in today's fast moving world is equally relevant. His teaching and practices may prove to be a guiding force for generations to come. It would indeed be a great tribute to this monumental human if we carry forward his legacy and adopt his teachings in our day to day life from his 152nd birth anniversary year.

In last :-

अंग्रेजों के सामने वो झुके नहीं...

Khudse unko yeh ummed thi..

Shakir chaahe saath de ya na de...

Mann mei azaadi ki chingari aag ugal rahi thi..

Submitted on 01/10/21

Dr. Bhavna Joshi

Bhavna
Dr. Bhavna Joshi

Tarang Mehta

Essay Competition
Theme: Gandhian Ideology & Medicine



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Name of Student : DIPTI DHIRENDRA RANGDAL

Academic Year : I MBBS

Title: Thoughts of Gandhiji with relevance to today's generation.

Mahatma Gandhi commonly known as "bapu" was a man of virtues, discipline, morals, integrity. He was always known for peace and harmony. His thoughts, morals and principles are something we still abide in our day to day life. He always wanted our nation to be self dependent, he wanted each and every individual to work, and this is what - SWADESHI is about, the literal meaning of Swadeshi is: "of one's own country". This principle holds more significance in today's context. That is what "make in India" is about. Our government is also trying to focus on the same thought. We want our generation to be self-reliant. Boycott of foreign goods or even software/hardware and use of domestic products is taken quite seriously these days. Government is trying so that each and every individual in our country gets employment and hidden talent is rewarded. This is only possible by reducing our dependence on foreign goods or to be specific in this 'technosavy generation' reducing the dependence on foreign industry. Recently many apps were shut down by the

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Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
NSS Unit & Student Welfare Cell



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government to decrease this dependency. We have reduced our dependency on Chinese goods in softwares. Our government wants to encourage youths to use their own ideas to develop this country and have an impact worldwide.

Another thing which Bapu has taught us was to keep our nation clean. This principle is more relevant today than ever. That is what "SWACHH BHARAT ABHIYAN" is all about. It is a national level campaign by the government of India which includes cleaning of our own locality, city and thus keeping the whole country clean. This mission was started to focus on hygiene and now during the pandemic of COVID-19 we can all see the importance of it.

It's important to keep our surroundings clean and disinfected for a healthy being of an individual. COVID years have educated us about the importance of personal and social hygiene. It has taught us how even a simple habit of washing your hands frequently needed to be inculcated among individuals. Gandhiji always said: "Sanitation is more important than political independence." This was taken quite seriously once the COVID wave hit us. Even now our government is trying to emphasize on this by starting various campaigns. Simple road cleaning or even simple things like wearing a mask properly, washing hands frequently, keep your surroundings sanitized are

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Theme: Gandhian Ideology & Medicine



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4

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the only ways to survive this pandemic now.

Gandhiji another belief which I would like to highlight is discipline. I believe this generation needs to focus alot on this. He was a man of discipline. Discipline is the bridge between goals and accomplishments. One should have discipline in his regular routine to achieve his dreams but unfortunately procrastination is the wheel to life's journey these days. It would be a lie if I don't accept that we students also need to focus on this. A simple example of journal submissions reminds me how majority of the students don't submit this until the last warning. This is a simple example how this generation lacks discipline.

Also lack of patience, Gandhiji believed in non-violence. Honestly I don't think we have enough patience to deal with things peacefully these days.

This needs to be changed. He said "you never know what result come to your action, but if you do nothing there will be no result." So let's try to change something in over ourselves. Because at the end the future lies in the hands of this generation. n future depends on what you do today.

Submitted 02/01/2021


Dr. Bhavna Joshi

Bhavna
Dr. Bhavna Joshi


Dipti Rangdel

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Theme: Gandhian Ideology & Medicine



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6

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Name of Student : SAGAR . BHARAT . PATEL

Academic Year : 2018 BATCH III MBBS

Title : "THOUGHTS OF GANDHIJI WITH RELEVANCE
TO TODAY'S GENERATION"

"Generations to come will scarce believe that such a man as this ever in flesh and blood walked upon this earth"

- Albert Einstein .

