

Description of participation by NSS/NCC/Red cross/YRC, Institutional clubs etc., year-wise for the last 5 years

The Mahatma Gandhi Mission Trust is the parent body of MGMIHS which was established in 1982. Since inception, the Trust has focused on providing Health Care Services, School Education and Higher Education with dedication and commitment. The Institutions under MGM Trust have achieved a mark of excellence in their respective areas over the years. The MGM Deemed University has been notified as a Deemed to be University i.e. "MGM Institute of Health Sciences" vide Notification No. F.9-21/2005-U.3 (A) dated 30.08.2006 issued by the Government of India, Ministry of Human Resource Development, Department of Higher Education, and New Delhi.

Our institute knows that National Service Scheme (NSS) is beneficial to both students as well as the society in various different means. NSS helps the student to grow individually and also as a group. It makes the students confident, develop leadership skills, and gain knowledge about different people from different walks of life. Our institute had applied for NSS registration for both the campus (Navi Mumbai & Aurangabad). In the year 2018-19 we received the acknowledgement as per below


महाराष्ट्र शासन
उच्च व तंत्र शिक्षण विभाग, मंत्रालय.
एलफिन्स्टन तंत्र विद्यालय परिसर, 3 महापालिका मार्ग, धोबी तलाव, मुंबई-४०० ००१.
ई-मेल- nssmantralaya@gmail.com दूरध्वनी क्र. ०२२-२२६७९५६५.

क्रमांक: संकीर्ण-२०१८/साशि-७ दिनांक: १२.१०.२०१८.


प्रति,
एमजीएम इन्स्टिट्यूट ऑफ हेल्थ सायन्सेस (अभिमत विद्यापीठ),
नवी मुंबई

विषय : स्वयंनिर्वाहीत २०० विद्यार्थ्यांचे राष्ट्रीय सेवा योजना एकक सुरु करण्याबाबत प्रस्ताव
संदर्भ: आपले पत्र दि. २७.०८.२०१८

उपरोक्त विषयांकीत संदर्भाधीन पत्र या कार्यासनास प्राप्त झाले आहे.


(डॉ. अतुल ह. सावडे)
राज्य संपर्क अधिकारी/विशेष कार्य अधिकारी.

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As assured by NSS cell of Maharashtra they will include in GR one unit per campus (2 units in total) / number of volunteers mentioned in GR.

Simultaneously our institute already received awards for NSS activities such as :

1. All India ranking award for Clean campus 2019,



2. MGMIHS received award/cash prize at university and state level under swachh bharat summer internship program 2018. The winning students under this program 2018 were awarded by NSS wing of Maharashtra.
 - **University level winner** – Mr. Deepak Narayan Tayade (Team – MGM Medical college, Aurangabad), cash prize RS. 30,000/-
 - **University level winner** Ms. Payal Umesh Toshniwal (Team MGM School of Physiotherapy, Aurangabad), cash prize Rs. 20,000/-
 - **University level winner** Ms. Aishwarya Sampatrao Jadhav (Team New Bombay College of Nursing, Navi Mumbai), cash prize Rs. 10,000/-
 - **State level winner**, Mr. Ajay Shankaram Taur, **NSS volunteer** MGM Institute of Health Science Navi Mumbai, cash prize RS. 20,000/-


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Glimpses of Activities under MGMIHS NSS Unit

Installation of MGMIHS NSS unit is done in the first week of Sept 2019 with one Programme coordinator and 8 programme officers from the constituent colleges under MGMIHS. MGMIHS NSS unit is installed with the presence of Mr.Sudhir Puranik , Director, NSS, University of Mumbai. MGMIHS has been allotted a NSS unit with 500 NSS students Volunteers by Higher education and Technical Department, Government of Maharashtra.MGMIHS NSS Unit has allocated 300 Students Volunteers to MGM Navi Mumbai Campus & 200 Student Volunteers to Aurangabad Campus.

Glimpses of Activities Conducted by MGMIHS NSS Unit:

1. Water Harvesting & importance of water & Environment:

- a) Exhibition & Puppet show to create awareness on judicious use of water and No plastic use


Place of Activity: MGM Medical College & Hospital Navi Mumbai

No of Volunteers: 75

Beneficiaries: 200 patients & Relatives in hospital

Glimpses of Activities:





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Puppet Show on Judicious use of water at MGM Hospital, Navi Mumbai



Exhibition on No plastic use by NSS Volunteers at MGM Hospital Navi Mumbai


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Plastic Monster in Exhibition

b) On occasion of NSS Day Celebration at MGM Aurangabad Campus – Rally to save Water and Save Environment By Medical, SBS and Physiotherapy college NSS Student Volunteers :

- Place of Activity: MGM Aurangabad Campus
- No of Volunteers: 200 NSS Volunteers
- Beneficiaries: Aurangabad Community




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2. Tree Plantation:


A tree Plantation was organized by all constituent colleges of MGMIHS on a hill at Phanaswadi, Pale (Budruk), Taluka- Panvel.

It was conducted on Sunday, 21st June 2019.


Place of Activity: Phanaswadi, Pale (Budruk), Taluka- Panvel

No of Volunteers: 300 NSS Volunteers

Beneficiaries: 1500 saplings were planted at Phanaswadi Hills


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3. Fit India Movement

Rally on 2nd October 2019 Gandhi Jayanti Initiative of FIT INDIA along with Swachhata Hi Seva

- On the occasion of the 150th Birth anniversary of Mahatma Gandhi, FIT INDIA plogging run was organized as a tribute to the Father of the Nation along with keeping in mind the initiative in “Swachhata Hi Seva” in collaboration with Panvel Mahanagar palika
- **Objective: To promote physical activity and fitness and help in getting rid of plastic garbage in the nearby areas.**


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- 54 NSS volunteers from all constituent colleges have participated in above rally.
- All NSS units got appreciation letter from Fit India.



4. Health Related Activities :

a) Involvement of NSS volunteers in Pulse polio Programme :

- **Place of Activity:** Urban Health Post, Kalamboli, Navi Mumbai on 15-9-19
- **No of Volunteers:** 70 NSS Volunteers
- **Beneficiaries:** 2000 under 5 Children


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Glimpses of Pulse Polio activity on 15/9/19



b) Blood Donation Camp by NSS Volunteers :

On occasion of NSS Day on 24th Sept, Blood Donation Camp was organised by MGMIHS NSS unit at Kamothe, Navi Mumbai

Place of Activity: MGM Medical College and Hospital, Navi Mumbai

No of Volunteers: 200 NSS Volunteers participated in this activity

Beneficiaries: 55 NSS Volunteers Donated Blood

7

Blood Donation by NSS Volunteers

Total 55 units of Blood donated by NSS Volunteers

MGM MC:

MGM School of Physiotherapy:

MGM School of Nursing

MGM School of SBS



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C) Following important Day Celebration Days By NSS unit

- Mental Health week Celebration (6th -12th October 2019
- Global hand washing days celebration at MGM school Nerul, Navi Mumbai on 15th October 19(Nursing, Navi Mumbai)
- Students Reading Day (Nursing, Navi Mumbai)
- Global hand washing days celebration on 15th October 19 at IT school Aurangabad (MGM MC, Aurangabad)
- PoshanAhar week celebration (SBS, Navi Mumbai)
- National Unity Day Celebration at MGM Aurangabad
- World AIDS Day celebration at MGM Hospital, Navi Mumbai (MGM MC, Navi Mumbai)

1 Student Mental Health awareness Programme on 18-10-19 (13 NSS Volunteers) on occasion of Mental Health week (6th -12th October 2019




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Global hand washing days celebration on 15th October 19



Special Camps :

