Institution celebrates_ organizes national and international commemorative days

7.1.11: Institution celebrates / organizes national and international commemorative days, events and festivals (AQAR 2021-22)

Sr. No.	Name of the activity	Date of the Activity	
1	International Day of Pease	01-09-2021	01-09-2021
2	Ganpati Celebration	02-09-2021	02-09-2021
3	Navratri Celebration	07-10-2021	15-10-2021
4	Dandiya Night	08-10-2021	08-10-2021
5	Diwali Puja celebration	30-10-2021	30-10-2021
6	World Diabetes Day	13-11-2021	13-11-2021
7	Celebration of International Disability Day	03-12-2021	03-12-2021
8	World HIV/AIDS Day	06-12-2021	06-12-2021
9	Republic Day	26-01-2022	26-01-2022
10	National Voters Day	03-02-2022	03-02-2022
11	National Deworming Day	10-02-2022	10-02-2022
12	Celebration of Marathi Diwas	26-02-2022	28-02-2022
13	Celebration of International Women's Day	08-03-2022	08-03-2022
14	Celebration of World No Tobacco Day	09-03-2022	09-03-2022
15	World Kidney Day	10-03-2022	10-03-2022
16	National Vaccination Day Celebration	17-03-2022	17-03-2022
17	World Autism Awareness Day	04-04-2022	04-04-2022
18	National Health Day	07-04-2022	07-04-2022
19	Dr. B.R Ambedkar Jayanti Celebration	11-04-2022	11-04-2022
20	International Workers day	01-05-2022	01-05-2022
21	Perfusion Appreciation Week	06-05-2022	06-05-2022
22	Celebration of Teachers Day	09-05-2022	09-05-2022
23	World Hypertension Day	04-06-2022	04-06-2022
24	World Environment Day	06-06-2022	06-06-2022
25	World Blood donors day	14-06-2022	14-06-2022
26	Pulse Polio Campaign	19-06-2022	19-06-2022
27	Celebration of International Yoga Day	21-06-2022	21-06-2022
28	Cervical Cancer Awareness Month	22-06-2022	22-06-2022
29	Celebration of National Doctor Day	01-07-2022	01-07-2022
30	World Population Day	13-07-2022	13-07-2022
31	World Nature Conservation Day	28-07-2022	28-07-2022
32	World Breastfeeding Day	02-08-2022	02-08-2022
33	76th Independence Day - Azadi ka Amrut Mahotsava	13-08-2022	15-08-2022
34	Celebrate - Food Safety Week	25-08-2022	25-08-2022
35	World First Aid Day	14-09-2022	14-09-2022
36	World Hindi Diwas	14-09-2022	14-09-2022

World Diabetes Day

MGM MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date: 16.11.2021

To,
The Dean,
MGM Medical College,
Kamothe, Navi Mumbai.

Respected Sir,

Hereby submitting the report of World Diabetes Day held on 13th November, 2021 at MGM Hospital, Kalamboli.

Thanking you.
Yours sincerely.

Dr. Pradeep Sawardekar
Program Officer
NSS Unit

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean.
M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT
REPORT OF CELEBRATION OF WORLD DIABETES DAY

To celebrate World Diabetes Day, NSS Unit of MGM Medical College, Kamothe decided to organize an awareness talk on 13th November, 2021 (from 10:00 am to 12:00pm) in Lecture Hall no. 3, of MGM Hospital, Kalamboli on Saturday, 30th October, 2021.
Dr.Pradeep Sawardekar Sir had taken permission from Dean Sir to organize the talk.

PROGRAMME SCHEDULE

SR NO.	PERSON	TOPIC
1.	DR. PRADEEP SAWARDEKAR	INTRODUCTION TO WORLD DIABETES DAY THEME
2.	DR. AADILA COATWALA	TALK ON DIABETES
3.	DR. RITU TATED	TALK ON DIABETES
4.	MRS RUPALI GUJAR	BRIEFING ON DIABETES AND VOTE OF THANKS

WORLD DIABETES DAY

World Diabetes Day is the primary global awareness campaign focusing on diabetes mellitus and is held on 14 November each year.
Led by the International Diabetes Federation (IDF), each World Diabetes Day focuses on a theme related to diabetes; type-2 diabetes is largely preventable and treatable non-communicable disease that is rapidly increasing in numbers worldwide. Type 1 diabetes is not preventable but can be managed with insulin injections.

Dean.

World Diabetes Day was launched in 1991 by the International Diabetes Federation and the World Health Organization (WHO) in response to the rapid rise of diabetes around the world.

By 2016, World Diabetes Day was being commemorated by over 230 IDF member associations in more than 160 countries and territories, as well as by other organizations, companies, healthcare professionals, politicians, celebrities, and people living with diabetes and their families. Activities include diabetes screening programmes, radio and television campaigns, sports events and others.

The theme for 2021-2023 is "Access to Diabetes Care : if not now, when ?"

Dean.

M.G.M Medical College & Hospital
Kamothe, Navi Mumbai - 410209

World Diabetes Day Programme

At the outset of the meeting, Dr. Pradeep Sawardekar (Secretary NSS unit MGM Medical College) welcomed all.

He gave a brief idea about Diabetes and World Diabetes Day covering the following points :

1. What is Diabetes Mellitus
2. The problem statement and extent of this illness
3. Statistics (India and global) highlighting the gravity of the disease
4. Prevention and awareness of DM
5. Monitoring and Care
6. Treatment of Diabetes
7. Need of patients to adequately approach health care professionals, well in time to avoid fatal complications of this disease.
8. World Diabetes Day

He also addressed patient's questions and adequately informed them about the disease

Dean
M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

Subsequently, Dr. Aadila Coatwala addressed the audience on World Diabetes Day. She highlighted the following :

1. The date, logo, and founders of WDD
2. Significance of WDD
3. Significance of the year 2021, the centenary of insulin discovery.
4. The theme "Access to Diabetes Care : if not now, when ?"
5. Components of Diabetes care
6. Role of Healthcare Workers
7. Role of the Population at large in spreading awareness

1) *Access to insulin*

2) *Access to oral medicines*

3) *Access to Self Monitoring*

4) *Access to Education and psychological support*

5) *Access to healthy food and a safe place to exercise*

Dean

M.G.M. Medi[illegible] & Hospital
Kamothe, New Mumbai-410209

following which, Dr. Ritu Tated spoke about Diabetes Mellitus, she discussed the following :

1. Classification
2. Risk Factors
3. Screening and Evaluation
4. Prevention
5. Complications

Finally, Mrs. Rupali Gujar, Associate Female Programme Officer, emphasised the need of health education and awareness of this non communicable disease, regular checkups, and a healthy lifestyle. She then concluded the event by giving a vote of thanks addressed to all who organised and attended the programme.

Department of Community Medicine and Obstetrics and Gyanecology gave full support for the success of the programme.

Dr Ritu Tated and Dr Aadila Coatwala took immense efforts for the success of the programme.

	MALE	**FEMALE**
STAFF	3	1
STUDENTS	6	9
BENEFICIARIES	6	10

The programme was a great success.

	NAME	DESIGNATION
	DR PRADEEP SAWARDEKAR	Secretary, NSS Unit and Mess/Canteen Committee
2	MRS RUPALI GUJAR	Associate Female Programme Officer
3	MR JEEVAN URANKAR	Associate Male Programme Officer
4	MR RAVINDRA PAWAR	Canteen/Mess Manager
5	DR RITU TATED	Intern
6	DR AADILA COATWALA	Intern
7	MR J.L SHARMA	Patient Relative
8	MRS RADHIKA PARYAR	Patient
9	MR CHETAN PARYAR	Patient Relative
10	MRS RESHMA GAIKWAD	Patient
11	MR ANUJ GAIKWAD	Patient Relative
12	MRS ARTI ANANT KADAM	Patient Relative
13	MRS SHANTA KADAM	Patient Relative
14	MISS KANCHAN KADAM	Patient Relative
15	MR BALRAM YADAV	Patient Relative
16	MR RAM SEVAK KEVAT	Patient Relative
17	MRS SAKHAR	Patient Relative
18	MRS ALKA SONAWANE	Patient Relative
19	MRS AMRUTA PAWAR	Patient Relative
20	MRS GOMI WAGH	Patient Relative
21	MRS SUREKHA PATIL	Patient Relative
22	MR SUKHDEV YADAV	Patient Relative
23	MR DEVASHISH KUREKAR	Student
24	MR SHYAM TAWARI	Student
25	MISS SIMRAN SHARMA	Student
26	MISS SHAILY ANKIT	Student
27	MR AKASH KATHOLE	Student
28	MR JAY KAVADIA	Student
29	MR HARSH HUNDIWALA	Student
30	MISS MAIMOONA KHAN	Student
31	MR PRAKHAR TRIVEDI	Student
32	MISS AISHWARYA BAGUR	Student
33	MISS PAMISA HASTAK	Student
34	MISS GAURI DANDEKAR	Student
35	MISS SHALMALI RAJ	Student

Dr Pradeep Sawardekar
Programme Officer
NSS Unit

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dr G.S Narshetty
Dean and Chairman NSS Unit
MGM Medical College

Dean.
M.G.M. Medical College & Hospital

MGM MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

To,
The Dean
MGM Medical College,
Kamothe.

Date:10.11.2021

Sub: Celebration of World Diabetes Day on 13th November, 2021

Dear Sir/Madam,

NSS Unit of MGM Medical College is celebrating World Food Day on Saturday, 13th November, 2021, from 10 AM to 12 PM, at MGM Hospital, Kalamboli.

It is a humble request kindly give permission for the same.

Thanking you.

Yours sincerely.

Dr. Pradeep Sawardekar

Program Officer

NSS Unit

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean.
M.G.M Medic[illegible] Hospital
Kamothe, Navi [illegible] - 410209

Event Name: World Dietetics Day 2022 (10 January).

Date & Time: 10/1/2022 9:00 a.m.-5:00 p.m.

SBS School of Biomedical Sciences

Location:MGM Hospital and Research Centre, CBD Belapur, Navi Mumbai.

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Welcoming and Felicitation of Guests.	Ms. Gauri Bhoite and all MSc. Clinical Nutrition 1st Year Students	MGM SBS Students - 10
2.	Nutritious Cooking Competition	Ms. Gauri Bhoite and All M.Sc. Clinical Nutrition 1st year students	Participants : 10
3.	Nutrition related games and quizes	Ms. Gauri Bhoite and MSc. Clinical Nutrition 1st Year Students	20

Kindly attach 4 photographs

SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

National Dietetics Day is celebrated on 10th January 2022. The theme was 'Diet Diversification- the need of the hour!' for the year 2022.
It was celebrated in the MGM Hospital & Research Center, CBD Belapur on a grand scale under the guidance of Ms. Gauri Bhoite, Clinical Dietitian. The event went on from 9 am to 5 pm and included various events. The hospital was decorated with nutrition related cut-outs and various facts and myths. Chief Guests were invited and were felicitated during the event. The event of this day was the cooking competition were the staff members from each department of MGM Hospital had participated. The participants had to present a dish and explain the significance of that dish in terms of the nutrients provided by it. The dish was later evaluated and tasted by the judges. Other games and quiz rounds were also conducted during the event which saw a lot of enthusiastic participation from the staff as well as the general public. The winners of every event were felicitated at the end of the program. It was conducted successfully and received great feedbacks.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor,
Dept. Of Clinical Nutrition
MGM School of Biomedical Science, navi mumbai, kamothe
Contact no. 8143640995

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

MGM INSTITUTE OF HEALTH SCIENCES
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MGM SCHOOL OF PHYSIOTHERAPY

World Disability Day

Preamble:	World Disability Day is observed every year on 3rd December across the world dedicated to promote an understanding issue and mobilize support for the dignity and wellbeing of people with disability.
Objective:	To spread awareness among the community.
Date & Time:	3rd December 2021, 11:00am to 12:00pm
Organized by:	MGM School of Physiotherapy, Navi Mumbai
Speakers:	Dr. Omeshree Nagrale (PT) Dr. Devi Nagini Pilli (MPT – I)
Participants:	15 Participants from NERE PHC, Raigad
Summary:	On the Occasion of World Disability Day on 3rd December 2021, MGM School of Physiotherapy, Navi Mumbai took the initiative to create awareness and understanding issue and mobilize support for the dignity and wellbeing of people with disability. The session started with a talk by Dr. Omeshree Nagrale (PT) and Devi Nagini Pilli followed by distributing informative pamphlets at NERE, PHC Raigad.

Banner for World Disability Day	Dr. Omeshree Nagrale (PT) giving talk at NERE PHC Centre,

Dr. Rajani Mullerpatan
Professor-Director

Dr. Omeshree Nagrale (PT)
Assistant Professor

International Disability Day

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website www.mgmudpo.edu.in

CIRCULAR

Date: 1st December, 2021

CELEBRATION OF INTERNATIONAL DAY FOR PERSONS WITH DISABILITIES.

Agenda: To celebrate the International Day for persons with Disabilities 2021.

All the students are here by informed that the MGM Institute's University Department of Prosthetics & Orthotics is celebrating the International Day for persons with Disability-2021

The Details are as follows:

1. **Date:** 3rd December 2021
2. **Time**: 09.00 AM to 2.00 PM
3. **Venue**: MGM Medical College, Kamothe, Navi Mumbai and
   2nd floor Seminar Hall, MGM Hospital, Kamothe, Navi Mumbai.

Note: All students are informed to attend this program compulsory.

Dr. Uttara Deshmukh (P&O)
Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Report of Celebration of World Disability Day-2021

Name of the event: "Celebration of World Disability Day-2021".

Purpose: To motivate the Specially Abled Persons and give them equal opportunities.

Venue: MGM Medical College, Kamothe, Navi Mumbai and
2nd floor, Seminar hall, MGM Hospital, Kamothe, Navi Mumbai.

Date and time: Date:03rd December 2021
Time: 09:00 am to 02:00pm.

Coordinators: Dr. Uttara Deshmukh(P&O I/C Principal, MGMIUDPO),
Dr. Manisha Shambharkar (Sr. Resident, PMR)
Dr. Rucha Pradhan (PT, MGMSOP NM)

Departments: MGM Institute's University Department of Prosthetics and Orthotics, Navi Mumbai.
Department of Physical Medicine and Rehabilitation, Navi Mumbai and
MGM School of Physiotherapy, Navi Mumbai.

Faculty Members: 15 faculties, (3 faculties with H.O.D. from MGM P&O, 2 faculties with H.O.D. from PMR Department and 4 Faculties from MGMSOP NM, and 1 faculty as chief guest, 1 Faculty with H.O.D. from Department of Psychiatry, 1 Speech Therapist).

No. of attendees: Total 113 attendees. (7 Amputee patients, 12 C.P. and C.T.E.V. patients along with 10 parents, 48 B.Sc. Nursing students, 16 SOP Interns, 1 M.PT. student, 1 II BPO, 7 III BPO, 5 IV BPO and 6 BPO Interns).

DETAILS OF THE EVENT:

MGM Department of Prosthetics & Orthotics in association with MGM Department of Physical Medicine and Rehabilitation and MGM School of Physiotherapy organized the 'International Day of Person with Disabilities 2021' on 3rd December 2021. This year the theme was 'Leadership and participation of persons with Disabilities towards an inclusive, accessible and sustainable post COVID 19 world.'

The event started with lamp lightning and inauguration of program in presence of all dignitaries, organizers and amputee patients by MGM Institute's University Department of Prosthesis and Orthotics, MGM Institute of Physical Medicine and Rehabilitation and MGM School of Physiotherapy, It was followed by walkathon activity for people with amputation. Post walkathon, the event was continued at the 2nd floor auditorium in MGM hospital.

Introduction to the day of persons with disabilities was started with a welcome speech and felicitation of guest by Dr. Richa from PMR department. It was followed with a lecture on 'Introduction of Physical Medicine and rehabilitation' by Dr. Anil Khandekar (Prof. and HOD, PMR department). This was followed by a guest on lecture on 'Stroke: a cause of disability, motor recovery in stroke' was delivered by Dr. Vinay Goyal (Associate Prof, AIIPMR). A lecture on 'Rehabilitation after stroke' was conducted by Dr. Manisha Shambharkar (Sr. Resident, PMR department). Dr. Richa also conducted a short quiz in between the sessions in order to engage the participants. This was followed by

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a session on 'Rehabilitation after Amputation" by Dr. Rucha Pradhan (PT, Assistant Professor Physiotherapy, MGMSOPNM).

A small skit was performed by physiotherapy students on 'Leadership and participation of persons with Disabilities towards an inclusive, accessible and sustainable post COVID 19 world.' An eye opener skit was portrayed by Interns and MPTs of MGM School of Physiotherapy. The skit highlighted on visual, audio, mental and physical disability. The obstacles faced by them in everyday activities were displayed through the skit. Society's perception and ability to change it was beautifully presented with the theme of 'Inclusiveness and Accessibility'. The use of life sized props made the play even more attractive. The takeaway message was indeed something to reflect upon.

This was followed by a lecture on 'Government schemes for disabled person and awareness about the disability certificates' by Dr. Uttara Deshmukh (HOD, Prosthetics and orthotics) and a guest lecture on 'Stress Management' by Dr. Swapnil Bhopi (Clinical Psychologist, MGM Medical college Navi Mumbai.

The event continued with a fancy dress competition for children with Cerebral Palsy and CTEV. This was followed by singing performances by these patients.

All participants were awarded by trophies, gifts and certificates. The guest speaker was awarded by Khadi Shawl which is specially manufactured by MGM and a coconut along with a green plant and certificate. Rest of all speakers were awarded with only green plants and certificates.

The session was concluded by A vote of thanks was delivered by Dr. Pratiksha Shelar (Faculty from MGMIUDPO).

The event ended with special lunch for all the participants.

