

# MGM Cleft and Craniofacial Center in association with INGA Health Foundation (IHF).

## “Maaya” Cleft & Craniofacial Unit At M.G.MIHS ( Inga Health Foundation ).

<http://ingahealth.org/>

<https://m.facebook.com/Mgm-Dental-College-and-Hospital-Navi-Mumbai-Inga-Health-Foundation-672528186181501/>

### Introduction:

A cleft and Craniofacial Surgery unit was started at MGM Hospital, Kamothe in partnership with Inga health Foundation and MGM Institute of Health Sciences (MGMIHS) in order to cater to the large patient population of Rural areas adjoining Mumbai and Navi Mumbai, who are not able to access these facilities easily.

The Project was possible due to generous funding from TATA Trust.

MOU between MGMIHS and Inga health Foundation was signed in September 2015 and the first case was operated on 3rd September 2015.

**Till Date 720 plus patients have undergone successful surgeries over 10 plus districts of Maharashtra , completely free of cost.**

### Aims and Objectives:

- To identify and mobilize all patients born with Cleft and Craniofacial Deformities to MGMIHS.
- To carry out educational programs in order to create awareness about the above mentioned deformities, with emphasis on preventive aspects to expecting mothers.
- To do high quality research in this field to find new preventive and treatment strategies.
- To provide patients with specialist consultation in the fields of Surgery, Anaesthesia, Paediatrics, ENT; all free of cost.
- To provide all patients with comprehensive services like Dentistry, Nutrition, Speech Therapy and Orthodontics; all free of cost.
- To make the center sustainable and to take care of the huge burden of care, training facilities for Surgeons and Anaesthesiologist from across the globe will be launched, especially to build skilled human resource in areas of great need.

### Facilities provided at MGMIHS :

All the below facilities are offered to the patients completely free of cost.

To and Fro transportation fares as per the state transport department for patient and parent.

Lodging and food to patient and one parent if patient above 5 years' age and two parents if below 5 years of age, in general wards.

Free surgery including all the medicines, surgical materials and Operating room charges.

Comprehensive care which includes Dental and Orthodontic treatment, Nutritional counselling for malnourished infants, Speech therapy sessions for all cleft palate patients.

Other incidentals like Paediatric Intensive care unit, Blood Bank, etc.

(1 pic)

  
Dr. Rajesh B. Goel  
Registrar  
MGM Institute of Health Sciences  
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### Center Administrators:

**Dr. Gaurav Deshpande and Dr. Rasika Jagtap Deshpande** are managing the medical and administrative responsibilities.

Dr Gaurav is a Maxillofacial Surgeon and Dr Rasika is a Periodontist by qualification.

Both have worked at an exclusive Cleft Center, Guwahati Comprehensive Cleft Care center in the state of Assam and have experience of 15,000 cases in approximately 4 years, out of which 4000 cases were operated by Dr. Gaurav Deshpande.

They have been a part of International Cleft lip palate surgical Missions .

Also Have International Publications in various topics related to Cleft lip palate treatments.

Both have extensive experience in management and administration on cleft lip palate centre.

**Created 720 smiles !:** It brings us immense pleasure to celebrate this very important milestone with you all. 720 smiles completed! Let's call it a Smilestone! This is only a stepping stone for the bigger dreams that will follow. But, the most important reason for its success is the team work that we all have shown towards this project. We are so glad that everyone considered this project as their own baby and worked together to make it a grand success. Each and every member of this comprehensive team was important in completing this achievement. Also Big thank you to all our patients who believed in us and trusted us with their treatment, without their support and love this was not possible.

I hope we all can keep walking, holding our hands together and changing lives of many more underprivileged kids and their families. I hope we can keep this team spirit up and keep spreading smiles! Cheers to 480 and many more to come.