19

NSS volunteers participated in screening camp for risk factors of HT on occasion of World Heart Day (MGM School of Physiotherapy Aurangabad)



c) Others

Celebration of 150th anniversary of Mahatma Gandhiji on 2nd October 2019
Following programs were arranged

- BhajanSandhya (MC), Role play and Skit (Medical, Physiotherapy & Nursing NSS student)
- Essay writing competition on life of Mahatma Gandhi
- Poster competition and exhibition on life events of Mahatma Gandhi
- IEC activity on Environmental hygiene and plastic-free environment


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Poster Exhibition & singing Bhajans on occasion of Birth anniversary of Mahatma Gandhiji

Place of Activity: MGM Medical College & Hospital NaviMumbai



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Road Safety Campaign held on 10th February 2020

Preamble:	Road Safety is a major concern in most of the developed and developing countries in the world, India being one of them. Major road traffic accidents are caused due to the negligence of the citizens using vehicles. Not wearing helmets while riding a two-wheeler is one such neglect.
Objective:	To create awareness and understand the importance of wearing helmets and making sure that everyone entering the campus on a two-wheeler is wearing helmets for their safety.
Date:	10am-12:30 Noon, 10 th February, 2020
Organized by:	NSS Unit, MGM School Of Physiotherapy
Attendees:	15 NSS Volunteers from MGM School Of Physiotherapy accompanied by Dr. RajaniMullerpatan (Professor and Director, MGM School Of Physiotherapy), Dr. Meruna Bose (Vice Principal, MGM School Of Physiotherapy), Dr. Jennifer D'souza (NSS Program Officer), Dr. HiranmayeeBagwe and Dr. RaturajShete (NSS Assistant Program Officers).
Summary:	<p>In view of the 31st National Road Safety Week from 7th February to 14th February, 2020, NSS Unit at MGM Institute Of Health Sciences took the initiative to promote helmet safety in the campus.</p> <p>Every two-wheeler entering or exiting the campus without wearing a helmet was stopped and informed about helmet safety. Stickers with the slogan 'Use Helmet, Choose Life' were put up on their vehicles. Many people with helmets kept in their under-seat storage compartment, were made to wear them on the spot.</p> <p>The NSS volunteers from MGM School Of Physiotherapy were able to sensitize 139 riders without helmet, most of them being college students.</p> <p>Riders without helmets if accompanied by a second seater or a baby on board, were asked to use helmets, to decrease the risk of causing injury to themselves and their loved ones.</p> <p>People were informed about the importance of helmet locks and how it was necessary to lock the helmet to ensure complete safety.</p> <p>This activity helped NSS volunteers to create awareness as responsible citizens and as the 'Moral Police' of the society.</p>



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No.	Points for Report
1.	Nature of Event – Health Check Up/ IEC/ Screening/ Other. Rally on theme ‘Save water-Save trees ‘
2.	Date/ Time/ Venue 24/09/2019, 2-5 pm, Baijipura area Aurangabad
3.	Rational/ Need for the Event To create awareness & emphasize on importance of <u>trees & water</u> in our life among residents of Baijipura area.
4.	Organized by Institute/ Dept(s) NSS UNIT, MGM Medical college Aurangabad
5.	Report of Event Proper On occasion of NSS day, a rally was organized by NSS unit, MGM Medical College in Baijipura ; a slum area near our campus. The Theme was ‘Save water-Save trees’. Posters related to theme were exhibited & slogans creating sensitization about importance of trees & water in our life were given by NSS Volunteers.
6.	Patients/ Participants/ Audience Details – No and characteristics of patients/ participants/ audience. Participants: Total 58 NSS volunteers. Beneficiaries: Residents of Baijipura area
7.	Faculty/ Residents/ Students Participated – No, Names etc Under the guidance of Dr. Kunde, 35 Male & 22 female volunteers from 3 rd & 5 th semester conducted the event


Report Prepared on/ by /Dept - - Dr.PallaviKunde, Asst. Professor, Dept of Community Medicine.


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Report Prepared on/ by /Dept - - Dr.PallaviKunde, Asst. Professor, Dept of Community

	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL AURANGABAD	Doc. No	EAR/MGM/GLM/6.2
		Issue No	01
	Extension Activity Event Report Template Health Checkup Camp/ IEC/ Screening/ Other	Rev. No.	00
		Date	12/10/2019
		Page	Page 18 of 2
No.	Points for Report		
1.	Nature of Event – Health Check Up/ IEC/ Screening/ Other. Two Street plays on ‘NO Plastic Use’ and ‘Sanitation & Health’		
2.	Date/ Time/ Venue 11/10/2019, 11.am-12pm , MGM OPD		
3.	Rational/ Need for the Event To create awareness on DISADVANTAGES & HAZARDS of plastic use among all patients & their relatives attending the OPD. Second role play was to create awareness on sanitation & its importance in health.		
4.	Organized by Institute/ Dept(s) NSS unit, MGM Medical college Aurangabad		
5.	Report of Event Proper A street play on hazards of plastic use was performed by NSS volunteers from 3 rd & 5 th semester of MBBS. Emphasis was given on attitude of people regarding plastic use, its hazards, ways to be used for replacing plastic etc. In second role play disadvantages of poor sanitation were shown emphasizing on importance of sanitation in health.		
6.	Patients/ Participants/ Audience Details – No and characteristics of patients/ participants/ audience. Patients and their relatives (Appx. 100) attending OPD		
7.	Faculty/ Residents/ Students Participated – No, Names etc Under the guidance of Dr. Kunde, NSS volunteers from 3 rd & 5 th semester conducted the event		


Medicine.

Signature
Organizing Chairman/ Secretary

Signature
Professor & HOD


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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Rally: 2nd October 2019 Initiative of FIT INDIA with Swachhata Hi Seva

Preamble:	On the occasion of the 150 th Birth anniversary of Mahatma Gandhi, FIT INDIA plogging run was organized as a tribute to the Father of the Nation along with keeping in mind the initiative in “Swachhata Hi Seva”
Objective:	To promote physical activity and fitness and help in getting rid of plastic garbage in the nearby areas.
Date:	2 nd October 2019
Organized by:	NSS Unit of MGMIHS
Attendees:	Faculty members and NSS volunteers, students of Physiotherapy department and other courses from various colleges Total no. of Physiotherapy volunteers from 2 nd year BPT: 13 Total no. of Physiotherapy volunteers from 3 rd year BPT: 1 Total no. of volunteers: 14
Summary:	<p>On the occasion of Gandhi Jayanti, a rally was organized by the NSS Unit of MGMIHS volunteers in the streets of Kalamoli. The goal of the rally was to spread awareness about the importance of maintenance of physical fitness and a healthy lifestyle along with reducing garbage waste disposal in terms of plastics on the streets.</p> <p>During the rally, volunteers displayed motivational banners and posters promoting fitness, active lifestyle and reduction of plastic use. Volunteers also chanted slogans regarding fitness and exercise to grab attention of bystanders on the road. Volunteers also interacted with the locals and educated them about the importance of fitness and how to make it a part of their daily routines. The turnout for the rally spoke volumes about its success.</p>





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Rally for promoting fitness and plastic disposal



NSS Volunteers promoting awareness

J. Dsouza

NSS Program Officer



R. R.





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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1

Kamothe, Navi Mumbai – 410 209

Report of Activity

Date : 20/9/19 Duration: one day
Name of the activity : NSS orientation programme
Organizing Institute : MGM NEW BOMBAY COLLEGE OF NURSING
Collaborating agency : Government
Name of the scheme : National Social Service
No of Teachers Participated : 03
No of Students Participated : 40


Brief of the Activity

NSS Orientation programme was organized by MGM New BOMBAY College of Nursing on 20/09/19. It was conducted by institute NSS programme officer Mrs. Vandana Kumbhar Associate Professor of MGMNBCON. The timing was from 1.30 pm- 2.30 pm.