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

Organize

INTERNATIONAL DAY OF PERSON WITH DISABILITY

3rd December 2021

Name of the Activity	:	World Disability Day
Date	:	3/12/2021
Time	:	9:00 - 1:00
Venue	:	MGM MEDICAL COLLEGE, KAMOTHE, NAVI MUMBAI

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
1.	Dr. Mamta Shetty (PT)	
2.	Dr. Anisha Gulati (PT)	
3.	Dr. Payal Murkudkar (PT)	
4.	Dr. Rucha Pradhan (PT) ✓	Rucha
5.	Dr. Manisha Shambharkar ✓	
6.	Ms. Neha. S. Patil (Speech Therapist)	
7.	Dr RICHA [redacted] [PMR]	
(8)	Dr A. D. Khan (HOD PMR) ✓	
7	Dr. VINAY GOYAL ✓	
8	Dr. Uttara Deshmukh ✓	
9.	Swapnil Bhopi ✓	

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Patients Participated

Sr No.	Name of the Patient	Contact No	Signature
1.	Mondal Wajid	7900134525	
2.	Nilesh Goregaonkar	9326429244	N.G. Goregaonkar
3.	Phoolchand Tiwari	8454930620	
4.	Jayesh Pari	9769838149 3	Jayesh
5.	Aarti Sharma	9619007674	Aarti Sharma.
6.	Bharat Sonre	8652092420	Bharat Sonre.
7.	Vaimala Vaidya	9561502788	Vaimala Vaidya

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List of Patients Participated

Sr No.	Name of the Patient	Contact No	Signature
1	Mithilesh Pal. - Rumit Pal	7304219562	M. P
2	Amreen Shaikh - Arsh Shaikh	8082324812	Ashish
3	Rity Rani - Adrika Kumari	9970897691	Rity.
4	Priyash Viraj Tatkare	8928025886	Shatkare
5	Khan Mohd Anas	9029798461	Anas
6	Vinayak Jaiswal	8423368922	Jaiswal
7	~~Bharat Sonale~~	9322219984	Bharat
8	Tanmay Thakur	9653118401	Thakur.
9	Biplov Bhandari	8850995289	Bha
10	Nitesh yadav	9619586577	Mamtayadav
11	Riyan Yadav.	9918880228	Riyan Yadav
12.	Tanmay Anand Gupta.	7046815481	Tanmay Gupta
~~13~~	~~Tanmay Gupta~~		
13.	Harsh Bobade.	9082314060	Harsh Bobade

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
1	Manasi Borse (MPT-I) [SOP]	
2.	Sanika Kulkarni (Intern) [SOP]	
3.	Roshni Kukreja (Intern) [SOP]	
4.	Khilti Juria (Intern) [SOP]	
5.	Shifa Joad (Intern) [SOP]	
6.	Swati Ghitole (Intern) [SOP]	
7.	Aishwarya Shirude (Intern) [SOP]	
8.	Shubham Jawale (Intern) [SOP]	
9	Sushmita Shirsat (Intern) [SOP]	
10	Sakshi Phatkar (III yr) (P&O)	
11	Vanshika Raval (III yr) (P&O)	
12.	Yashashree Gawde (IIIyr) (P&O)	
13	Maria. M. Ubare (III yr) (P&O)	
14	Pradnya Gaude (IV) Pondo	
15	Rasika Gurav (IV yr) P&O	Rasika
16	Lav Kumar (IV yr) P&O	
17.	Misbah Choudhary (INTERN) (P&O)	
18.	Nilam S. Mapari (Intern) (P&O)	

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITAT
UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOT
AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
19.	Pranita D. Tambe (Intern - P&O)	Tambe
20	Sana Khan (Intern - P&O)	
21.	KHATRI AFRA (Intern - P&O)	
22.	Rohan Tambe (Intern P&O)	
23.	Apeksha Ubhane (4th yr P&O)	
24.	Snehal Rane (4th yr P&O)	
25	Sachin . Kawankar (3rd yr BP&O)	

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
1	Bhosale Devika Anant (SOP)	
2.	Sawase Disha Prakash (SOP)	
3.	Avani Atul Dixit (SOP)	
4.	Shalom Andrews Arangasseri (SOP)	
5.	Ferzeen Minoo Mody (SOP)	
6.	Roshni Kukreja. (SOP)	
7	Sanika Kulkarni (SOP)	
8.	Khilti Furia (SOP)	
9.	Shifa Joad (SOP)	
10	Mansi Borse (SOP)	
11	Shreya Patil (SOP)	
12	Sneha Gadoya (SOP)	
13	Rohan . S. Tambe (BPO)	
14	Lalit . S. Patil (BPO)	
15.	Misbah Choudhary (Intern) (P&O)	
16.	SANA KHAN (INTERN P&O)	
17	KHATRI AFRA (INTERN P&O)	
18.	Ni"am S. Mapari (Intern P&O)	

MGM INSTITUTE OF HEALTH SCIENCES

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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATI
UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOT
AND SCHOOL OF PHYSIOTHERAPY

Sr.N

List of Students Participated

Sr No.	Name of the Student	Signature
19.	Vanshika Raval (III yr P&O)	
20.	Sakshi M. Thakkar (III yr P&O)	
21.	Krutik Jadhav (III yr P&O)	
22.	Mariya Ubare (III yr P&O)	
23.	Yashashree Gawde (III yr P&O)	
24	Tav Kumar (Intern BPO)	
25.	Pranita Tambe (Intern · P&O)	
26.	Aishwarya Shirude (SOP Intern)	
27	Swati Shitole (SOP Intern)	
28	Sachin · Kawankar (III yr P&O)	

MGM Medical College and Hospital, Kamothe, Navi Mumbai.

CME organized on occasion of International Day of Persons with Disabilities
DECEMBER 3, 2021

Department of Physical Medicine and Rehabilitation
Department of Prosthetics and Orthotics
Department of Physiotherapy

Sr.No.	Name [In block letters]	Department	Designation	MMC Reg no	Food Coupon	Sign
1.	MERIN MARY SAM	Bsc Nursing	Student			
2.	ANET MARIAM MATHEW	B.Sc Nursing	Student			
3.	MERLIN B THOMAS	Bsc NURSING	STUDENT			
4.	JIYA SAMUEL	Bsc NURSING	Student			
5.	JASMINE JAMES	BSc NURSING	Student			
6.	JERIN MARIYA SHAJI	BSC NURSING	Student			
7.	AMITHA MATHEW	BSC. NURSING	STUDENT			
8.	ANEETA MATHEW	BSC. NURSING	STUDENT			
9.	ALPHY JOSEPH	BSC. NURSING	STUDENT			
10.	Varsha Anna cherian	Bsc Nursing	Student			
11	Nileena Sabu	Bsc Nursing	Student			
12	AISHWARYA AJIMON	BSc Nursing	Student			
13	JEEVA S VARGHESE	BSc NURSING	STUDENT			
14	JISHA MARIYAM JOSEPH	BSC NURSING	student			
15.	Albi Mathew	BSc NURSING	Student			
16	JUBY ANNA JAMES	BSc NURSING	Student			
17.	Sneha Philip	BSC Nursing	Student			
18	Ashly varghese	Bsc Nursing	Student			
19	Elsha Lalu	Bsc Nursing	Student			
20	Keerthya L. Riji	Bsc. Nursing	Student			

MGM Medical College and Hospital, Kamothe, Navi Mumbai.

CME organized on occasion of International Day of Persons with Disabilities
DECEMBER 3, 2021

Department of Physical Medicine and Rehabilitation
Department of Prosthetics and Orthotics
Department of Physiotherapy

Sr.No.	Name [In block letters]	Department	Designation	MMC Reg no	Food Coupon	Sign
1)	Nutan kumari	MGMNB CON	BSc Nursing			Nuta
2)	Anushka S. Kolthatkar	MGMNBCON	B.Sc. Nursing			
3)	Ankita A. Bhatade	MGMNBCON	B.Sc. Nursing			
4)	Priyanka Patil	MGMNB CON	BSC Nursing			Patil
5)	Sayali Kadam	MGMNB CON	BSC Nursing			Kadam
6)	Pallavi Kewale	MGMNB CON	BSC Nursing			
7]	Shreya mokal	MGMNB CON	BSC Nursing			Shreya
8]	Aakanksha patil	MGMNB CON	BSC Nursing			Akshati
9]	Shamal Mhatre	MGMNB CON	Bsc Nursing			Smhatre
10]	Apurva Koli	MGMNB CON	BSC Nursing			Koli
11]	Rupesha patil	MGMNB CON	Bsc Nursing			Patil
12.	Simi Elza Varghese	MGMNB CON	BSC Nursing			
13	Mishal Pinheiro	MGMNBCON	BSc Nursing			Mpheiro
14	Sakshi Purarkar	MGMNBCON	BSc Nursing			Purarkar
15.	Vaibhavi mhatre	MGMNBCON	BSc Nursing			
16.	Priti Padyal	MGMNBCON	BSc Nursing			
17.	Bhagyalekshmi Ajit	MGMNBCON	BSc Nursing			
18.	Anaswara Raju	MGMNBCON	BSc NSg			Anaswara
19	Merlin Mathew	MGMNBCON	BSc NSg			
20	Jami Patil	MGMNBCON	BSc NSg			
21	Rahul Karkhele	MGMNBCON	BSc NSg			Rahul
22	Vishnupriya P	MGMNBCON	BSc(N)			

23.	Aditi Prakash Panigrahi	MGMNBCON	BSc.(N)	Panigrahi
24.	Abisha Ebenezer	MGMNBCON	BSc (N)	Abisha
25.	Deepti Bharsat.	MGMNBCON	BSC (N)	~~Deepti~~.
26.	Mohini Gowari	MGMNBCON	BSc (N)	~~Gowari~~
27	Sanskruti Gompatil	MGMNBCON	BSc (N)	~~Gompatil~~.
28.	Shruti Laxman Talekar.	MGMNBCON	BSC(N)	Talekar
~~29~~	~~Varsha Annacherao~~	~~MGMNBCON~~	~~BSc(N)~~	

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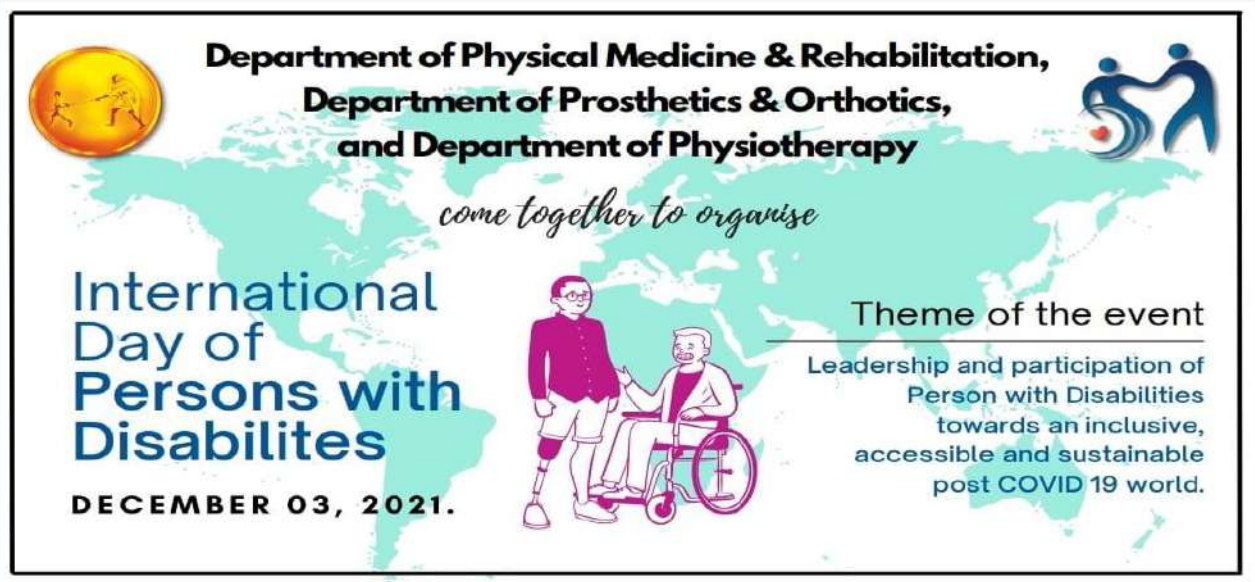
CELEBRATION OF INTERNATIONAL DISABILITY DAY-2021 , DATE- 03 - 12 -2021



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CELEBRATION OF INTERNATIONAL DISABILITY DAY-2021 , DATE- 03 - 12 -2021

World HIV/AIDS Day

MGM MEDICAL COLLEGE

Sector -1, Kamothe , Navi Mumbai- 410209, India

NSS UNIT

DATE : 10/12/21

To

The Dean

MGM Medical College,

Kamothe, Navi Mumbai

Respected Sir,

Hereby submitting the report of World HIV/AIDS Day held on 6th December 2021 at MGM Hospital, Kalamboli

Thanking you

Yours sincerely

Dr. Pradeep Sawardekar

Program Officer

NSS MGM

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean.
M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE

Sector -1, Kamothe , Navi Mumbai- 410209, India

NSS UNIT

REPORT OF OBSERVATION OF WORLD HIV/AIDS DAY

To Observe world HIV/AIDS DAY, NSS Unit of MGM Medical college , Kamothe decided to organize an awareness talk on 6th December, Monday , 2021 (from 10:00 am to 11:30 am) in Lecture Hall no. 3 of MGM Hospital , Kalamboli.

Dr Pradeep Sawardekar Sir had taken permission from Dean sir to organize the talk.

PROGRAMME SCHEDULE

1.	Dr. Pradeep Sawardekar	INTRODUCTION TO WORLD HIV- AIDS DAY THEME
2.	Mr. Vikrant Dinkar	TALK ON HIV
3.	Mr. Jeevan Urankar	SOCIAL ASPECTS OF HIV/AIDS
4.	Dr. . Naman Agrawal	TALK ON HIV
5.	Dr. Antony Joseph	BRIEFING ON HIV
6.	Dr. Madhavi Mankar	PREVENTION QUESTION AND ANSWER SESSION
7.	Mr. Abhijeet Rodpalkar	VOTE OF THANKS

World HIV/AIDS Day is the primary global awareness campaign focusing on HIV/AIDS and is held on 1st December each year. Led by the World Health Organization (WHO), each HIV/AIDS Day focuses on a theme related to HIV/AIDS.

This year theme was "END INEQUALITIES , END AIDS". With a special focus on reaching people left behind, WHO and its partners are highlighting the growing inequalities in access to essential HIV services. Division, disparity and disregard for human rights are among the failures that allowed HIV to become and remain a global health crisis. WHO is calling on global leaders and citizens to rally to confront the inequalities that drive AIDS and to reach people who are currently not receiving essential HIV services.

This event was held under the leadership of Dr. Pradeep Sawardekar(Program Officer, NSS unit MGM Medical College)

At the outset of the meeting, Dr. Pradeep Sawardekar welcomed all.

He gave a brief idea about HIV/AIDS and World HIV Day covering the following points

1. What is HIV/AIDS?
2. The problem statement and extent of this illness
3. Statistics (India and global) highlighting the gravity of the disease
4. Monitoring and Care
5. Treatment of HIV
6. Need of patients to adequately approach health care professionals, well in time to avoid fatal complications of this disease

Mr. Vikrant Dinkar, Male social worker, Department of PSM addressed about the following points:

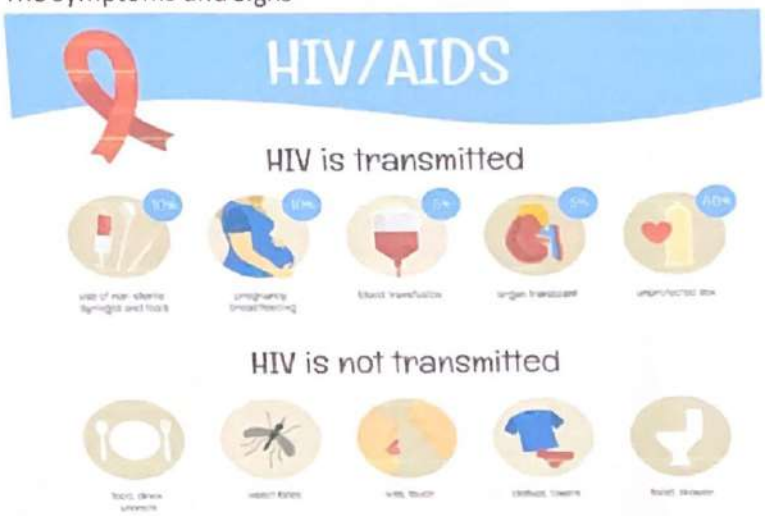
1. Various ways of transmission of HIV
2. Significance of World HIV/AIDS Day
3. Role of health care workers

Mr. Jeevan Urankar, Male Assistant Program Officer, highlighted the following points:

1. Prevention and awareness of HIV/AIDS
2. Social stigma involving HIV patients
3. Health care support

Subsequently, Dr. Naman Agrawal, Intern, addressed the audience on world HIV/AIDS Day and he highlighted, the following:

1. The causative agent and the clinical pathogenesis
2. Various routes of transmission
3. The symptoms and signs



Dr. Antony joseph, Intern, highlighted the following points:

1. Various diagnostic method
2. Complications of HIV/AIDS
3. Pre-exposure prophylaxis

Dr. Madhavi Mankar (NSS Coordinator MGM IHS) elaborated on:

1. Pre and Post exposure prophylaxis

2. She also addressed patient's questions and adequately informed them about the disease.

Dr. Madhavi held a question answer session and also cleared the queries of the participants regarding HIV/AIDS.

Mr. Abhijeet Rodpalkar concluded the event with vote of thanks speech

lowing the event snacks and tea were severed to the attendees.

Department of Community Medicine and Obstetrics & gynaecology gave full support for the success of the programme.

Dr Naman Agrawal and Dr Antony Joseph took immense effort for the success of the programme.

	MALE	FEMALES	
STAFF	4	1	
STUDENTS	2	1	
BENEFICIARIES	8	12	

Dr. Pradeep Sawardekar

Program Officer

NSS Unit

MGM MEDICAL COLLEGE

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dr. G.S Narshetty

Chairman

NSS Unit

MGM MEDICAL COLLEGE

Dean.
M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

SR. NO.	LIST OF PARTICIPANTS	DESIGNATION
1.	Dr. Pradeep Sawardekar	Secretary, NSS Unit and Mess/Canteen Committee
2.	Dr. Madhavi Mankar	Associate female programme officer
3.	Mr. Jeevan Unkar	Associate male programme officer
4.	Mr. Vikrant Dinkar	Male social worker
5.	Mr. Abhijeeth Rodpalkar	Clerk, Department of PSM
6.	Dr. Naman Agrawal	Intern
7.	Dr. Antony Joseph	Intern
8.	Miss Varsha Pawan	Student
9.	Mr. Bhawan Pardi	Patient relative
10.	Mr. Kamlesh Sahu	Patient relative
11.	Mr. Eknath Pawar	Patient relative
12.	Mr. Sandesh Patil	Patient relative
13.	Mr. Kailash Patil	Patient relative
14.	Mr. Akshay Chavan	Patient relative
15.	Mr. Sopan Gharat	Patient relative
16	Mr. Omkar Mukne	Patient relative
17.	Mrs. Lata Kakde	Patient relative
18.	Mrs. Chinabai Karu	Patient relative
19.	Mrs. Kusum Gare	Patient relative
20.	Mrs. Surekha Patil	Patient relative
21.	Mrs. Nirmala Pathak	Patient relative
22.	Mrs. Sakhukhibai Patil	Patient relative
23.	Mrs. Sunita Vaibe	Patient relative
24.	Mrs. Rai Kair	Patient relative
25.	Mrs. Nanda Laxmi Gaikwad	Patient relative
26.	Mrs. Chandrakala Khedekar	Patient relative
27.	Mrs. Jaibeem Wade	Patient relative
28.	Mrs. Mira Waghmare	Patient relative
29.	Mrs. Priyanka Jadhav	Patient relative

Republic Day

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Notice	Rev. No.	
		Date	
		Page	Page 1 of 2

Date: 24 /01/2022

This is to inform all the students and faculties that there will be **Flag Hoisting Ceremony** on 26th January, 2022 (**Republic Day**) at **8 am sharp** in the morning on the Cricket Stadium, MGM Campus.

