

AWARENESS OF RISK AND SAFETY MEASURES ON ROAD TRAFFIC ACCIDENTS AMONG TEENAGERS.



Conducted by students of
MGM, Aurangabad





महामा गांधी मिशन
वैद्यकिय महाविद्यालय व रुग्णालय
औरंगाबाद
ग्रामीण आरोग्य व प्रशिक्षण केद्र,
वेरुळ



**Multi Diagnostic Camp at Gramin Rug
Harmad(2016-17), MGM Medical college**



दुसरे यकृत प्रत्यारोपण 'एमजीएम'मध्ये यशस्वी

Organ Donation

औरंगाबाद, ता. १७ : नागपूर येथे येथे कार्य थांबलेल्या (ब्रेनडेड) रुग्णाचे यकृत मुंबईतील रुग्णावर सहारातील एमजीएम रुग्णालयात यशस्वी प्रत्यारोपण करण्यात आले. एमजीएममध्ये तीन महिन्यांत यकृत प्रत्यारोपणाची मराठवाड्यातील ही दुसरी घटना आहे, अशी माहिती डॉ. प्रवीण सूर्यवंशी यांनी दिली.



औरंगाबाद : यकृत घेऊन जाताना एमजीएमचे डॉक्टर व कर्मचारी.

मुंबईतील ६९ वर्षीय रुग्णाला यकृताची गरज होती. प्रत्यारोपणासंदर्भातील संपूर्ण चाचण्या पूर्ण झाल्यानंतर या रुग्णावर यकृत प्रत्यारोपणाचा निर्णय घेण्यात आला. ग्लोबल हॉस्पिटल, मुंबई येथील डॉक्टरांच्या टीमने नागपूर येथून चार्टर फ्लाईटने औरंगाबादेत शनिवारी (ता. १७) सायंकाळी सहाच्या सुमारास यकृत एमजीएम हॉस्पिटलमध्ये आणले. या वेळेत त्या मार्गावर ग्रीन

कोरिडोर लावण्यात आला होता. डॉ. प्रवीण सूर्यवंशी, डॉ. रवी मोहका, डॉ. प्रशांत राव, डॉ. नारायण सानप, डॉ. अमोल, डॉ. नागेश जंबुरे यांनी प्रत्यारोपणाची शस्त्रक्रिया केली. रात्री उशिरापर्यंत प्रत्यारोपण प्रक्रिया सुरू होती. आतापर्यंत ब्रेनडेड झालेल्या

पान ६ वर >

त प्रत्यारोपण 'मध्ये यशस्वी

त मुंबई, चेन्नई, पुणे येथे पाठविण्यात येत होते; परंतु सध्यांदा औरंगाबादेतच यकृत प्रत्यारोपण करण्याची निर्णय घेतला आहे. यापूर्वी नोव्हेंबरमध्ये दिनेश आसावा यांचे यकृत प्रत्यारोपण करण्यात आले होते.

खर्च आठ लाख

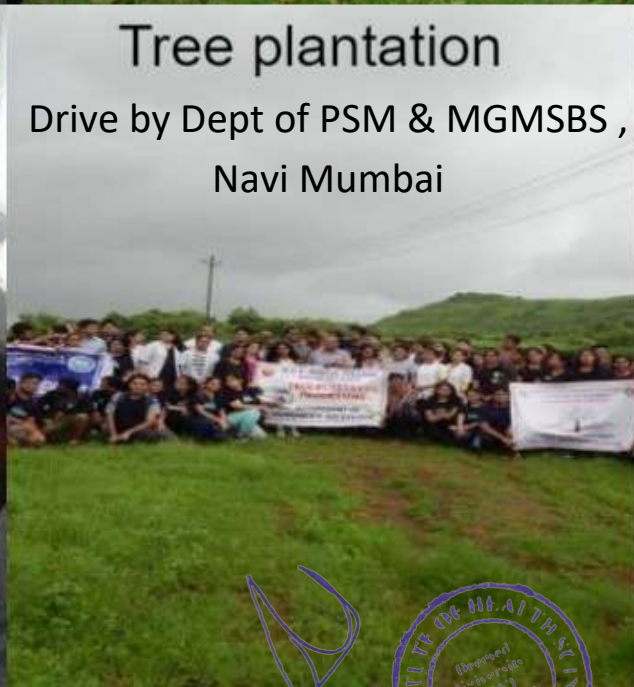
रीरातून यकृत बाहेर काढल्यानंतर ८ ते १० तासांत यकृत आणणे गरजेचे असते. औरंगाबादेत तातडीने यकृत आणणे मुंबई येथे चार्टर फ्लाईटचा शोध घेतला; परंतु ते मिळू नये याची भीती असल्याने चार्टर उपलब्ध असल्याचे समजल्यानंतर दिनेश आसावा यांचे यकृत औरंगाबादेत आणण्यात आले. यासाठी चार्टर वेळेवर उपलब्ध झाले असते तर यकृत प्रत्यारोपणाची प्रक्रिया सुरू झाली असती, असे डॉ. प्रवीण सूर्यवंशी यांनी म्हणले.

Handwritten signature or mark.



COMMUNITY HEALTH EDUCATION BY MGMSBS STUDENTS (2017-18)





Tree plantation
Drive by Dept of PSM & MGMSBS ,
Navi Mumbai



Traffic safety



Road safety week 11 to 17 Jan 2018. Awareness to promote
Road safety measure by students of MGMSBS



Rural Health Training Centre (RHTC) Tara



Outreach program conducted by students of MGM Navi
Mumbai 2017-18



**Swachh Bharat Pakhwada-cleanliness drive. Health education by students & staff
of MGMSBS 2017-18**



Newspaper Articles





Extension activity at SRPF , Aurangabad



World Mental Health Day 2016 celebrated by Drama by Nursing Students





Activity conducted by department of Psychiatry for non teaching female staff on occasion of international women's day 2019



Stress management of 10th std student .an extension activity by department of Psychiatry



Dr. Gaurav Murambikar Presenting about Neuro-Psychiatric aspects of HIV in inter-departmental academic activity



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No Tobacco Day 31-05-2018 at MGMIHS



Swacch bharat summer internship by mgmihs at shirdon and nerepada



AWARENESS OF RISK AND SAFETY MEASURES ON ROAD TRAFFIC ACCIDENTS AMONG TEENAGERS.



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GPS Longitude Ref	East
GPS Longitude	73 deg 6' 16.94"
GPS Img Direction Ref	Magnetic North
GPS Img Direction	0
GPS Map Datum	WGS-84
GPS Latitude	19 deg 1' 1.54" N
GPS Longitude	73 deg 6' 16.94" E
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▼ **Other (2)**

42 Items in 5 Groups (Embedded)

Search: mgm navi mumbai

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N19°1'1.54" E73°6'16.94"

Conducted by students of
MGM, Aurangabad





Megapixels

1.7

▼ Location (11)

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2.2.0.0

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North

GPS Latitude

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GPS Longitude Ref

East

GPS Longitude

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GPS Img Direction Ref

Magnetic North

GPS Img Direction

0

GPS Map Datum

WGS-84

GPS Latitude

20 deg 2' 8.88" N

GPS Longitude

75 deg 8' 55.46" E

GPS Position

20 deg 2' 8.88" N, 75 deg 8' 55.46" E

▼ Other (2)

42 Items in 5 Groups (Embedded)

Search:

verul

Coordinates:

20.035801; 75.148738

N20°2'8.88" E75°8'55

**Multi Diagnostic Camp at Gramin Rug
Harmad(2016-17), MGM Medical college**

दुसरे यकृत प्रत्यारोपण 'एमजीएम'मध्ये यशस्वी

Organ Donation

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COMMUNITY HEALTH EDUCATION BY MGMSBS STUDENTS (2017-18)



Villages adopted in Unnat Bharat Scheme -
Dodhani, Dhamani, Dehrang, Waghachiwadi,
Towarwadi villages of Malkunge in Raigad district.

Image Size 1022x768

Megapixels 0.785

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GPS Longitude Ref East

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GPS Img Direction 0

GPS Map Datum WGS-84

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GPS Longitude 73 deg 15' 31.84" E

GPS Position 19 deg 0' 41.74" N, 73 deg 15' 31.84" E

▼ Other (2)

42 Items in 5 Groups (Embedded)

Search:

Coordinates:





Tree plantation

▼ Location (11)

GPS Version ID 2.2.0.0

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GPS Latitude 19 deg 0' 57.58"

GPS Longitude Ref East

GPS Longitude 73 deg 6' 5.98"

GPS Img Direction Ref Magnetic North

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GPS Map Datum WGS-84

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GPS Longitude 73 deg 6' 5.98" E

GPS Position 19 deg 0' 57.58" N, 73 deg 6' 5.98" E

▼ Other (2)

42 Items in 5 Groups (Embedded)

Search: mgm garden navi mumbai

Coordinates: 19.015994; 73.101660

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Drive by Dept of PSM & MGMSBS ,
Navi Mumbai



▼ Location (11)

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▼ Other (2)

42 Items in 5 Groups (Embedded)

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**Road safety week 11 to 17 Jan 2018. Awareness to promote
Road safety measure by students of MGMSBS**



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▼ Other (2)

GPS Latitude Ref: North

GPS Longitude Ref: East

▼ Time (7)

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42 Items in 5 Groups (Embedded)

Search:

Coordinates:

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**Outreach program conducted by students of MGM Navi
Mumbai 2017-18**



▼ Location (11)

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▼ Other (2)

42 Items in 5 Groups (Embedded)

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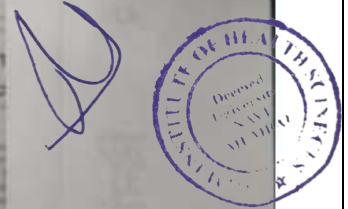
N18°51'22.58" E73°5'59.72"



Swachh Bharat Pakhwada-cleanliness drive. Health education by students & staff of MGMSBS 2017-18



Newspaper Articles





Extension activity at SRPF , Aurangabad

Image Size 717x629

Megapixels 0.451

▼ Location (11)

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GPS Longitude Ref East

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GPS Map Datum WGS-84

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GPS Longitude 75 deg 20' 26.28" E

GPS Position 19 deg 50' 30.73" N, 75 deg 20' 26.28" E

▼ Other (2)

42 Items in 5 Groups (Embedded)

Search: srpf aurangabad

Coordinates: 19.841869; 75.340634

N19°50'30.73" E75°20'26.28"





Activity conducted by department of Psychiatry for non teaching female staff on occasion of international women's day 2019



Stress management of 10th std student .an extension activity by department of Psychiatry



Dr. Gaurav Murambikar Presenting about Neuro-Psychiatric aspects of HIV in inter-departmental academic activity



परिषदेच्या समारोपसंगी आयोजन समिती अध्यक्ष डॉ. अरुण मरवाळे, सचिव डॉ. मनस्वी गौतम आदी.

News report of national level CME organized by department of Psychiatry .. Naional conference for Young Psychiatrst - IPS 2018 .. November



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Glimpses of Health awareness session conducted on
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Association on Breast Cancer



A handwritten signature in blue ink, consisting of a stylized 'V' shape with a loop.