Mrs. Vandana Kumbhar began the orientation by giving an introduction about the history and growth of NSS. She discussed about the aims and objectives of NSS. She also explained about how the NSS programme will develop the personality and skill in the participants. The meaning of the NSS logo and Moto (NOT ME BUT YOU) was well explained. The code of conduct, the working hour (240hrs) that the students should contribute in 2 yrs was informed. Different activities that the student has to do in these 2yrs were discussed. Various programme officers of NSS MGMIHS was introduced to the students. Explained all the essential point & cleared the doubt of the students.

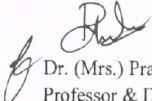
The programme was beneficial to all NSS students.

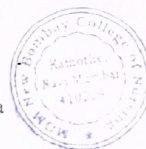
1. List of students participated : Yes
2. List of Teachers Participated : Yes
3. Photos :


Signature of Organizer
Date:




Signature of Director


Dr. (Mrs.) Prabha K. Dasila
Professor & Director





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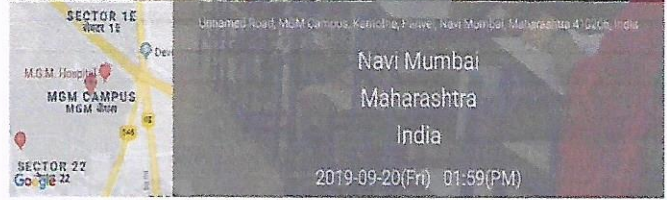
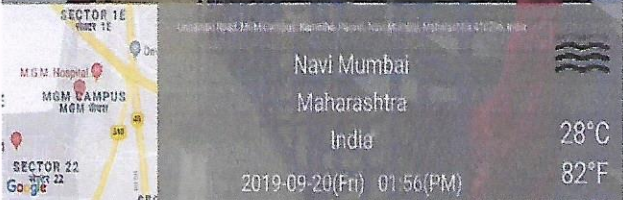
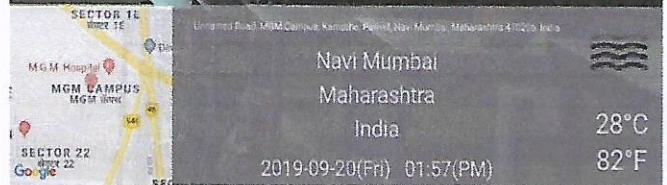
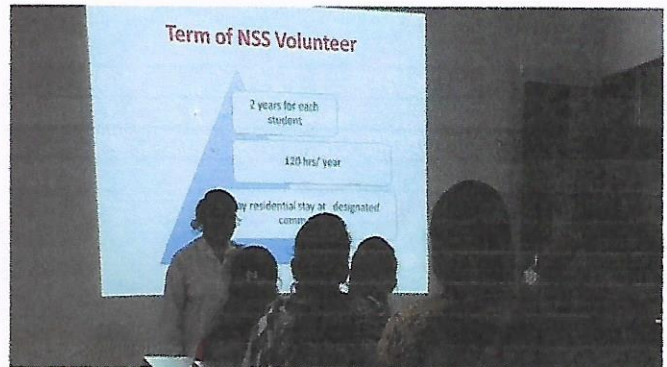
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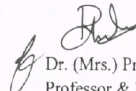
MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1

Kamothe, Navi Mumbai – 410 209.

NSS orientation programme on 20.09.2019




Dr. (Mrs.) Prabha K. Dasila
Professor & Director





MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, Nursing College Building, MGM Educational Campus,
Plot No: 1 & 2, sector-1, Kamothe, Navi Mumbai - 410209

Name of the Programme:

Venue:-

Date & Time:-

Attendance Sheet

SR.No	Name	Signature
1.	Ishwari B. Khamdekar	<u>Ishwari</u>
2.	Namita Barate.	<u>Barate</u>
3.	Jancy Thomas	<u>Jancy</u>
4.	Anju Thomas	<u>Anju</u>
5.	Nisa Annie Manoj	<u>Nisa</u>
6.	Ashly Thomas	<u>Ashly</u>
7.	Snehal Gigimon	<u>Snehal</u>
8.	Meelin Jose	<u>Meelin</u>
9.	Kimmyamol .L	<u>Kimmyamol</u>
10.	Rineha Raju	<u>Rineha</u>
11.	Greeva John	<u>Greeva</u>
12.	Ansu .P. Varghese	<u>Ansu</u>
13.	Amol	<u>Amol</u>
14.	Ronjith	<u>Ronjith</u>
15.	Sonam Aglave	<u>Sonam</u>
16.	Prachi Patil	<u>Prachi</u>
17.	Rutik Kotkar	<u>Kotkar</u>
18.	Tirupati	<u>Tirupati</u>





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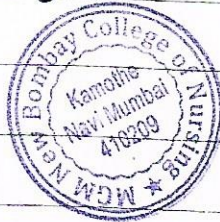
Name of the Programme:

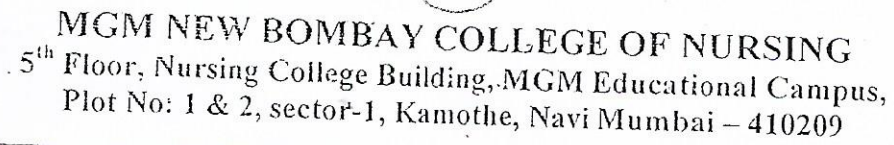
Venue:-

Date & Time:-

Attendance Sheet

SR.No	Name	Signature
1.	Rajlekshmi Ajit	
2.	Nandini Prajapati	
3.	Aishwarya M. Patil	
4.	Bhakti Patil	
5.	Gitty George	
6.	Lekha Dait	
7.	Priya Sharma	
8.	Bonu Bara Buni	
9.	Julbi Annamma Biju	
10.	Shivani B. Nani	
11.	Ansa R. Varghese	
12 11.	Priyanka R	
12.	Sakshi Rajpurkar	
13.	Chanchal Bhujbal	
14.	Shrinidhi Poojari	





Venue:- 6th floor,
Date & Time:- 20/09/2019

Attendance Sheet

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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Report of Activity

Date : 24/9/19 Duration: one day
Name of the activity : First NSS Installation ceremony
Organizing Institute : MGM Institute of Health Sciences
Collaborating agency : Government
Name of the scheme : National Social Service
No of Teachers Participated : 03
No of Students Participated : 40

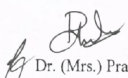
Brief of the Activity

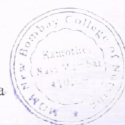
NSS Installation Ceremony of MGMIHS NSS unit and celebration of NSS day, was held on 24/09/2019. There were 40 students and faculty participated from MGM New Bombay College of Nursing on the day of ceremony.

Programme started with Blood Donation Camp by the NSS volunteer at 10:00 am to 12:00pm along with an exhibition and Puppet Show on "No Plastic Use" where students from Nursing college prepared various models on topic "Reduce use of plastic" for the exhibition.

- Installation ceremony began at 02:00 pm with the NSS song which was sung by Nursing students. after which there was the lamp lighting ceremony by chief guest Mr. Sudhir Puranik Director NSS, Mumbai University and Dignitaries.
- After the lamp lightning ceremony, Dr. Madhavi Mankar, NSS Programme Coordinator, conducted an orientation of the NSS unit, in which she discussed about everything, form aims, objective, meaning of NSS logo and its moto, to the code of conduct and the various activity we will be performing and their values and benefits.
- Following that there was an NSS Badge Pin up ceremony, where the chair persons and dignitaries pinned the NSS coordinator, officers and their assistants of NSS unit.