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Principal

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
		Date	28/01/2022
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College /Regional/ State/ National/ International.
	Republic Day on 26th Jan, 2022
2	**Background/Introduction** - Need/ reasons for holding the prg. Name of Association /Collaoration etc.
	The program was celebrated on 26th Jan, 2022 on the occasion of Republic Day
3	**Venue** -
	Cricket Stadium, MGM Campus,N-6, CIDCO, Aurangabad
4	**Sponsors** - Name & Details
	MGM School of Physiotherapy, Aurangabad
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc……
	Inauguration was done by Honourable Mr. Ankushrao Kadam sir
6	**Speakers/ Judges/ Chairman/Panel Team** - Brief Introduction with their achievements.

MGM School of Physiotherapy, Aurangabad

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.
	100 participants
8	**Prize Distribution etc-** Brief Summary of the Proceeding.
	-
9	**Valedictory Ceremony -** Brief of the proceeding including chief guest etc. and who conducted it.
	Program was started at 8 pm with Flag hoisting ceremony, followed by march parade by students of MGM School of Physiotherapy. Also, students have done skit presentation on the topic of Blood Donation. The program concluded by National Anthem.
10	**Highlights of the Event -** Brief about the main highlight(s) of the event.
	All the students and facultiesattended with great enthusiasm.

Report Prepared on- 28/01/2022

Report Prepared by- Dr. Sonali Vispute

Designation/ Dept- Assistant Professor

Signature

Organizing Chairman/ Secretary

Signature

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGM's SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP /SCM-S/IQAC
		Issue No.	1
		Rev. No.	
	ATTENDANCE SHEET	Date	26/01/2022
		Page	Page 1 of 1

Name of Event- Republic Day

Year: 2022

Topic- Flag Hoisting, March Parade

Name of the Staff:- Dr. Pooja Motar

Sr No	Name of Student	Signature
1	Srushti Belge	
2	Vaishnavi Bhalekar	Bhalekar
3	vaibhavi Bhalekar	
4	Hunny Chandwani	
5	Gaurav pravin sonone	
6	Khushi Pahade	
7	Kiran gabale	
8	Mithila bangera	
9	Bushra Shaikh	
10	Shreya Shripad Tonpe	
11	Srushti Deshpande	
12	Aarya Mehra.	A.K.Mehra.
13	Sakshi Mudke	
14	Vaishnavi gavate	
15	Nidhi Vinod Patel	
16	Shravani Jawake	
17	Abhijeet Sharma	
18	Bilqui hussain	
19	chinmay videkar	
20	Pallavi patil	
21	Rishikesh Ajay Maheshwari	

MGM School of Physiotherapy Aurangabad

Sr No	Name of Student	Signature
22	Aliba shaikh	
23	Vaidehi bharasar	
24	Shivani biyani	
25	Urvashi Shinde	
26	Raseeka Shinde	
27	Digvijay Deshmukh	
28	Nishigandha Ghodki	
29	Charmaine Mhapankar	
30	Akshay Tayade	
31	~~Charmaine~~ pradnya pati	
32	Tejal Rokade	
33	Achal dabhade	
34	Prasad Annasaheb Deshmukh	
35	Anushka Sudhakar Danve	
36	Janhavi Dalvi	
37	Diya khadka	
38	Saqeeb Hanif	
39	vinaya dhoble	
40	Dhananjay vikas shinde	
41	Tulsi Pravinkumar Sonde	
42	Anvar Arvind Dalvi	
43	Rutuja Sancheti	
44	Dhanashree chavan	
45	Khushi bharuka	
46	gaurav pole	
47	Nishika kaul	
48	Tanzia Shaikh	
49	Samiksha Sharma	
50	Snehal Mahalpure	

MGM School of Physiotherapy, Aurangabad

Sr No	Name of Student	Signature
51	Isha Solanki	
52	Adee Rawoot	
53	Jeuhvi Gupta	
54	Ashutosh Mishra	
55	Shreyash Vawle	
56	Vaibhav Kandekar.	
57	Nidhi Kothari	
58	Nisha Pathan	
59	Pratiksha Pawar	
60	Sayema Sultana	
61	Ritika Bagul	
62	Rujuta Suvernkar	
63	Divya Pawar	
64	Sakshi Pawar	
65	Vaishnavi majmule	
66	Gauri Chinchkhedkar	
67	Deve Parab	
68	Aman Saini	
69	Himanshu Patil	
70	Ruchi mahajan	
71	Pranjal kotecha	
72	Fatima Khan	
73	Muawiyah	
74	Nikita Digambar Dhaktode	
75	krutika Chavan	
76	Shivam Gavade	
77	Fauzan Farooqui	
78	Rutuja kamble	
79	Nida lodhi	

Journal of physiotherapy Aurangabad

Sr No	Name of Student	Signature
80	Shivani Vijay Kalyankar	
81	Deeksha Kale	
82	Ashwini Jadhav	
83	Gayatri Wagale	
84	Gangee Dealkar	
85	Jeet S. Kanthasia	
86	Kimaya Patil	
87	Shweta Acharya	
88	Ishani Prasade	
89	Nidhee Gadakawar.	
90	Mehreen Fanaqui	
91	Sane Atharva Dilip	
92	Rishikesh Wakhale	
93	Varun Suryavanshi	
94	Ganesh Rahane	
95	Sakshi Deshmukh	
96	Sakshi Kathale	
97	Sakshi Bhavsar	
98	Sakshi Runwal	
99	Sakshi Gurjathi	
100	Sakshi Virsarkar	

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy
Aurangabad

Republic Day

Director

MGM School of Physiotherapy Aurangabad

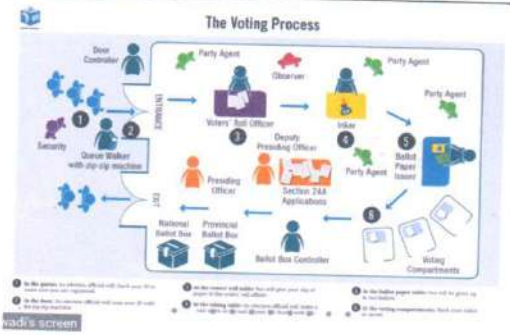
National Voters Day

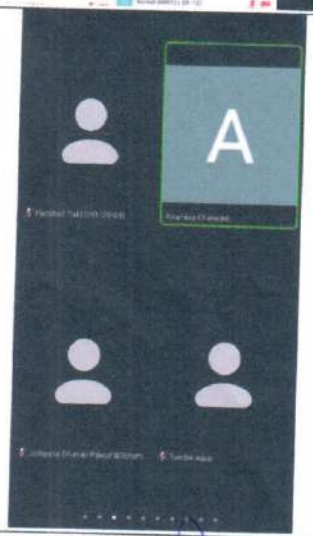
EVENT NAME-WEBINAR ON NATIONAL VOTERS DAY

DATE&TIME-3RD FEBRUARY 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on NATIONAL VOTERS DAY ; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, Mrs..AnamikaChalwadi Mr. SubodhRahate Ms.Jidnyasa Pawar	57





M.G.M. SCHOOL OF BIOMEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Sciences
Kamothe, Navi Mumbai

WEBINAR ON NATIONAL VOTERS DAY was conducted on **3RD FEBRUARY 2022** by MGM **SBS National Service Scheme (NSS UNIT)** which was attended by total 57 student.
WEBINAR was about **Creating awareness** about **Importance of Voting, its eligibility, its process and many more things.** The Speaker of the webinar was Mrs .Anamika Chalwadi. They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

National Deworming Day

EVENT NAME-WEBINAR ON NATIONAL DEWORMING DAY

DATE&TIME-10th February 2022

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on NATIONAL DEWORMING DAY; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, Mrs. .Anamika Chalwadi Mr. Subodh Rahate Mr. Harshad Patil, Ms. Jidnyasa Pawar	70

WEBINAR ON NATIONAL DEWORMING DAY was conducted on **10th February 2022** by MGM **SBS National Service Scheme (NSS UNIT)** which was attended by total 70 student.
Conference was about **Creating awareness** of Deworming by solving Problems and telling Symptoms, diagnosis and treatment of it. The Speaker of the webinar was Mrs .Anamika Chalwadi . They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI M.G.M.

Marathi Diwas

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CIRCULAR

Date- 25/02/2022

CELEBRATION OF "Marathi Matrubhasha Diwas 2022" at MGMIUDPO

All the students are hereby informed that the institute is celebrating "Marathi Matrubhasha Diwas" tomorrow at institutional level.

On this occasion, MGMIUDPO has organized a poetry competition in Marathi language.

Topic: Nirogi sharir hach khara dagina (Healthy life is like gold) or

Any Topic related to Health.

Date: 26/02/2022

Venue: Academic Section MGMIUDPO.

Students are informed to participate in large number to celebrate this event in successful manner.

Dr.Uttara Deshmukh (P&O),
I/C Principal,
MGM IUDPO,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

CIRCULAR

Date: 21st February, 2022

CELEBRATION OF MARATHI RAJBHASHA DIVAS -2022 AT MGMIUDPO.

Agenda: To preserve the Marathi Language & celebrate the Birth Anniversary of great Marathi poet "Kusumagraj".

This is to inform all the students that, MGM Institute's University Department of Prosthetics & Orthotics is celebrating Marathi Rajbhasha Divas-2022 under NSS Unit of MGMIUDPO on 26th February 2022.

The Details are as follows:

1. **Date:**26th February2022, Friday
2. **Time**: 11.30 AM to 01.00 PM
3. **Venue**: Academic Section, MGM Department of Prosthetics &Orthotics.

Note: All students are informed to join the Celebration of Marathi Rajbhasha Divas with full strength and enthusiasm.

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

Report of "Celebration of Marathi Rajbhasha Divas- 2022 at MGMIUDPO

Name of the event: "Celebration of Marathi Rajbhasha divas -2022"

Purpose of the Event: To create awareness about preserving the entient Marathi Language & celebrate the birth anniversary of great Marathi Poet Kusumagraj .

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 26th February 2022.
Time: 11:30 AM to 01:00 PM (One hour thirty minutes).

No. of attendees: 18 Students & 02 faculty of MGMIUDPO.

Proceedings of the event:

This event was organized as NSS Activity, under NSS Unit MGMIUDPO, Kamothe, Navi Mumbai.

A small speech about importance of Marathi Language for the day was given by Dr. Uttara Deshmukh (P&O), Principal, MGMUDPO, Kamothe, Navi Mumbai.

The event was processed with Poetry Competition by all the faculty and students on the "**Importance of Health in Life**".

Everyone shared their experiences of importance of health through poetry.

In Poetry Competition among students category the winner was Mr. Shivam Pandey.

In faculty category the winner was Dr. Uttara Deshmukh.

The event was ended by thanks giving to all students and faculty by Dr. Pratiksha Shelar (P&O) for make the event successful.

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE OF HEALTH SCIENCES

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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS

Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437620, Website: mgmiudpo.edu.in

Name of the Activity	:	Celebration of Marathi Matrubhasha diwas 2022
Date	:	26-02-2022
Time	:	11:30AM to 1:30 PM
Venue	:	MGM Institute University Department of Prosthetics and Orthoics, Navi Mumbai

List of Students Attended the Lecture

Sr No.	Name of the Student	PRN No.	Signature
1.	Riya A. Gawade	11910600005	
2	Lav Jaiswar	11810600007	
3.	Gursimran Kaur Bal.		11810600002
4.	Surbhi Waghati	11810600020	
5.	Shivam Pandey	11810600010	
6	Rishikesh Rajgude.	11810600016	
7	Vighnesh Bidve	11810600023	
8.	Apeksha Ubhave	11810600017	
9.	Rasika Gurav	11810600005	Rasika
10	Siddhesh Mali	11810600008	
11	Snehal Rane	11810600011	
12	Pradnya Gawde.	11810600004	
13	Esha Malik	11810600009	
14	Pranaya More	12110600006	
15	Sneha Sunil	11810600013	
16.	Nikhil Wagh	12010600007	
17.	Wajid Mandal	12010600003	
18.	Govind Singh	12010600002	

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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIUDPO

DATE: 26-02 -2022

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

CIRCULAR

Date: 21h February, 2022

CELEBRATION OF MARATHI RAJBHASHA DIVAS -2022 AT MGMI HS

Agenda: To create awareness about Marathi Language and various social issues also celebrate the Birth Anniversary of great Marathi poet "Kusumagraj ".

This is to inform all the students that, as per the notification from the University regarding Inter-College Role Play competition on the occasion of Marathi Rajbhasha Divas-2022, MGM Institute's University Department of Prosthetics and Orthotics is going to participate in this competition.

The Details are as follows:

1. **Date:**28th February2022, Monday
2. **Time**: 02.00 PM to 05.00 PM
3. **Venue**: Ground Floor, Hall Number-02, MGM Medical College, Kamothe Navi Mumbai.

Note: Interested students are informed to share their names to Dr. Pratiksha Shelar as soon as possible for role play competition on the occasion of Marathi Rajbhasha Divas.

Dr. UttaraDeshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
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Report of "Celebration of Marathi Rajbhasha Divas- 2022 at MGMI HS

Name of the event: "Celebration of Marathi Rajbhasha divas -2022"

Purpose: To create awareness about preserving the values of Marathi Language & celebrate the birth anniversary of Great Marathi Poet Kusumagraj.

Location: Ground Floor, Hall Number-02, MGM Medical College, Kamothe Navi Mumbai.
Date: 28th February 2022.
Time: 02:00 PM to 05:00 PM (Three hours).

No. of attendees: 19 Students of MGMIUDPO.
Topic: Awareness about health.

Proceedings of the event:

The event started with Lamp Lightening by auspicious hands of all the dignitaries followed by Ganesh Vandana by students of MGM Medical College, Navi Mumbai.

This event was organized as NSS Activity, under NSS Unit MGMIHS, Kamothe, Navi Mumbai. MGM Institute's University Department of Prosthetics presented two skits in the competition.

1st Performance – New Leap

In which students performed an activity which depicts the life of boy after losing his lower limb due to traumatic incident and acquiring new artificial limb to achieve his goals in life.

The participants were Ms. Gursimran Kaur, Ms. Surbhi Waghate, Ms. Shaifa Khan, Mr. Rushikesh rajgude, Mr. Vighnesh Bidre, Mr. S.abu Thalib, Mr. Shivam Pandey, Ms. Shital Gaikwad,
Ms. Shikha Garg, Ms. Sneha sunil kumar, Mr. Wajid Mandal,

2nd Performance –Surrogacy.

In this skit performance the students depicts the life of a women who is having problem in conceiving and with advanced technology she could have a baby from another women.

The participants were Ms. Esha Mallik, Ms.Snehal Rane, Ms.Pradnya Gawde, Ms.Riya Gawde, Ms.Rasika Gurav, Mr. Nikhil wagh, Ms. Pranaya More.

Among the several departments which participated in this competition Team – NEW LEAP from MGMIUDPO won 2nd Prize in the intercollegiate role play competition.

The event was ended by thanks giving to all students and faculty by Dr. Sayali from Community Medicine Department for makng the event successful.

Uttara Deshmukh

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel: 022-27437620/7829, Website: mgmudpo.edu.in

Name of the Activity	:	Celebration of Marathi Rajbhasha Divas-2022
Date	:	28th February 2022, (2.00pm - 5.00pm)
Time	:	28th February 2022. (2.00pm - 5.00pm)
Venue	:	Ground Floor, Hall number-02, MGM Medical College.

Sr No.	Name of the Faculty	Signature
1	Dr Uttara Deshmukh (P&O)	Uttara 28/02/2022
2		
3		
4		
5		

List of Students Attendees

Sr No.	Name of the Student	Year	PRN Number	Signature
1	Shaifa Khan	IV Year	11810600006	SKhan
2	Surbhi Waghate	" "	11810600020	
3	Gursimran Kaur	" "	11810600002	
4	Rushikesh Rajgude	" "	11810600016	
5	Vighnesh Bidre	" "	11810600023	
6	Abu Thalib	" "	11810600022	S Abuthalib
7	Shivam Pandey	" "	11810600010	
8	Shital Gaikwad	" "	11810600015	
9	Shikha Garg	" "	11810600018	Shikha
10	Sneha Thevarkattil	" "	11810600013	S Kuvar
11	Wajid Mandal	II Year	12010600002	

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12	Esha Malik	11810600009	IV Year	Esha Malik
13	Apeksha Ubhare	11810600017	" "	
14	Snehal Rane	11810600011	" "	
15	Pradnya Gawade	11810600004	" "	
16	Riya Gawade	11910600005	III Year	
17	Rasika Gurav	11810600005	IV Year	Rasika
18	Nikhil Wagh	12010600007	II Year	
19	Pranaya More.	12110600006	I Year	
20				
21				
22				
23				
24				
25				
27				
28				
29				

Uttara Deshmukh

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIHS

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BEST ACTOR AWARD ON THE OCCASION OF MARATHI RAJBHASHA DIN-2022

BEST ACTOR AWARD

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2ND PLACE (BEST PERFORMANVE (TEAM) AWARD ON THE OCCASION OF MARATHI RAJBHASHA DIN-2022.

DEPARTMENT OF COMMUNITY MEDICINE
MGM MEDICAL COLLEGE AND HOSPITAL
& National Service Scheme Unit MGMIHS

CERTIFICATE

This Certifies that

DATE - 7 APR 2022

Wajid Mandal

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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DATE - 7 APR 2022

Shaifa Khan

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd Place – Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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Gursimran Kaur Bal

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd Place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
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Sneha Sunilkumar

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM)

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

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Vighnesh Bidre

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place- Best Performance (TEAM)

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Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
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Surbhi Waghate

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM).

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Rushikesh Rajgude

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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& National Service Scheme Unit MGMIHS

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DATE – 7 APR 2022

Shikha Garg

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd Place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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& National Service Scheme Unit MGMIHS

CERTIFICATE

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DATE - 7 APR 2022

Abuthalib S.