Today, Gandhiji is remembered for his passionate adherence to the practice of non-violence, supreme humanism, Truth, Vegetarianism, Bramhacharya, Simplicity and Faith in every corner of the world. On pillars of truth and non-violence, he offers solutions through his different principles on issues of society, economy, politics, and human substance.

"An eye for an eye makes the whole world blind" - Gandhiji built his movement of Satyagraha on value premises of truth and non-violence based on the assumption of the basic goodness of humanity. His successful mass-movements



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6

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soon elevated him as the most followed mass leader. In spite of his popularity, he remained grounded. 'Simple living and high thinking' was the adage he lived by, understanding rigorous facts and largely depending on fruits and nuts; he exemplified the way of living in harmony with nature. He believed in mother earth's capacity but cautioned, "Earth has enough for everyone's needs, but not for their greed."

"Be the change that you want to see", which continues to guide the present day civil society. Gandhiji respected everyone's views but made firm decisions based on his vision. His message underlines a simple philosophy of valuing every individual and his efforts.

Gandhiji is all the more relevant today when the problems in the society have assumed larger dimensions. In his stress on 'Charkha-Khadi' lay the simple strength of promoting indigenous industries and skills. The promotion of vocational

Essay Competition
Theme: Gandhian Ideology & Medicine



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152nd Gandhi Jayanti Celebration
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6

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Skills and converting them into self-employment means is the sustainable means of driving out people from the grasp of poverty. The spirit of 'Swadeshi' should be re-ignited whereby it can consist with the challenges from multinational firms. The Gandhian idea of trusteeship holds relevance in the current scenario as people live a lavish lifestyle and destroy the resources recklessly indebting future generations.

Our Mr. President Ram Nath Kovind on the eve of Gandhi's 150th birth Anniversary said, "Satya, Ahimsa and sarvodaya formed the bedrock of Gandhi's numerous messages to humanity".

Barack Obama said, "In my life, I have always looked to Mahatma Gandhi as an inspiration, because he embodies the kind of transformational change that can be made when ordinary people come together to do extraordinary things."

Dr. King said, "...If humanity is to progress, Gandhi is inescapable." Happiness is when what you think, what you say, and what you do are in harmony.

Submitted
02/01/2021

Bhavna

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Creative Writing

Name of Student : Riddhi Abhay Gugliya

Academic Year : II MBBS

Title : "That's how Gandhism Echoes in my Ear!"

We have to fight for our rights...
But we don't need guns & bullets...
Life is all about peace of Mind!
But how? would the world make sense of it?
When we put them into piece & slits...
That's how Gandhism Echoes in my Ear!

Lets tell the real truth,
truth that we hold...
U will believe only after,
this truth is being told...
Truth is reality Even though it is old...
Coz, Loyalty & honesty can not be resold...
That's how Gandhism Echoes in my Ear!

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Theme: Gandhian Ideology & Medicine



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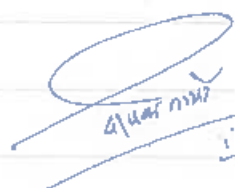
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Equality is death, Not the life across...
We all breathe, its not the loss...
that one in loss & other be the boss...
then why to Evolve so much chaos...
At our own, we Nailed to the cross...
That's how Gandhism Echoes in my Ear!

With so much Uniqueness in every race...
that is much to choose, to respect & Embrace...
Could u Imagine a World so drab & so lame...
Where we all looked alike & acted the same...
That's how Gandhism Echoes in my Ear!

Anti Racism & Equality in Crowd,..
where Non-Violence & Truth be so loud...
That's how Gandhism Echoes in all Ears around..