Dr. (Mrs.) Prabha K. Dasila
Professor & Director



- The NSS students of MGMNBCON performed a street play on "Beat Plastic and Environmental Sanitation".
- By 3:00 pm, the Dignitaries shared their past experiences related to the society, NSS, and other services.
- At 3:40 pm Vandana Kumbhar, NSS programme officer of MGM New Bombay College of Nursing delivered the NSS Pledge. And the programme was wrapped with a vote of thanks given by Dr. Pradeep Sawardekar at 4:00pm.
- The programme went smoothly and successfully.

1. List of students participated : Yes
2. List of Teachers Participated : Yes
3. Photos :

Signature of Organizer
Date:



Signature of Director

Dr. (Mrs.) Prabha K. Dasila
Professor & Director





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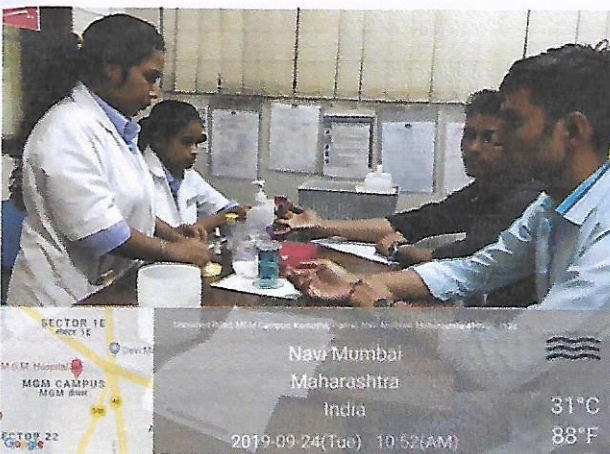
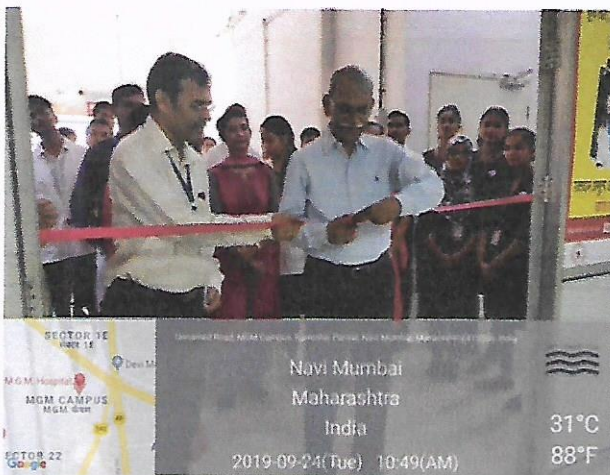
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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1

Kamothe, Navi Mumbai – 410 209.

First NSS Installation ceremony on 24.09.2019





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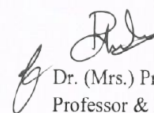
MGM NEW BOMBAY COLLEGE OF NURSING

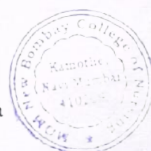
5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Members of NSS
Third Year B.Sc.Nursing

Sr.No.	Student Name
Faculty	Mrs. Vandana Kumbhar
Faculty	Mrs. Preeti Banerjee
Faculty	Ms. Deepali Pingale
1	Ms. Binol Anna Thomas
2	Ms. Feba Susan Shaji
3	Ms. Sonu Sara Sunil
4	Ms. Rinchu Raju
5	Ms. Nikitha Mathew
6	Ms. Priyanka. R
7	Ms. Geera John
8	Ms. Tissamal Sebastin
9	Ms. Gilty George
10	Ms. Jilbi Biju
11	Ms. Ansu. P. Varghese
12	Ms. Jancy Thomas
13	Ms. Aishwarya Patil
14	Ms. Rozmeen Abdul
15	Ms. Bhakthi Patil
16	Ms. Shivani Nair
17	Ms. Dakshata
18	Ms. Lekha Dait
19	Ms. Priya Sharma
20	Ms. Shenal. T




Dr. (Mrs.) Prabha K. Dasila
Professor & Director





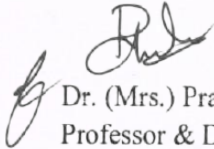
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5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1
Kamothe, Navi Mumbai - 410 209.

Members of NSS
Second Year B.Sc. Nursing

Sr.No.	Student Name
1	Mr.Rutik Santosh Kotkar
2	Ms.Rajlekshmi Ajit
3	Ms.Namita Prakash Barate
4	Ms.Chanchal Santosh Bhujbal
5	Ms.Sonam Biraji Aglave
6	Ms.Prachi Raju Patil
7	Ms.Nandini Mohan Prajapati
8	Ms.Leena Raju Hedau
9	Mr.Tirupati Dadbhade
10	Mr.Renjith Ravindran
11	Mr.Amol Suradkar
12	Ms.Limiyamol. L
13	Ms.Anju Thomas
14	Ms.Samiksha Sanjay Kadam
15	Ms.Lucose Priscilla Unni AS
16	Ms.Merin Jose Thottumkal
17	Ms.Snehal Gigimon
18	Ms.Shrinidhi Ashok Poojari
19	Ms.Alphonsa Joseph
20	Ms.Sakshi Rajiv Rajpurkar

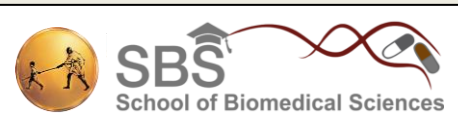



Dr. (Mrs.) Prabha K. Dasila
Professor & Director



Event Name: Blood Bank Camp

Date & Time:



Event name	Blood Bank Camp (December 2019)							
Date	1/12/2019	6/12/2019	8/12/2019	11/12/2019	14/12/2019	20/12/2019	26/12/2019	
Place	Kutch Yuvak (Panvel)	Hdfc Bank (Kamothe)	Kutch Yuvak (Vashi)	Khanda Colony	SIES Collge (Nerul)	ONGC (Panvel)	Reliance (Rasayani)	Shirvi Samaj (Karanjade)
Students	6	7	5	5	5	6	7	6
Donor	75	20	60	30	69	75	110	30

Kindly attach photographs






Short event report

Above Blood Bank camps was conducted in month of December 2019 at different places in coordination with Dept of pathology (Blood Bank). Students from MLT were present as Lab Technologist from SBS along with other doctors and resident.

Report Prepared by: Anamika Chalwadi


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Event Name: Blood Bank Camp

Date & Time:



Event name	Blood Bank Camp (October 2019)				
Date	5/10/2019	6/10/2019	12/10/2019	13/10/2019	19/10/2019
Place	PEN	Uran & Kamothe	50+	Panvel	Khopoli
Students	6	6 & 6	8	8	4
Donor	40+	200+	70+	300+	50+

Kindly attach photographs



Rave Rd, Rave, Maharashtra 410221, India

Rave
Maharashtra
India

2019-10-12(Sat) 09:20(AM)


30°C
86°F



Short event report

Above Blood Bank camps was conducted in month of October 2019 at different places in coordination with Dept of pathology (Blood Bank). Students from MLT were present as Lab Technologist from SBS along with other doctors and resident.