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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CERTIFICATE

This Certifies that

DATE - 7 APR 2022

Sheetal Gaikwad

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd place - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

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CERTIFICATE

This Certifies that

DATE - 7 APR 2022

Shivam Pandey

Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition

And has won 2nd price - Best Performance (TEAM).

Dr. Prasad Waingankar
Professor & Head, Community Medicine

Dr. Madhavi Mankar
NSS Coordinator - MGMIHS

Dr. G. S. Narshetty
Dean

International Women's Day

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Notice	Rev. No.	
		Date	01/01/2019
		Page	Page 1 of 2

Date: 5th March 2022

This is to inform all the female staff that on the occasion of international women's day, MGM School of physiotherapy is organizing "treasure hunt" for female's staff on 8th March 2022

Venue: 'C' building, MGM School of physiotherapy Aurangabad

Coordinator- Dr. Sabih Khan

IQAC Coordinator

IQAC Coordinator
MGM School of Physiotherapy
Aurangabad

Principal

MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
		Date	16/09/2021
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College /Regional/ State/ National/ International.
	International women's day celebration on 8th March 2022
2	**Background/Introduction** - Need/ reasons for holding the prg. Name of Association /Collaoration etc.
	To recognizing and amplifying the important role of women and girls around the world.
3	**Venue** -
	Second year class , first floor , C building , MGM School of Physiotherapy Aurangabad.
4	**Sponsors** - Name & Details
	MGM School of Physiotherapy Aurangabad
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc……
	Inauguration speech was given by Miss. Kankshi Vetkar by addressing the audience about Gendered norms and ideas of what a woman's role should be in society often mean that women and girls experience the impacts of climate change and natural disasters differently.
6	**Speakers/ Judges/ Chairman/Panel Team** - Brief Introduction with their achievements.
	All the male staff has organized the cake cutting, speech for female staff and treasure hunt.

MGM School of Physiotherapy Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report Conferences/ Seminars/CME/Quiz/ Debate/ Guest Lecture etc	Rev. No.	
		Date	01/01/2019
		Page	Page 2 of 2

7 **Participants & Delegates** – No. of participants & delegates/teams with their names.

50 females and 10 male participated in the program

8 **Prize Distribution etc-** Brief Summary of the Proceeding.

9 **Valedictory Ceremony -** Brief of the proceeding including chief guest etc. and who conducted it.

Vote of thanks given by Mr. Jeet

10 **Highlights of the Event -** Brief about the main highlight(s) of the event.

All the female staff were overwhelmed, happy and enthusiastically participated in the games.

Report Prepared on- 9th March 2022

Report Prepared by- Dr.Pooja Motar

Designation/ Dept- Assistant Professor, MGM school of physiotherapy Aurangabad

Signature

Organizing Chairman/ Secretary

Signature

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGM's SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ SCM-S/IQAC
		Issue No.	1
	ATTENDANCE SHEET	Rev. No.	
		Date	29/4/22
		Page	Page 1 of 1

Name of the event: international women's day

Date/ Year: 8th March 2022

Topic: women's day

Organized by: Dr. Sabih khan

Sr No	Name of Student	PRN No.	Signature
1	Sathi Maity	2211020040	
2	Nidhi Miniyar.	2211020046	
3	Rutuja. Kulkarni	2211020065	
4	Gunjan Agerawal	2211020025	
5	Dakshita Patil	2211020018	
6	Hemangi Waghulde	2211020094	
7	Sai Raghavi Sampath	2211020067	
8	Harshita Shah	2211020027	
9	Shaikh Shaheen	2211020013	
10	Shaikh Mustkeen	2211020071	
11	Sable Shweta	2211020066	
12	Akshata Dhamale	2211020021	
13	Rutuja Kadam	2211020032	

MGM School of Physiotherapy Aurangabad

Sr No	Name of Student	PRN No.	Signature
14	Ashlesha magare	2211020003?	
15	Mercy Nadar	2211020005l	Mercy
16	Shweta Shrimangle	2211020008?	Shweta.
17	Vedashree Deshpande.	2211020001?	Vedashree
18	Samruddhi Pande	2211020006?	
19	Ankita sharma	2211020007?	Ankita.
20	Riya Mishra	2211020004?	
21	Ashwini Motekar	2211020005?	
22	Sayali chandushive.	2211020006?	
23	padmja yadav	2211020004?	
24	vaishnavi Jadhav	2211020009?	
25	vaishnavi Tale	2211020003?	
26	Manjusha Patil	2211020005+	
27	Shruti Deshmukh	2211020008?	
28	Apeksha Toshniwal	2211020007	Apeksha
29	Kashish Shah	2211020009?	
30	Suharsha kundu	2211020001?	

AIGM School of Physiotherapy Aurangabad

31	Syed Rael	221102000 26	
32	Shambhavi. V. Goge.	221102000 24	
33	Shardha. Kalantri	221102000 80	
34	Anaya. Mandlik	221102000 04	Anaya
35	Namrata Bhakkad	221102000 52	Namrata
36	Anya. Balwant Shinde	221102000 76	
37	Sakshi Mhaske	221102000 45	
38	Komal Bodso.	221102000 36	
39	Poorva Parate	221102000 60	Poorva.
40	Anuja Nichal	221102000 05	
41	Renuka Reddiwar	221102000 64	
42	Aparna Aher	221102000 06	
43	Payasi Ghugre	221102000 23	
44	Mansi. popli.	221102000 42	
45	Apurva. Mali	221102000 08	
46	Kalyani Wagh	221102000 93	
47	Vedika. Joshi	221102000 91	
48	Vaishnavi. Chaureria	221102000 14	
49	Vaishnavi Nandu. Patil	221102001 59	

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50	Renu Choudhari	2211020017	
51	Aryan Jaywant Patil	2211020056	
52	Syed Abdullah	2211020086	
53	Syed Shoaib	2211020087	
54	Jayant Kadam	2211020098	
55	Aniket Malode	2211020041	
56	Raj Pati	2211020058	
57	Harsh Raskar	2211020063	
58	Shaunak Jadhav	2211020075	
59	Kshitij Chavan	2211020006	
60	Prem Renapurkar	2211020062	

School of Physiotherapy Aurangabad

STAFF SIGNATURE

Director
School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

INTERNATIONAL WOMENS DAY MARCH 2022

MGM INSTITUTE OF HEALTH SCIENCES

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MGM SCHOOL OF PHYSIOTHERAPY

Digital Poster Making Competition

Preamble	:	MGM School of Physiotherapy celebrated International Women's Day on 8th March . It is global day celebrating the social , cultural and political achievements of women.
Time and Date	:	9.30 am, Tuesday 8th March, 2022
Organized By	:	Student council of MGM School of Physiotherapy, Navi Mumbai
Participants	:	500 BPT and MPT students
Faculty In charge	:	Dr. Mamta Shetty (PT), Dr. Hiloni Badani (PT)
Objective	:	To celebrate women empowerment with enthusiasm, creativity and art
Summary	:	On the occasion of International Women's Day, MGM School of Physiotherapy, Navi Mumbai organized a Digital Poster Making Competition on the topic, 'Women Empowerment'. 33 students participated and showcased their artistic and creative side by including slogans and tiny tales as part of the posters. First 3 best posters were awarded. The list of winners is as follows : 1st Prize: Jalak Upadhyay (Intern) 2nd Prize: Ritu Shah (IV-BPT) 3rd Prize: Ishika Kohli (Semester-V)

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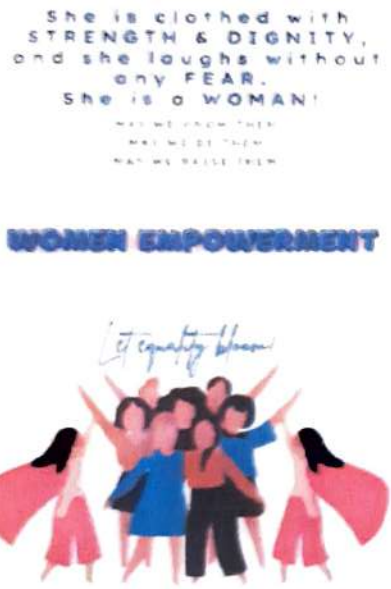

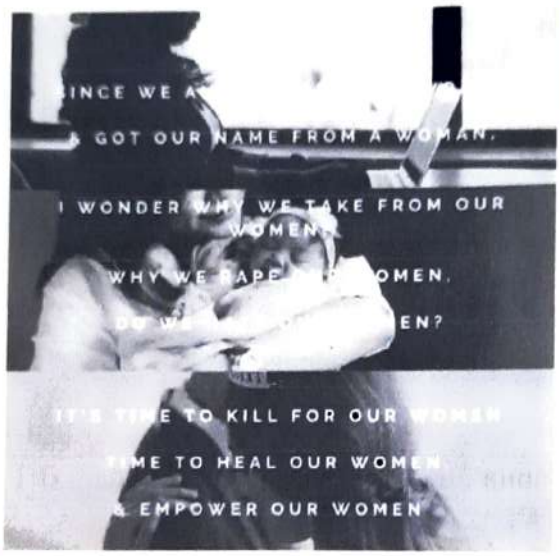

Winners of Digital Poster Making Competition

Dr. Hiloni Badani (PT)

Member , Student Council

Dr. Mamta Shetty (PT)

Student Placement Cell Officer

Member Secretary of Student council

Dr. Rajani Mullerpatan

Chair Person , Student Council

Professor-Director

MGM School of Physiotherapy, Navi Mumbai

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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

IV BPT Regular (2021-2022 Batch)

Date: 8/3/22 **Subject:** E-poster making **Time:** _____

Roll No.	Name of Student	Sign	Roll No.	Name of Student	Sign
1	Agrawal Rushabh Pravin	P	27	Pandit Nishtha Rajiv	P
2	Anushka Ajit Tambe	P	28	Pandya Nidhi Santosh	P
3	Bhalala Het Dinesh	P	29	Parikh Kinnari Monesh	P
4	Darekar Aakanksha Vinay	P	30	M Raju Divya Raja	P
5	Desai Manasi Sanjay	P	31	Randeria Kavisha Bimal	P
6	Ashima Dhiman	P	32	Rupani Devanshi Sanjay	P
7	Dhurde Chhaya Mahadeo	P	33	Sangani Krutee Kalpesh	P
8	Dongre Shivani Ketan	P	34	Sanghavi Vishwa Sohil	P
9	Gala Aayushi Bhavesh	P	35	Sawant Tejas Deepak	P
10	Gandhi Charmi Jesal	P	36	Sawant Soham Sanjay	P
11	Gaware Aditi Sunil	P	37	Sayta Dhanashree Vijay	P
12	Iffat Mohmadali Khatib	P	38	Shah Kushani Milan	P
13	Jain Disha Bhavesh	P	39	Shah Ritu Udayan	P
14	Juriani Ashriya Kailash	P	40	Shah Tanvi Salil	P
15	Kalwani Bharti Om Prakash	P	41	Shenvi Sadhika Subhodh	P
16	Kamble Nikita Uday	P	42	Singh Aakansha Verendra Pal	P
17	Khan Nargaz Usman	P	43	Surve Juhika Rajesh	P
18	Khonde Hrishikesh Ajay	P	44	Tatli Neha Ashfaq	P
19	Mandke Sayali Vinod	P	45	Thaker Riddhi Sanjay	P
20	Mehnaz Fatima Abdul Nasir	P	46	Tiwari Leher Manish	P
21	Nair Rohit Ajit	P	47	Trivedi Dishi Kirti	P
22	Navkal Shweta Suren	P	48	Trivedi Palak Jayesh	P
23	Neha Yadav	P	49	Vora Kajal Rakesh	P
24	Nileshwar Isha Ravikiran	P	50	Wahedna Sadiyah Zubair	P
25	Nimla Hardik Mukesh	P	51	Wangikar Manasi Milind	P
26	Panchal Ankita Bharat	P	52	Bohra Falguni Purushottam	P

Roll No.	Name of Student	Sign
53	Sumaiya Barmare	
54	Shrishti Yadav	
55	Yadav Shikha Sudama	
56	Khushboo Agrawal	
57	Sakshi Gadhave	
58	Shruti Gawadhre	

Roll No.	Name of Student	Sign
59	Kunjal Jain	P
60	Jeihann Khairbaddi	P
61	Suchal Pawar	P
62	Madhulika Singh	P
63	Sneha Gone	P
64	Yash Bhanushali	P

Lecture /Practical Summary

Name & Signature of faculty	:	
Name & Signature of Class Representative	:	
Signature of Co-ordinator	:	
No. of Student absent	:	0
Remark	:	

MGM MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date: 25.02.2022

To,
The Dean,
MGM Medical College,
Kamothe, Navi Mumbai.

Subject : Guest lecture commemorating Intl. Womens day 2022

Respected Sir,

Hereby requesting for permission to organise a guest lecture to celebrate International Womens Day at MGM kamothe on 08/03/2022 (Tuesday) from 2-4 pm at MGM Medical College, Kamothe.

This lecture is to commemorate International Womens day celebration under the NSS unit, MGM kamothe.

Thanking you.
Yours sincerely.

Dr. Pradeep Sawardekar
Program Officer
NSS Unit

Dean.
M.G.M Medical College & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE,

NAVI MUMBAI

NSS UNIT

INTERNATIONAL WOMEN'S DAY CELEBRATION

08.03.2022

MGM MEDICAL COLLEGE, NAVI MUMBAI

NSS UNIT

To,

The Dean,

MGM Medical College,

Navi Mumbai

Subject: International Women's' Day celebration

Respected Sir,

Hereby submitting report of International Women's Day Celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 08.03.2022 in the MEU of the medical college.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT

MGM Medical College,

Navi Mumbai

NSS UNIT

SUBJECT: INTERNATIONAL WOMEN'S DAY CELEBRATION

After taking prior permission from Dean sir, international Women's day was celebrated in MGM medical college. It was organized by the NSS unit of MGM Medical College.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr. Pradeep Sawardekar, program officer, NSS unit, MGM Medical college.

ABOUT WOMEN'S DAY:

International Women's Day – celebrated annually on March 8 – is a day that commemorates the social, political and economic achievements of women.

Women in different parts of the world use this day to come together to celebrate one another and rally for equal treatment and representation.

WOMEN'S DAY THEME 2022:

The theme for this year's International Women's Day is: "Gender equality today for a sustainable tomorrow."

This year's campaign is represented by the #BreakTheBias hashtag and calls on people to work towards a world that is equitable, inclusive, and free from bias and discrimination so the playing field is levelled for women moving forward.

NSS UNIT

Subject: Lecture on Cancer Screening

And Cancer Awareness

Event Summary:

Extending our women's day celebration, the NSS unit had also organized a short interactive session for our female staff including doctors, nurses, social workers and the support staff.

The session was planned to be held in the MEU on the first floor of the medical college building from 2-4pm in the afternoon. Everyone was sent formal invitation.

THE MAIN SESSION:

The session started with **Dr. Pradeep Sawardekar** addressing the audience and telling about the significance of Women's day and the essential role played by women in each of our lives.

Wonderful mother

Outstanding friend

Marvellous daughter

Adorable sister

Nicest gift to men from God

KEYNOTE:

Our guest of honour for the event was **Dr. G. S. Narshetty**, Dean & Chairman (NSS), MGM Medical college, Navi Mumbai.

After the introduction given by Dr. Pradeep, our Dean sir addressed the audience and thanked each and every staff member present for the selfless dedication towards functioning of the institution.

Dr. G S Narshetty,

Dean & Chairman (NSS), MGM Medical college, Navi Mumbai

Addressing the audience and extending his heartfelt gratitude towards the staff members present.

"Women are the epitome of courage, hope, and life"

GUEST LECTURE:

A guest lecture was delivered by **Dr. Mrunal Pimparkar** (member, NSS Advisory Committee) on cancer screening and awareness.

The lecture included information regarding the most common cancer prevalent in the female population including breast cancer, cervical cancer and oral cancer.

She also talked about how the cancers can be detected early and how early detection can help saving so many lives and adversities and suffering.

Dr. Mrunal Pimparkar

(member, NSS Unit, MGM medical college)

Enlightening the audience how a simple 2 minute breast self examination once a month can help detect breast cancer early and timely treatment can be provided.

"Feel for Lumps, Save Your Bumps"

"BREAK THE BIAS"

Dr. Madhavi Mankar, NSS Coordinator, MGM Medical college, Navi Mumbai,

Talked about the theme of Women's day 2022 spreading awareness of "Break the Bias" and later a pledge was taken by all present there.

"BREAK THE BIAS"

ELICITATION CEREMONY:

The session was attended by 43 people and all present there were elicitated with a bouquet of flowers to celebrate the special day.

FELICITATION CEREMONY:

FELICITATION CEREMONY:

FELICITATION CEREMONY:

VOTE OF THANKS:

Lastly, the vote of thanks was given by **Dr. Rachit Pahwa**, thanking all the members present to have taken out time from their busy schedule to attend the session. A special thanks to Dean Sir, Dr. G S Narshetty, for always giving guidance and full support for all the activities.

We are sure that the awareness and enlightenment given by Dr. Mrunal Pimparkar regarding cancer awareness and screening will surely help all present and many other females and help in early detection and timely treatment of the cancers.

SUMMARY:

The program was attended by 44 people comprising of the NSS Task force, teaching staff, administrative staff and the helping staff. A special thanks to **Dr. Aanchal Mittal, Dr. Prerna Veer and Dr. Rachit Pahwa**, whose sincere and dedicated efforts helped make the program a grand success.