No Tobacco Day 31-05-2018 at MGMIHS



Y Resolution	150
Exif Byte Order	Big-endian (Motorola, MM)
Y Cb Cr Positioning	Centered
Image Width	2200
Image Height	1058
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Color Components	3
Y Cb Cr Sub Sampling	YCbCr4:2:0 (2 2)
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Location (11)

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Time (7)

40 Items in 4 Groups (Embedded)

Image Info (ExifTool) Process Queue Map Log Map



Swacch bharat summer internship by mgmihs at shirdon and nerepada



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Megapixels	2.5

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GPS Img Direction Ref	Magnetic North
GPS Img Direction	0
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GPS Longitude	73 deg 8' 16.32" E
GPS Position	18 deg 56' 5.02" N, 73 deg 8' 16.32" E

40 Items in 4 Groups (Embedded)

Image Info (ExifTool) Process Queue Map Log Map

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MGM MEDICAL COLLEGE, NAVI MUMBAI
MGM INSTITUTE OF HEALTH SCIENCES

Activity Report

MGM KERALA FLOOD RELIEF MISSION

(23rd August – 1st September 2018)



With the Initiative of

Trustees of Mahatma Gandhi Mission Trust &

Officials of

MGM Institute of Health Sciences

Team Leader

Dr. Prasad Waingankar

Professor & Head (In-Charge)
Department of Community Medicine
MGM Medical College, Navi Mumbai

Mission Coordinator

Dr. Shaba Thomas

Resident, 2nd Year
Department of Community Medicine

Documentation By

Dr. Prasad Waingankar &

Dr. Sneha Kotian

Resident, 2nd Year
Department of Community Medicine

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f. Mission in News	
g. Mission Proposal Draft	

BACKGROUND

- Kerala state has 44 rivers. All 80 dams across the state had released excess flood waters (with Idukki arc dam, one of the biggest in Asia opening its gates after 26 years) due to heavy rainfall.
- The resulting floods have affected 13 out of the total 14 districts of Kerala. This year's floods have been described as once in a 100-year event by media.
- Since the start of the monsoon, in Kerala alone, 324 lives were lost, 220,000 people were left homeless, 2.8 billion US dollars in economic losses with more than 10,000 kilometers of roads damaged, 223,139 people sheltered in 1,500 relief camps.
- The state has received 41 per cent in excess of the normal rainfall for every year, which is in stark contrast to 8 per cent below average for the rest of the country.
- The rail and road connectivity had been severely hit.
- Amongst all Alappuzha, Kottayam, Pathanamthitta, Ernakulam, Wynand & Idukki districts continue being the worst affected.
- All 14 districts of the state were placed on red alert and Indian government had declared a Level 3 calamity.



Kerala Flood Extent



Kerala 2018 Floods – A state of disarray & shock





Initiative:

- MGM Trust
- MGM Institute of Health Sciences (MGMIHS)

• Execution:

- Dean, MGM Medical College, Navi Mumbai
- Department of Community Medicine

• In the wake of unprecedented floods in Kerala, Mahatma Gandhi Mission Medical College planned to provide relief for the disaster stricken state with the help of a team of doctors, nurses and paramedical staff led by the Department of Community Medicine in association with other Departments, Medicine, Pediatrics & Geriatrics & MGM Hospital, Kamothe & School of Nursing.

• Strategy:

The mission was relief-focused, providing the affected population, especially those who are displaced, with essential medical care.

- The team covered Alappuza (Alleppey) district with special focus on Chengannur and nearby area.
- The Relief Mission focused on the following activities:
 - Screening affected population and treatment of common ailments
 - Conducting health promotion and disease prevention activities
 - Supporting health administration & conducting situational Assessment.

Communication from Dean, MGM Medical college



Mahatma Gandhi Mission's
MEDICAL COLLEGE

Sector-1, Kamothe, Navi Mumbai - 410 209.

Ph: (022) 27437992, 27433404, 27437900 (PBX (1-200))

E-mail: mgmncb@gmail.com, Web: www.mgmuhhs.com

MGM/MED-C/2018/2233

Date : 23/08/2018

To,
The District Collector
Alappuza
Kerala

Sub : Deputing Specialist Doctors for Kerala Flood Relief Mission from
MGM Medical College, Navi Mumbai

Respected Sir/ Madam,

The members of Faculty and Resident Doctors of MGM Medical College Navi Mumbai feel duty bound to depute a team of Doctors in aid of disaster relief in your District consequent upon Kerala Floods. The following team of doctors is hereby deputed to reach Alapuzha for the purpose who would like to work in the affected areas in aid of the floor victims.

S.N	Name of the person Designation	Team	Phone Number
1.	Dr. Prasad Waingankar, Prof. & HOD Comm. Medicine	Team Leader & Cordinator	9324714313
2.	Dr. Shaba C Thomas , JR-II(Comm. Medicine)	Mission Cordinator	9846077871
3.	Dr .Sneha P Kotian, JR-II (Comm. Medicine)	Member.	9743489797
4.	Mr .Yogesh Sakhare, MSW	Member.	9870851501
5.	Dr. Shivakami , JR-II(PAED)	Member.	9995173531
6.	Dr. Varsha Male, Senior Resident (Ger. Medicine)	Member.	8850420162/ 9987353016
7.	Dr .Nevin Thomas, JRI – Gen. Medicine	Member.	8589923520
8.	Mr. Jestin PT , Nursing Staff	Member.	7039541676
9.	Mr.Rogeess Rajan, Nursing Staff	Member.	8108485988
10.	Ms. Sherin Jolly, Nursing Staff	Member.	8848032351
11.	Mr.Nithin N, Nursing Staff	Member.	7025341368
12.	Ms.Ujwala Choraghe, Nursing Staff	Member.	9922153619
13.	Ms. Lidiya Thomas, Nursing Staff	Member.	7012295965
14.	Ms Anshu Varghese, Nursing Staff	Member.	8879918254

Our Team will be travelling from Mumbai to Kerala by Train on 23rd Aug. 2018 and will serve for a week under your disposal.

We shall be grateful, if you could kindly deploy them accordingly in the affected area with provision of suitable accommodation and vehicle and oblige.

Dr. G.S. Narshetty,
Dean(9820873404)

Cc to

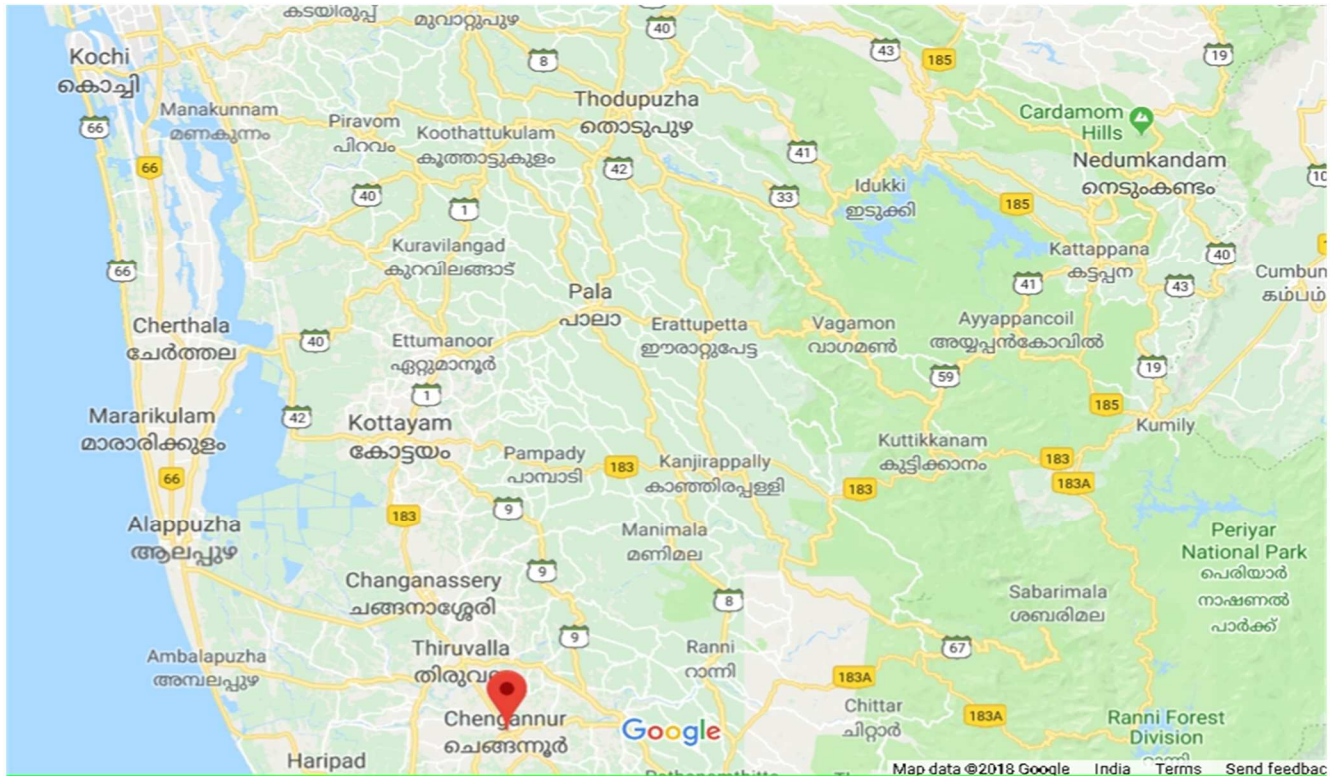
1. Honorable Chief Minister of Kerala & Maharashtra
2. Health Minister of Kerala & Maharashtra
3. National Disaster Management Authority, Kerala & New Delhi



Dean.

M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

Activity Location



Snapshot of the Destination Location

MGM KERALA FLOOD RELIEF MISSION TEAM



14 Dynamic Team Members from various Departments



1. Dr. Prasad Waingankar, Professor & Head, Department of Community Medicine
(Team Leader)
2. Dr. Shaba C Thomas , JR2, Community Medicine
(Mission Coordinator – Medical Officer)
3. Dr. Sneha P Kotian , JR2, Community Medicine
(Team Member – Medical Officer)
4. Dr. Varsha Reddy, Senior Resident, Geriatrics
(Team Member – Medical Officer)
5. Dr. Sivakami N, JR2, Pediatrics
(Team Member – Medical Officer)
6. Dr. Nevin S Thomas , JR1, General Medicine
(Team Member – Medical Officer)
7. Rojees Rajan, Nursing Supervisor
(Supervisor – Nursing Staff)
8. Ujwala Chorghe , Nursing Staff, MJPJAY
(Team Member – Nurse)
9. Jestin C P , Nursing Staff
(Team Member – Nurse)
10. Jomy K Thomas , Nursing Staff
(Team Member – Nurse)
11. Ansu Varghese, Nursing Staff
(Team Member – Nurse)
12. Sherrin M Jolly, Nursing Staff
(Team Member – Nurse)
13. Lidiya M Thomas, Nursing Staff
(Team Member – Nurse)
14. Yogesh Sakhare, Welfare Clerk, MJPJAY
(Team Manager – Logistics Support)

Document	Daily Activity Report – Day 0
Date of Report	25 th August 2018
Date of Activity	23 rd August 2018
Place	MGM Institute of Health Sciences, Navi Mumbai
Activity	<p>Departure of MGM Kerala Flood Relief Mission Team</p> <p>After the necessary preparations for providing health services to the flood affected population in Kerala for a period of one week by team of 14 MGM Doctors, Nursing Staff and Paramedics a team 10 members departed by Train to Alappuzha on 23rd August morning with the blessings of MGM Trustee and Officials of MGM Institute of Health Sciences and MGM Medical College and Hospital, Navi Mumbai and Nursing School.</p>