Report Prepared by: Anamika Chawadi


 Director
 MGM School of Biomedical Science
 Kamothe, Navi Mumbai



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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Blood Donation Drive 24th September 2019

Preamble:	Blood donations in India are conducted by various organizations and hospitals by organizing blood donation camps. Donors can also visit blood banks in hospitals to donate blood. 1 blood donation can potentially save up to 3 lives.
Objective:	To create awareness about the importance of blood donation and motivate people to donate blood.
Date:	24 th September 2019
Organized by:	NSS Unit of MGM IHS
Attendees:	Faculty Members, Students and volunteers of various courses Total no. of NSS volunteers from 2 nd year BPT: 15 Total no. of Physiotherapy volunteers from 2 nd year BPT: 5 Total no. of NSS volunteers from 3 rd year BPT: 1 Total no. of Physiotherapy volunteers from 4 th year BPT: 2 Total no. of Physiotherapy volunteers from interns: 1 Total no. of volunteers: 24
Summary:	On the occasion of National Service Scheme Day, observed on 24 th of September, the NSS volunteers of MGM HIS took up the initiative of conducting a blood donation camp at the Blood Bank, MGM Hospital, Kamothe. There was immense help offered by some doctors and nurses. Volunteers were trained about the screening process involved in blood donation drive and the benefits of blood donation to health. A large number of students donated blood with beaming faces and proud hearts including the NSS volunteers themselves. Some of the guests and visitors were also encouraged to donate blood. Above 50 units of blood were collected in the camp. A certificate of appreciation, donation card and some refreshments were given to each donor as a token of gratitude and as a symbol of saving a life.

Raj





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Screening for blood donation



Blood donation by volunteers and students

J. Dsouza

NSS Program Officer

R





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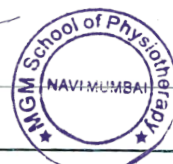
MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

COPE: Student Mental Health Awareness Initiative

held on 18th October 2019

Preamble:	World Mental Health Day is celebrated on 10 th of October every year since 1992. It is observed internationally for global mental health education, awareness and advocacy against social stigma.
Objective:	To create awareness and understand the importance of mental health, and share some coping strategies to manage the stressful lives of students in health science courses.
Date:	18 th Of October, 2019
Organized by:	NSS Unit, MGM School Of Physiotherapy
Attendees:	Students from I-BPT: 58 II-BPT: 31 III-BPT: 35 IV-BPT: 40 Total Students from MGMSOP: 164 Faculty members from MGM School Of Physiotherapy: 3
Summary:	<p>On the occasion of World Mental Health Day, celebrated on 10th of October, the NSS Volunteers from MGM School Of Physiotherapy organized an event to spread awareness and create a safe space to talk about mental health.</p> <p>Dr. Rajani Mullerpatan addressed the students on importance of mental health and shared anecdotes from her past about the same. We had the honor of having amongst us, Dr. Rita Khadkikar (Associate Professor, Department Of Physiology, MGM Medical College) who shared her views on 'Peer Pressure And Its Effects On An Individual's Mental Health' and enlightened us to spread awareness about mental health and extend our support to anyone in need, including ourselves. Strategies to identify signs of anxiety and depression and how to cope with them were also taught. After the wonderful talk, the NSS volunteers organized a small group activity called 'Happy Ville'. In the meantime, a bowl of chits with positive and motivational quotes written on them called 'Cope Pills' were passed around in the audience. These aimed to help students cope with a bad day.</p>





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Dr. Rajani addressing the students



Students learning coping strategies

J D'souza

Dr. Jennifer V. D'souza (PT)

NSS Program Officer



Raj





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5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1

Kamothe, Navi Mumbai – 410 209.

Members of NSS

Second Year B.Sc. Nursing

Sr.No.	Student Name
1	Mr.Rutik Santosh Kotkar
2	Ms.Rajlekshmi Ajit
3	Ms.Namita Prakash Barate
4	Ms.Chanchal Santosh Bhujbal
5	Ms.Sonam Biraji Aglave
6	Ms.Prachi Raju Patil
7	Ms.Nandini Mohan Prajapati
8	Ms.Leena Raju Hedau
9	Mr.Tirupati Dadbhade
10	Mr.Renjith Ravindran
11	Mr.Amol Suradkar
12	Ms.Limiyamol. L
13	Ms.Anju Thomas
14	Ms.Samiksha Sanjay Kadam
15	Ms.Lucose Priscilla Unni AS
16	Ms.Merin Jose Thottumkal
17	Ms.Snehal Gigimon
18	Ms.Shrinidhi Ashok Poojari
19	Ms.Alphonsa Joseph
20	Ms.Sakshi Rajiv Rajpurkar


NSS Programme Officer


Professor & Director





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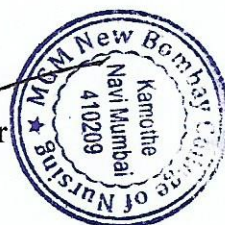
Kamothe, Navi Mumbai – 410 209.

Members of NSS
Third Year B.Sc.Nursing

Sr.No.	Student Name
1	Ms. Binol Anna Thomas
2	Ms.Feba Susan Shaji
3	Ms.Sonu Sara Sunil
4	Ms.Rinchu Raju
5	Ms.Nikitha Mathew
6	Ms.Priyanka. R
7	Ms.Geera John
8	Ms.Tissamal Sebastin
9	Ms.Gilty George
10	Ms.Jilbi Biju
11	Ms.Ansu. P. Varghese
12	Ms.Jancy Thomas
13	Ms.Aishwarya Patil
14	Ms.Rozmeen Abdul
15	Ms.Bhakthi Patil
16	Ms.Shivani Nair
17	Ms.Dakshata
18	Ms.Lekha Dait
19	Ms.Priya Sharma
20	Ms.Shenal. T

NSS Programme Officer

Professor & Director





I AM
A FINISHER

MGM New Bombay College Of Nursing , NSS Unit

FIT INDIA PLOGGING

This is digitally generated certificate, based on the information provided by the organiser/participant of the event.

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Event Name:walk together for healthy life

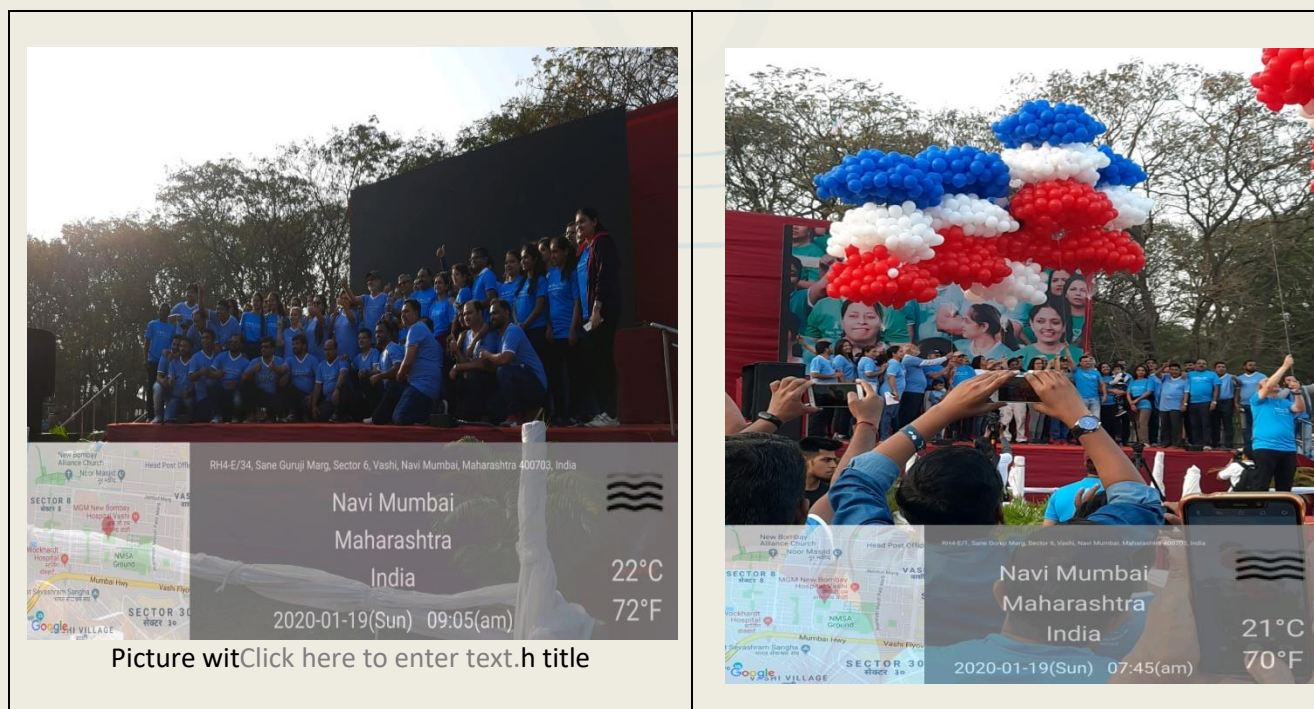
Date & Time: 19th January 2020

Location: MGM HOSPITAL ,Vashi



Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	MGM Hospital New Bombay, Vashi	Anjali Singh , Minal Kanse	50
	00000	00000	00000