  
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## Center Activities 2015-2016

### **Programs conducted for Awareness and Training:**

#### **1. Out Reach screening Camps**

A screening camp was organized by Inga Health Foundation and IMA in association with Operation Smile Inc. USA and MGM Institute of health Sciences, Kamothe, Navi Mumbai for children and adults suffering from Cleft lip palate and other congenital facial anomalies on 31st July 2016 at Jede Bhagat Hospital, Baramati. During this camp, 35 patients were screened by Dr Gaurav Deshpande( Oral Maxillofacial Surgeon ) with Aasis Banerjee ( Patient Recruitment Manager ) Inga Health Foundation, Mumbai. During this program the first citizen of Baramati, Yogesh Jagtap, President Elec of IMA, Maharashtra State, Dr Ashok Tambe, President of Baramati branch, Dr Dhopade, along with other dignitaries from IMA were present. The patients that were selected by the doctors, traveled to MGM Hospital Navi Mumbai and received necessary corrective Surgery free of cost. The patients were brought to the hospital in batches of people living in nearby villages for convenience and safety. The patients were also entitled to comprehensive care like Dental, Orthodontic corrections, Speech therapy and nutrition as per the need. We look forward to many more such initiatives with the help of IMA, Maharashtra state branch to reach out to more underprivileged children of the state



(6 pic)

#### **2. American Heart Association - AHA Certification Courses**

American Heart Association - AHA Certification courses (PALS & BLS) for Medical and Dental Team of MAAYA FOUNDATION Cleft and Craniofacial program at MGM Dental College and Hospital. We thank all the AHA trainers for their valuable time and congratulate all participants for successfully completing PALS & BLS courses and adding quality to our Cleft and craniofacial Program.

**PALS:** Pediatric advance life support

**BLS:** Basic Advance Life Support

Kudos to Operation Smile for taking this program to next level



7,8,9 pics

  
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### 3. Training ASHA workers

On 22nd August 2015, 300 ASHA (Accredited Social Health Care Activist) were invited to MGMIHS as a part of awareness campaign under the Cleft center from Panvel Taluka.

The aim of this meeting was to provide them information about identification, characteristics and mobilisation of cleft lip palate and craniofacial patients.

Along with this, the importance of Comprehensive services was explained as the treatment is incomplete without the completer rehabilitation of these patients.

Also, various other important topics were covered as importance of breast feeding, Safe delivery, and breast and cervical cancer.

The ASHA workers were offered free of cost screening for cervical cancer with PAP smear and also a dental check-up was done.

Informative pamphlets were distributed to all during this program.



)  
pics)

### 4. Visit by Education Department, Operation Smile Inc. and TATA Trust representative

On 2nd December, 2015, representatives from Operation Smile Inc's education department visited MGMIHS to inspect the facility. The objective is to start educational activities as fellowships for Surgeons and Anaesthesiologist from resource poor countries.

On the same day, a Continuing Dental Education (CDE) program was organised for the staff and students of Medical and Dental Faculty on various topics of Cleft and Craniofacial Surgery.

Dr Alexander Campbell, Plastic surgeon from USA and Dr Krishna Shama Rao, Medical Director of inga health Foundation Bangalore spoke on various cleft and craniofacial surgery topics.

More than 100 students and staff participated in the program.

Also, MGMIHS will be one of the Center to conduct American Heart Association's Programs like Basic Life Support (BLS), Paediatric Advanced life support (PALS) and Advanced Cardiac Life Support (ACLS), to train students and doctors in life saving maneuvers.

The first batch is expected to start in April- May 2016. **Pics 13,14,15**



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## 5. Mega follow up

On 4th January 2016, a mega follow up camp was organised to record the healing and progress of all the operated patients. During this session, the parents and patients were educated about adequate pre and post-operative care and were reminded about future surgeries if required.

They were given small gifts as good will gesture and to motivate them to follow the post -operative care.

16, 17 pics



## 6. 2<sup>nd</sup> MEGA FOLLOWUP - Following the SMILES !

*Our Parient's Proudly Say " BY THE WAY I AM WEARING THE SMILE YOU GAVE ME"*

Mega follow up of our lovely patients. We thank all our patients for believing in us . The turn out for follow-ups was exceptional. Also, it feels great to talk to new patients who have started walking - in by a very positive word of mouth.