The Journey Begins

23rd August, 2018, MGM Flood Relief Mission Team Along with the Trustees



Document	Daily Activity Report – Day 1
Date of Report	25 th August 2018
Date of Activity	24 th August 2018
Activity	Co-ordination with Government Officials
Place	Alappuzha
Events	Arrival at Alappuzha at 5 pm
	Meeting with District Health Officials
	<p>Meeting with Dr. Radhakrishnan, District Nodal Officer for Relief work took place at District Health Office in evening.</p> <p>As per the prior communication he was already aware about our arrival and welcomed us for reaching out to help flood affected population of Alappuzha</p> <p>He was briefed about the tentative plan of our work areas and pattern of functioning.</p> <p>His advice was sought about the approach and precautions while working in the flood affected area.</p> <p>He briefed about the current situation and efforts of Government Health functionaries and promised all the cooperation.</p>
	Meeting with District Collector
	<p>Despite his busy schedule, Shri Suhas S. District Collector, Alappuzha spent time to know about our team and work plan and assured us all the help needed. He also insisted to meet him while returning and give him feedback.</p>
	Travel to base camp at Kayamkulam



Health Camp Preparations at Base Camp

Document		Daily Activity Report – Day 2	
Date of Report		25 th August 2018	
Date of Activity		25 th August 2018	
Activity		Medical Relief Camp	
Place		Government Upper Primary School	
Location		Anjalipra, Tal – Mavelikara, District – Alappuzha	
Time		10 am – 3 pm	
Population Served		375 flood affected displaced persons from Anjalipra, Panchamood and Thattarambalam who had taken shelter at the school since 15 th August were screened and treated. However, many people have left shelter due to Onam Festival as the water is now receding.	
Team		Doctors – 06, Nurses – 06, Logistics – 01	
Addon Activity		IEC Activity – Waterborne Diseases & Personal Hygiene	
Registration		Adult: Male – 29, Female – 71, Total – 100 Children: Male – 04, Female – 09, Total – 13 Total – 113	
Morbidity – Adult (Total exceeds 100% as Multiple Response)		Generalized Weakness: M – 7, F – 31, Total % - 38	
		Musculo-Skeletal Pain: M – 6, F – 13, Total % - 19	
		Acute Respiratory Infections: M–18, F–32, Total % - 50	
		Gastro Intestinal Disorders: M – 4, F – 8, Total % - 12	
		Skin Conditions: M – 15, F – 16, Total % - 31	
		Hypertension: M – 3, F – 6, Total % - 9	
		Trauma: M – 1, F – 2, Total % - 3	
		Miscellaneous: Total % 3	
Morbidity - Children		Majority were suffering from ARI and Skin Infections	

Medical Relief Camp - 25th August, 2018

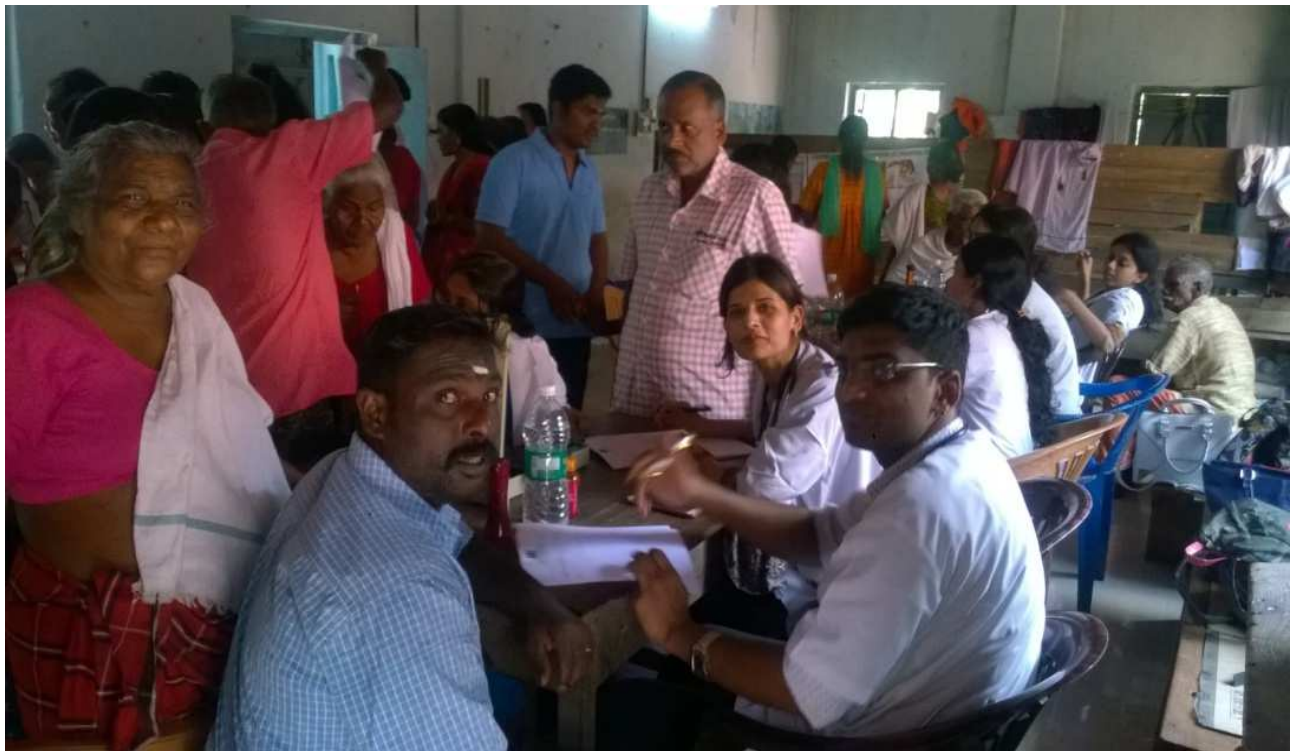


Doctors at work - attending to needy patients at Medical Relief Camp at Government Upper Primary School Anjalipra



(25th Aug, 2018)

Individual Health Education Session in progress at Medical Relief Camp at Govt Upper Primary School Anjalipra



(25th Aug, 2018)

Minds that cure & hearts that care- working towards a healthier community

(Medical Relief Camp at Govt Upper Primary School Anjalipra)

Document	Daily Activity Report – Day 3
Date of Report	26 th August 2018
Date of Activity	26 th August 2018
Activity	Medical Relief Camp
Place	Government Higher Secondary School
Location	Puliyoor, Tal – Chengannur, District – Alappuzha
Time	10 am – 3 pm
Population Served	784 flood affected displaced persons from Budhannur, Pandanad, Palachuvadu and Kizhakkenmuthoor who had taken shelter at the school since 16 th August were screened and treated. However, many people were unavailable due to Onam Festival as the water was receding.
Team	Doctors – 06, Nurses – 06, Logistics – 01 01 MGM Nursing Staff on Leave volunteered
Add-on Activity	IEC Activity – Waterborne Diseases & Personal Hygiene

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	64	123	187	22	21	43	230
Generalized Weakness	17 26.6	29 23.6	46 24.6	4 18.2	0 0.0	4 9.3	50 21.7
Musculo Skeletal Pain	14 21.9	22 17.9	36 19.3	0 0.0	0 0.0	0 0.0	36 15.7
Acute Resp. Infections	37 57.8	73 59.3	110 58.8	13 59.1	11 52.4	24 55.8	134 58.3
Diarrhoea / Vomiting	17 26.6	19 15.4	36 19.3	10 45.5	4 19.0	14 32.6	50 21.7
Other GI Disorder	8 12.5	12 9.8	20 10.7	0 0.0	0 0.0	0 0.0	20 8.7
Skin Infections	7 10.9	17 13.8	24 12.8	0 0.0	0 0.0	0 0.0	24 10.4
Hypertension	1 1.6	3 2.4	4 2.1	0 0.0	0 0.0	0 0.0	4 1.7
Trauma	1 1.6	1 0.8	2 1.1	1 4.5	1 4.8	2 4.7	4 1.7
Headache / Stress	2 3.1	2 1.6	4 2.1	0 0.0	0 0.0	0 0.0	4 1.7
Miscellaneous	5 7.8	10 8.1	15 8.0	0 0.0	0 0.0	0 0.0	15 6.5

Urgent Referrals to Higher / District Centre - 3: Two shifted by 108 Ambulance

Medical Relief Camp - 26th August, 2018



(26th August, 2018)

Flood affected victims line up to seek medical care at Medical Relief Camp at Govt Higher Secondary School, Puliyoore



(26th August, 2018)

“Heart of Healthcare is service to others”

Glimpses of the Medical Relief Camp at Govt Higher Secondary School, Puliyoore

Special Attention Needed

Rising cases of Gastro Intestinal Complaints of diarrhoea and vomiting noted.

It was brought to the notice of local health functionaries that as the population screened were staying in Relief Camp since 16th August there was an urgent need to look into the water, sanitation, personal hygiene and the food handler's cleanliness practices.

Health education on hand hygiene was given in a special session to camp population.

List of patients suffering from loose motion and vomiting was handed over to local health functionaries.



(26th August, 2018)

“Working together for a healthier community”

Glimpses of the Medical Relief Camp at Govt Higher Secondary School, Puliyoor

Document	Daily Activity Report – Day 4
Date of Report	27 th August 2018
Date of Activity	27 th August 2018
Activity	Medical Relief Camp
Place	Kadampur
Location	PO- Budhanoor Tal - Chengannur District - Alappuzha
Time	10 am – 5 pm
Population Served	One of the most flood affected village of approx. 2000 population submerged up to 8-10 ft. The place where camp is being conducted was under water till 4-5 days ago. Many people have still not returned to village.
Team	Doctors – 06, Nurses – 06, Logistics – 01 01 MGM Nursing Staff on Leave volunteered
Add-on Activity	IEC Activity – Waterborne Diseases & Personal Hygiene

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	131	106	237	20	14	34	271
Generalized Weakness & Musculo Skeletal Pain	33 25.2	61 57.5	94 39.7	0 0.0	0 0.0	0 0.0	94 34.7
Acute Resp. Infections	20 15.3	42 39.6	62 26.2	5 25.0	6 42.9	11 32.4	73 26.9
Fever > 3 Days	9 6.9	30 28.3	39 16.5	4 20.0	3 21.4	7 20.6	46 17.0
Diarrhoea / Vomiting / No Dehydration	0 0.0	3 2.8	3 1.3	0 0.0	0 0.0	0 0.0	3 1.1
Other GI Disorder	5 3.8	4 3.8	9 3.8	1 5.0	0 0.0	1 2.9	10 3.7
Skin Lesions/ Infections	11 8.4	20 18.9	31 13.1	1 5.0	0 0.0	1 2.9	32 11.8
Hypertension	5 3.8	8 7.5	13 5.5	0 0.0	0 0.0	0 0.0	13 4.8
Diabetes	5 3.8	10 9.4	15 6.3	0 0.0	0 0.0	0 0.0	15 5.5
Trauma	7 5.3	3 2.8	10 4.2	2 10.0	0 0.0	2 5.9	12 4.4
Miscellaneous	10 7.6	12 11.3	22 9.3	1 5.0	2 14.3	3 8.8	25 9.2