STATISTICS:

Following are the details of the attendees of the program

S. No.	Designation	Male	Female	Total
1.	Faculty	3	15	18
2.	Staff	2	11	13
3.	Students	2	11	13
			Total =	44

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT
Medical College,

Navi Mumbai

Dr. G S Narshetty

Dean & Chairman NSS MGM
MGMMC

S. No.	Name	Designation
1.	Dr. G S Narshetty	Dean & Chairman NSS MGM-MC
2.	Dr. Pradeep Sawardekar	Program Officer, NSS UNIT
3.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
4.	Dr. Mrunal Pimparkar	Member NSS Advisory Committee
5.	Dr. Z G Badade	Member NSS Advisory Committee
6.	Dr. Rita Khadkikar	HOD (Department of Physiology)
7.	Dr. Anjali Sabnis	HOD (Department of Anatomy)
8.	Mrs. Rupali Gujar	Assistant female programme officer
9.	Mr. Jeevan Urankar	Assistant male programme officer
10.	Dr. Ratnaprahakar Pedhambkar	Associate Professor (Dept. of PSM)
11.	Dr. Sumi R	Assistant Professor (Dept of Anatomy)
12.	Dr. Mini Mol	Assistant Professor (Dept of Anatomy)
13.	Dr. Ashita Rane	Assistant Professor (Dept of Physiology)
14.	Dr. Lalita Chavan	Associate Professor (Dept of Anatomy)
15.	Dr. Kavita More	Associate Professor (Dept of Biochemistry)
16.	Dr. Savitri Katlam	Associate Professor (Dept of Pharmacology)
17.	Dr. Priyanka Rane	Associate Professor (Dept of Physiology)
18.	Dr. Harpriya Kar	Associate Professor (Dept of Microbiology)
19.	Dr. Charushila Patil	Associate Professor (Dept of Anatomy)
20.	Dr. Yashoda Kattimani	Associate Professor (Dept. of Physiology)
21.	Dr. Rachit Pahwa	Intern
22.	Dr. Aanchal Mittal	Intern
23.	Dr. Prerna Veer	Intern
24.	Dr. Vicky Kumar	Intern

25.	Dr. Mehak Goyal	Intern
26.	Ms. Suvarna Sawant	Student
27.	Ms. Bhairvi Jangid	Student
28.	Ms. Priyanka Verma	Student
29.	Ms. Yutika Nagwekar	Student
30.	Ms. Pooja Thembe	Student
31.	Ms. Pooja Samant	Student
32.	Ms. Mrunal Vekhande	Student
33.	Ms. Nayna Barada	Student
34.	Mrs. Sujata Sharma	Clerk
35.	Mrs. Urmila Patil	Clerk
36.	Mrs. Vidyadevi Athavale	Clerk
37.	Mrs. Priyanka Harugale	Clerk
38.	Mrs. Kadambari Kulkarni	Clerk
39.	Mrs. Mangal Patil	Clerk
40.	Mrs. Sanjana Rane	Accountant
41.	Mrs. Tara A.	Senior StoreKeeper
42.	Mrs. Sejal Surve	Store Keeper
43.	Mrs. Licy Kunjuman	Lab Technician
44.	Mr. Suresh Warghese	Technician

MGM MEDICAL COLLEGE,

NAVI MUMBAI

NSS UNIT

INTERNATIONAL WOMEN'S DAY CELEBRATION

08.03.2022

MGM MEDICAL COLLEGE, NAVI MUMBAI

NSS UNIT

To,

The Dean,

MGM Medical College,

Navi Mumbai

Subject: International Women's' Day celebration

Respected Sir,

Hereby submitting report of health camp organized on account of International Women's Day Celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 08.03.2022 in Kalamboli from 9am to 1pm.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT

MGM Medical College,

Navi Mumbai

NSS UNIT

SUBJECT: INTERNATIONAL WOMEN'S DAY CELEBRATION

After taking prior permission from Dean sir, a health camp was organized by the NSS Unit of MGMMC in Kalamboli on 08.03.2022 from 9am to 1pm.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr. Pradeep Sawardekar, program officer, NSS unit, MGM Medical college.

About Women's Day:

International Women's Day – celebrated annually on March 8 – is a day that commemorates the social, political and economic achievements of women.

Women in different parts of the world use this day to come together to celebrate one another and rally for equal treatment and representation.

WOMEN'S DAY THEME 2022:

The theme for this year's International Women's Day is: "Gender equality today for a sustainable tomorrow."

This year's campaign is represented by the #BreakTheBias hashtag and calls on people to work towards a world that is equitable, inclusive, and free from bias and discrimination so the playing field is levelled for women moving forward.

HEALTH CHECK-UP CAMP, KALAMBOLI

To create awareness and diagnose the iceberg diseases in the community especially in women, a free of cost health camp was organized in Kalamboli.

Various specialities were a part of the camp including:

1. Ophthalmologist
2. Geriatric medicine
3. Dental
4. OBGY

The camp was conducted in Kalamboli, Navi Mumbai from 9am-1pm.

Water and snacks were made available for the doctors and the other staff.

Significance of routine Ophthalmic Check-up:

1. Early detection of cataract, glaucoma, diabetic retinopathy, degenerative changes.
2. Look for refractive errors of vision
3. Timely prescription of glasses.
4. Early operative treatment of the various curable diseases including cataract etc.

Significance of routine OBGY check-up:

1. Female hygiene
2. Pregnancy awareness
3. Cancer screening including breast cancer, cervical cancer etc.
4. Make aware of various birth control measures.
5. Deal with routine gynaecological problems including PCOS etc.

Significance of routine dental check-up:

1. Oral hygiene
2. Early detection of premalignant lesions including leukoplakia, erythroplakia.

Significance of Geriatric medicine:

1. Timely detection of hypertension, diabetes, and other lifestyle disorders.
2. Evaluate basic wellbeing of the elderly
3. Give dietary advice

Few glimpses from the health check- up camp:

Geriatric Medicine OPD

Dr. Rutuja S. from geriatric medicine department motivating senior citizens and giving tips to a healthy life.

OBGY OPD

SUMMARY

The camp was attended by many people and the stats are as follows

S. No.	Designation	Male	Female	Total
1.	Staff	3	5	8
2.	Faculty	5	5	10
3.	Students	15	15	30
			Total =	48

CAMP STATISTICS:

The camp benefitted 30 people and following are the stats.

S. no.	OPD	Total
1.	OBGY OPD	9
2.	Geriatric Medicine OPD	14
3.	Ophthalmology OPD	4
4.	Dental OPD	3
	TOTAL=	30

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT
NSS MGM Medical College,
Navi Mumbai

Dr. G S Narshetty

Dean & Chairman
MGMMC

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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS
Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

CIRCULAR

Date: 05h March, 2022

CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 AT MGMIUDPO.

Agenda: To create awareness about respecting the Women in the Society.

This is to inform all the students that, MGM Institute's University Department of Prosthetics & Orthotics is celebrating International Women's Day-2022 under NSS Unit of MGMIUDPO on 08th March2022.

The Details are as follows:

1. **Date:**08th March2022, Monday
2. **Time**: 02.00 PM to 03.00 PM
3. **Venue**:Academic Section, MGM Department of Prosthetics &Orthotics.

Note: All students are informed to join the Celebration of International Women's Day-2022 with full Strength.

Dr. UttaraDeshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

Report of "Celebration of International Women's Day" 2022 at MGMIUDPO

Name of the event: "Celebration of International Women's Day-2022"

Purpose of the Event: To create awareness about respecting the Women in the society.

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 08th march 2021.
Time: 02:00 PM to 03:00 PM (One hour).

No. of attendees: 23 students, 4 facultiesand 01 Administrative Staff of MGMIUDPO.

Proceedings of the event:

This event was organized as NSS Activity, under NSS Unit MGMIHS,Kamothe, Navi Mumbai.

A small speech about importance of the day was given by Dr. Uttara Deshmukh (P&O), Principal, MGMUDPO, Kamothe, Navi Mumbai. She also revealed the theme of the event.

The event was processed with elocution by all the Male faculty and students on the "**Importance of women in life",** in whichthey explained how women in their life are contributing in various ways with various roles of mother, sister, wife, daughter, friend etc. Everyoneshared their experiences with Women and how they influenced in significant way. Many of them sang of song and poem for women showing importance of them.

The event was ended by cake cutting specially brought for Women's Day by all male staff and students in the institute.

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS

Sector-01, Kamothe, Navi Mumbai - 410 209 Tel: 022-27437620/7829, Website: mgmudpo.edu.in

Name of the Activity	:	Celebreation of International women's Day-2022.
Date	:	08th March 2022.
Time	:	4.00 PM - 5.00 PM
Venue	:	Department of Prosthetics and orthotics, MGMIUDPO

Sr No.	Name of the Faculty	Signature
1	Dr. Uttara Deshmukh.	8/03/2022
2	Dr. Pratiksha Shelar.	
3	Dr. Subhasish Pavkray	
4	Dr. Ravi Barela	
5	Dr. Akash katariya	

List of Students Attendees

Sr No.	Name of Students	Year	PRN Number	Signature
1	Gursimran Kaur Bal.	IV th Yr.	11810600001	
2	Rasika Gurav	IV th Yr.	11810600005	Rasika
3	Pradnya Gavde	IV th Yr	11810600004	
4	Esha Malik	IV th Yr	11810600009	
5	Surbhi Waghati	IV th Yr	11810600020	
6	Shaifa Khan.	IV Yr	11810600006	
7	~~Prajakta Pavi.~~		X	
8	Shikha Garg.	X		
9	Pranaya	I st Yr.		
10	Shivam Pandey.	IV th Yr	11810600010	
11	Rishikesh Rajgude	IV th Yr.	11810600016	

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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS

Sector-01, Kamothe, Navi Mumbai - 410 209 Tel: 022-27437620/7829, Website: mgmudpo.edu.in

	Name of Students	Year	PRN Number	Signature
12	S. Abuthalib.	IV th yr.	1181060002 2	S Abu Thalib
13	Divyanshu R. Ghundiyal	1st yr	1211060000 8	
14	Rohan Dekate	1st yr	1211060000 5	
15	Nikhil p. Wagh	2nd year	1201060000 7	
16	Akhil Sunny	4th yr	1181060000 1	
17	Lalit Patil	3rd yr	1191060000 8	
18	Shikha Garg	4th year	1181060001 8	
19	Sachin. Kawankar	3rd year	1191060000 8	
20	Vanshika Raval	3rd year	1191060000 2	
21	Hitesh Chorge	4th year	1181060000 3	
22	Sakshi Thakkar	3rd year	1191060000 6	
23	Yashashree Gawde	3rd year	1191060000 1	
24	Sana Khan	Intern	1171060000 2	
25	Misbah choudhary	Intern	1171060000 1	
27				
28				
29				
30				
31				
32				
33				
34				

Uttara Deshmukh

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 , DATE- 08-03-2022

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS

(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 , DATE- 08-03-2022

एकात्मिक बाल विकास सेवा प्रकल्प पनवेल-२

पंचायत समिती आवार, डि एड कॉलेज जवळ पनवेल, ता.पनवेल, जि.रायगड, पिन. ४१०२०६

Email ID: panvel2icds@gmail.com ☎ ०२२-२७४६८९०४

जा.क्र.एबाविसे/आस्था/वशी/ /२०२२

दिनांक:-०३ मार्च,२०२२

प्रति,

संचालक,
एम्.जी.एम्. न्यू बॉम्बे कॉलेज ऑफ नर्सींग
कामोठे, ता.पनवेल

विषय :- "८ मार्च जागतिक महिला दिन" साजरा करण्याबाबत.

उपरोक्त विषयान्वये एकात्मिक बाल विकास सेवा योजना, प्रकल्प पनवेल- २ व हिंदाल्को कं. लि. यांच्या संयुक्त विदयमाने आपण दरवर्षी जागतिक महिला दिन साजरा करतो.

श्रीमती.वंदना कुंभार, असिस्टंट प्रोफेसर, एम्.जी.एम्. कामोठे, यांना ८ मार्च जागतिक महिला दिन या कार्यक्रमासाठी उपस्थित राहून पथनाटय व स्वसंरक्षण या विषयावर कार्यक्रम आयोजीत करावेंत ही विनंती.

बाल विकास प्रकल्प अधिकारी
एकात्मिक बाल विकास सेवा योजना
पनवेल-२,जि.रायगड.

प्रत,
श्री. सचिन तावडे
MGM मेडिकल कॉलेज कामोठे, पनवेल

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410209

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209

Ref.No:MGMNBCON/Ext.Act/13/03/2022

Date: 03/03/2022

CIRCULAR

International Women Day 2022 will be observed on 08.03.2022 at Hindalco Industries Limited, Taloja by MGM New Bombay College of Nursing, Kamothe Navi Mumbai in collaboration with **Integrated Child Development Department, Panvel and Hindalco Industries Limited.**

Signature of Organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Director

PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

Tel. No.: 022- 27430141/ 27430215/ 27430213 | E-mail: principal@mgmnbcon.ac.in | Website: www.mgmudn-nm.edu.in

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209

Date : -03.03.2022

International Women's Day Celebration (Academic Year 2021-22)
Activity Plan

Theme: Gender equality for sustainable tomorrow

Venue. Hindalco industry, Taloja

Name of collaborating agency

- Hindalco Industries Limited,
- Integrated Child Development Department, Panvel

Date. 08.03. 2022

Time. 10.00 am to 1.00.pm

Name of the Faculty Mrs. Vandana Kumbhar- Associate professor

Students Participating. 4th year B.Sc. Nursing (17 Students)

Schedule of activities

S.No	Time	Activity	Name of the students
1	11.00 am- 11. 05 am	Introduction of the Theme	Mrs. Vandana Kumbhar
2	11.05 am- 11. 30am	Role play on Gender equality for sustainable tomorrow	4th year BSc (N)
3	11.30am -12.30 pm	Self Defense Session	1. Ms. Deepa Verghese 2. Ms. Priyanka Rathod 3. Mr. Rahul Kharkhele

Signature of Organizer

Signature of Director

PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref.No:MGMNBCON/Ext.Act/ /03/2022

Date: 07/03/2022

CIRCULAR

International Women Day 2022 will be observed on 09.03.2022 at Primary Health Center, Nere by MGM New Bombay College of Nursing, Kamothe Navi Mumbai in collaboration with MGM Medical College and Primary Health Center Nere

Signature of Organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

4/3/2022

Signature of Director

Tel. No.: 022- 27430141/ 0215/ 0213 | E-mail: principal@mgmudn-nm.edu.in | Website: www.mgmudn-nm.edu.in

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

International Women's Day Celebration (Academic Year 2021-22)
Activity Plan

Theme: Gender equality for sustainable tomorrow

Venue. Primary Health Center Nere

Name of the organizing agency: MGM New Bombay College of Nursing, Kamothe

Name of collaborating agency

- MGM Medical College
- Primary Health Center Nere

Date:- 09.03. 2022 **Time**:- 01.00 pm to 3.00.pm

Name of the Faculty Mrs. Vandana Kumbhar- Associate professor
Dr. Ashlesh Tawde – Assistant professor

Students Participating. 4th year B.Sc Nursing (17 Students)

Schedule of activities

S.No	Time	Activity	Name of the Participants
1	01.00 Pm - 01. 05 Pm	Introduction of the Theme	Dr. Ashlesh Tawde
2	01.05 Pm – 01. 30 Pm	Role play on Gender equality for sustainable tomorrow	4th year B.Sc (N)
3	01.30 Pm – 02.30 Pm	Symposium on Building a Sustainable Future for Women	• Dr. Ashlesh Tawde : Modrator • Dr. Achala patil: Speaker • Dr. Vandana Kumbhar: Speaker • Dr. Madhavi Mankar : Speaker • Ms. Shradha Pawar: Speaker • Ms. Rupali Gujar : Speaker

Signature of Organizer

4/3/2022
Signature of Director
PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209

Report of Activity

Date : 08/03/2022 Duration: one day

Name of activity : International Womens Day

Collaborating agency: Integrated Child Development Department, Panvel ,Hindalco Industries Ltd

Venue : SamajMandirWavanje

Organizing Institute :MGM New Bombay College of Nursing, Kamothe.

Theme : Gender equality for sustainable tomorrow

No of Teachers Participated :01

No of Students Participated : 13

No. Beneficiaries :350 Anganwadi workers and village women

Brief of the Activity.

MGM New Bombay College of nursingobserved International Women's Day 2022 on 08.03.2022 at SamajMandirWavanjein collaboration with Integrated Child Development Department, Panvel &Hindalco Industries Ltd. Ms. Vandana kumbhardelivered speech as a guest speaker followed byMGM New Bombay College of Nursingstudents performed role play on Gender equality for sustainable tomorrow later students conducted workshop on self-defense as well other collaborating agencies conducted health checkup camp including blood investigations like hemoglobin estimation and HIV testing . 350 women were benefited out of activity includingAnganwadi workers of ICDS Department Panvel Block -2

List of students participated : Yes

1. List of Teachers Participated : Yes
2. Photos

:

Signature of Organizer
Date:

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Director

MGM New Bombay College of Nursing
Kamothe,
Navi Mumbai
410209

Navi Mumbai, Maharashtra, India
Google

हिंडाल्को इंडस्ट्रिज लि., तळोजा

Navi Mumbai, Maharashtra, India
35Q2+3F9, Wavanje, Taloja, Navi Mumbai, Maharashtra 410208, India
Lat 19.087674°
Long 73.151247°
08/03/22 01:43 PM
Google

हिंडाल्को इंडस्ट्रिज लि., तळोजा

New Bombay College of Nursing
Kamothe,
Navi Mumbai
410209
MGM

Sr.no	Name of the faculty
	Ms. Vandana kumbhar

Name of the students participated 4th year Bsc. N.

Sr. no	Name	Signature
1.	Ms. Sonam Aglave	
2.	Ms. Alphonsa Joseph	
3.	Ms. Ancy S Varghese	
4.	Ms. Anju Paul	
5.	Ms. Anju Thomas	
6.	Ms. Ansa Roy	
7.	Ms.Ashly Thomas	
8.	Ms.Namita Barate	
9.	Ms.Chanchal Bhujbal	
10.	Ms.Biradar Sapna S	
11.	Ms. Ceyona Ann James	
12.	Mr. Dabhade Tirupati	
13.	Ms.Deepa Varughese Chacko	

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410209

World No Tobacco Day

MGM MEDICAL COLLEGE
Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date: 25.02.2022

To,
The Dean,
MGM Medical College,
Kamothe, Navi Mumbai.

Subject : World NO Tobacco Day celebration (09.03.2022)

Respected Sir,

Hereby requesting for permission to organise "No Tobacco" awareness campaign as part of "World No Tobacco day" on 09.03.2022 (Wednesday) from 10-12pm at MGM hospital, Kalamboli.

Thanking you.
Yours sincerely.

Dr. Pradeep Sawardekar
Program Officer
NSS Unit

Dean.
M.G.M. Medic. & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE

NSS UNIT

Say no to tobacco

09.03.2022

MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date:09.03.2022

To,

The Dean,

MGM Medical College,

Kamothe, Navi Mumbai.

Respected Sir,

Hereby submitting the report of 'no tobacco' awareness campaign held on 09/03/2022 (Wednesday) at MGM Hospital for women and children Kalamboli.

Thanking you.

Yours sincerely.

Dr. Pradeep Sawardekar

Program Officer

NSS Unit

MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

REPORT OF AWARENESS CAMPAIGN ON

NO TOBACCO

Date: 09.03.2022

Time: 2:30 -4:30 pm

Agenda: To create awareness regarding deleterious effects of tobacco among the general population.