During this follow up event, we could track the progress of the patients after surgery. Thorough counseling was done to all patients on maintaining the wound area. Also our wonderful interns helped to give a demo on the best brushing techniques to keep oral cavity clean. We could also give them small Diwali gifts, which all them loved, courtesy to Inga Health Foundation. All operated palate patients were seen by our speech Pathologist and recordings were done for comparison and research purpose. She also advised them with home based speech therapy. We are very confident that all these measures bring us close to our patients and help us to make them a part of our family



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## 7. Speech Therapy Sessions and Training

Ms Alla Sorokin, a noted speech language pathologist from Quebec, Canada visited MGMIHS for a week from 19-26 February 2016.

During this period, all operated cleft palate patients were recalled and were given free evaluations and therapy.

Also, the in house speech therapist underwent training for the specific therapy of cleft palate patients.

The progress of each patient was noted and home based therapy was advised.

22 pic



**8. Education Visit by Dr Usama Hamdan, President of Global Smile Foundation.** On 20th February 2016, Dr Usama Hamdan, who is an Otolaryngologist from Harvard, USA and also President of cleft charity, Global Smile Foundation (GSF) visited MGMIHS. A CME was organized on Virtually augmented surgery, where Dr Hamdan, explained the use of advanced technology for better patient services and training of surgeons in remote areas. He presented his organization's experience using 'Google Glass' for outreach surgery and training.

He has proposed MGMIHS to be one site for the use of this technology for cleft care.



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## Center Activities 2016- 2017:

1. **International visitors: Dr. Conrad and Dr. Clare Naser from South Africa** lectured on topics Free Vascularized Fibula For Mandibular Defects and Hammers & Homicide body Dysmorphic disorder in Rhinoplasty at MGM Dental college Navi Mumbai.



(24 pic)

2. **International Visitor Dr. Ronald Zuker. Dr Zuker is from Sick Kids Hospital Toronto**, visited the Cleft Care Unit sharing his expertise on the subject. Looking forward to see you again and expanding education exchange program at our center



(25 pic)

3. **Operation Smile International Surgical Mission At Dafang Country China 12- 18 th April 2016 ( Dr . Gaurav).**



(26 pic)

4. **Medicon , Opertion smile Conference Virgina Beach VA ,**  
May 20-26 2016 Global Summit Next. (Dr. Rasika and Dr. Gaurav)

  
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**5. International missions Surgical Mission At Mingdong country China September (Dr. Rasika and Dr. Suraj Ahuja Post graduate Oral and Maxillofacial surgery)**



27pic



28 pic

**6. International missions Surgical Mission At country China (Dr. Yusuf post graduate Oral and Maxillofacial Surgery)**



29 pic

**7. International cleft lip palate Surgical mission Durgapur mission kolkata Panskura Cleft lip palate Surgical mission Feb 1<sup>st</sup> to 23<sup>rd</sup> Jan 2107 .( Dr. Gaurav )**

**8. International World Congress Chennai Feb 2017 Invited speaker for the debate and poster presentation .(Dr Gaurav ar Dr Rasika )**



30 pic



31 pic

  
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9. Invited guest speaker at Honkong international Oral and Maxillofacial conference March 31<sup>st</sup> – 3<sup>rd</sup> April 2017 (Dr Gaurav ).



32 pic

10. Hands-on course on virtual cleft lip markings at 8th National workshop at MGM Dental College and Hospital. (Dr, Gaurav )



33 pic

11. International cleft lip palate Surgical mission Kolkata Haldia mission May 12-21 2017( Dr. Rasika).



34 pic



35 pic

  
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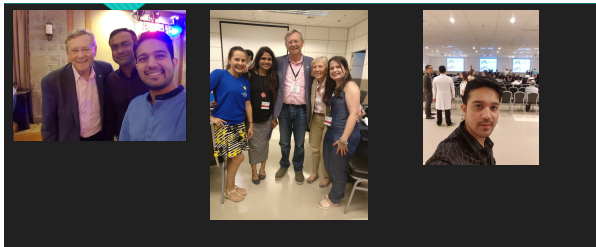
**12. Dr. Patrick Bovie Plastic Surgeon from Sweden** visited the center for observing Cleft Lip Palate surgeries .