All those requiring were given Doxycycline Prophylaxis

Medical Relief Camp - 27th August, 2018



(27th August, 2018)

Residents of a shelter camp participating actively in huge numbers at the Medical Relief Camp in Kadampur

(27th August, 2018)

Children receiving special pediatric care at the Medical Relief Camp in Kadampur





(27th August, 2018)

Free medicines being dispensed at the Medical Relief Camp in Kadampur

Document	Daily Activity Report – Day 5
Date of Report	28 th August 2018
Date of Activity	28 th August 2018
Activity	Medical Relief Camps 1. JBS School, Keezhvanmazh PO – Pandanad 2. Thuruthipada, PO – Pandanad House to House Activity at Thuruthipada for Doxy Prophylaxis and Health Education on ORS
Location	PO - Pandanad, Tal – Chengannur, District – Alappuzha
Time	10 am – 5.30 pm
Population Served	One of the most flood affected village. Interior area covered with second camp and House to House activity also conducted to create awareness about water borne diseases.
Team	Doctors – 06, Nurses – 06, Logistics – 01 01 MGM Nursing Staff on Leave volunteered

Camp 1:

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	64	39	103	3	4	7	110
Generalized Weakness & Musculo Skeletal Pain	4 6.3	9 23.1	13 12.6	0 0.0	0 0.0	0 0.0	13 11.8
Acute Resp. Infections	10 15.6	22 56.4	32 31.1	3 100.0	3 75.0	6 85.7	38 34.5
Fever > 3 Days	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Diarrhoea / Vomiting / No Dehydration	1 1.6	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Other GI Disorders	1 1.6	1 2.6	2 1.9	0 0.0	0 0.0	0 0.0	2 1.8
Skin Lesions/ Infections	2 3.1	5 12.8	7 6.8	0 0.0	0 0.0	0 0.0	7 6.4
Hypertension	4 6.3	5 12.8	9 8.7	0 0.0	0 0.0	0 0.0	9 8.2
Diabetes	3 4.7	1 2.6	4 3.9	0 0.0	0 0.0	0 0.0	4 3.6
Trauma	1 1.6	0 0.0	1 1.0	0 0.0	0 0.0	0 0.0	1 0.9
Miscellaneous	3 4.7	1 2.6	4 3.9	0 0.0	0 0.0	0 0.0	4 3.6

MGM KERALA FLOOD RELIEF MISSION 2018

Camp 2:

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	60	23	83	6	5	11	94
Generalized Weakness & Musculo Skeletal Pain	5 8.3	2 8.7	7 8.4	0 0.0	0 0.0	0 0.0	7 7.4
Acute Resp. Infections	21 35.0	16 69.6	37 44.6	4 66.7	5 100.0	9 81.8	46 48.9
Fever > 3 Days	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Diarrhoea / Vomiting / No Dehydration	1 1.7	1 4.3	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Other GI Disorders	1 1.7	1 4.3	2 2.4	0 0.0	0 0.0	0 0.0	2 2.1
Skin Lesions/ Infections	3 5.0	2 8.7	5 6.0	1 16.7	1 20.0	2 18.2	7 7.4
Hypertension	2 3.3	1 4.3	3 3.6	0 0.0	0 0.0	0 0.0	3 3.2
Diabetes	1 1.7	1 4.3	2 2.4	0 0.0	0 0.0	0 0.0	2 2.1
Trauma	1 1.7	0 0.0	1 1.2	0 0.0	0 0.0	0 0.0	1 1.1
Miscellaneous	4 6.7	3 13.0	7 8.4	1 16.7	2 40.0	3 27.3	10 10.6

Medical Relief Camp - 28th August, 2018

Bird's eye view of the medical relief camp conducted at JBS School Keezhvanmazzh





(28th August, 2018)

"Serving people through exemplary healthcare & community outreach"

at Medical Relief Camp in Thuruthipada PO Pandanad



(28th August, 2018)

*Medicines being dispensed from the mobile van
at Medical Relief Camp in Thuruthipada PO Pandanad*



(28th August, 2018)

Glimpses of the Medical Relief Camp in Thuruthipada PO Pandanad



(28th August, 2018)

Registration in full swing at JBS School Keezhvanmazh PO- Pandanad



(28th August, 2018)

House to house visit for the distribution of ORS Sachets & Health Education session in the surrounding areas of Medical Relief Camp in Thuruthipada



(28th August, 2018)

House to house visit to provide Doxycycline prophylaxis in the surrounding areas of Medical Relief Camp in Thuruthipada PO Pandanad

Document		Daily Activity Report – Day 6
Date of Report		30 th August 2018
Date of Activity		29 th August 2018
Activity		Medical Relief Camps 1. Village Gramam, Ennakadu, Budhanur 2. Ulunthy School Shelter camp, Budhanur 3. Village Gramam North, Ennakadu
Location		PO-Ennakadu, Tal-Chengannur, District – Alappuzha
Time		11 am – 7.30 pm
Population Served		One of the most flood affected area. Interior area covered with two more camps and Doxy Prophylaxis provided to needy.
Team		Doctors – 06, Nurses – 05, Logistics – 01

<u>Camp 1:</u>	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	39	49	88	2	5	7	95
Generalized Weakness & Musculo Skeletal Pain	13 33.3	22 44.9	35 39.8	0 0.0	0 0.0	0 0.0	35 36.8
Acute Resp. Infections	11 28.2	28 57.1	39 44.3	0 0.0	5 100.0	5 71.4	44 46.3
Fever > 3 Days	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Diarrhoea / Vomiting / No Dehydration	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Other GI Disorders	0 0.0	1 2.0	1 1.1	0 0.0	0 0.0	0 0.0	1 1.1
Skin Lesions/ Infections	3 7.7	6 12.2	9 10.2	2 100.0	0 0.0	2 28.6	11 11.6
Hypertension	8 20.5	10 20.4	18 20.5	0 0.0	0 0.0	0 0.0	18 18.9
Diabetes	5 12.8	5 10.2	10 11.4	0 0.0	0 0.0	0 0.0	10 10.5
Trauma	1 2.6	0 0.0	1 1.1	0 0.0	0 0.0	0 0.0	1 1.1
Miscellaneous	7 17.9	7 14.3	14 15.9	1 50.0	2 40.0	3 42.9	17 17.9

MGM KERALA FLOOD RELIEF MISSION 2018

<u>Camp 2:</u>	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	5	21	26	6	5	11	37
Generalized Weakness & Musculo Skeletal Pain	0 0.0	2 9.5	2 7.7	0 0.0	0 0.0	0 0.0	2 5.4
Acute Resp. Infections	4 80.0	16 76.2	20 76.9	0 0.0	0 0.0	0 0.0	20 54.1
Fever > 3 Days	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Diarrhoea / Vomiting / No Dehydration	0 0.0	0 0.0	0 0.0	0 0.0	1 20.0	0 0.0	0 0.0
Other GI Disorders	0 0.0	1 4.8	1 3.8	0 0.0	2 40.0	1 9.1	2 5.4
Skin Lesions/ Infections	2 40.0	2 9.5	4 15.4	2 33.3	0 0.0	2 18.2	6 16.2
Hypertension	0 0.0	2 9.5	2 7.7	0 0.0	0 0.0	0 0.0	2 5.4
Diabetes	0 0.0	1 4.8	1 3.8	0 0.0	0 0.0	0 0.0	1 2.7
Trauma	2 40.0	0 0.0	2 7.7	0 0.0	0 0.0	0 0.0	2 5.4
Miscellaneous	0 0.0	1 4.8	1 3.8	0 0.0	1 20.0	1 9.1	2 5.4
<u>Camp 3:</u>	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	42	59	101	7	9	16	117
Generalized Weakness	10	30	40	0	0	0	40
Musculo Skeletal Pain	23.8	50.8	39.6	0.0	0.0	0.0	34.2
Acute Resp. Infections	11	15	26	3	9	12	38
	26.2	25.4	25.7	42.9	100.0	75.0	32.5
Fever > 3 Days	0	0	0	0	0	0	0
	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Diarrhoea / Vomiting / No Dehydration	0	0	0	0	0	0	0
	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Other GI Disorders	0	2	2	0	2	0	2
	0.0	3.4	2.0	0.0	22.2	0.0	1.7
Skin Lesions/ Infections	2	4	6	2	0	0	6
	4.8	6.8	5.9	28.6	0.0	0.0	5.1
Hypertension	1	8	9	0	0	0	9
	2.4	13.6	8.9	0.0	0.0	0.0	7.7
Diabetes	2	3	5	0	0	0	5
	4.8	5.1	5.0	0.0	0.0	0.0	4.3
Trauma	1	0	1	0	0	0	1
	2.4	0.0	1.0	0.0	0.0	0.0	0.9
Miscellaneous	0	4	4	0	1	1	5
	0.0	6.8	4.0	0.0	11.1	6.3	4.3

Medical Relief Camp - 29th August, 2018



(29th August, 2018)

“Road to health” – Patients gearing up to avail healthcare services at Medical Relief Camp at Village Gramam, Ennakadu Budhanur



(29th August, 2018)

“Healing healthcare together- giving elderly the care they deserve” Medical Relief Camp at Village Gramam, Ennakadu Budhanur.



(29th August, 2018)

Glimpses of Medical Relief Camp at Holy Infant Jesus UP School Ulunthy Shelter Camp.



(29th August, 2018)

Glimpses of Medical Relief Camp at Holy Infant Jesus UP School Ulunthy Shelter Camp.



(29th August, 2018)

Glimpses of Medical Relief Camp at Village Gramam, Ennakadu



(29th August, 2018)

Glimpses of Mobile Medical Relief Camp at Village Gramam, Ennakadu

Document	Daily Activity Report – Day 7
Date of Report	30 th August 2018
Date of Activity	30 th August 2018
Activity	Medical Relief Camps 1. Ward 10, Pandanad 2. Nakada, Pandanad 3. Ellimala, Ward 13 Shelter Camp, Pandanad
Location	PO – Pandanad, Tal – Chengannur, District – Alappuzha
Time	10 am – 5.00 pm
Population Served	One of the most flood affected area. The population on the banks of Pamba River covered with two more camps and Doxy Prophylaxis provided to needy.
Team	Doctors – 06, Nurses – 05, Logistics – 01 01 Nursing Staff of MGM on Leave Volunteered

Camp 1:

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	28	31	59	3	2	5	64
Generalized Weakness & Musculo Skeletal Pain	8 28.6	7 22.6	15 25.4	0 0.0	0 0.0	0 0.0	15 23.4
Acute Resp. Infections	12 42.9	12 38.7	24 40.7	0 0.0	2 100.0	2 40.0	26 40.6
Fever > 3 Days	0 0.0	1 3.2	1 1.7	0 0.0	0 0.0	0 0.0	1 1.6
Diarrhoea / Vomiting / No Dehydration	0 0.0	0 0.0	0 0.0	1 33.3	0 0.0	0 0.0	0 0.0
Other GI Disorders	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Skin Lesions/ Infections	1 3.6	3 9.7	4 6.8	0 0.0	0 0.0	0 0.0	4 6.3
Hypertension	1 3.6	1 3.2	2 3.4	0 0.0	0 0.0	0 0.0	2 3.1
Diabetes	0 0.0	3 9.7	3 5.1	0 0.0	0 0.0	0 0.0	3 4.7
Trauma	4 14.3	2 6.5	6 10.2	0 0.0	0 0.0	0 0.0	6 9.4
Miscellaneous	0 0.0	1 3.2	1 1.7	0 0.0	1 50.0	1 20.0	2 3.1