The awareness campaign on 'say no to tobacco' was organized

on 09.03.2022 from 2:30 to 4:30 pm in the MGM Hospital for women and children Kalamboli.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.

PROGRAMME SCHEDULE

DR. PRADEEP SAWAREDKAR	Introduction to no Tobacco day
DR. AANCHAL MITTAL	Talk on the harmful effects
DR. RACHIT PAHWA	Myths of tobacco usage
DR. PRERNA VEER	Steps to quit tobacco
DR. JEEVAN URANKAR	Vote of thanks

About the campaign

The event was held under the leadership of **Dr. Pradeep Sawardekar**.

Transportation was organized and all the necessary arrangements were made at the venue.

The campaign was organized for the general population for making them aware of the harmful effects of tobacco and its related products.

Every year on the second Wednesday of March, **No Smoking Day** is

observed. It falls on March 9 this year.

Even though we all know that smoking is bad for our health, quitting the habit appears to be a difficult task.

The goal of No Smoking Day is to raise public awareness about the dangers and consequences of smoking, as well as to assist smokers in quitting.

"Quitting smoking doesn't have to be stressful" is this year's theme.

World No Tobacco Day is observed around the world every year on 31 May.

This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what WHO is doing to fight the tobacco epidemic, and what people around the world can do to claim their right to health and healthy living and to protect future generations.

OBJECTIVE of celebrating No Tobacco Event is to reduce tobacco consumption which can lead to deadly diseases like cancer and early death.

Dr. Pradeep Sawardekar

(Program Officer,NSS Unit, Mgmmc, Kamothe)

started the programme by welcoming and introducing the audience with the agenda of the campaign and by introducing with the NSS team.

- He gave a brief idea about the tobacco usage in our country and made the audience aware about the various measures that government of India and doctors are taking in order to help people to quit smoking.
- He also highlighted about the various deleterious components that are contained in a cigarette.

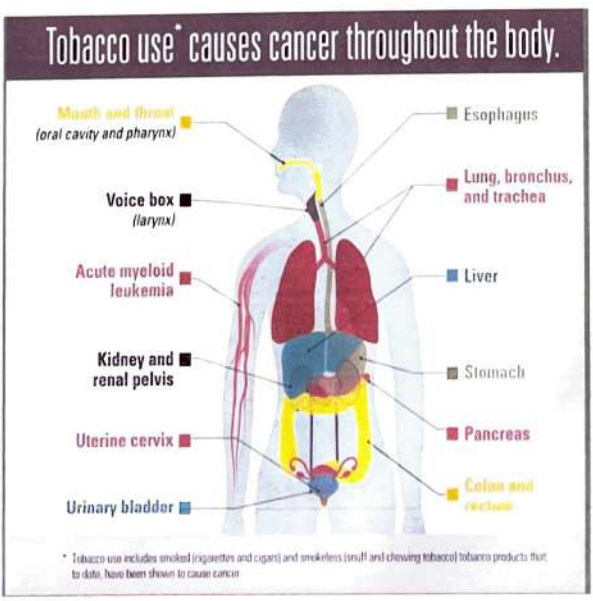
Dr. Aanchal Mittal (Intern)

Gave the presentation on the world no tobacco day and following sub topics were covered.

A) Hazards of tobacco

Some of them are

1. **Carcinogenic Effects** - lung cancer, oral cancer, liver cancer, larynx, pharynx, and urinary bladder



2. Body reactions
3.Breathing reactions
4.Toxicities
5.Short term effects – vomiting, nausea, stomach cramps, and diarrhea.
6.Long term effects- abnormal thyroid functions, chest pain, kidney abnormalities.
7.Cardiovascular hazards

They were told about some of the precancerous lesions and steps they can take in order to treat and prevent cancer.

B) <u>Tobacco consumption pattern</u>

C) <u>Steps to quit tobacco</u>

D)<u>Certain myths about smoking</u>

Myths

Dr. Rachit Pahwa, (intern), addressed the audience on no tobacco day and highlighted the following

1. Elaborated on the myths.
2. Made the audience aware about the precancerous lesions and told them when to seek the doctors.

Dr. Prerna Veer (intern), made the audience aware about the various steps that they can take to quit tobacco -

1. Drink lots of water and fluids.
2. Stay away from alcohol, sugar and coffee and avoid fatty foods.
3. After dinner, instead of a cigarette, treat yourself to a cup of mint tea.
4. Go to a gym and jog around or in a park for to change your normal routine.
5. Ask friends and family member s not to smoke in your presence.

Mr. Jeevan Urankar, (Male Assistant Program Officer),

motivated the audience and concluded the event with the vote of thanks speech.

NSS UNIT TEAM

Department of **Community Medicine** and **Obstetrics and Gynaecology** gave full support for the success of the programme.

Dr Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa took immense efforts for the success of the programme.

	MALES	FEMALES	TOTAL
STAFF	2	2	4
STUDENTS	1	2	3
BENEFICIARIES	14	9	23

Dr Pradeep Sawardekar
Program officer
NSS Unit
MGM MEDICAL COLLEGE

Dr. G.S Narshetty
Chairman
NSS Unit
MGM MEDICAL COLLEGE

SR. NO.	LIST OF PARTICIPANTS	DESIGNATION
1.	Dr. Pradeep Sawardekar	Program Officer, NSS Unit , Mgmmc
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Dr. Jeevan Urankar	Assistant male programme officer
4.	Mrs. Rupali Gujar	Assistant female programme officer
5.	Dr. Prerna Veer	Intern
6.	Dr. Aanchal Mittal	Intern
7.	Dr. Rachit Pahwa	Intern
8.	Mr Jayvir	Patient relative
9.	Mr Manoj	Patient relative
10.	Mr Nandkishor	Patient relative
11.	Mr Mahesh	Patient relative
12.	Mr Ambedkar	Patient relative
13.	Mr Kishan	Patient relative
14.	Mr Deepak	Patient relative
15.	Mr Sunil	Patient relative
16.	Mr Chandrakant	Patient relative
17.	Mr Puroshttam	Patient relative
18.	Mr Shyamshandhya	Patient relative
19.	Mr Kamlesh	Patient relative
20.	Mr Hamid	Patient relative
21.	Mr Balaram takle	Patient relative
22.	Mrs Pushpa	Patient relative
23.	Mrs Meera Devi	Patient relative
24.	Mrs Manisha	Patient relative
25.	Mrs Baghi S.	Patient relative
26.	Mrs Jahana Khatum	Patient relative
27.	Mrs Heerabai	Patient relative
28.	Mrs Radhi	Patient relative
29.	Mrs Laxmi Amedkar	Patient relative
30.	Mrs Nami	Patient relative

MGM
MEDICALCOLLEGE
Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT

TO
THE DEAN
MGM MEDICAL COLLEGE
NAVI MUMBAI

DATE : Friday, 3rd June 2022

SUBJECT :- REPORT OF IEC ACTIVITY:WORLD NO TOBACCO DAY

RESPECTED SIR,

Hereby submitting the report of IEC Activity conducted on the topic World No Tobacco Day, held on Friday,03/06/2022 from 10.30 a.m – 12.30 pm at MGM Hospital, Kalamboli.

Thanking you.

Yours Sincerely

Dr. Pradeep N. Sawardekar
NSS SECRETARY &
PROGRAM HEAD
MGM MEDICAL COLLEGE

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM
MEDICALCOLLEGE
Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT
REPORT OF WORLD NO TOBACCO DAY

Date: Friday, 03.06.2022
Time: 10.30 a.m-12.30 pm

The IEC Activity conducted on the topic World No Tobacco Day was organized on Friday 03.06.2022 from 10.30 a.m-12.30 p.m in MGM Hospital,Kalamboli.
World No Tobacco Day is celebrated on 31st May every year to create awareness about the ill effects of tobacco among people.
The theme for 2022 is **"Tobacco is killing us and our planet"**

The following points were covered in the event :

- Tobacco kills over 8 million people every year and destroys our environment, further harming human health.
- Tobacco smoke contributes to higher air pollution levels and contains three kinds of greenhouse gases.
- Passive smoking increases the risk of respiratory illnesses in children, including asthma, bronchitis and pneumonia.
- People consuming tobacco are at a higher risk of developing oral mucosal lesions and lung cancer.
- Stopping smoking will not only make the person healthier, but will also improve the health of their partner, children or other household members.

Program Schedule:

Sr No.	Faculty	Theme
1	Dr. Pradeep Sawardekar (Programme Officer, MGMMC, Kamothe)	Introduction on World No Tobacco Day and the main agenda of celebration of the event
2	Dr. Rajasi Sabharwal (Intern)	Talk on World No Tobacco Day
3	Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe)	Explained the ill – effects of tobacco on people and on the environment
4	Mrs. Rupali Gujjar (APO-F, MGMMC, Kamothe)	Talk on Prevention and Control of tobacco

Dr. Pradeep Sawardekar intoducing the theme "World No Tobaaco Day" and explaining the essence of the event:

Talk on "World No Tobacco Day" given by Dr. Rajasi Sabharwal:

Mr. Jeevan Urankar explaining the ill – effects of tobacco on people and on the environment :

The program was attended by:

Sr.No.	Name	Designation
1.	Dr. Pradeep Sawardekar	Programme Officer, MGMMC, Kamothe
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Mrs. Rupali Gujjar	APO-F, MGMMC, Kamothe
4.	Mr. Jeevan Urankar	APO-M, MGMMC, Kamothe
5.	Dr. Rajasi Sabharwal	Intern
6.	Dr. Hrithik Yadav	Intern
7.	Dr. UpasanaDahiya	Intern

Sr.No.	Name of Beneficiary	Age	Gender	Mobile No.
1.	Praveen Patil	32	M	9594283450
2.	Yogender Singh	28	M	7678059654
3.	Suresh Nighukar	42	M	8976121352
4.	Vanita Ram Jadhav	43	F	
5.	Tai Kundlu Pawar	50	F	
6.	Dhiraj Bhair	28	M	7506179234
7.	Harshali Vijay Pawar	28	F	7039771636
8.	Meena Sonawane	35	F	7039771636
9.	Deepawali Salve	40	F	
10.	Vimal Atrraram Patil	40	F	
11.	Vaishali Kishor Raut	40	F	
12.	Prema Prabhakar Patil	61	F	
13.	Jana Bai Datta	62	F	

The program was a grand success due to the immense efforts of Department of Community Medicine and Department of Obstetrics & Gynaecology.

Dr. Rajasi Sabharwal, Dr. Hrithik Yadav and Dr. Upasana Dahiya have made great efforts to make this program a massive success.

Sincere thanks to Dr. G.S Narshetty (Dean, MGM Medical College) for all the valuable support.

	Male	Female	Total
Faculty	3	4	7
Beneficiaries	4	9	13

Dr. Pradeep N. Sawardekar
NSS SECRETARY &
PROGRAM HEAD
MGM MEDICAL COLLEGE

World No Tobacco Day

Dr. G.S Narshetty
Dean &
MGM Medical College

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

NSS Program
MGM Medical
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

National Vaccination Day Celebration

MGM MEDICAL COLLEGE

NSS UNIT

NATIONAL VACCINATION DAY

17.03.2022

MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date:17.03.2022

To,

The Dean,

MGM Medical College,

Kamothe, Navi Mumbai.

Respected Sir,

Hereby submitting the report of 'NATIONAL VACCINATION DAY CELEBRATION held on 17/03/2022 (Wednesday) at MGM Hospital for women and children Kalamboli.

Thanking you.

Yours sincerely.

Dr. Pradeep Sawardekar

Program Officer,

NSS Unit.

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean.
M.G.M Medical College & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

REPORT OF CELEBRATION ON

NATIONAL VACCINATION DAY CELEBRATION

Date: 17.03.2022

Time: 2:30 -4:30 pm

Agenda: To create awareness regarding IMPORTANCE OF IMMUNISATION AMONG GENERAL PUBLIC.

NATIONAL VACCINATION DAY was organized on 17.03.2022 from 2:30 to 4:30 pm in the MGM Hospital for women and children Kalamboli.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.

PROGRAMME SCHEDULE

DR. JEEVAN URANKAR	Introduction to vaccination day celebration
DR. PRERNA VEER	Talked about the national immunization schedule.
DR. AANCHAL MITTAL	Myths against vaccination
DR. RACHIT PAHWA	Motivated to take vaccination
DR. KEDAR MEHTA	Talked about Government initiative to promote immunization
DR. PRADEEP SAWAREDKAR	Mission indradhanush and Vote of thanks

About the Event:

The event was held under the leadership of **Dr. Pradeep Sawardekar**.

Transportation was organized and all the necessary arrangements were made at the venue.

The campaign was organized for the general population for making them aware of the importance of vaccination.

About Vaccination Day:

National Vaccination Day is observed every year on March 16 to convey the significance of vaccination as well as its role in public health. National Vaccination Day 2022 creates awareness and sends the message that how vaccination or immunization is the most effective way of preventing highly infectious diseases.

National Immunization Day also marks India's victory against Polio disease. Notably, the impact of vaccination is not only limited to improving health or life expectancy, it also has a social or economic impact at the community and the National level.

NATIONAL VACCINATION DAY THEME 2022:

The theme of National Vaccination Day 2022 is '**Vaccines Work for all'.** Theme highlights how vaccines work for all and save lives all around the world.

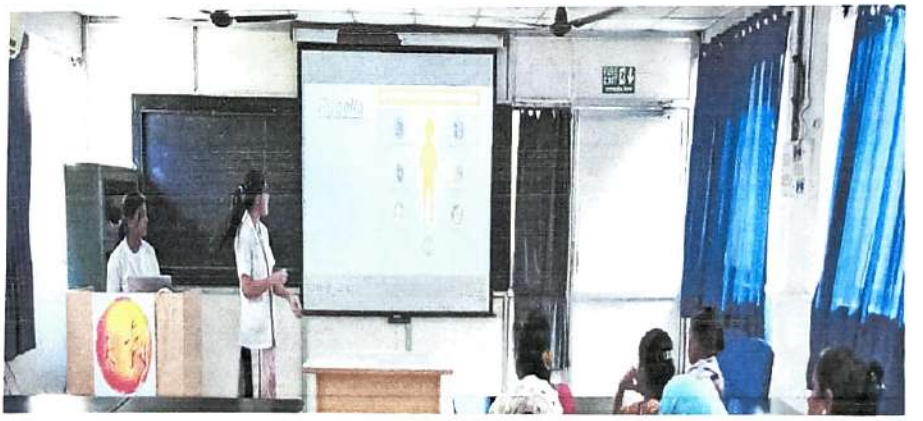
Mr. Jeevan Urankar, (Male Assistant Program Officer),

Started the programme by welcoming and introducing the audience with the agenda of the event and by introducing with the NSS team.

- He gave a brief idea about the importance of vaccination in a developing country like ours.

Dr. Prerna Veer (Intern)

Gave the presentation on the nation vaccination day and following sub topics were covered.



A) Definition and types of immunization

i.e.

1. **Active immunization**
2. **Passive immunization**

Mechanisms of Acquisition of Immunity		
	Natural acquired	Artificial acquired
Passive	Immunity acquired from antibodies passed in breast milk or through placenta	Immunity gained through antibodies harvested from another person or an animal
Active	Immunity gained through illness and recovery	Immunity acquired through a vaccine

B) National immunization schedule

Vaccine	When to give	Dose	Route
BCG	At birth or as early as possible till one year of age	0.1ml (0.05ml until 1 month of age)	Intra -dermal
Hepatitis B Birth dose	At birth or as early as possible within 24 hours	0.5 ml	Intramuscular
OPV Birth dose	At birth or as early as possible within the first 15 days	2 drops	Oral
OPV 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	2 drops	Oral
IPV (inactivated Polio Vaccine)	14 weeks	0.5 ml	Intramuscular
Pentavelant 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	0.5 ml	Intramuscular
Rota Virus Vaccine	At 6 weeks, 10 weeks & 14 weeks	5 drops	Oral

Measles and rubella 1st Dose MR-1	9 completed months-12 months. (give up to 5 years if not received at 9-12 months age)	0.5 ml	Subcutaneous
Vitamin A, 1st Dose	At 9 months with measles	1 ml (1 lakh IU)	Oral
DPT 1st booster	16-24 months	0.5 ml	Intramuscular
OPV Booster	16-24 months	2 drops	Oral
Measles and rubella 2nd dose MR-2	16-24 Months	0.5 ml	Subcutaneous
Vitamin A (2nd to 9th dose)	16 months with DPT/OPV booster, then, one dose every 6 month up to the age of 5 years)	2 ml (2 lakh IU)	Oral
DPT 2nd Booster	5-6 years	0.5 ml.	Intramuscular
TT	10 years & 16 years	0.5 ml	Intramuscular

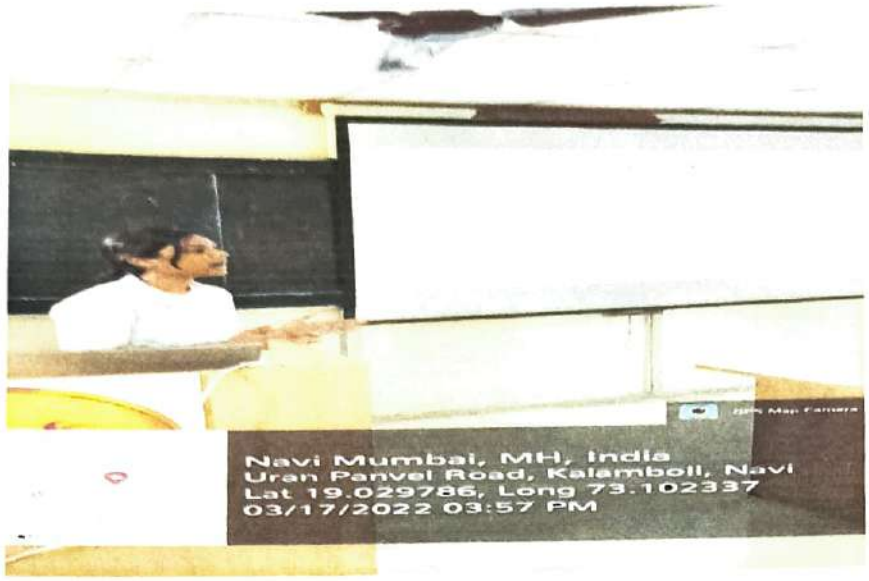
In Pregnant Female:

Td 1	Early in pregnancy
Td 2	4 weeks after Td1
Td booster	If received Td 2 doses in last pregnancy within last 3 years.

