



**MGM INSTITUTE OF HEALTH SCIENCES**  
(Deemed University u/s 3 of UGC Act, 1956)

MGM IHS /X-I/ 2019

17.01.2019

**NOTIFICATION NO: 15/2019**

**SUB: DOCTOR OF PHILOSOPHY (PHYSIOLOGY) THESIS DEFENSE AND VIVA-VOCE, EXAMINATION HELD IN JANUARY 2019**

**Mr. Vishnu Dnyandeorao Udhan**, son of Mr. Dnyandeorao Manikrao Udhan, registered under MGM Institute of Health Sciences, Navi Mumbai in August, 2015 for Ph.D (Physiology) successfully defended his thesis entitled, "**Evaluation of Efficacy of Yogic Exercise on Cardio-Respiratory Fitness, Mental Health and Nitric Oxide Level in Healthy Individuals.**" and qualified in the Viva-Voce examination held at MGM Medical College, Aurangabad on 12.01.2019.

*Vishnu Dnyandeorao Udhan*  
17.01.2019

**Jt. Controller of Examinations**  
**MGM Institute of Health Sciences,**  
**Navi Mumbai**



Copy forwarded to:

1. Hon'ble Vice Chancellor, MGM Institute of Health Sciences, Navi Mumbai
2. Research Secretariat, MGMIHS, Navi Mumbai
3. The Dean, MGM Medical College, Aurangabad/ Navi Mumbai
4. The Registrar, MGM Institute of Health Sciences, Navi Mumbai with a request to upload the result in MGMIHS website.
5. Dr. Sharadchandra G Wankhede, (Guide), Ex. Professor, Dept of Physiology, MGM Medical College, Aurangabad
6. Notice Board for information of students