36 pic



**13. Operation Smile NEXT conference, Manila, Philippines** resident Doctors of Anesthesia and Pediatrics MGMMCH.

37 pic.



**14. International Visitors Dr. Eugen and Josephine Park from Canada** conducting Research on Topic ( Research Assistants).

38 pic. 39 pic



**15. International cleft lip palate Surgical mission 16/7/2017 to 20/7/2017** pankura, West Bengal( Dr. Abhishek )

**16. International cleft lip palate Surgical mission Kolkatta Durgapur mission 16/8/2017 to 24/8/2017**( Dr. Srivalli , Dr. Gaurav & Abhishek Das)



  
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40 pic

17. International Cleft lip and Palate Surgical Mission Ecuador 13/9/17 to 25/9/17 ( Dr. Gaurav ).



41 pic

18. Ralegansidhi mega Health checkup camp organised by medical education department 20/11/17. ( Dr. Gaurav )

42 pic



19. International cleft lip palate Surgical mission Kolkatta Haldia mission 25/11/17 to 6/12/17. ( Dr Abhishek Das ).

20. Visit of Operation Smile International AMO Dr. Geir Stangeland and Operation Smile India Medical Director, Dr Mahashweta Dubey at MGM University.

43 pic



21. Mega followup 2017 at MGM Cleft and Craniofacial Unit . (44 pic , 45 pic )



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**Center Activities 2017- 2018:** MOU. Signed with the Government officials (NHM) for cleft lip patient identification and referrals to MGM Cleft and Craniofacial Care Unit .

2) Invited for live Demonstration of Cleft Lip Palate Surgery and Felicitation at Nair Hospital . (46 pic )



3) OMFS DAY Celebration 16 th feb 2018 . Cleft program. Cleft awareness Talk as apart of OMFS Team At karnala Tv aired in local news chat show titled Sanvaad Cleft awareness lecture in Nursing College . (47 , 48 pics )



4) Outreach Screening camp (Feb ) At Akluj District Solapur by Post graduate Student Dr Nitesh .

5) Vijaywada International mission Cleft lip palate Dr. Rasika Jagtap and Dr Taher (Post Graduate ) .



(49 , 50 pic )

  
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6) INDOCLEFTCON Kolkata March 2018 invited Faculty speaker . Topic :  
Surgical Outcome in cleft lip /palate Surgery. Dr Gaurav Deshpande .

51, 52 pic



7) Durgapur international mission Cleft lip palate ( June 2018 ) Dr. Gaurav Deshpande .

8) CME Cleft and Craniofacial Surgery: Back to basics .MSC-AOMSI

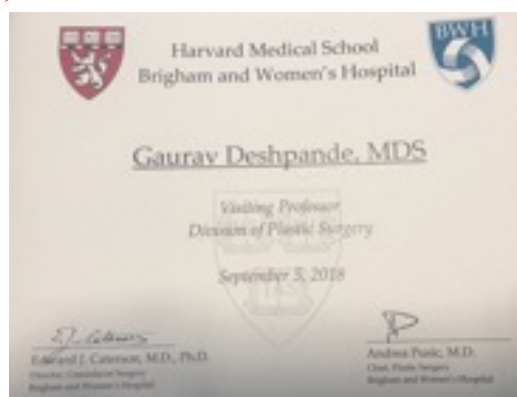
53 pic



9) Invited speaker at harvard Medical School Presentation in Plastic Surgery Grand rounds On “ Tips and Tricks on Mastering Art Of Cleft Surgery.” (Dr. Gaurav Deshpande).