Submitted on 01/10/21


Dr. Bhavna Joshi

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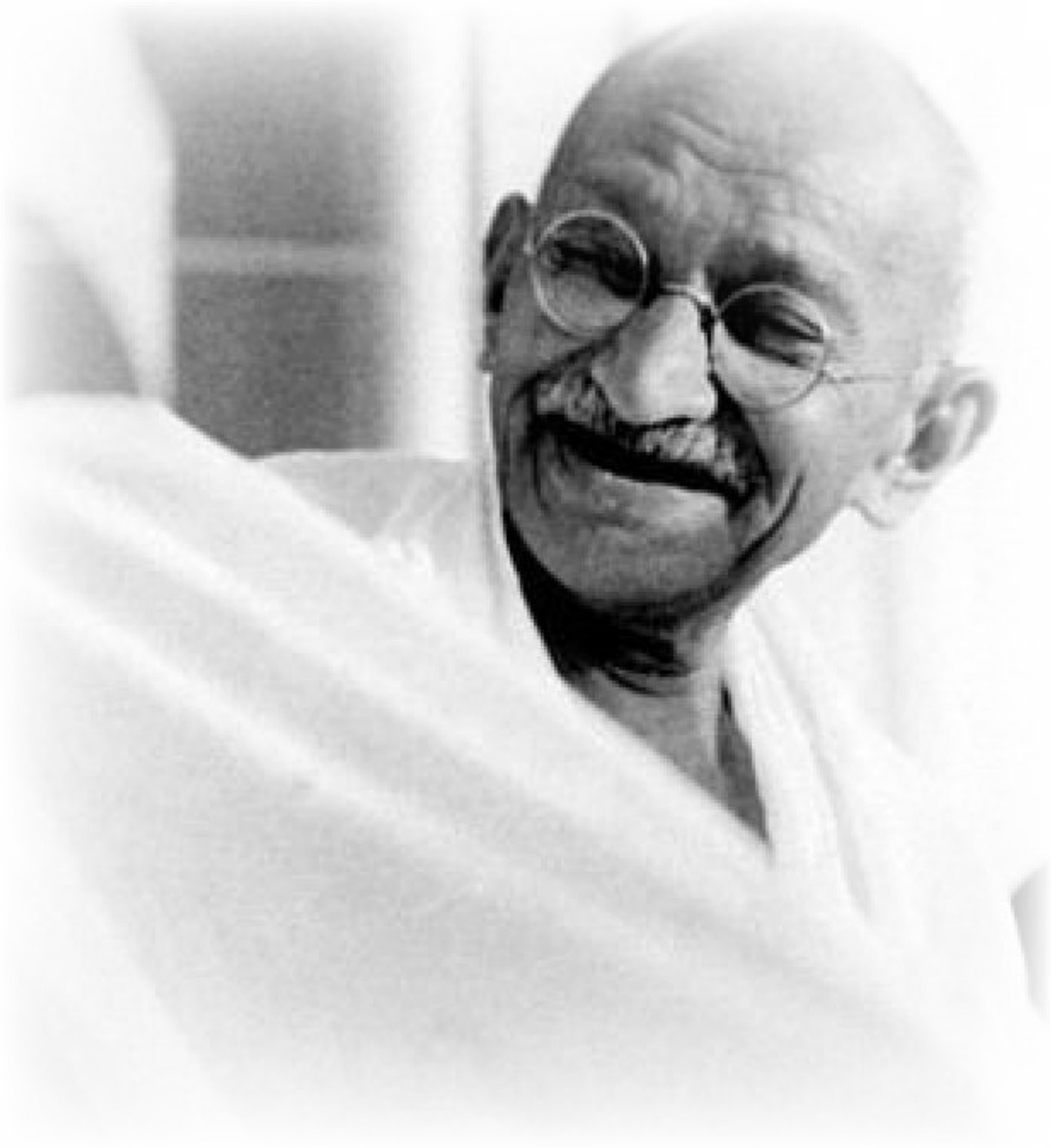
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*There are two days in the year that we can not do anything,
yesterday and tomorrow...!*

- M. K. Gandhi



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