Kindly attach 4 photographs




Short event report

MGM Hospital Vashi Navi Mumbai organised 7th WALKTHON 2020” –Walk Together for a healthy life on 19/01/2020. Walkathon started at 07 am people were excited and walked for their healthy life. There were also 50 students participated in walkathon from B.Sc MGM School of Biomedical sciences Navi Mumbai. Walk took place for about 30-40 min. And walkthon ended at 10 am after Jumba dance. And photo session.

Report Prepared by: Anjali Singh (CCT Cordinator) Minal Kanse (PT Cordinator)

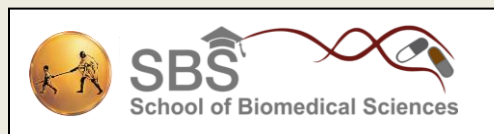
Contact details : SBS MGM


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Event Name : A Vision of pollution free City (Minithon)

Date & Time: 14-12.2019 Time 8 am – 10am

Location: Khanda Colony Panvel mahanagar palika



Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Minithon for pollution free city	Mrs. Anamika Chawadi	30

Kindly attach 4 photographs



Short event report

On 14th December 2019 panvel mahanagar palika organised Minithon as a awareness drive for Theme: A vision of pollution free city. 30 students of NSS participated from SBS. Minithon was of 5 km. our students were among the first 100.

Report Prepared by: Mrs. Anamika Chalwadi



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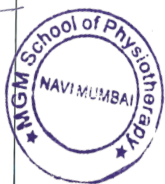
MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

National Service Scheme day celebration and installation ceremony

24th September 2019

Preamble:	The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969. Aimed at developing student's personality through community service.
Objective:	Installation of NSS unit at MGM IHS, Navi Mumbai on the occasion of NSS day.
Date:	24 th September 2019
Organized by:	NSS Unit of MGM IHS
Attendees:	Faculty Members, Students and volunteers of various courses Total no. of NSS volunteers from 2 nd year BPT: 15 Total no. of NSS volunteers from 3 rd year BPT: 1 Total no. of NSS volunteers from Physiotherapy: 16
Summary:	On the occasion of NSS day on 24th September 2019, installation ceremony of the NSS Unit at MGM IHS was held at 3 rd floor, auditorium, MGM medical college, Navi Mumbai. A warm welcome speech was delivered by Dr. Jennifer D'souza. Mr. Sudhir Puranik, Director of NSS, Mumbai University was the chief guest for the day and all the dignitaries were felicitated by giving a bouquet. Following which the NSS song was sung by the volunteers of MGM college of nursing followed by the lamp lighting ceremony by the dignitaries. Dr. Madhavi Mankar, NSS University program coordinator gave a formal orientation to all the NSS volunteers. All the program officers and assistant program officers from various institutes were pinned with the NSS badge and provided with the NSS diary by the dignitaries. The chief guest for the day was invited on the stage to give valuable advice to our newly recruited volunteers. Following it a fabulous act on "Beat plastic and environmental sanitation" was performed by the volunteers of MGM college of nursing. A speech on "Plastic & its harmful effects" was rendered by Dr. Aarti from department of Biochemical engineering at MGM. After which, honorable registrar of MGM IHS, Dr. Rajesh Goel was invited to address the fellow volunteers. Thereafter, a vote of thanks





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	was rendered by Dr. Pradeep Sawardekar. Thus, the official installation ceremony of the very first NSS unit at MGMIHS, Navi Mumbai took place leaving all its members motivated for the journey ahead.

Pradeep

NSS Program Officer

RN



Event Name: Taloja Walkthon 2020

Date & Time: 12/07/2019

Location: MGM HOSPITAL

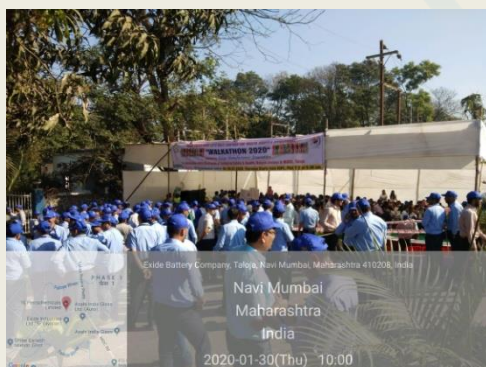


Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Taloja Walkthon 2020 IGPL, Plot No T-2,	Anamika Chalwadi & Pratik Morade	50
	00000	00000	00000

Kindly attach 4 photographs




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Picture with title



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Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

Taloja Manufacture's Association & In Association with Directorate of Industrial Safety & Health, Raigad-division organised "WALKTHON 2020" – Chalo Taloja MIDC Let's Walk Together For "Health, Safety & Environment" on 30/01/2020. It started at 9:30am from IGPL, Plot no.T-2 and ended at TMA bldg, Taloja MIDC. From SBS 50 students participated in Walkthon 2020.

Report Prepared by: Anamika Chalwadi (Tutor & Co-ordinator of MLT)

Contact details : SBS MGM


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai



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Panvel MINITHON: A vision of Pollution free city held on

14th December 2019

Preamble:	Minithon is a shorter version of marathon. It requires people to have a short jog aiming at improving their fitness levels and imparting the importance of being one with the nature. It involves participation of the masses from all age groups. Such events are a calling to fitness enthusiastic and youth of the city.
Objective:	To spread awareness about pollution free city and inculcate the importance of maintaining one's fitness levels.
Date:	14 th December 2019
Organized by:	Infinity Foundation and supported by Maharashtra Pollution Control Board, Mahanagarpallika and National Service Scheme.
Attendees:	Students, volunteers of various courses and citizens from all age groups. Total no. of Physiotherapy volunteers from 2 nd year BPT: 10 Total no. of Physiotherapy volunteers from 3 rd year BPT: 02 Total no. of MPT volunteers as Physiotherapists : 05 Total no. of volunteers from Physiotherapy department : 17
Summary:	The Minithon conducted by Infinity Foundation and supported by Maharashtra Pollution Control Board, National Service Scheme was held on 14 th December, 2019 at Panvel. It was a 3.5 kms run starting from INIFD college, Panvel. The event comprised of 300 participants from all age groups. The event commenced at 8:30 am in the morning with Zumba instructors from various organizations that warmed up the crowd through dance which proved to be a great motivation. The Minithon commenced at 9:00 am and the top 100 finishers of the Minithon were awarded. Among them, Mr. Tejas Sawant, 2 nd BPT student and NSS volunteer was awarded. All the attendees from the Physiotherapy department successfully completed the run and were provided with participation certificates. Injuries during the Minithon were attended by Physiotherapy volunteers of Sports elective. Among the numerous institutions, the NSS unit of Physiotherapy was felicitated for their enthusiastic participation. The crowd was catered with refreshments.