MGM KERALA FLOOD RELIEF MISSION 2018
Camp 2:

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	34	30	64	2	6	8	72
Generalized Weakness & Musculo Skeletal Pain	4 11.8	6 20.0	10 15.6	0 0.0	0 0.0	0 0.0	10 13.9
Acute Resp. Infections	5 14.7	9 30.0	14 21.9	2 100.0	3 50.0	5 62.5	19 26.4
Fever > 3 Days	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Diarrhoea / Vomiting / No Dehydration	1 2.9	0 0.0	0 0.0	1 50.0	0 0.0	0 0.0	0 0.0
Other GI Disorders	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Skin Lesions/ Infections	3 8.8	4 13.3	7 10.9	0 0.0	0 0.0	0 0.0	7 9.7
Hypertension	1 2.9	3 10.0	4 6.3	0 0.0	0 0.0	0 0.0	4 5.6
Diabetes	2 5.9	3 10.0	5 7.8	0 0.0	0 0.0	0 0.0	5 6.9
Trauma	1 2.9	1 3.3	2 3.1	0 0.0	0 0.0	0 0.0	2 2.8
Miscellaneous	3 8.8	3 10.0	6 9.4	0 0.0	1 16.7	1 12.5	7 9.7

Camp 3:

	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	15	23	38	3	2	5	43
Generalized Weakness Musculo Skeletal Pain	3 20.0	9 39.1	12 31.6	0 0.0	0 0.0	0 0.0	12 27.9
Acute Resp. Infections	3 20.0	20 87.0	23 60.5	4 133.3	2 100.0	6 120.0	29 67.4
Fever > 3 Days	1 6.7	0 0.0	1 2.6	0 0.0	0 0.0	0 0.0	1 2.3
Diarrhoea / Vomiting / No Dehydration	1 6.7	0 0.0	0 0.0	1 33.3	0 0.0	0 0.0	0 0.0
Other GI Disorders	0 0.0	1 4.3	1 2.6	0 0.0	0 0.0	0 0.0	1 2.3
Skin Lesions/ Infections	0 0.0	1 4.3	1 2.6	0 0.0	0 0.0	0 0.0	1 2.3
Hypertension	0 0.0	2 8.7	2 5.3	0 0.0	0 0.0	0 0.0	2 4.7
Diabetes	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0	0 0.0
Trauma	1 6.7	0 0.0	1 2.6	0 0.0	0 0.0	0 0.0	1 2.3
Miscellaneous	0 0.0	2 8.7	2 5.3	0 0.0	1 50.0	1 20.0	3 7.0

Medical Relief Camp - 30th August, 2018



(30th August, 2018)

*“Healing Healthcare - Hope at every turn”
Medical Relief Camp at Ward 10, Pandanad*



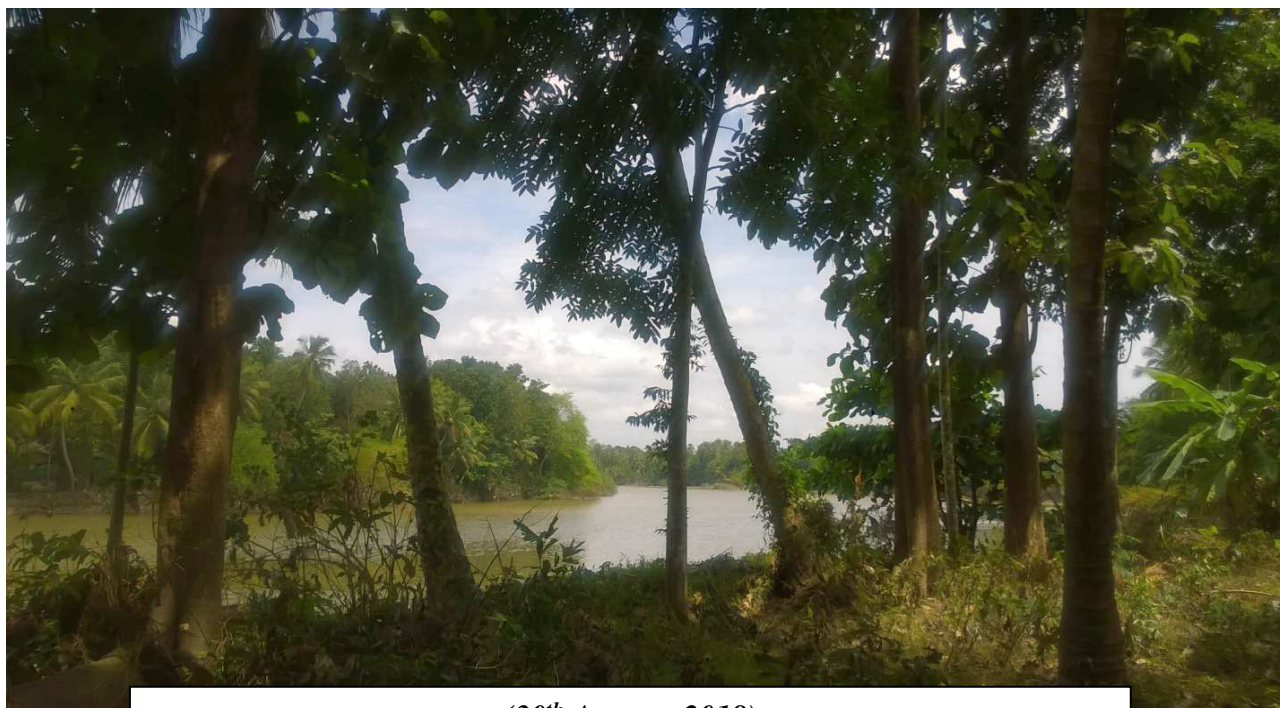
(30th August, 2018)

*“Medicines on Wheels”
Glimpses of Medical Relief Camp at Ward 10, Pandanad*



(30th August, 2018)

*“Spirit of caring, close to homes – road to better health”
Glimpses of Medical Relief Camp conducted at Nakada, Pandanad at a flood
victim’s residence.*



(30th August, 2018)

*Medical Relief Camp was conducted on the banks of the river Pamba at
Nakada, Pandanad at a flood victim’s residence.
The rainfed Pamba river rose menacingly during the floods*



(30th August, 2018)

*“Premium care, Personal Touch- The Powerful Medicine”
Glimpses of Medical Relief Camp conducted at Ward 13 Shelter Camp, Pandanad*

