



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)
Accredited by NAAC with 'A++' Grade

MGMIHS/EXAM -VI/2026

Date: 13.04.2026

NOTIFICATION NO: 163 /2026

SUBJECT: Ph.D. VIVA-VOCE & THESIS DEFENSE EXAMINATION, APRIL 2026

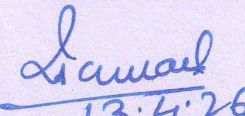
Open Viva –Voce and defense of Ph.D. Student under MGMIHS will be conducted as per following program at respective institutes mentioned.

Date	Dept	Name of the Candidate & Title of Thesis	Time	Venue
27.04.2026	Nursing	Mr. Sandeep Thombare "Effect of Heartfulness Meditation on Physiological and Psychological Parameters among Adults Residing in Rural Areas of Ahmednagar District of Maharashtra"	11.00 am	University Auditorium 3 rd floor MGMIHS Navi Mumbai

All the faculty members and interested students may attend the thesis open defense.

Note

1. Evaluation /assessment will be conducted as per the Ph.D. Rules Para 6.10 of MGM Institute of Health Sciences, Navi Mumbai
2. The attendance of students and grant of term as per the norms notified by MGM Institute of Health Sciences read with that of UGC/ respective statutory body as the case may be, must be are fulfilled.
3. Dr. Rakesh Ghildiyal Professor & HOD, Dept of Psychiatry, MGM Medical College, Kamothe, Navi Mumbai to kindly remain observer during the thesis defense.
4. **Candidate must submit final thesis copy (Hard & Soft) before University thesis defense in case of no change.**
5. **Convener should arrange Venue, Technical support from IT department, accommodations and traveling arrangement of external examiner.**


13.4.26
Controller of Examinations
MGM Institute of Health Sciences,
Navi Mumbai



Copy to:

1. Hon'ble Vice Chancellor, MGMIHS, Navi Mumbai
2. Registrar, MGMIHS, Navi Mumbai with request to upload the notification in MGMIHS website.
3. Dy. Registrar, MGMIHS at Chhatrapati Sambhajnagar Campus for information and co-ordination please.
4. Research Director, MGMIHS, Navi Mumbai
5. Dr. Sindhu Thomas, Associate Professor, Guide of the concerned student to act as per guidelines contained in Ph.D Rules para 6.10 and format as per Annexure-4 of said Rules (copy attached)
6. The Dean/ Principal, Medical / Nursing/ Physiotherapy Colleges are requested to bring this notification to the notice of all faculty members and students, displaying in the College Notice Boards at Chhatrapati Sambhajnagar & Navi Mumbai
7. Observer - Dr. Rakesh Ghildiyal Professor & HOD, Dept of Psychiatry, MGM Medical College, Kamothe, Navi Mumbai