C) **If a dose is missed what next?**

D) **If not a single dose taken what next?**

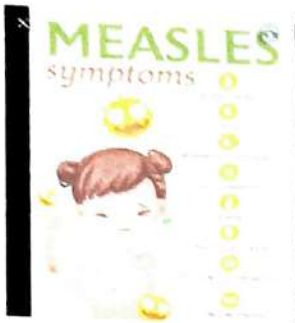
Dr. Aanchal Mittal(intern), talked about the various myths which general population has about vaccination.



MYTHS:

1. Vaccines are not safe.
2. Giving a child more than one vaccine at a time could increase the risk of harmful side effects and could overload the child's immune system.
3. Diseases will not spread if we just ensure proper hygiene and sanitation
4. Vaccine-preventable childhood illnesses are just an unfortunate fact of life.
5. It is better to be immunized through disease than through vaccines.
6. Vaccination is partly responsible for the global increase in cancer case

Dr. RachitPahwa, (intern), addressed the audience and motivated them to take the vaccine by telling audience about various diseases. Some of them are as follows.



DIPHTHERIA

PERTUSSIS

Dr. Kedar Mehta (Associate Professor , Community Medicine, GMERS Medical College Baroda)

- Gave his valuable time motivating the audience about immunization importance.
- Also enlightened the audience about how expensive is these vaccines which in private sector which government is providing for free in PHC's and also in their nearby anganwadis so don't miss it.

Dr. Pradeep Sawardekar

(Program Officer,NSS Unit, Mgmmc, Kamothe)

He told the audience about mission indradhanush under the immunization program which previously included 7 vaccines as of seven colors of rainbow.

But now we have intensified mission indradhanush which tackles 12 diseases in total.

In the end he concluded the event with the vote of thanks speech.

NSS UNIT TEAM

Department of **Community Medicine** and **Obstetrics and Gynaecology** gave full support for the success of the programme.

Dr.Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa took immense efforts for the success of the programme.

	MALES	FEMALES	TOTAL
STAFF	2	2	4
STUDENTS	1	2	3
BENEFICIARIES	0	16	16

DrPradeepSawardekar

Programofficer

NSS Unit

MGMMEDICALCOLLEGE

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dr. G.SNarshetty

Chairman

NSSUnit

MGMMEDICALCOLLEGE

M.G.M Medical College & Hospital
Kamothe, Navi Mumbai - 410209

SR. NO.	LIST OF PARTICIPANTS	DESIGNATION
1.	Dr. Pradeep Sawardekar	Program Officer, NSS Unit , Mgmmc
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Mr. JeevanUrankar	Assistant male programme officer
4.	Mrs. RupaliGujar	Assistant female programme officer
5.	Dr. kedar Mehta	Special guest
5.	Dr. Prerna Veer	Intern
6.	Dr. Aanchal Mittal	Intern
7.	Dr. RachitPahwa	Intern
8.	MrsSushma	Patient relative
9.	MrsSangeeta	Patient relative
10.	Mrs Fatima	Patient relative
11.	MrsIndu	Patient relative
12.	MrsKamlesh	Patient relative
13.	MrsRumeela	Patient relative
14.	MrsPappidevi	Patient relative
15.	MrsPushpa	Patient relative
16.	MrsMeera Devi	Patient relative
17.	MrsManisha	Patient relative
18.	MrsBaghi S.	Patient relative
19.	MrsJahanaKhatum	Patient relative
20.	MrsHeerabai	Patient relative
21.	MrsRadhi	Patient relative
22.	MrsLaxmiAmedkar	Patient relative
23.	MrsBhartisangole	Patient relative

MGM MEDICAL COLLEGE, NAVI MUMBAI

NSS UNIT

NATIONAL VACCINATION DAY

17.03.2022

MGM MEDICAL COLLEGE, NAVI MUMBAI

NSS UNIT

To,

The Dean,

MGM Medical

College, Navi

Mumbai

Subject: National Vaccination day celebration.

Respected Sir,

Hereby submitting you report of National vaccination day celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 17.03.2022 at MGM hospital for women and children, Kalamboli.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT

MGM Medical College,

Navi Mumbai.

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean.

M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

NSS UNIT

SUBJECT: NATIONAL IMMUNIZATION DAY CELEBRATION

After taking prior permission from Dean sir, National immunization day was organized by the NSS unit of MGM Medical College.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr.**Pradeep Sawardekar**, program officer, NSS unit, MGM Medical college.

About ImmunizationDay:

National Vaccination Day is observed every year on March 16 to convey the significance of vaccination as well as its role in public health. National Vaccination Day 2022 creates awareness and sends the message that how vaccination or immunization is the most effective way of preventing highly infectious diseases.

National Immunization Day also marks India's victory against Polio disease. Notably, the impact of vaccination is not only limited to improving health or life expectancy, it also has a social or economic impact at the community and the National level.

NATIONAL IMMUNIZATION DAY THEME 2022:

The theme of National Vaccination Day 2022 is **'Vaccines Work for all'.**
Theme highlights how vaccines work for all and save lives all around the world.

VACCINATION CAMP, KALAMBOLI

The parents were made aware of the advantages that vaccine would bring to their children and prevent them from various deadly diseases.

Vaccination camp was organized to provide various vaccines which are the part of our national immunization schedule.

National Immunization Schedule

Vaccine	When to give	Dose	Route
BCG	At birth or as early as possible till one year of age	0.1ml (0.05ml until 1 month of age)	Intra -dermal
Hepatitis B Birth dose	At birth or as early as possible within 24 hours	0.5 ml	Intramuscular
OPV Birth dose	At birth or as early as possible within the first 15 days	2 drops	Oral
OPV 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	2 drops	Oral
IPV (inactivated Polio Vaccine)	14 weeks	0.5 ml	Intramuscular
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Measles and rubella 1st Dose MR-1	9 completed months-12 months. (give up to 5 years if not received at 9-12 months age)	0.5 ml	Subcutaneous
Vitamin A, 1st Dose	At 9 months with measles	1 ml (1 lakh IU)	Oral
DPT 1st booster	16-24 months	0.5 ml	Intramuscular

OPV Booster	16-24 months	2 drops	Oral
Measles and rubella 2nd dose MR-2	16-24 Months	0.5 ml	Subcutaneous
Vitamin A (2nd to 9th dose)	16 months with DPT/OPV booster, then, one dose every 6 month up to the age of 5 years)	2 ml (2 lakh IU)	Oral
DPT 2nd Booster	5-6 years	0.5 ml.	Intramuscular
TT	10 years & 16 years	0.5 ml	Intramuscular

In Pregnant Female:

Td 1	Early in pregnancy
Td 2	4 weeks after Td1
Td booster	If received Td 2 doses in last pregnancy within last 3 years.

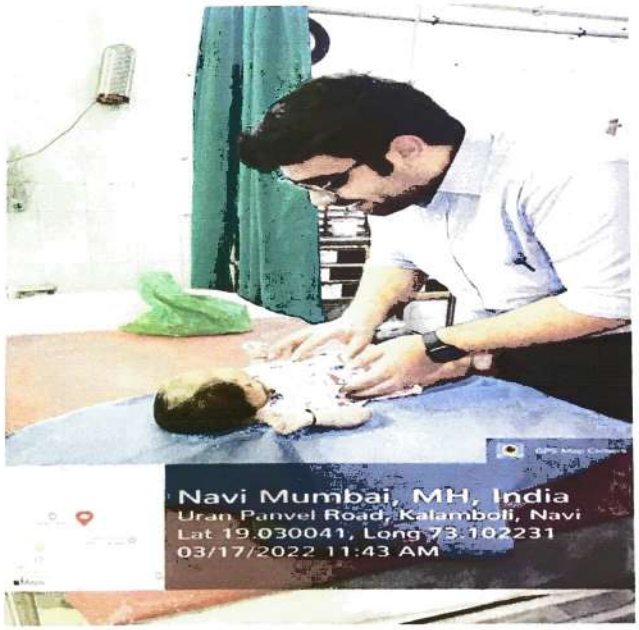
The parents were also made aware of the post vaccination adverse drug reactions and they were made assure that mild reactions like mild fever, mild rash can occur.

The doctors nurses and the MGM staff gave the immense support and made the event successful as a result of which 25 children were benefitted, 13 males and 12 females.

- **Few Glimpses From The Vaccination Camp:**

- **TT** Injection given to Mr. **Saksham Patil** (Patient).

- **DPT, Hep B, OPV** vaccine given to master **Ansh Gaikwad**(patient).



BENEFICIARIES:

VACCINE	MALE	FEMALE
BCG	8	8
OPV	10	10
HEP B	8	8
DPT	2	1
MMR	0	1
TYPHOID	0	0
HIB	0	1
HEP A	0	1
ROTA	0	1
VARICELLA	0	0
IPV	2	1
TT	2	1

(**Dr.Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa** took immense efforts for the success of the event.)

Dean.
M.G.M Medic ege & Hospital
Kamothe, Navi Mumbai - 410209

Dr. **Pradeep Sawardekar**
Program Officer, NSS UNIT
MGM Medical College,
Navi Mumbai.

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

World Autism Awareness Day

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Notice	Rev. No.	
		Date	01/01/2019
		Page	Page 1 of 2

Date: 5th march 2022

This is to inform all the final students, interns, post graduate students and staff that Department of Neurophysiotherapy is organizing an awareness seminar "Autism – A physiotherapy Perspective" on the occasion of World Autism Awareness Day on 4th April 2022.

Venue: 'C' building, MGM school of physiotherapy Aurangabad

Coordinator- Dr. Pallavi Palaskar

IQAC Coordinator
IQAC Coordinator
MGM School of Physiotherapy
Aurangabad

Principal
Director
MGM School of Physiotherapy
Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
		Date	16/09/2021
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College /Regional/ State/ National/ International.

World Autism Awareness Day celebration on 4th April 2022.

2	**Background/Introduction** - Need/ reasons for holding the program. Name of Association /Collaboration etc.

To create awareness about Autism and the role of the Rehabilitation team (PT. OT, SLP, Psychologist, Special educator) among the students.

3	**Venue** -

Second year classroom, first floor, C building, MGM School of Physiotherapy, Aurangabad.

4	**Sponsors** - Name & Details

MGM School of Physiotherapy, Aurangabad

5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc……

Inauguration speech was given by Miss. Kimaya Patil & Miss. Siddhi Borana by addressing the audience about the autism and the reason for celebration on 4th April worldwide. Dr. Anjali Banglore was the speaker for this event. Dr Anjali spoke on the topic "Autism – A physiotherapy Perspective" and gave beautiful insights on this topic.

6	**Speakers/ Judges/ Chairman/Panel Team** - Brief Introduction with their achievements.

Dr. Anjali Bangalore is a Pediatrician & developmental neurologist at ICON Hospital, Consultant in Child psychology, IAP Master Trainer for Poor School Performance Program.

MGM School of Physiotherapy Aurangabad

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.

50 students participated in the program

8	**Prize Distribution etc-** Brief Summary of the Proceeding.

Nil

9	**Valedictory Ceremony -** Brief of the proceeding including chief guest etc. and who conducted it.

Vote of thanks was given by Miss Ishani Prasade

10	**Highlights of the Event -** Brief about the main highlight(s) of the event.

All The Final Year, Interns & Post Graduate Students Participated and Gained Awareness on Autism Through This Event.

Report Prepared on- 7th April 2022

Report Prepared by- Dr. Sherin Paulose

Designation/ Dept- Assistant Professor, MGM School of Physiotherapy, Aurangabad

Signature

Organizing Chairman/ Secretary

School of Physiotherapy Aurangabad MGM

Signature

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

	MGM's SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP /SCM-S/IQAC
		Issue No.	1
	ATTENDANCE SHEET	Rev. No.	
		Date	4 April 2022
		Page	Page 1 of 1

Name of Event- World Autism Day

Year: 2022

Topic- Autism: Physiotherapy Perspective

Name of the Staff:- Dr. Pallavi Palaskar

Sr No	Name of Student	Signature
1	Harshal Rajput	
2	Harsha Wadhwani	
3	Tanvi Nathani	
4	Shreya Sitap	
5	Unnati Badjate	
6	Priyanka Tripathi	
7	Swamini Bhoir	
8	Kavina Chaudhary	
9	Aayushi Panchal	
10	Sejal Adhikari	
11	Sakshi Kade	
12	Anushka Mahadik	
13	Seham Sawant	
14	Riya Bhamshah	
15	Priya Bote	
16	Vidhi Nair	
17	Zuby Saman	
18	Talah Quazi	
19	Shreya Kulkarni	
20	Aishwarya Patil	
21	Arisha Khusro	

MGM's School of Physiotherapy Aurangabad

Sr No	Name of Student	Signature
22	Anushka Rane	
23	Snehal Salve	
24	Poojashri Gounder	
25	Syeda Tuba	
26	Rohit kshirsagar	
27	prashant kadam	
28	Neha Jauk	
29	Shivani patil	
30	Bhakti Lodha	
31	Samiksha Dixit	
32	Deepti Tale	
33	Prachurya Bumb	
34	Aditi Joshi	
35	Vedeshree Kolharkar	
36	Tejasvi Dhatinge	
37	Ruchа Angre	
38	Vaishnavi Shimpi	
39	Snehal Pawar	
40	Neha Malekar	
41	Sakshi Ahuja	
42	Darshana Chachra	
43	Akanksha Jadhav	
44	Yashashree Ghatge	
45	Nandini Thorat	
46	Deepali Mapari	
47	Radhika Vaghmare	
48	Eesha Huddhar	
49	Prajakta Dak	
50	Ojaswi Dhumal	

MGM School of Physiotherapy Aurangabad

Director
MGM School of Physiotherapy
Aurangabad

MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON/02/04/2022 Date: - 05.04.2022

To,
The Medical Officer,
Primary Health Centre,
Nere, Panvel.

Subject: Observing World Health Day 2022

Dear Sir,

MGM New Bombay College of Nursing, would like to Observing World Health Day 2022 at Primary Health Centre, Nere. We would be grateful if you could grant permission for the same, details of the activities planned are as listed below. We assure you that the COVID -19 protocols will be followed during the activity.

Activity	Time	Venue
Mime play Theme- Global Wellbeing"	11.30 am -12.30 am	Primary Health Centre, Nere

Thanking you,

Yours truly,

Mrs. Vandana Kumbhar
Associate Professor

New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Dr. (Mrs.) Prabha K. Dasila
Professor & Director

National Health Day

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON/02/04/2022 Date: - 05.04.2022

CIRCULAR

MGM New Bombay College of Nursing, Kamothe Navi Mumbai is observing World Health Day 2022, Nere, on 7th April 2022 at 10.00 a.m at Primary Health Centre.

Mrs Vandana Kumbhar
Associate Professor
Organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Dr. (Mrs.) Prabha K. Dasila
Professor & Director

Tel. No.: 022- 27430141/ 0215/ 0213 | E-mail: principal@mgmudn-nm.edu.in | Website: www.mgmudn-nm.edu.in

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON/22/04/2022 Date: - 05.04.2022

World Health Day (Academic Year 2021-22)
Activity Plan

Theme: Our Planet Our Health

Venue: Primary Health Centre, Nere

Date: 07 .04.2022 **Time:** 10.30 am to 12.30 pm

Name of the Faculty

1. Mrs. Vandana Kumbhar - Associate professor
2.

Students participating: 4rd year B.Sc. Nursing (7 Students)

Schedule of activities

S.No	Time	Activity	Name of the students
1	10.30 am - 10.35 am	Introduction of the Theme	Ms. Eshwari Khamdhekar
2	10.35 am - 12.30 Pm	Mime play Theme- Global Wellbeing	1. Ms. Eshwari Khamdhekar 2. Ms. Shrinidhi Poojari 3. Ms. Rajlakshami Ajit 4. Ms. Chanchal Bhujal 5. Ms. Sonam Aglave 6. Ms. Deepa Varghese 7. Ms. Limiyamol

Sign of organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Director

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209

Report of Activity

Date : 07/04/2022 Duration: one day

Name of activity : World Health Day

Collaborating agency: Primary Health Center ,Nere

Venue : Primary Health Center ,Nere

Organizing Institute :MGM New Bombay College of Nursing, Kamothe.

Theme : Our Planet Our Health

No of Teachers Participated :01

No of Students Participated : 12

No. Beneficiaries : 100

Brief of the Activity.

MGM New Bombay College of nursing observed World Health Day Day 2022 on 07.04.2022 at Primary Health Center ,Nere in collaboration with I Primary Health Center ,Nere. MGM New Bombay College of Nursing students performed mime on Global Wellbeing also students conducted poster exibition on global wellbeing. 100 community people were benefited out of activity including PHC workers .