(54

55 pics )



  
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10) Screening Camp in Nanded 2<sup>nd</sup> oct 2018. (56, 57, 58 pics)



11). 500 cases completion



12). Panel Discussion on Orthognathic surgery at AOMSI State Chapter, GDC Mumbai.  
10-11 December 2018  
Dentomax 2: Recent Trends in Oral and Maxillofacial Surgery. Mumbai 9th March  
2019



  
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13). Operation smile Centers conference. Cartagena, Colombia. 8-10 June 2019  
(Talk on Cleft Care Center in developing world )



14) European Cleft and Craniofacial Congress, Utrecht, Netherlands, 12-15 June 2019 Dr Gaurav & Dr Rasika



15) Internal Inga foundation workshop Held at Mumbai Cleft Craniofacia center at MGM hospital .



16) All India Radio Akashwani kendra live Radio interview 30<sup>th</sup> July 2019 by Dr Gaurav Deshpande



17) Rahate Camp



18) Nanded Screening Camp



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**19) Cleft Care India Study 27 centers from India**



**20) Student Volunteer Program Guest speaker at Chennai International school**



**21) Christmas Smile tree at MGM hospital Navi Mumbai Kamothe**



22) Mega Followup 2019. 26 th December at Cleft care unit MGM hospital Navi Mumbai



Stories discovered in creating Smiles:

We have Completed 720 plus Cleft Lip and Palate..  
A small story of our 50th case :



  
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## STORIES:



**1) Gunjan** a three day old baby resident of ulashnagar was brought to the Cleft and Craniofacial unit at MGM Hospital, Kamothe, Navi Mumbai for treatment of cleft lip and palate by her parents. Gunjan was the lucky child who was brought to the Cleft care at the right time to get the treatment at right age. The patient was a perfect candidate for NAM (Nasoalveolar moulding) which is carried out prior to the surgery till the age of 6months for better esthetic results. Unfortunately, the parents could not spare time to follow up regularly which is required for the conventional NAM technique. So, an unconventional NAM technique of just lip taping and Nasal hook was carried out. We could get significant results with this procedure and the patient was ready for the surgery. The surgery went on uneventfully and Gunjan is ready with her new smile. Gujan now enjoys normal life with her sister!!!

We wish Gunjan all the very best. She will be treated for cleft palate at age of 1year. THANK YOU TEAM FOR SPREADING



62, 63 pics

**2) Manali kavate** was born with unilateral cleft lip palate in a place called Uran, a suburban area of Mumbai . She was the first child in her family who was born with such deformity . The parents were unable to understand her condition. Manali struggled for survival as she could not take breast feeds and parents were not counseled for feeding the baby with such condition . She was brought to the Inga Health Foundations's Maaya Cleft and Craniofacial unit at MGM College and Hospital Navi Mumbai when she was 6 months old. Manali was underweight for operating cleft lip surgery. The family had lost hopes of that their child would have a normal smile .The mother was counseled for nutrition and feeding position and shown the pictures of previously operated cases , within 2 months Manali had gained appropriate weight to perform surgical procedure. She was operated for cleft lip surgery and when she was 1 yr old fro cleft palate surgery. Now the family is happy to have healthy Manali smiling like other children and living a normal life .

(64, 65 pics )



**3) Aryan Harad** was born as first child to his parents . He lives in Shahapur in Thane district. Aryan was born with Unilateral Cleft lip and Cleft palate.. Aryan's family approached the local hospitals near by for getting the condition treated but the local doctors did not have enough knowledge to treat the condition. Aryans parents came across our Cleft and Craniofacial screening camp through an educational pamphlet from the primary health center, when Aryan was 4 months old. Without wasting time they got their baby Screened in the camp and soon visited our Centre at MGM College and Hospital Kamothe Navi Mumbai for further counseling , Aryan would often suffer from cold and cough which was making him difficult to get fit for the surgery. Finally Aryan was operated when he was 7 months and Cleft Palate Surgery at 1 yr . His family is happy to see him grow and smile like other kids.