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NSS volunteers at
Panvel MINITHON 2019



Physiotherapy volunteers providing on
field treatment

J D'souza

Dr. Jennifer V. D'souza (PT)

NSS Program Officer



Ruturaj S

Dr. Ruturaj S (PT)

Co-ordinator for MPT-Sports

Raj



Event Name: Plastic eradication rally

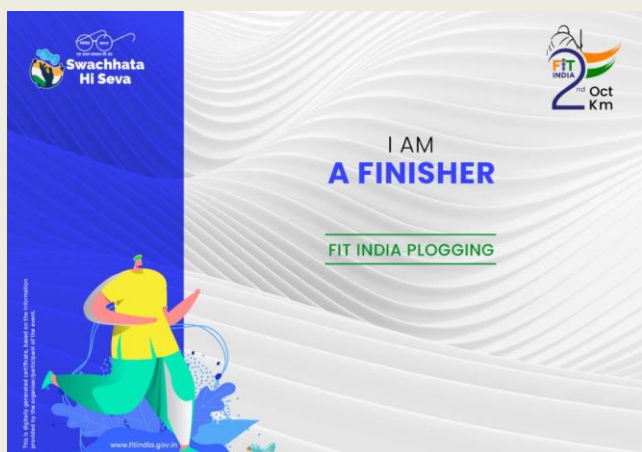
Date & Time: 24-9.2019 Time 9 am – 12 pm

Location: Kalamboli mahanagar palika



Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Plastic ban	Mrs. Anamika Chawadi	30

Kindly attach 4 photographs





Director

MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

On 24th sep 2019, 30 Students from First and second year participated for plastic eradication rally in kalamboli. As a drive for swatch bharat Abhiyan.

Report Prepared by: Mrs. Anamika Chalwadi


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai



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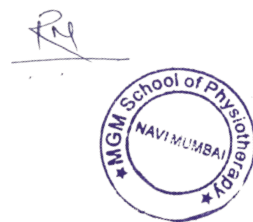
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“Plastic Free-World” Exhibition on 24th September 2019

Preamble:	NSS along with the department of drinking water and sanitation held Plastic Waste Free Campaign from 11 th September to 27 th October, in view of this theme, NSS Unit of MGMIHS held a Plastic free world exhibition to create awareness
Objective:	To create awareness for harmful effects of plastic on the environment and to promote adaption of Reuse-Reduce-Recycle in daily living.
Date:	24 th September 2019
Organized by:	National Service Scheme Unit, MGMIHS
Attendees:	Faculty Members, Students and volunteers of various courses Total no. of Physiotherapy volunteers from 2 nd year BPT: 8 Total no. of volunteers from Physiotherapy: 8
Summary:	On the occasion of National Service Scheme Day, observed on 24 th of September, the NSS Volunteers took up the initiative of creating awareness about environmental hazards that are caused by plastic and sensitizing the society of its management by plastic-free living and waste hierarchy policy. All volunteers actively took part in the event by making creative charts depicting the hazards of plastics used in day to day life and made models of recyclable items that can replace plastic for display. The exhibits were displayed on 24 th September at MGM Hospital, Kamothe and all volunteers delivered speeches and shared their creative ideas related to waste management. All the displayed ideas were loved and appreciated by the visitors, including patients, their visiting family members, students, faculties and NSS officers from all the departments of the Institute. Students further demonstrated the practical use of the innovative ideas presented by them and discussed how the environment would benefit from small initiative's taken by us.





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Discussion of innovative ideas to
replace plastic



Reusing existing plastic to discourage
more production

J. B. Souza

NSS Program Officer

R. N.



Event Name: National Polio Campaign

Date & Time: 19/01/2020 (7:00am to 5:30pm)



Location: Kamothe Public Health Centre

Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	National Polio Campaign Kamothe Public Health Centre	Ms. Anamika Chalwadi & Mr. Yogesh Patil	26
	00000	00000	00000

Kindly attach 4 photographs




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Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

National Polio Campaign was organised by Panvel Mahanagar Palika Raigad on 19th January 2020 at Kamothe Public Health Centre. From SBS 26 students of M.Sc participated in this campaign. Each student immunized more than 100 children. It was a good opportunity for students to expose and understand the importance of being a part for this kind of noble cause for healthy future generation.

Report Prepared by: Anamika Chalwadi (Tutor & Co-ordinator of MLT)

Contact details : SBS MGM


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai



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Pulse Polio Camp 15th September 2019

Preamble:	Pulse Polio is an immunization campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus.
Objective:	Administration of the polio vaccine and monitoring for poliomyelitis cases
Date:	15 th September 2019
Organized by:	Department of Community Medicine of MGM IHS
Attendees:	Faculty Members, Students and volunteers of various departments such as MBBS, SBS along with Physiotherapy volunteers Total no. of Physiotherapy volunteers from 2 nd year BPT: 13 Total no. of Physiotherapy volunteers from 3 rd year BPT: 10 Total no. of volunteers from Physiotherapy: 23
Summary:	The Pulse Polio vaccination camp was held on Sunday, 15 th September by the department of community medicine in collaboration with volunteers from Physiotherapy. Volunteers were asked to report to the college from where they were taken via bus to the UPHC centre. Upon reaching the destination briefing was given about how to tally sheets for the children visiting the camp for dose administration and Vaccine Vial Monitoring. Volunteers were dropped at their designated booth locations sector by vans. Upon reaching, the volunteers set up their booth. The vaccine was administered and the children were marked. Several booths were organized and each booth had roughly tended to 100 children. The camp concluded in the evening after the volunteers returned the boxes and the files to the supervisors at the UPHS centre.





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Administration of Polio Vaccine



Volunteers at the Pulse Polio Camp

J. D. Sanyal

NSS Program Officer

R. J.





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Pulse Polio Camp Training 13th September 2019

Preamble:	Pulse Polio is an immunization campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus. The project fights polio through a large-scale, pulse vaccination program and monitoring for poliomyelitis cases
Objective:	To spread awareness about polio virus and to train volunteers to administer the polio vaccine for the Pulse Polio Camp
Date:	13 th September 2019
Organized by:	Department of Community Medicine of MGM IHS
Attendees:	Faculty Members, Students and volunteers of various courses Total no. of Physiotherapy volunteers from 2 nd year BPT: 13 Total no. of Physiotherapy volunteers from 3 rd year BPT: 10 Total no. of volunteers from Physiotherapy: 23
Summary:	The training program for the Pulse Polio Awareness drive was conducted on 13 th September by the Department of Community Medicine, MGM-IHS. The training session began with a brief introduction to Polio Virus. All the attending volunteers were divided into groups of 2. Volunteers were then introduced to the Pulse Polio Camp and Oral Polio Vaccine. Every aspect of the process of organizing a Polio vaccine camp was demonstrated in a chronological order starting with, tips on organizing and managing the crowd, demonstration of the vaccine box and the OPV vial along with administering the polio vaccine and marking a child. Volunteers were also briefed about the documentation procedure by the organizers and head nurses. A detailed explanation was given on Vaccine Vial Monitor (VVM) and its stages to make sure of the safety, efficacy and potency of the vaccine that has to be administered. The training concluded with a Question-Answer session where doubts raised by the volunteers were answered and further instructions about the schedule of the Polio drive was given.





