

Gender-related Value Added Courses & PhD

		Gender-related value-added courses MGIMHS					
Sr No	Name of the value-added courses (with 15 or more contact hours) offered during the last five years	Course Code	Year of offering	No. of times offered during the same year	Number of students succesfully completin g the course in that year	NM	AURANGABAD
1	Gender Sensitisation course	VAC 08	2014-15	2	54	0	54
2	Gender Sensitisation course	VAC08	2015-16	3	92	0	92
3	Gender Sensitisation course	VAC08	2016-17	3	139	0	139
4	Gender Sensitisation course	VAC08	2017-18	9	216	0	216
5	Course in Emotional Intelligence	VAC10	2017-18	2	88	0	88
6	Course on Gender sensitisation	VAC08	2014-15	7	172	0	172
7	Course on Emotional intelligence	VAC09	2017-18	3	107	0	107


Dr. Rajesh B. Goel
 Registrar
 MGM INSTITUTE OF HEALTH SCIENCES
 (DEEMED UNIVERSITY u/s 3 of UGC Act,1956)
 NAVI MUMBAI- 410 209

Value Added Course on Gender Sensitization

Introduction :

Gender of a person and attitude of people towards gender have very high impact on personal and social health. Gender discrimination, female feticide, sexual harassment and abuse are results of unhealthy gender attitude. This develops unknowingly because of peculiar sexual socialization. Only information about reproductive system will not be able to change this attitude as it involves de-learning and re-learning. There is need for proactive efforts to develop healthy gender attitude

We want to introduce a value added course on gender sensitization which will deal with these issues and will help to find solutions. This course is in addition to inclusion of gender sensitization in curriculum.

Objectives :

At the end of course the participant will have added value in :

- | | |
|--------------------|---|
| Knowledge - | Concept of sex and gender |
| | Issues related with gender |
| | Sexual socialization and literacy |
| | Sexual orientation and related issues |
| | Sexual abuse and related laws |
| Skills - | Identification of areas where personal and social health is having |
| | impact of gender |
| | Able to work as resource person whenever required |
| Attitude - | Developing healthy gender attitude without bias, judgment and label |

Course coordinator : Dr. Swati Shiradkar

Department under which course to be conducted:

Department of OBGY and ICC

Title : Let us have a healthy gender attitude

Who can take this course: UG and PG Medical /Physiotherapy / Nursing Students

Medical and Non Medical Teachers

Social Workers interested to work in this area (min 12th)

Annual Intake : one batch of 30 to 40 participants , 16 contact hours excluding college timings over 2 months

Fee Structure: Open for discussion as the Subject is on social interest

Syllabus: Concept of gender and biological sex

Gender identity, Expression and Related problems

Sexual Orientation and effects on psychological, physical and social health

Conflicts because of gender and sex roles and their effect on health

Special areas where gender has significant role in life like resource availability, position in family and society , power of decision making and health

Sexual abuse and related laws

What is health gender attitude

Teaching -Learning Methods : Interactive lectures

Role plays

Case studies

Assessment : Pre Test / Post Test / Feedback

Course :- Happiness Through Enhanced Emotional Intelligence

Introduction:

Emotional intelligence (EQ/EI) is defined as an ability to identify, consider and control emotions in oneself and to recognize them in others, brought on by a combination of self awareness, self management, social awareness and relationship management.

Intelligent quotient (IQ) correlates with academic success but often fails to assure personal and professional success. EQ on other hand is a spastically significant factor in achieving personal and professional growth. While IQ is inborn god gift; EQ can be improved by learning strategies in areas of self awareness, social awareness and relationship management. Most of the professional courses including medical courses offer little to improve EQ of participants in these course. Present value added course is designed to enable students/participants to lead a happy and fulfilling life by using strategies of EQ/EI.

Course objectives:-

Objectives are divided in three domains of learning

Knowledge	Skill/psychomotor	Attitude/affective
Understanding biology of emotions	Identify emotions in others	Self observation of own emotions and response body to it
Understanding psychological aspect of emotions	Initiate communication	Improve sleep hygiene
Role of emotions in daily life	Communication in different settings	Know whom and what pushes your buttons
Study of role of emotions in professional life	Practice of individual strategies and skills	Observing emotions in others
Learning healthy strategies for emotional management	Keep journal about emotions(mood charts)	Social awareness and communication
Learning theoretical aspects of communication skills	Seeking feedback	Live in the moment
Learning nuances of relationship	Self management in daily life	Relationship management through role plays

Course coordinator : *Dr. Swati Shiradkar, Dr Manik Bhise*

Department under which course to be conducted : Department of OBGY and Psychiatry

Who can take this course: UG and PG Medical /Physiotherapy / Nursing Students
Medical and Non Medical Teachers

Annual Intake : one batch of 30 to 40 participants , 16 contact hours excluding college timings over 2 months

Fee Structure: Rs 2000/- per head (Open for discussion as the Subject is on social interest)

Syllabus: Identifications of our own emotions

Expressions of emotions in right way

Management of emotions

Understanding emotions of others

Improving intra and inter personal relations.


Management of stress arising out of emotions.

Teaching -Learning Methods : Interactive lectures

Role plays

Case studies

Assessment : pre test / post test / feedback


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Mahatma Gandhi Mission's
Medical College

Value Added Course
[Conducted by Dept of Psychiatry & OBGY]

Emotional Intelligence

Happiness through Enhanced Emotional Intelligence

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emotional management	emotions(mood charts)	communication
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Course coordinator: Dr. Swati Shiradkar, Dr Manik Bhise

Department under which course to be conducted: Department of OBGY and Psychiatry

TITLE: Happiness through Enhanced Emotional Intelligence

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Teaching -Learning Methods: Interactive lectures

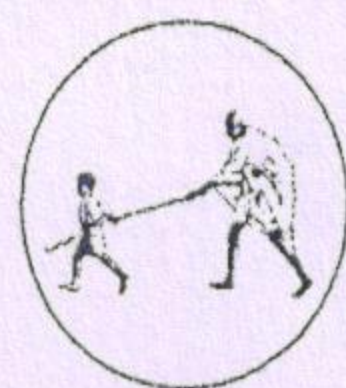
Role plays

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PhD Viva Voce Notification



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

MGMIHS/X-I/2020

Date: 05.02.2020

NOTIFICATION NO: 40 /2020

SUBJECT: Ph.D VIVA-VOCE & THESIS DEFENSE EXAMINATION, FEBRUARY 2020

Open Viva –Voce and defense of Ph.D Student under MGMIHS will be conducted as per following program at respective institutes mentioned.

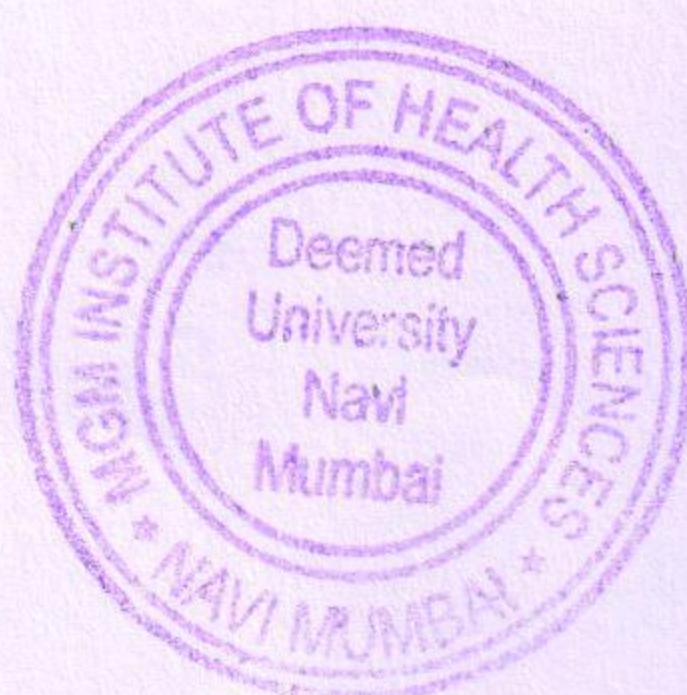
Date	Dept	Name of the Candidate & Title of Thesis	Time	Venue
24.02.2020	OBGY	Dr. Swati Shiradkar "Addressing contemporary issues in sexuality education with holistic approach"	11.00 am onwards	University Auditorium, 3 rd Floor, MGMIHS, Kamothe, Navi Mumbai

All the faculty members and interested students may attend the thesis open defense.

Note

1. Evaluation /assessment will be conducted as per the Ph.D Rules Para 6.10 of MGM Institute of Health Sciences, Navi Mumbai
2. The attendance of students and grant of term as per the norms notified by MGM Institute of Health Sciences read with that of UGC/ respective statutory body as the case may be, must be are fulfilled.
3. Dr. Sushil Kumar, Prof & HOD, MGM Medical College & Hospital, Kalamboli, Navi Mumbai, to kindly remain observer during the thesis defense.

Handwritten signature: 6/02/2020
Jt. Controller of Examinations
MGM Institute of Health Sciences,
Navi Mumbai



Copy to:

1. Hon'ble Vice Chancellor, MGMIHS, Navi Mumbai
2. The Registrar, MGMIHS, Navi Mumbai with request to upload the notification in MGMIHS website.
3. ~~Dr.~~ Registrar, MGMIHS at Aurangabad Campus for information and co-ordination please.
4. Research Secretariat, MGMIHS, Navi Mumbai
5. Dr. Swati Shiradkar, Guide of the student to act as the internal evaluator per guidelines contained in Ph.D Rules para 6.10, read with Annexure-4 of said Rules
6. The Dean/ Principal, Medical / Nursing/ Physiotherapy Colleges and School of Biomedical Sciences are requested to bring this to the notice of all faculty members and students, displaying in the College Notice Board.
7. Observer Dr. Sushil Kumar, Prof & HOD, MGM Medical College & Hospital, Kalamboli, Navi Mumbai