66, 67 pics

**4) Shravan Palvi** was born with cleft lip palate defect in the district Solapur. He was a one day old child who was brought for screening at the camp site organized by Inga health foundation ( IHF) in Solapur. The parents and family members were completely disheartened with the birth of the child having such a defect, as he was the first child to his parents .Parents and family members were counselled by the IHF team on board for nutrition , and pictures of pre-post operated cases at the center. Also the Parents saw the patients coming for screening and operated cases as follow-ups in

the same camp. They could now relate that defect of their child could be completely corrected, shravan could smile and live life like other normal kids .

With the ray of hope in their heart they followed all the pre surgical instructions given to them and the child was fit for lip surgery at the age of 6 months . Shravan was operated fro cleft lip surgery at Maaya Cleft care unit by Inga Health Foundation at Mgm Dental college and Hospital Navi Mumbai . After the surgery was over shravan's father could not control his emotions he went to the operating doctor and thanked him , he opened his heart out by telling how grateful he was that they met the doctor on time in the camp ,was about to abundant the child out of shame ,I was saved from committing a big sin and control my depression .

Soon the family went back with child's new smile and new life. After six months Shravan was operated for cleft palate . Now the family is spreading the message of smile to all the people around .



68, 69 pics

**5) Sai Pawar baby** of 21 days old born with Cleft lip palate was referred by Being Human Foundation for getting operated at our Maaya Cleft care unit by Inga Health Foundation at Mgm Dental college and Hospital Navi Mumbai. The parents had approached Being Human Foundation as they could not afford the cost of the surgery. Soon the parents were called for nutrition counselling and pre- surgical tissue moulding ( lip taping ) at the centre. They were very motivated after seeing how normal the children looked after being surgically operated. They followed all the instructions given to them till the day of surgery. They were constantly reporting the progress of the baby to the center team through messages and pictures of the baby. The patient underwent lip surgery after 6 months. Sai is now flashing her beautiful smile In the family.

They are great full to Being human foundation for referring them to Maaya Cleft care unit by Inga Health Foundation at Mgm Dental college and Hospital Navi Mumbai

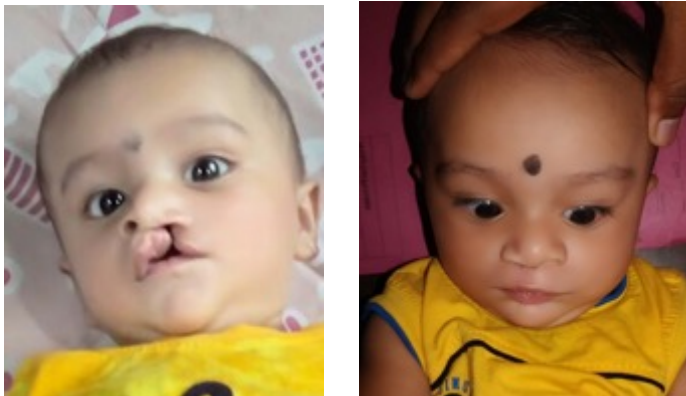
  
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70, 71 pic

6) **Ahad chiplunkar** was born with complete cleft lip palate defect in Poladpur. He came to know about our foundation through one of the patient treated in his area. Ahad's mother was not ready to accept her child looking at his defect. She started ignoring the child and was not taking care of him. It is when Ahad's grandmother started looking after him and taking care of him. The other family members were very supporting. They got Ahad at the age of 3 months for consultation to IHF center at MGM Dental college and Hospital Navi Mumbai. The family members were counselled by the IHF team on board for nutrition, and pictures of pre-post operated cases at the center, also convinced the grandmother to take care of the child and tell his mother not to neglect the child, the defect would be completely corrected.

child was admitted for lip surgery at the age of 6 months. Ahad was operated for cleft lip surgery at Maaya Cleft care unit by Inga Health Foundation at MGM Dental college and Hospital Navi Mumbai. Ahad's mother has now started accepting her child. It was the first time she had visited the hospital and started taking care of him post surgery. She was in big depression all this while, but after seeing the child post surgery all her worries were gone. Soon Ahad was discharged to go home, he has got his smile as well as love of his mother back. In next six months he will be operated for cleft palate defect.