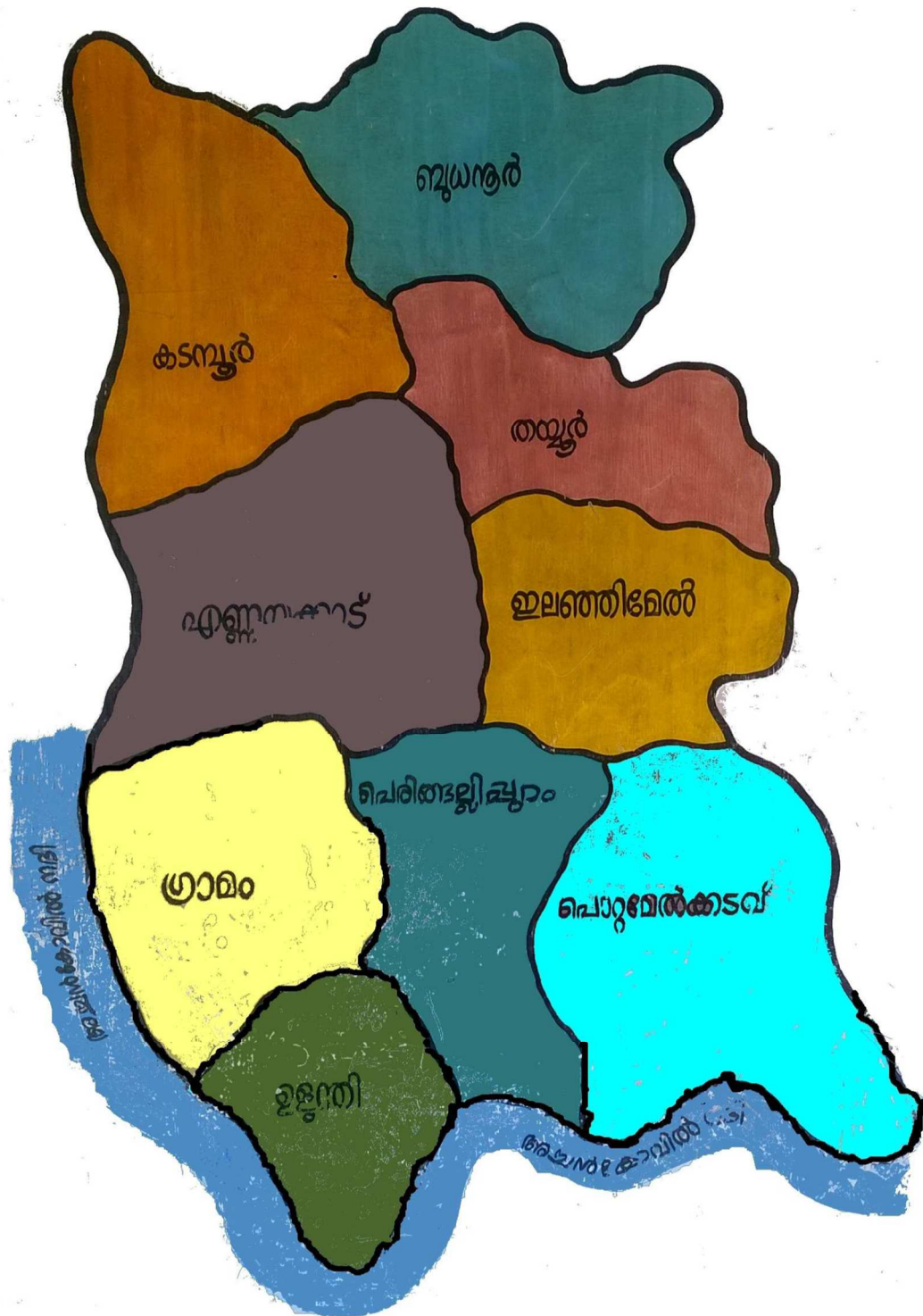


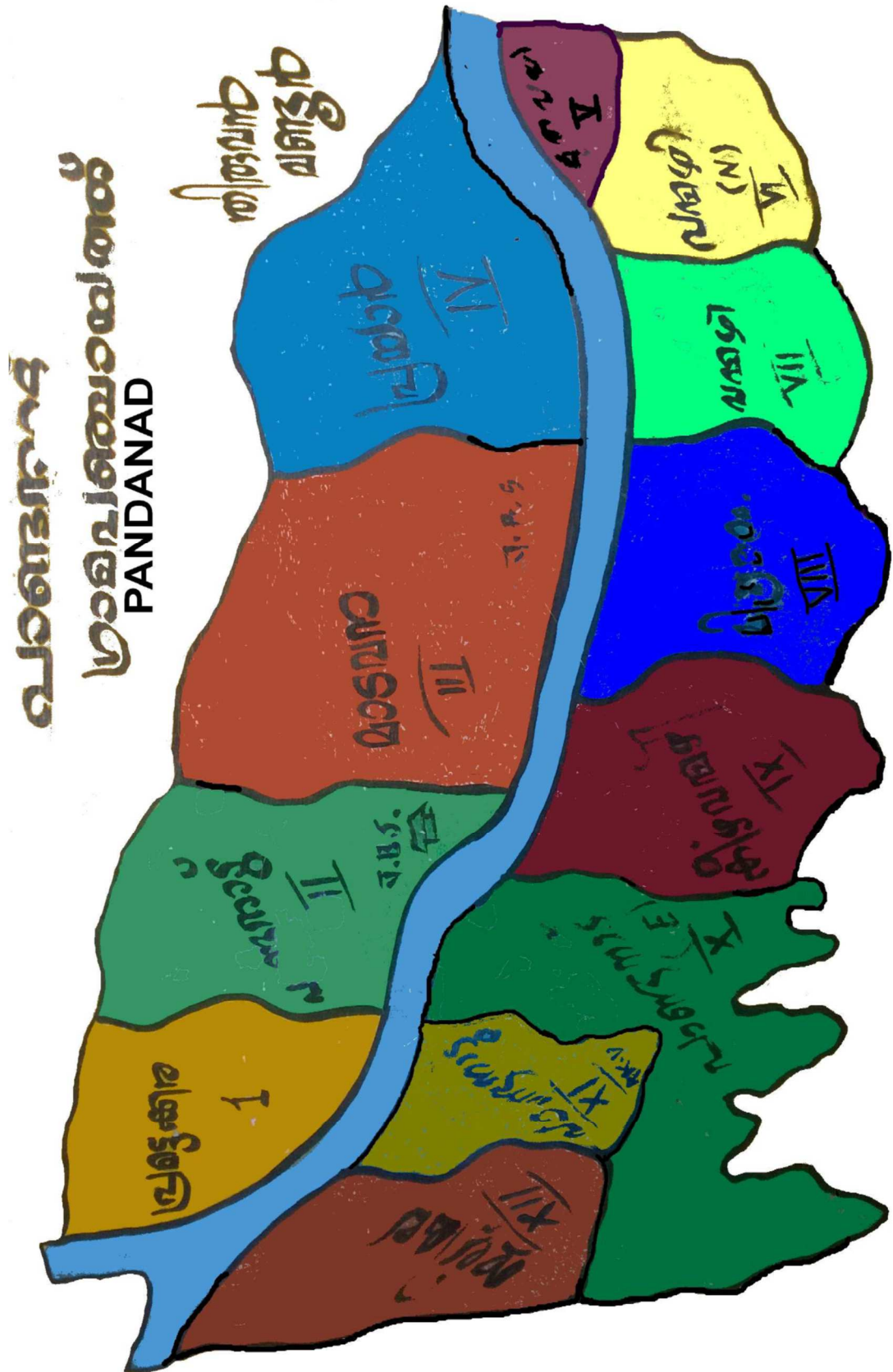
(30th August, 2018)

*Flood victims line up to seek medical care at Medical Relief Camp conducted at
Ward 13 Shelter Camp, Pandanad*

ബുധനൂർ ഗ്രാമ പഞ്ചായത്ത്

Budhanur





Health Education at Camp and Community





Visit to camp by Kerala State Government Nodal Officer



Dr. Shreehari, Kerala State Government nodal health functionary visited our camp at Puliyoor with team of local health staff on 26th August. He had shown immense interest in our activities and took feedback from us about our findings and gave necessary instructions to local staff for corrective measures and support. He appreciated work of our team.

Document	Daily Activity Report – Day 8
Date of Report	1 st September 2018
Date of Activity	31 st August 2018
Activity	Debriefing to Government Officials
Place	Alappuzha
Events	Travel from base camp at Kayamkulam to Alappuzha
	Meeting with District Health Officials
	Meeting with District Health Officials took place at District Health Office. Copy of preliminary summary report about the work done was provided to them. The surplus stock of Medicine remaining with us was handed over to the District Health office for free use of flood affected population. We thanked the district team for all the cooperation received from local health functionaries. Dr. Radhakrishnan could not attend the meeting due to his work priorities in the field.
	Meeting with District Collector
	Shri Suhas S. District Collector, Alappuzha listened to our feedback intently. We provided him copy of summary report and the booklet depicting role and activities of Department of Community Medicine of MGM Medical College. Honourable Collector appreciated our work.
	Return Travel to Navi Mumbai by Train in the evening



*(31st August, 2018) Meeting with
Alappuzha District Collector
Shri Suhas S.*

Document	Preliminary Summary Report
Date of Report	30 th August 2018
Date of Activity	25 th – 30 th August 2018
Activity	Medical Relief Camps
Place	Mavelikara & Chengannur Taluka of District – Alappuzha
Location	25 th Aug: Anjilipra, Mavelikara
	26 th Aug: Puliyoore, Chengannur
	27 th Aug: Kadampur, Budhanoor
	28 th Aug: Keezhvanmazhy, Pandanad
	28 th Aug: Thuruthakadu, Pandanad West
	29 th Aug: Gramam, Ennakadu, Budhanur
	29 th Aug: Ulunthy, Budhanur
	29 th Aug: Gramam North, Ennakadu
	30 th Aug: Ward 10, Pandanad
	30 th Aug: Nakada, Pandanad
	30 th Aug: Ellimala, Ward 13, Pandanad
Add-on Activity	IEC Activity – Waterborne Diseases & Personal Hygiene
	Doxycycline Prophylaxis
Person Screened	1246



(25th Aug, 2018)

*Medical Relief Camp at Govt Upper
Primary School Anjalipra)*



Medical Relief Camp

**Government Higher
Secondary School**

**Puliyoor,
Chengannur**

26th August

Patients screened in all 11 Camps from 25th to 30th August

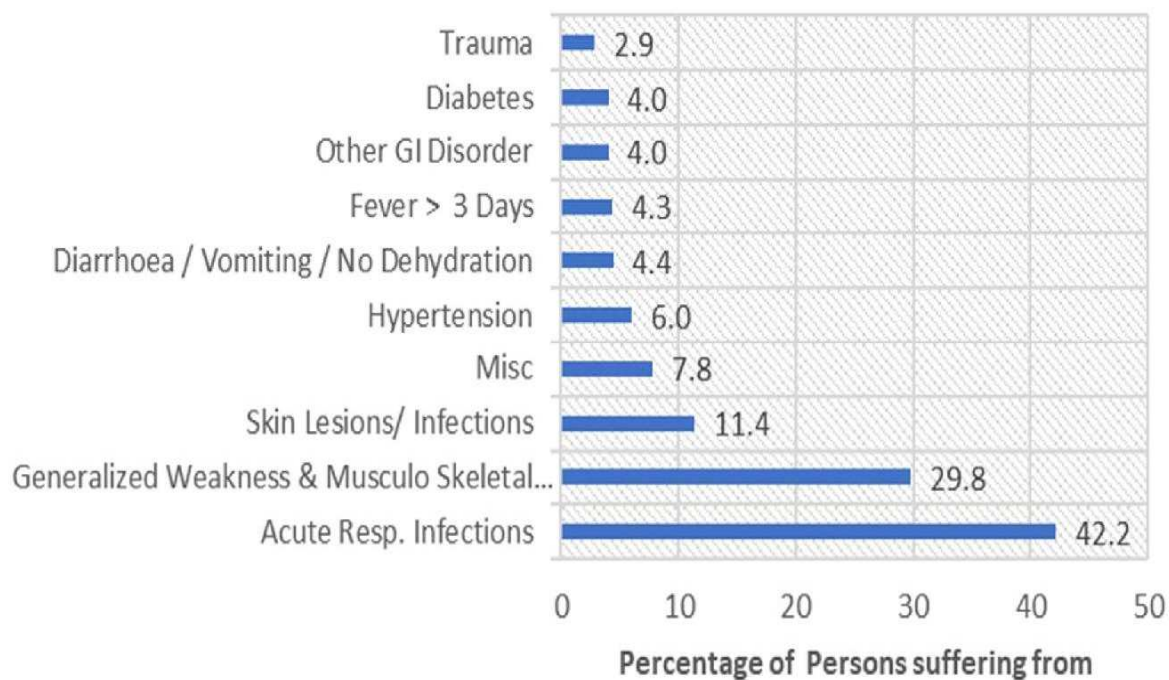
	Adult M	Adult F	Adult T	Child M	Child F	Child T	TOTAL
Registrations	511	575	1086	78	82	160	1246
Generalized Weakness & Musculo Skeletal Pain	124	243	367	4	0	4	371
Acute Resp. Infections	24.3	42.3	33.8	5.1	0.0	2.5	29.8
Fever > 3 Days	152	285	437	37	52	89	526
	29.7	49.6	40.2	47.4	63.4	55.6	42.2
Diarrhoea / Vomiting / No Dehydration	12	35	47	4	3	7	54
Other GI Disorder	2.3	6.1	4.3	5.1	3.7	4.4	4.3
Skin Lesions/ Infections	22	24	41	13	5	14	55
Hypertension	4.3	4.2	3.8	16.7	6.1	8.8	4.4
Diabetes	18	30	48	1	4	2	50
Trauma	3.5	5.2	4.4	1.3	4.9	1.3	4.0
Miscellaneous	49	80	129	10	5	13	142
	9.6	13.9	11.9	12.8	6.1	8.1	11.4
	26	49	75	0	0	0	75
	5.1	8.5	6.9	0.0	0.0	0.0	6.0
	20	30	50	0	0	0	50
	3.9	5.2	4.6	0.0	0.0	0.0	4.0
	21	9	30	4	2	6	36
	4.1	1.6	2.8	5.1	2.4	3.8	2.9
	35	48	83	3	11	14	97
	6.8	8.3	7.6	3.8	13.4	8.8	7.8

(For each Morbidity – 1st Row: Number, 2nd Row: Percentage, Total may exceed 100% as Multiple Response)

- ❖ It was noted that number of cases of Gastro Intestinal Complaints of diarrhea and vomiting were rising in Puliyoor camp. It was brought to the notice of local health functionaries that as the population screened were staying in Relief Camp since 16th August there was an urgent need to look into the water and sanitation and personal hygiene and the food handler's cleanliness practices. Health education on hand hygiene was given in special session to camp population. List of patients suffering from loose motion and vomiting was handed over to health functionaries.
- ❖ House to house visit to create awareness about water borne infections and use of Oral Rehydration Solution. Health Education was provided to all people screened.
- ❖ Patients requiring hospitalization were transferred to higher medical care centre with help of National Health Mission ambulance – 108
- ❖ Many Hypertensive & Diabetic patients had their medication and prescriptions. To reinstate them on treatment would require longer follow-up, Such cases were brought to the notice of local health functionaries.



