टाटा सामाजिक विज्ञान संस्थान Tata Institute of Social Sciences





The Dean and Head of the Department of Psychiatry MGM Hospital Kalamboli, Navi Mumbai

M.G.M. Medical College & Hospital Kamothe, Navi Mumbai - 410209

Subject: Placement of students for Field Work at MGM Hospital for the academic year 2015-2016

Dear Dr. Ghildiyal,

Tata Institute of Social Sciences (TISS) is a deemed university located at Deonar, Mumbai. Center for Human Ecology is offering a course in MA in Counselling and MA in Clinical Psychology. The Institute provides fieldwork exposure to its students in many programmes and our students are placed at various agencies across Mumbai. We have successfully placed students at MGM Hospital last year and would like to continue with the placement this year as well.

Along with the theroretical classes students will be exposed to clinical field work starting from the first year. They will be placed at various hospitals settings throughout Mumbai. At these field work placements they will learn, first via observation, and later through direct handling of cases on their own under direct supervision. All year-round our students will be guided by the field supervisors and faculty supervisors from TISS.

We would like to place *four students* during their first, second, and third semesters at MGM Hospital in the Psychiatry and Psychology department. The detailed break-up of students' activities in each semester is mentioned below.

Break-up of activities at the field work setting during the <u>first semester (August 31, 2015-September 28, 2015)</u>:

- ➤ In this semster, students will attend field work for <u>5 Mondays</u> in the duration stated above
 - → Their role in this semester comprises observation. Students will shadow the mental health professionals in the department to learn the working of the hospital. This will help them get acquainted with the process of history taking and conducting MSE.

Break-up of activities at the field work setting during the <u>second semester (mid-November 2015-mid March 2016)</u>:

- > Learn the nuances of detailed case history taking and conducting mental status examination.
 - → At the field work placements they will gain practical knowledge initially via observation and later through directly conducting intake assessements with clients.
- Under supervision, formulate case conceptualizations based on the data collected from the intake assessment using various theoretical backgrounds.
 - → During this semester the students will also learn the latest nomenclature using the DSM-V which will aid their diagnostic skills.
- Students will also work with individual clients and families
 - → They can work on issues such as treatment compliance, psychoeducation on psychiatric disorders, crises intervention, as well as providing support to families.

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Continuation Sheet

- They can also observe and assist in the ongoing group therapy activities at the hospital the needs of the hospital and the community, the students can also conduct awareness in the hospital or in the community.
- Students will be required to conduct psychological assessments with clients
 - → Students will be taught to administer and score psychological assessments and will be expected to write reports for these assessments.
 - → The students can submit a brief report based on their assessment after it has been approved by their supervisors at TISS. These reports will be co-signed by the consulting mental health professionals at the hosiptal before sharing with the client or their families.
- ➤ Break-up of activities at the field work setting during the *third semester (mid-June 2016-end-September 2016)*:
 - → In this semester, the student work load will be similar to the work they conduct in the second semester (as noted above).

The names of the students who will be placed in the hospital are as follows –

- 1. Ms. Mrinalini Mahajan
- 2. Mr. Ashwinkumar Dahiya
- 3. Ms. Yamini Kaul
- 4. Ms. Anukanksha Prakash

In addition to their supervisor at MGM Hospital, each student will be assigned a faculty supervisor who will liase with the field supervisor.

Our students will attend field work on Mondays and Tuesdays (full days) during the second and third semester. For these semesters we shall pay the stipulated <u>observership fees of Rs. 1600 per student for the second and third semester.</u>

Thank you.

Yours sincerely,

Assistant Professor

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