72, 73


7) **Advay Patil** was born with a complete Cleft lip and Palate to his parents in kamothe Navi Mumbai. Advay was first child to his parents. The Family came to IHF foundation at MGM kamothe Navi Mumbai through a local contact for consultation. The parents were very apprehensive and had lot of queries regarding the defect and the line of treatment. They had already approached many centers in Mumbai but were not convinced.

When they met one of our previously treated case of cleft lip surgery patient admitted in the ward for cleft palate procedure, they were quite convinced after seeing the result of the previous surgery and talking patient's parents.

Advay's parents got their child operated for cleft lip surgery at the age of 6 months. The family went back with a new smile on Advay's face as well as their own. In next 6 months Advya will get his palate surgery done.



8)Driti : A 22 days old baby was reported to HF foundation at MGM kamothe Navi Mumbai At with the chief complaint of cleft lip and palate. On extraoral examination- patient had a bilateral cleft of the lip with separated lip segments on both sides , an underdeveloped columella on both sides and depressed nasal bridge and wide nostril base. The premaxilla with the centre of the lip was displaced laterally. The nasal domes were also underdeveloped . A pre operative procedure was done NAM ( Naso - alveolar moulding) for shaping the pre maxilla and the alveolar ridges for better aesthetic and functional results . this procedure also minimize further corrective surgeries for such patients .

  
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**From:**  
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Chicago, IL 60611

**To:**  
Dr. Gaurav Deshpande  
MGM Medical College  
Navi Mumbai, Maharashtra 410209

February 6<sup>th</sup>, 2020

Dr. Deshpande,

The Division of Plastic Surgery at Northwestern University Feinberg School of Medicine would like to invite you as a visiting professor and grand rounds speaker at our campus on April 16<sup>th</sup> and 17<sup>th</sup>, 2020. Your visit would consist of an educational session with our plastic surgery residents, as well as a grand rounds lecture to be given to our division. Please let us know if you would be able to attend, and feel free to contact us with any questions you may have.

Jason H. Ko, MD

Program Director, Plastic Surgery Residency  
Associate Professor  
Division of Plastic Surgery  
Northwestern University Feinberg School of Medicine

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HARVARD MEDICAL SCHOOL  
DEPARTMENT OF SURGERY  
DIVISION OF PLASTIC SURGERY



E.J. CATERSON, M.D., PH.D.  
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FAX: 617-732-6387

*Brigham and Women's Hospital*  
75 FRANCIS STREET  
BOSTON, MA 02115

March 20<sup>th</sup>, 2018

Dear Dr. Gaurav Deshpande,

We would like to formally invite you to give the following presentation for Harvard Plastic Surgery Grand Rounds on September 5<sup>th</sup>, 2018:

**Title:** "Tips and Tricks of Mastering the Art of Cleft Surgery: What I Learned from the Masters"

**Location:** Auditorium, Shriners Burns Hospital

**Date:** September 5<sup>th</sup>, 2018

**Time:** 7:00-8:00am

**Target Audience:** Divisions and Department of Plastic Surgery

We look forward to hearing about and learning from your experience.

Sincerely,

Edward J. Caterson M.D., Ph.D.  
Assistant Professor of Plastic Surgery  
Harvard Medical School

Dr. Rajesh B. Goel  
Registrar  
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Harvard Medical School  
Brigham and Women's Hospital



Gaurav Deshpande, MDS

*Visiting Professor  
Division of Plastic Surgery*

*September 5, 2018*

Edward J. Caterson, M.D., Ph.D.  
Director, Craniofacial Surgery  
Brigham and Women's Hospital

Andrea Pusic, M.D.  
Chief, Plastic Surgery  
Brigham and Women's Hospital

Dr. Rajesh B. Gool  
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