Morbidity Pattern in Flood Affected Areas



Support in organizing camps

1. Pentacostal Young People's Association – 25th & 26th August
2. Sevabharati – 27th to 30th August
3. Government Health Functionaries – Always

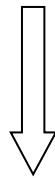


Dr. Shaba Thomas
Mission Coordinator

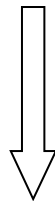
Dr. Prasad Waingankar
Team Leader – MGM Kerala Flood Relief Mission

The Experience

6 Field DAYS



11 HEALTH CHECK UP CAMPS



1246 PATIENTS SCREENED

Activities

- Health Checkup Camps
- IEC activities
- House to house visits
 - ORS Sachet distribution
 - Prophylactic Medication distribution

..... **My Thoughts**

Kerala witnessed massive flood and landslide after 1924. The disaster claimed many lives, agricultural land and houses due to the landslide. It was classified as a level 3 disaster, that is the state may not have the capacity to respond adequately and needs assistance from outside. MGM Medical College decided to reach out to the people of Kerala under the directives of MGM trust. We formed a medical team of fourteen members which had 6 doctors, 7 nursing staff and a welfare clerk. Dr Prasad Waingankar, Professor and Head of the Department Community Medicine, was our team leader and I, Dr Shaba Chinnu Thomas, Junior Resident, Community Medicine, was the mission coordinator.

It was in fact a great experience for me coordinating the activities here at MGM as well as in Kerala. Inexperienced as I was and had no clue about the task which was assigned to me as I was going to work first time as Public Health Expert to respond the natural calamity, though having theoretical knowledge about it.

However, a strong leadership, the support of my team members, Dean sir, MGM institute and my family helped me in making the necessary arrangements for the relief activities. The camps were organized in Alappuzha District for a period of 6 days in coordination with Pentecostal Young People Association and Seva Bharathi. We had the support from both the organizations for the entire length of our stay in Kerala. The arrangements for the stay of the medical team, transportation and the actual arrangements at the camp site was taken care of by the organizations. We also had the support from the district administration.

Team had worked in those areas where the people were most affected by the flood and medical help had not reached. It was in fact sorrowful to see the misery of the people and the after effects of the disaster. In addition to the health check-up, health educational activities, house to house visits were also carried out. Hope that state of Kerala soon come out of this grim situation.

Dr. Shaba Thomas, Mission Coordinator
Resident Medical Officer, Community Medicine

Kerala – The Journey

This experience was all about witnessing stories of heroism, courage, empathy, common sense, quick thinking and above all humanity!!!! A team of 14 dynamic specialist doctors, nurses and paramedical staff began their journey to Kerala with the active support of our trustees and institution with the sole purpose of working for the flood-stricken victims.

We were engaged in a host of activities like conducting medical relief camps, distributing ORS sachets, house to house visit and provision of Doxycycline prophylaxis as well as multiple health education sessions both at individual and mass level.

The happiness with which people welcomed us gave the extra zeal to work for them. 6 Days → 11 Health Relief Camps → 1246 patients – This was our humble contribution to this massive disaster. Local volunteers were always keen to help, and resources came pouring in from all sources. There were multiple incidents during this journey that highlighted the resilience of the people!

As I call it “Spirit of Kerala” - true to the Indian tradition of “Atithi Devo Bhava”, we were warmly welcomed at a relief shelter camp, in a difficult situation, with a lip-smacking meal on the joyous occasion of Onam. This warm gesture touched us, and it did highlight that life is all about living those small moments even when we are left with a bare minimum!

We as caregivers had tons of learning experience which were not mere medical experiences but life lessons. This memory will forever be etched as a wonderful learning exercise to a budding public health expert with the added real hand experience with the service mission!!!

Dr. Sneha P Kotian, Team Member
Resident Medical Officer, Community Medicine

Annexures

- a. Feedback to District Program Manager**
- b. Letter of Appreciation from District Collector**
- c. Letter of Appreciation from PYPA**
- d. Letter of Appreciation from Seva Bharati**
- e. Notable Local Helping Hands**
- f. Mission in News**
- g. Mission Proposal Draft**

MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL

Sector -1, Kamothe, Navi Mumbai- 410 209 Tel: 2743 7900/7901, Fax: 91-22-2743-1723

31st August 2018

From

MGM Kerala Flood Relief Mission
MGM Institute of Health Science
Navi Mumbai, Maharashtra

To

District Programme Manager
National Health Mission
District- Alappuzha

Sub : Feedback from team & handing over balance medicine stock for use of needy patients


Sir,

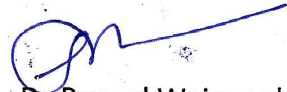
Please find the enclosed preliminary summary of our activities in last 6 days.

Also enclosed the list of drugs being handed over from our balance stock for use of needy patients.

Thanks for all the corporation and support.

Yours truly,


Dr. Shaba Thomas
Mission Co-ordinator


Dr. Prasad Waingankar
Team Leader





SUHAS S. I.A.S.

**DISTRICT COLLECTOR
AND
DISTRICT MAGISTRATE
ALAPPUZHA**

Phone { Office : 0477 2251720
Resi. : 0477 2243721
Mobile : 94471 29011
Fax No. : 0477 2251720
E-mail : dcalp.ker@nic.in
Website : www.alappuzha.nic.in
Date : 30/08/2018

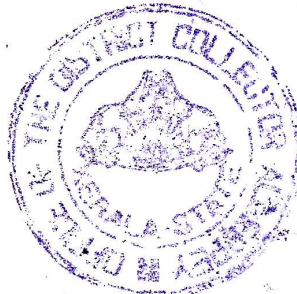
LETTER OF APPRECIATION

The District Administration Alappuzha expresses our appreciation for the contributions made by the team of doctors, nurses and paramedical staff from Mahatma Gandhi Mission Medical College Navi Mumbai, constituent college of MGM Institute of Health Sciences (Deemed University). We sincerely appreciate your service and contribution in conducting health camps during the disaster affected phase of Kerala for the flood victims from 25th August to 30th August 2018.

I am sure that your initiative to reach out in difficult areas and serving the flood affected population to provide free medical care and essential medications will help them to recover and lead a healthy life while combating this natural calamity.

The team comprised of the following members:

1. Dr. Prasad Waingankar, MD Community Medicine (Mission leader)
2. Dr. Shaba Chinnu Thomas, Resident Medical Officer, Community Medicine (Mission co-ordinator)
3. Dr. Varsha Reddy, Assistant Professor, MD Geriatric Medicine
4. Dr. Sneha Pratap Kotian, Resident Medical Officer, Community Medicine
5. Dr. Shivakami A, Resident Medical Officer, Paediatrics
6. Dr. Nevin Sabu Thomas, Resident Medical Officer, General Medicine
7. Rojees Rajan (Nursing Supervisor)
8. Ujawala Chorghe, Nursing Staff
9. Jestin C P, Nursing Staff
10. Jomy Kunjumon Thomas, Nursing Staff
11. Ansu Varghese, Nursing Staff
12. Sherrin Mariam Jolly, Nursing Staff
13. Lidiya Mary Thomas, Nursing Staff
14. Yogesh Sakhare, Welfare Clerk



DISTRICT COLLECTOR

THE PENTECOSTAL YOUNG PEOPLE ASSOCIATION
MAVELIKARA (W)

PRESIDENT
BR. GILBERT SAMMUEL

VICE PRESIDENT
BLESSAN CHERIAN

SECRETARY
EVG. AMOS THOMAS

TREASURE
BR. JAISON

Date: 29.08.2018

WE ARE THANKFUL TO MAHATMA GANDHI MISSION MEDICAL COLLEGE, NAVI MUMBAI, MAHARASHTRA FOR SENDING THE TEAM OF DOCTORS NURSING AND PARAMEDICAL STAFF FOR RENDERING THERE HUMANITARIAN SERVICE COVERING THE FLOOD AFFECTED AREAS OF AJLIPRA AND PULIYOOR IN ALAPUZHA DISTRICT. THE TEAM HAD WORKED WITH PYPA ON 25/08/2018 AND 26/08/2018. THE TEAM PROVIDED FREE SCREENING AND TREATMENT SERVICES ALONG WITH MEDICINES WE ACKNOWLEDGE YOUR CARE AND DEDICATION

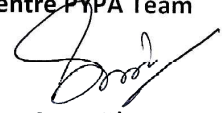
TEAM MEMBERS

1. DR. PRASAD WAINGNKR (TEAM LEADER)
2. DR. SHABA CHINNU THOMAS (MISSION CO-ORDINATOR)
3. DR. VARSHA REDDY
4. DR. SNEHA P. KOTIAN
5. DR. SHIVKAMI A
6. DR. NEVIN SABU THOMAS
7. ROJEES RAJAN
8. JESTIN C P
9. UJWALA CHORGHE
10. JOMY THOMAS
11. ANSU VARGHESE
12. SHERRIN MARIAM JOLLY
13. LIDIYA MARY THOMAS
14. YOGESH SAKHARE

May the God bless you all



For Centre PYPA Team


Evg. Amos Thomas
Secretary



SEVABHARATHI, CHENGANNUR

1955/12 Travancore/ Cochin Charitable Trust Act
Reg. No. A/ 1044/2011

Near Kunnathumala Temple, East fort, Chengannur
Ph 9446250958, 9447390550, 9656846557

30.08.2018
Date.....

LETTER OF APPRECIATION

To Whomsoever it may concern

In the wake of the flood affected areas of Kerala ,the team of doctors ,nursing & paramedical staff from MGM Medical College rendered their humanitarian service covering the following areas Anjilipra LP School,Pulliyoor GHS ,Budhanoor- Kadamboor, Ullunthy Holy Infant Jesus UP School, Gramam, Ennekadu; Keezhvanmazhy JBS School, RKVLP School, Nakkadavu (Pandanad) ; over a span of 6 days by conducting 10 camps which covered a population of over one thousand two hundred people.The team provided free screening & treatment services along with medications. They were also provided with the prophylactic medications.The affected victims were given health education to deal with the current scenario. The teams also conducted house to house visits and provided the families with ORS Sachets & prophylactic medication.

Mahatma Gandhi Mission Medical College, Navimumbai, Maharashtra. Team of 14 members including 6 doctors, nursing staff and 1 medico- social worker.

1. Dr. Prasad Waingankar (Team leader) MD community medicine MMC
63626wprasad67@gmail.com

Phone no. 9324714313

2. Dr. Shaba Chinnu Thomas (Mission coordinator) Resident medical officer, Community
-medicine MMC 2017073751shabathomas91@gmail.com Phone no. 9076069635

3. Dr. Varsha ReddyLecturer, MD Geriatric medicine MMC 2005010323

varsha.jayan@gmail.com

Phone no.9987353016

4. Dr. Sneha P kotian, Resident medical officer, community medicine MMC
2017083753snehakot@gmail.com

Phone no.9743489797

.... contd.



SEVABHARATHI, CHENGANNUR

1955/12 Travancore/ Cochin Charitable Trust Act
Reg. No. A/ 1044/2011

Near Kunnathumala Temple, East fort, Chengannur
Ph 9446250958, 9447390550, 9656846557

30.08.2018

Date.....

5. Dr. Sivakami A Resident medical officer, PaediatricsTMC 53699sivakami.nambi@gmail.com
Phone no.9995173531
6. Dr. Nevin Sabu Thomas Resident medical officer, General medicine TMC
65248nevin92@hotmail.com
Phone no.8589923520
7. Rojees Rajan (Nursing supervisor) MNC XLVII /1127rojeessiji@gmail.com
Phone no.8108485988
8. Ujwala Chorghe (nursing staff) MNC XVIII/43874ujwalachoraghe@gmail.com
Phone no.9922153619
9. Jestin C P (nursing staff) MNC XVII18299jestincp90@gmail.comPhone no.
Phone no.7039541676
10. Jomy Kunjumon Thomas (nursing staff) XVII 106299947025176jomykt@gmail.com
11. Ansu Varghese (nursing staff)ansumolvarghese96@gmail.com Phone no.8879918254
12. Sherrin Mariam Jolly (nursing staff)8848032351sherinmariam17@gmail.com
13. Lidiya Mary Thomas (nursing staff) lidiymarythomas@gmail.com Phone no.7012295965
14. Yogesh Sakhare (medical social worker)yogesha_Sakhare@rediff.com
Phone no.9870851501

We the Seva Bharathi (Kerala) appreciate the sincere and dedicated work of the team from
Mahatma Gandhi Mission Medical College, Navimumbai, Maharashtra.




President

Seva Bharathi, Chengannur

Notable Local Helping Hands

K. PRASAD

Sreelakam (Vathalloorkattil)

Kuttemperoor. PO Mannar, Alappuzha

Kerala - 689 623

Blessan Oommen Cherian

MAMOOTIL HOUSE,

Parimanam, Muttom PO Haripad, Alappuzha

Kerala - 690511

Milan Mathew Thomas

Mizpah Parimanam

Muttom, PO Haripad, Alappuzha

Kerala - 690511

Pastor Amos Thomas

IPC BETHEL CHURCH

Karipuzha , hattarampalam

PO Mavelikara, Alappuzha

Kerala - 690103

Jose John

Hephzibas grace cottage

Eruva East PO Kayamkulam, Alappuzha.

Kerala - 690572

Rev. Saji Mathew

Mizpah Ministries India

Perungala. PO Kayamkulam, Alappuzha

Kerala - 690559

एमजीएम मेडिकल कॉलेज अँड हॉस्पिटलमधील डॉक्टर मदतीसाठी केरळला रवाना



रसायनी/प्रतिनिधी

एमजीएम मेडिकल कॉलेज अँड हॉस्पिटल रायगड जिल्ह्यातील वैद्यकीय शिक्षणातील प्रख्यात अग्रगण्य शिक्षणतज्ज्ञांपैकी एक आहे. केरळमधील पूरग्रस्त भागातील पिडीतांना मदत करण्यासाठी वैद्यकीय सहाय्य देण्यासाठी डॉक्टर, परिचारिका आणि परिचारिका कर्मचारी यांच्या पथकाने प्रशिक्षित

केले. मानवतेचे खरे ज्ञान प्रतिबिंबित करणारे अशा आयुष्यातील अनुभव नेहमीच विभागाने सक्रियपणे प्रोत्साहित केले आहेत. संस्थेच्या मदत व सक्रीय मदतीसह अलापुझाच्या पूरग्रस्त भागात काम करण्यासाठी १४ विशेषज्ञ वैद्यकीय, नर्सिंग आणि पॅरामेडिकल स्टाफची एक टीम २३ ऑगस्ट, २०१८ रोजी केरळकडे रवाना झाली आहे. स्थानिक प्रशासनाच्या

व जवळच्या सरकारी संस्थांच्या मदतीने काम करणार आहेत. रुग्णालयांमार्फत पिडितांना मोफत वैद्यकीय मदत आणि मदत साहित्य प्रदान करण्यात येणार आहे. एचओडी मेडिसीन प्रो. डॉ. प्रसाद वायंगणकर यांच्या नेतृत्वाखाली मिशन को ऑर्डिनेटर डॉ. शाबा थॉमस यांच्यासह एकूण १४ जणांची टीम केरळला रवाना झाली आहे.



Matrabhumi Newspaper Cutting Dated 29th August,2018

ഡോക്ടർമാരുടെ സംഘം യാത്ര തിരിച്ചു

പനവേൽ: പനവേൽ എം.ജി.എം. ആശുപത്രിയിലെ ഡോക്ടർമാർ ഉൾപ്പെട്ട പതിനഞ്ചംഗ സംഘം ഡ്യൂട്ടിയിൽ നേരം വെട്ടി നേരം വെട്ടിയിൽ കേരളത്തിലേക്ക് തിരിച്ചു. ഡോക്ടർ പ്രസാദ് വൈൻഗാൻകറിന്റെ നേതൃത്വത്തിലുള്ള സംഘത്തിൽ ജെറിയാടിക്ക് എം.ഡി. വർഷകാലം, സ്റ്റേറ്റ് പി. കൊട്ടിയൻ, യോഗേഷ് സക്കറൈ, ഡോക്ടർ ശിവകാമി, ഡോക്ടർ നെവിൻ തോമസ് എന്നീ ഡോക്ടർമാരും നേഴ്സുമാരായ ജസ്റ്റിൻ പി.ടി., റോഗിസ് രാജൻ, ഷെറിൻ ജോളി, നിതിൻ എൻ., ഉജ്വല ചോരംഗെ, ലിഡിയ തോമസ്, അൻജു വർഗീസ് എന്നിവരാണ് കേരളത്തിലേക്ക് യാത്ര തിരിച്ചത്. ഡോക്ടർ ഷാബ സി. തോമസ് മിഷൻ കോ-ഓർഡിനേറ്റർ.

एमजीएमचे डॉक्टर सरसावले

म. टा. वृत्तसेवा, पनवेल

कामोठे येथील महात्मा गांधी मिशन अर्थात एमजीएम हॉस्पिटलचे दहा डॉक्टरांचे वैद्यकीय पथक गुरुवारी केरळला रवाना झाले. केरळमध्ये आलेल्या महापुराच्या नैसर्गिक आपत्तीचा सामना करण्यासाठी एमजीएमने सामाजिक भावनेतून या पथकाला केरळला पाठवले आहे.

केरळ राज्यात अतिवृष्टीमुळे अनेक ठिकाणी महापुराची परिस्थिती निर्माण झाली. सरकारी माहितीनुसार शेकडो लोकांचा मृत्यू झाला आहे. पूरस्थितीनंतर अनेक ठिकाणी रोगराई पसरण्यास सुरुवात झाली आहे. लाखो नागरिकांना सुरक्षित ठिकाणी हलवून सरकारी छावण्यांमध्ये त्यांच्यासाठी अन्नधान्याची, उपचाराची सोय करण्यात आली आहे. अशा संकटकाळात मदतीचा हातभार लागावा, या सामाजिक जाणिवेतून महात्मा गांधी मिशन ट्रस्टचे संचालक, विश्वस्त डॉ. नितीन कदम यांच्या मार्गदर्शनाखाली दहा जणांचे वैद्यकीय पथक औषधे आणि इतर सामग्रीसह तेथील पूरग्रस्तांवर उपचार करण्यासाठी गुरुवारी केरळ येथे रवाना झाले आहे. पूरग्रस्त नागरिकांना वैद्यकीय मदत पुरवण्याचे काम ते करणार आहेत.



Mahatma Gandhi Mission's MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India
Department Of Community Medicine

Proposal: MGM Kerala Flood Relief Mission

Background

Kerala is fighting to stay afloat in what is seen as the century's worst flood in the state. All 14 districts of the state have been placed under red alert after the rise in flood waters in Periyar river due to the incessant rains in August'18 and opening of the shutters of all major dams. The rail and road connectivity has been severely hit. There have been more than 20 instances of roads being washed away due to severe flooding; railway lines and more than a dozen stations are submerged; Kochi airport's runway remains inundated. Amongst all populations in Alapuzha, Pathanamthitta, Kottayam, Ernakulam, Wynadu & Idukki districts continue being the worst affected.

Situational Analysis



Kerala state has 44 rivers. All 80 dams across the state had released excess flood waters (with Idukki arc dam, one of the biggest in Asia opening its gates after 26 years) due to heavy rainfall over the past 20 days. The resulting floods have affected 13 out of the total 14 districts of Kerala. This year's floods have been described as once in a 100-year event by media. Since the start of the monsoon, in Kerala alone, 324 lives were lost, 220,000 people were left homeless, 2.8 billion US dollars in economic losses with more than 10,000 kilometers of roads damaged, 223,139 people sheltered in 1,500 relief camps. The state has already received 41 per cent in excess of the normal rainfall for every year, which is in stark contrast to 8 per cent below average for the rest of the country. Most of the areas currently affected by the floods are not accessible for a detailed assessment of the situation, which would be much worse as per the media reports.

Proposed MGMIHS Initiative

Incessant rainfall and heavy flooding have destroyed large parts of Kerala, leaving many persons stranded. People from all walks of life are engaged in efforts to provide relief to those affected by the floods. The Cabinet Secretary during NCMC meeting has also urged people to provide all possible assistance to Kerala for the relief & rescue operations. In the wake of unprecedented floods in Kerala, the Department of Community Medicine of Mahatma Gandhi Mission Medical College, Navi Mumbai proposes to provide aid for the disaster stricken state with the help of a team of doctors and paramedical staff in association with other departments.

Emergency Plan of Action

Proposed Strategy:

The mission shall be relief-focused, providing the affected population especially those who are displaced with essential medical care. The team plans to cover Alappuza (Alleppey) district with special focus on Chengannur and nearby area which has approximate population of 2,00,000.

The Relief Mission will focus on the following activities:

- ✓ Distribution of relief items to the affected households.
- ✓ Screening affected population and treatment of common ailments
- ✓ Conduct health promotion and disease prevention activities
- ✓ Support health administration and conduct situational assessment

Action Area:



Travel Plan:

We plan to cover the distance by train. A vehicle need to be hired for local travel.

Duration:

The duration of the relief activity period would range from 5 to 7 days excluding travel period.

List of Team Members:

SN	Name	Name of Dept	Designation	Phone Number
1.	Dr Prasad Waingankar	Community Medicine	Prof & Head	9324714313
2.	Dr Shaba C Thomas	Community Medicine	Junior Resident-2	9846077871
3.	Dr Sneha P Kotian	Community Medicine	Junior Resident-2	9743489797
4.	Mr Yogesh Sakhare	Community Medicine	MJPJAY Staff	9870851501
5.	Dr Sivakami	Paediatrics	Junior Resident-2	9995173531
6.	Dr Varsha Male	Geriatrics	Senior Resident	8850420162 / 9987353016
7.	Dr Nevin Thomas	Medicine	Junior Resident-1	8589923520
8.	To be Identified		Nursing Staff	
9.	To be Identified		Nursing Staff	
10.	To be Identified		Nursing Staff	
11.	To be Identified		Nursing Staff	
12.	To be Identified		Nursing Staff	
13.	To be Identified		Nursing Staff	
14.	To be Identified		Nursing Staff	

Logistics: To be coordinated by Mr. Yogesh Sakhare, Mrs. Lissy

Financial Requirements:

1. Journey Cost – Direct online train booking by Institute
2. Local Travel – 15 Seat Vehicle (@ Rs. 3000/day for 5 days = 15,000/-
3. Food - @ Rs. 500/- per person for 12 for 10 days = 60,000/-
4. Stay – Expected to be arranged locally / Rs. 10000/- if Required
5. Contingency – Rs. 15000/-
6. Medicines – Expected to be arranged through MS/ MGM Kamothe

Dr. Shaba Thomas, JR 2
(Mission Coordinator)

Dr. Prasad Waingankar
(Team Leader)