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J. D. Souza

NSS Program Officer

R. S.





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Pulse Polio Camp Training 16th January 2020

Preamble:	Pulse Polio is an immunization campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus. The project fights polio through a large-scale, pulse vaccination program and monitoring for poliomyelitis cases
Objective:	To spread awareness about polio virus and to train volunteers to administer the polio vaccine for the Pulse Polio Camp
Date:	16 th January 2020
Organized by:	Department of Community Medicine of MGMIHS with Panvel Mahanagar Pallika
Attendees:	Faculty Members, Students and volunteers of various courses Total no. of physiotherapy volunteers from 2 nd year BPT: 17 Total no. of physiotherapy volunteers from 3 rd year BPT: 14 Total no. of volunteers from physiotherapy: 31
Summary:	The training program for the Pulse Polio Awareness drive was conducted on 16 th January 2020 by the Department of Community Medicine, MGMIHS. The training session began with a brief introduction to Polio Virus. All the attending volunteers were divided into groups of 2. Volunteers were then introduced to the Pulse Polio Camp and Oral Polio Vaccine. Every aspect of the process of organizing a Polio vaccine camp was demonstrated in a chronological order starting with, tips on organizing and managing the crowd, demonstration of the vaccine box and the OPV vial along with administering the polio vaccine and marking a child. Volunteers were also briefed about the documentation procedure by the organizers and head nurses. A detailed explanation was given on Vaccine Vial Monitor (VVM) and its stages to make sure of the safety, efficacy and potency of the vaccine that has to be administered. The training concluded with a Question-Answer session where doubts raised by the volunteers were answered and further instructions about the schedule of the Polio drive was given.

J. D'souza
NSS Program Officer

Dr. Jennifer D'souza (PT)





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Pulse Polio Camp 19th January 2020

Preamble:	Pulse Polio is an immunization campaign established by the government of India to eliminate poliomyelitis (polio) in India by vaccinating all children under the age of five years against the polio virus.
Objective:	Administration of the polio vaccine and monitoring for poliomyelitis cases
Date:	19 th January 2020
Organized by:	Department of Community Medicine of MGMIHS with PanvelMahanagarpallika
Attendees:	Faculty Members, Students and volunteers of various departments along with physiotherapy volunteers Total no. of physiotherapy volunteers from 2 nd year BPT: 17 Total no. of physiotherapy volunteers from 3 rd year BPT: 14 Total no. of volunteers from physiotherapy: 31
Summary:	The Pulse Polio vaccination camp was held on Sunday, 19 th January 2020 by the department of community medicine in collaboration with PanvelMahanagarpallika. Volunteers were asked to report to the college from where they were taken via bus to the UPHC centre. Upon reaching the destination briefing was given about how to tally sheets for the children visiting the camp for dose administration and Vaccine Vial Monitoring. Volunteers were dropped at their designated booth locations sector by vans. Upon reaching, the volunteers set up their booth. The vaccine was administered and the children were marked. 15 booths were organized by physiotherapy volunteers and overall 3013 children were vaccinated by physiotherapy volunteers. The camp concluded in the evening after the volunteers returned the boxes and the files to the supervisors at the UPHS centre.



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Administration of Polio Vaccine and marking the children



Volunteers for the Pulse Polio Camp

J D'souza
Dr. Jennifer D'souza (PT)
NSS Program Officer





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Road Safety Campaign held on 10th February 2020

Preamble:	Road Safety is a major concern in most of the developed and developing countries in the world, India being one of them. Major road traffic accidents are caused due to the negligence of the citizens using vehicles. Not wearing helmets while riding a two-wheeler is one such neglect.
Objective:	To create awareness and understand the importance of wearing helmets and making sure that everyone entering the campus on a two-wheeler is wearing helmets for their safety.
Date:	10am-12:30 Noon, 10 th February, 2020
Organized by:	NSS Unit, MGM School Of Physiotherapy
Attendees:	15 NSS Volunteers from MGM School Of Physiotherapy accompanied by Dr. Rajani Mullerpatan (Professor and Director, MGM School Of Physiotherapy), Dr. Meruna Bose (Vice Principal, MGM School Of Physiotherapy), Dr. Jennifer D'souza (NSS Program Officer), Dr. Hiranmayee Bagwe and Dr. Ruturaj Shete (NSS Assistant Program Officers).
Summary:	<p>In view of the 31st National Road Safety Week from 7th February to 14th February, 2020, NSS Unit at MGM Institute Of Health Sciences took the initiative to promote helmet safety in the campus.</p> <p>Every two-wheeler entering or exiting the campus without wearing a helmet was stopped and informed about helmet safety. Stickers with the slogan 'Use Helmet, Choose Life' were put up on their vehicles. Many people with helmets kept in their under-seat storage compartment, were made to wear them on the spot.</p> <p>The NSS volunteers from MGM School Of Physiotherapy were able to sensitize 139 riders without helmet, most of them being college students.</p>



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Riders without helmets if accompanied by a second seater or a baby on board, were asked to use helmets, to decrease the risk of causing injury to themselves and their loved ones.

People were informed about the importance of helmet locks and how it was necessary to lock the helmet to ensure complete safety.

This activity helped NSS volunteers to create awareness as responsible citizens and as the 'Moral Police' of the society.



NSS Volunteers talking to riders without helmets



NSS Volunteers with MGMSOP Staff

NSS Program Officer





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Street Play: Awareness about Physiotherapy on 23rd September 2019

Preamble:	World Physical Therapy Day is celebrated on 8 th September every year. The day provides an opportunity to physiotherapists world-wide to raise awareness about the crucial contribution of physical therapy in rehabilitation.
Objective:	To spread awareness among the masses about the crucial role of Physiotherapy in Physical rehabilitation and emphasize on the importance of physical fitness.
Date:	23 rd September 2019
Organized by:	National Service Scheme Unit of MGM School of Physiotherapy
Attendees:	Faculty members, volunteers and students from the Physiotherapy Department. Total no. of NSS volunteers from 2 nd year BPT: 7 Total no. of NSS volunteers from 3 rd year BPT: 1 Total no. of NSS volunteers: 8
Summary:	The awareness campaign organized by NSS Unit of MGM School of Physiotherapy was held on 23 rd September. In the light of this event, the volunteers performed a Street Play in the Physiotherapy Out Patient Department of the MGM Hospital, Kamothe. The Street Play with the title, 'DURBAL NAHI, KABIL HOON MAIN!' attracted a large amount of crowd. Among the spectators were the patients, visitors, students and various faculty members. The street play particularly focused on the subject- 'Stroke'- its causes and physiotherapy management. Various rehabilitation techniques were demonstrated by the volunteers to spread awareness about the importance of physiotherapy in the acute to chronic stages after stroke. The play was concluded with guidelines of rehabilitation post stroke and by giving a message to all the patients to never give up on life even after an advent of stroke.



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Enacting the street play



Volunteers at Out Patient Department

J. D. Sengupta

NSS Program Officer

Raj



Event Name: Taloja Walkthon 2020

Date & Time: 12/07/2019

Location: MGM HOSPITAL

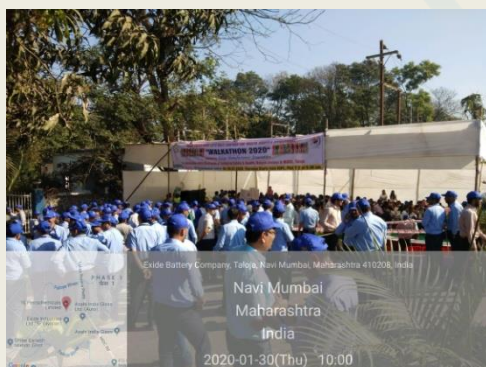


Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Taloja Walkthon 2020 IGPL, Plot No T-2,	Anamika Chalwadi & Pratik Morade	50
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Kindly attach 4 photographs




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Picture with title



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Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

Taloja Manufacture's Association & In Association with Directorate of Industrial Safety & Health, Raigad-division organised "WALKTHON 2020" – Chalo Taloja MIDC Let's Walk Together For "Health, Safety & Environment" on 30/01/2020. It started at 9:30am from IGPL, Plot no.T-2 and ended at TMA bldg, Taloja MIDC. From SBS 50 students participated in Walkthon 2020.

Report Prepared by: Anamika Chalwadi (Tutor & Co-ordinator of MLT)

Contact details : SBS MGM


Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai