



Mahatma Gandhi Mission's
Medical College
N – 6 CIDCO, Aurangabad – 431 003.
Ph – 0240-6601100, Fax: 0240-2484445, 2487727
E-mail: mgmmca@themgmgroup.com

Date: 11-12-2019

Write Up of Dyotan Hall in MGM MCHA, Aurangabad

Dyotan Hall is situated in the top floor of the B building i.e. college building adjacent to the central library.

It is a state of the art Conference hall with sophisticated audio – visual system and is centrally air conditioned. It can accommodate 350 people. This hall has a small elevated podium.

Total area of the hall is 3600 sq. feet.

It's a complete Hi-Tech hall well-suited for Scientific programs, National and international conferences, and various academic activities.



Signature



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Date: 11-12-2019

Write Up of Rukmini Auditorium in MGM MCHA, Aurangabad

Rukmini Hall is a Multi-purpose Auditorium which can seat 856, features the following state-of-the-art features:

- Total area of inner auditorium is about 10,500 sq feet
- Completely illuminated hall with 20-1000 Wt Par Lights, General Focus Lights – 14, Spot Light – 26 conveyed with a Follow Light.
- Endowed with Sony 5K Digital Cinema Projection that projects four times the definition of HD 10000 KWt sound capacity BOSS Sound System with Mixer Facility and 8 mono speakers.
- Fresh and cool hall facilitated with 62 tons AC Facility.
- Aided with a High-Tech Presentation Podium that connects to both the projectors and can connect up to two laptops simultaneously
- It has a complete Wireless Microphones system facilitated with Studio Master lapel and handheld microphones which supports up to 14 wireless microphones including 4 Foot mic, 4 Hanging Boom Mics, 2 Podium Mic, 2 Handheld Cordless and 2 Lapels. Wired SM57 – 8 Nos, Wired SM58 – 6 Nos Microphones
- It has a 1 Gb/s Ethernet connectivity with the projection podium which makes it possible to broadcast the events internationally.

Other Facilities

- 3 Green Rooms with a large closet facility and separate lockers.
- Canteen Facility, Registration Desk and waiting hall, eateries facility.
- Separate projector facility at the main gate.
- Separate and spacious parking facility.

- Considering the Safety measures, there are Smoke Detectors and fire fighter to combat any untoward incidents.
- Complete Generator Back-up Facility.
- 2 Feedback Monitors.

It's a complete Hi-Tech hall well-suited for Scientific programs, National and international conferences, corporate annual meetings, convocation center. It's the only hall with 900 seating capacity with all the features built-in in the region.



A handwritten signature in purple ink, consisting of stylized loops and a final flourish.



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : registrar@mgmuhs.com | Website : www.mgmuhs.com

Write up for Auditorium MGM Navi Mumbai

MGM Auditorium is situated in the third floor adjacent to university block in the MGM Medical College building. It is state of art conference hall with sophisticated audio-visual system and is well air conditioned. It can accommodate 300 people. This hall has small elevated podium.

Total area of the auditorium 464.51 sq. meter

Its complete Hi-Tech hall well suited for scientific programs, National and International Conferences, workshops, symposium and various academic activities


Dr. Rajesh B. Goel
Registrar
MGM INSTITUTE OF HEALTH SCIENCES
(DEEMED UNIVERSITY u/s 3 of UGC Act, 1956)
NAVI MUMBAI- 410 209



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Dt: 13-12-2019

Write Up of Yoga Center in MGM MCHA, Aurangabad

The importance of Yoga in building up and maintaining a healthy mind and body is well known. Moreover in an ecosystem of professional education the importance of it becomes all the more glaring. The management of MGM MCHA recognized this and appointed Shri Khairat Guruji as the yoga instructor for all the educational institutes of the campus including medical college on March 2014.

Yoga activities for students, teaching staff, non teaching staff of the college and hospital, has been going on since the last 4 – 5 years. The general time table of activities is as follows:

Sr No.	Timings	Activity	Batch Strength
1	05:30 am – 07:00 am	General Fitness Yoga Batch	30 - 40
2	09:30 am – 11:00 am	Various MGM Institute Students	50 to 100
3	03:00 pm – 04:00 pm	Various MGM Institute – Yoga Class	50 to 100
4	04:00 pm – 06:00 pm	Yoga Course for Teachers	10
5	06:30 pm – 07:30 pm	Mahagami Students [Dance Institute, total 500]	50 to 80

The highlight of this around the year activity are the sessions on "Fearless Mind & Stress Free Environment" held during exam times to help students cope with exam stress.

Induction program of 1 – 2 days duration are held for all new first year batches. The general session last for 1 hr over a period of 7 days.

Yoga sessions were held in various hostels, sports complex area and since June 2019 all activities are being held in the renovated and new dedicated Yoga Center. This center has a big hall which can accommodate 80 – 100 people and 3 smaller halls to accommodate 25 – 30 people. The total area of this center is 4,402 sq ft.



DEAN
MGM'S MEDICAL COLLEGE
AURANGABAD



MGM INSTITUTE OF HEALTH SCIENCES

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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Yoga focuses on bringing harmony between mind and body. There are four primary types of Yoga: Karma, Bhakti, Jnana and Raja. There are eight limbs of Raja Yog. The third and fourth limb of Raja Yog is Asana and Pranayama which both constitutes the Hatha Yoga.

Physiotherapy is a movement science. It has widespread clinical applications. As Yoga also focuses on movement therapy and its association with mental health hence it is useful as a treatment tool along with Physiotherapy. In today's time, there is constant anxiety and depression Yoga is one of the most recognized ways for enhancing our body and mind state. Keeping the challenges of the Physiotherapy field and benefits of Yoga in focus, in MGM School of Physiotherapy we believe in practicing Yoga to promote mental and physical health amongst the student of Physiotherapy.

International day of Yoga is celebrated on 21st June every year. Various activities and Yoga sessions are conducted by MGM Institute of Health Science on this day for students and patient population.

Yoga as a therapy has been in Physiotherapy curriculum in the subject of Fundamentals of Kinesiology and Kinesiotherapy in First year BPT. It has 15 didactic hours and 40 Laboratory hours in syllabus. Yoga sessions are carried out on Saturdays of every week from 9am - 12 pm at MGM School of Physiotherapy, Navi Mumbai. Yoga Hall is situated at MGM School of Physiotherapy, Sanpada campus (Area-201sq.m). Yoga sessions start by prayers followed by multiple asanas like Trikonasana, Tadasana, Pawanmuktasana, Vajrasana and many other asanas to target each and every joints flexibility, the session's end by Shavasana which is mainly used for relaxation. The course is developed with an objective that student should be able to describe physiological principles and acquire the skill of performing Pranayama and Yogasanas. As per new CBCS syllabus, it is included as skill elective course in Semester III as Indian Human Movement Science I - Yoga therapy with 20 didactic and 40 laboratory hours.

Yoga sessions are conducted by Mr Girish Nehte who's practicing and teaching yoga since more than 10 years. He holds a Masters degree in Yoga. He is a UGC- NET qualified Associate Professor and an Ayush Ministry - QCI certified Level 2 Yoga teacher. He is a visiting faculty at MGM School of Physiotherapy, Navi Mumbai.



Companies/ Organizations Matches held at MGM Cricket Stadium		
Sr No	Company/ Organizations	Events
1	Endress + Hauser Flow Tech Ltd	Tournament
2	Dhoot Transmissions	Tournament
3	Bafna Motors	Tournament
4	Can Pack India Pvt. Ltd.	Tournament
5	Lupin	Tournament
6	Aurangabad Branch Of Wirc (CAPL)	Tournament
7	Shahid Bhagat Singh Cricket Trophy	Tournament
8	Samarthya Pratishtan	Tournament
9	Shri Kadva Pathidar Samajh	Tournament
10	Aurangabad Zilla Maheshwari Samajh	Tournament
11	Cidco Royal Group	Use of Parctice wicket
12	Royal Constructions	Use of Parctice wicket
13	Zanwar Khandelwal & Associates	Use of Parctice wicket
14	CA Ashish Baheti and Comapany	Use of Parctice wicket
15	AS Bedmutha and Comapany	Use of Parctice wicket
16	JR Madani and Associates	Use of Parctice wicket
17	SS Strikers Team	Use of Parctice wicket
18	Paras And Comapany	Use of Parctice wicket

Associations who conduct Swimming Summer Camp Every Year		
Sr No	Name of Association	Contact No
1	Dolphyn Swimming Club	9404914555
2	Maharashtra Sports Accademy	9834051878
3	Deogiri Sports Accademy	9404008433
4	Jayhind Sports	8329077310

Accademies at MGM Sports Club	
1	MGM Tennis Academy
2	MGM Badminton Academy
3	MGM & Koham Gymnastics Academy
4	MGM Cricket Academy
5	MGM Football Academy
6	MGM Riffle Shooting Academy



15/2/24