List of students participated : Yes

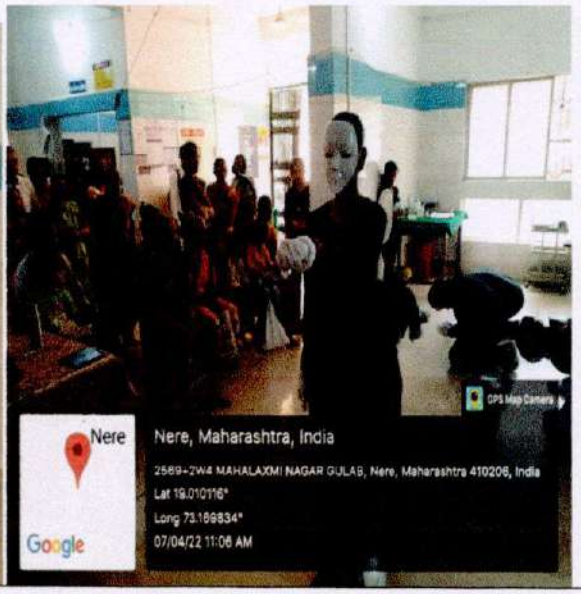
1. List of Teachers Participated : Yes
2. Photos :

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Organizer

Date:

Signature of Director



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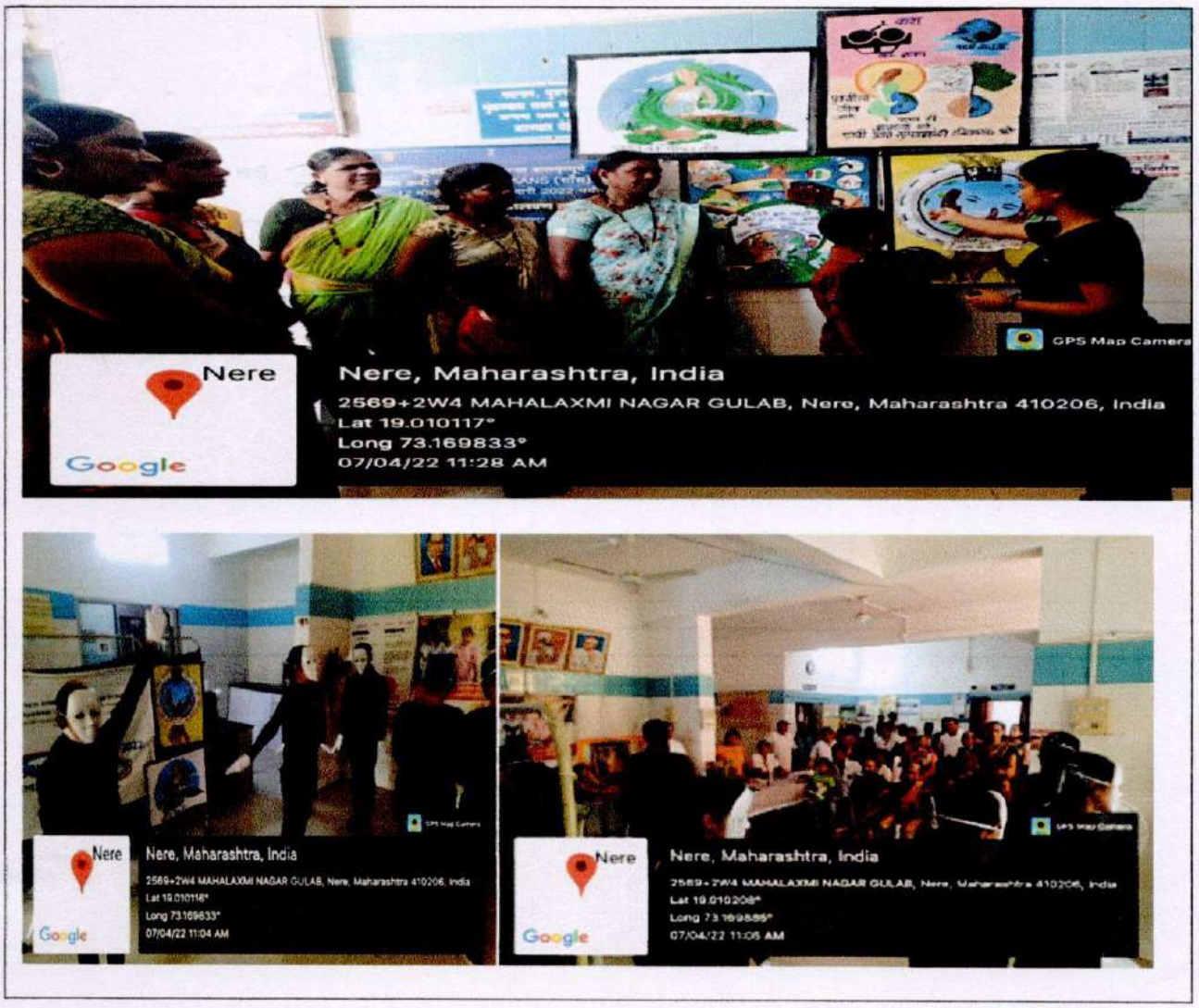
Kamothe, Navi Mumbai 410209



MGM New Bombay College of Nursing
Kamothe,
Navi Mumbai
410209

Sr.no	Name of the faculty
	Ms. Vandana kumbhar

Name of the students participated

4th YEAR Bsc. NURSING

SR.NO	NAME	Signature
1	Ms. Sonam Aglave	
2	Ms. Alphonsa Joseph	
3	Ms. Ancy S Varghese	
4	Ms. Anju Paul	
5	Ms. Anju Thomas	
6	Ms. Ansa Roy	
7	Ms.Ashly Thomas	
8	Ms.Namita Barate	
9	Ms.Chanchal Bhujbal	
10	Ms.Biradar Sapna S	
11	Ms. Ceyona Ann James	
12	Mr. Dabhade Tirupati	
13	Ms.Deepa Varughese Chacko	
14	Ms.Derlin Teena Thomas	
15	Mr. D. Eabinazer	
16	Mr. Swapnil R Ghuge	
17	Ms.Pragati N Ghutukade	
18	Ms.Punam M Gosavi	
19	Ms.Rupali R Gupta	
20	Ms.Leena R Hedau	
21	Ms.Jeena Thomas	
22	Ms.Jemy George Daniel	
23	Ms.Samiksha Sanjay Kadam	
24	Ms.Kallurilayil Mary Johney	
25	Ms.Priya Kelaskar	
26	Ms.Ishwari Khandekar	
27	Mr. Ruthik Kotkar	
28	Ms.Lini K Lalachan	
29	Ms.Lucose Priscilla Unni AS	
30	Ms.Maria Mathew	
31	Ms.Merin Jose Thottumkal	
32	Ms.Nisa Annie Manoj	
33	Ms.Harshada K Patil	
34	Ms.Prachi R Patil	
35	Ms.Shrinidhi Poojari	
36	Ms.Nandini Mohan Prajapati	
37	Ms.Priya Christin Daniel	

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38	Ms.Rajlekshmi Ajit	
39	Ms.Sakshi Rajpurkar	
40	Ms.Priyanka Rathod	
41	Mr. Renjith Ravindran	
42	Mr. Samir Alam	
43	Ms.Sharya Sonwani	
44	Ms.Snehal Gigimon	
45	Ms.Shweta Sonawane	
46	Mr. Amol Sardkhar	
47	Mr. Aniket Vyavahare	
48	Ms. Sayami Sanjay Satose	
49	Ms.Limiyamol L	

Director
MGM School of Physiotherapy
Aurangabad

WORLD AUTISM DAY

MGM School of Physiotherapy Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Notice	Rev. No.	
		Date	01/01/2019
		Page	Page 1 of 2

Date: 1st April 2022

This is to inform all first to Final Year BPT students on the occasion of **World Health Day** "Our Planet, Our Health" an Elocution competition is organized on 7th April 2022

Venue: 'C' building, MGM School of physiotherapy Aurangabad

Coordinator- Dr. Vaibhavi

IQAC Coordinator

IQAC Coordinator
MGM School of Physiotherapy
Aurangabad

Principal

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
		Date	16/09/2021
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College /Regional/ State/ National/ International.
	World health day on 7 April 2022
2	**Background/Introduction** - Need/ reasons for holding the prg. Name of Association /Collaoration etc.
	Elocution competition for First to Final Year BPT students on the occasion of world health day - our planet our health. To create attention on the interconnectedness between the planet and our health for students.
3	**Venue** -
	First year class, first floor, "C" building, MGM School of Physiotherapy, Aurangabad.
4	**Sponsors** - Name & Details
	MGM School of Physiotherapy, Aurangabad
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc.....
	Miss kankshi vetkar started the session by giving an opening remark.
6	**Speakers/ Judges/ Chairman/Panel Team** - Brief Introduction with their achievements.
	Respected Principal Dr Rinkle Malani Extended a token of welcome towards the judges Dr. Shrikant Mhase, Dr.Pallavi and Dr Sabih Khan

MGM School of Physiotherapy Aurangabad

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.

20 Students and 4 faculties participated in the program.

8	**Prize Distribution etc-** Brief Summary of the Proceeding.

9	**Valedictory Ceremony** - Brief of the proceeding including chief guest etc. and who conducted it.

vote of Thanks was delivered by Mr. Jeet

10	**Highlights of the Event** - Brief about the main highlight(s) of the event.

The session was ended by an interactive question and Answer Session.

Report Prepared on- 8th April 2022

Report Prepared by- Dr. Pooja Motar

Designation/ Dept- Assistant Professor, MGM school of physiotherapy Aurangabad

Signature

Organizing Chairman/ Secretary

Signature

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGM's SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP /SCM-S/IQAC
		Issue No.	1
		Rev. No.	
	ATTENDANCE SHEET	Date	7/4/2022
		Page	Page 1 of 1

Name of Event- World Health Day

Year: 2022

Topic- One Planet, our Health

Name of the Staff:- Dr. Vaibhavi

Sr No	Name of Student	Signature
1	Komal Bochare	Komal
2	Nida Syed	Nida
3	Aditi Zaware	Zaware
4	Anilesha	Abhi
5	Shutal Godbole	Shutal
6	Vaishnavi Gore	Gore
7	Geetika Gaikwad	G. Gaikwad
8	Ankita Kondke.	Ankita
9	Prachi Gawate	Prachi
10	Shaikh Hafsa	Hafsa
11	Nivedita Patil	Patil
12	Danish	Danish
13	Aimen Siddiqui	Aimen Siddiqui
14	Payal	Payal
15	Tazmin	Tazmin
16	Shradha Nogle	Shradha
17	Yogita	Yogita. P
18	Prajakta Taksale	Prajakta
19	Prathmesh Khedkar	Prathmesh
20	Heeral Lodhiya	Heeral
21	Dr. Pooja Motor	

MGM School of Physiotherapy Aurangabad

Sr No	Name of Student	Signature
22	Dr. Pallavi Palaskar	
23	Dr. Sabir Khan	
24	Dr. Shrikant Mhase	
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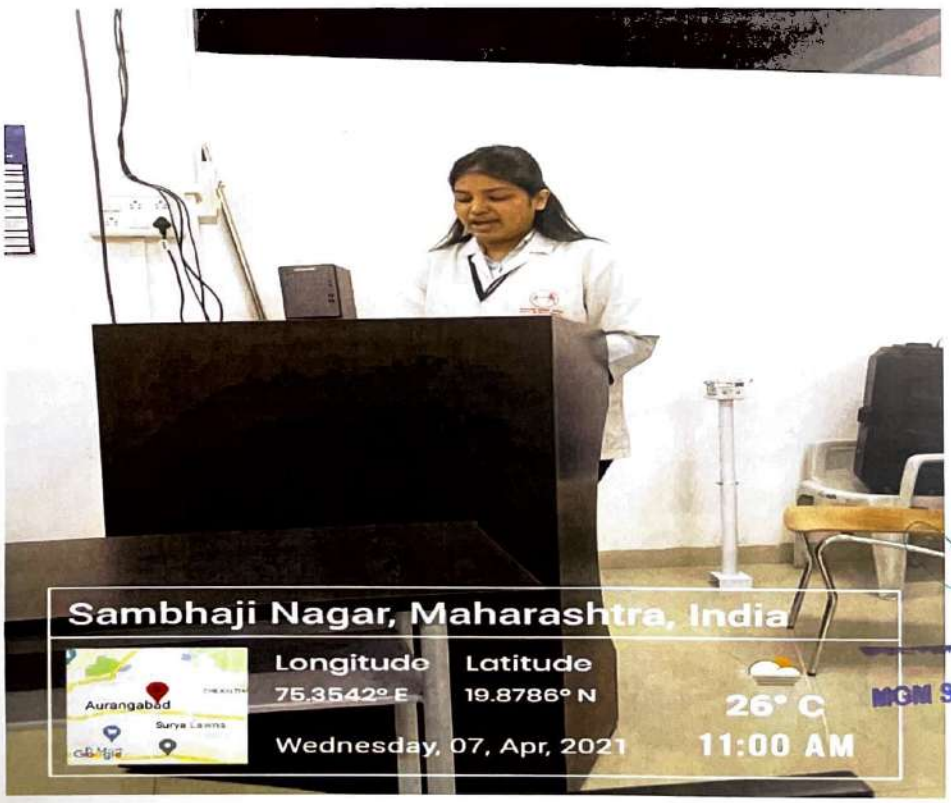
School of Physiotherapy Aurangabad MGM

Director
MGM School of Physiotherapy
Aurangabad



Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

WORLD HEALTH DAY APRIL 2022

Dr. B.R Ambedkar Jayanti Celebration

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

CIRCULAR

Date: 11/04/2022

CELEBRATION DR. BABASAHEB AMBEDKAR JAYANTI-2022 AT MGMIUDPO.

All students are informed that Department of Prosthetics & Orthotics will organize a Quiz competition on the occasion of **Dr. Babasaheb Ambedkar Jayanti-2022** " on 13/04/2022.

You all must attend the Quiz Competition.

Time: 03:00 PM to 05:00 PM

Venue: Academic Section, Prosthetics and Orthotics department.

Note: Rules & regulations will be informed at the time of quiz competition.

Dr. Uttara Deshmukh (P&O)
I/C Principal,
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai, Maharashtra.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Report of Ambedkar Jayanti-2022 celebration at MGMIUDPO.

Name of the event: Celebration of Ambedkar Jayanti-2022 at MGMIUDPO.

Purpose: To create awareness about the sacrifices of Dr. Babasaheb Ambedkar for the nation and remember his role in formation of constitution of India.

Date of the event: 13th March 2022.

Time of the event: 03.00PM -05:00PM

No. of participants -02 Faculty and 20 students of MGMIUDPO.

Proceedings:

Dr. Babasaheb Ambedkar jayanti is celebrated on 14th April every year.

This year MGMIUDPO celebrated Ambedkar Jayanti-2022 under NSS activity to draw the attention of students towards the role of Dr. Babasaheb Ambedkar in formation of constitution and society which respect equal rights and give equal opportunity to all instead of their gender, religion, cast and color etc.. by which India a super power nation is formed.

The program began with the warm welcome to the attendees by Dr. Uttara Deshmukh (HOD, P&O) to all participants.

The program proceeded with a Quiz Competition organized by MGMIUDPO with 4 teams. She revealed the theme of the program & explained the rules and regulations.

Dr. Uttara Deshmukh took lead to conduct the program. There were total 4 teams with several candidates of every year of BPO Program in each team.

Team A: Ms. Prajakta Tari, Mr.Akhil Sunny, Ms. Pranaya More, Ms. Riya Gawde, Mr. Siddhesh Mali.

Team B: Ms. Sakshi Thakkar, Ms. Yashashree Gawde, Ms. Shaifa Khan, Mr.Rushikesh Rajgude, Mr. Rohan Dekate.

Team C: Ms. Vanshika Raval, Mr. Krutik Jadhav, Mr. Lav Kumar, Mr. Hitesh chorge, Mr. Rohan Sangade.

Team D: Ms. Gursimran Kaur, Ms. Mariya Ubare, Mr. Shivam, Mr. Divyanshu , Mr. S.abu.Thalib.

All the questions were asked regarding the life and achievements of Dr. Babasaheb Ambedkar and each team had chance to answer. The points were given to the team who gave the first correct answer.

The program ended by announcing the winners of the Quiz competition. The first rank was received by Team 'A'.

Students enjoyed the Quiz as a different activity.

Uttara Deshmukh

Dr. Uttara Deshmukh,
I/C Principal,
MGM Institute's University Department of Prosthetics and Orthotics,
Sector-01, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel: 022-27437620/7829, Website: mgmudpo.edu.in

Name of the Activity	:	Celebration of Dr. Babasaheb Ambedkar Jayanti.
Date	:	13.04.2022
Time	:	02.00 Pm - 04.00 pm.
Venue	:	Academic Section, MGMIUDPO, Kamothe, Navi Mumbai

Sr No.	Name of the Faculty	Signature
1	Dr. Subhasish Paikray	
2	Dr. Uttara Deshmukh	
3	— X	—
4	— X	—
5	— X	—

List of Students Attendees

Sr No.	Name of Students	Year	PRN Number	Signature
1	Maria M Ubare.	III rd Year	11910600003	
2	Simran. GUR Simran.	IV th Year	11810600002	
3	Divyanshu Ghundiyal.	1st year	12110600008	
4	S. Abu Thalib.	IV th Year	11810600022	
5	Shivam.	IV th year	11810600010	
6	Hitesh.	IV th year	11810600003	
7	Vanshika R Raval.	III rd year	11910600002	
8	Kaustik Jadhav.	III rd year	11910600007	
9	Sakshi Thakkar.	II nd year	11910600006	
10	Yashashree Gawde.	III rd year	11910600001	
11	Shaifa Khan.	IV Year	11810600006	

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	Name of Students	Year	PRN Number	Signature
12	Rushikesh Rajgude.	IV Year	1181060061 6	
13	Siddhesh Mali.	IV Year	1181060000 8	
14	Pranaya More.	I st Year	12110600006	
15	Prajakta Hari.	IV Year	1181060000 12	
16	Riya Gawade.	III rd Year	1191060005	
17	Akhil Sunny.	IV th year	1181060000 1	
18	Rohan Dekate.	II Year	12110600005	
19	Lav Kumar.	IV Year	1181060000 7	
20	Rohan Sangade.	IV Year.	1181060002 1	
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27				
28				

Uttara Deshmukh

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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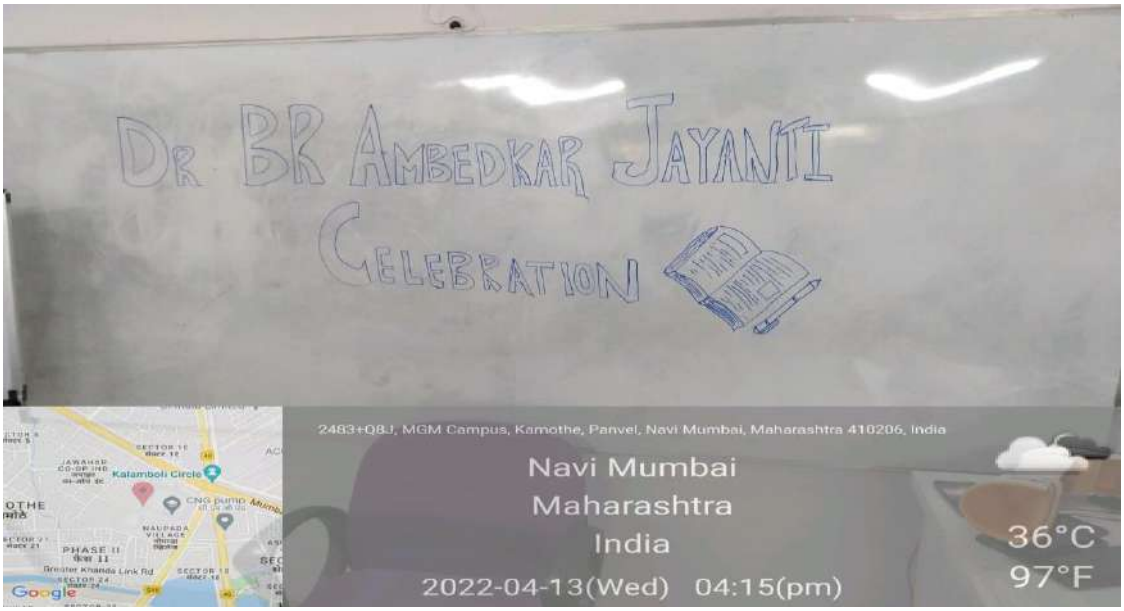
DR BR AMBEDKAR JAYANTI CELEBRATION-2022 AT MGMIUDPO

DATE- 13-04-2022



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DR BR AMBEDKAR JAYANTI CELEBRATION-2022 AT MGMIUDPO

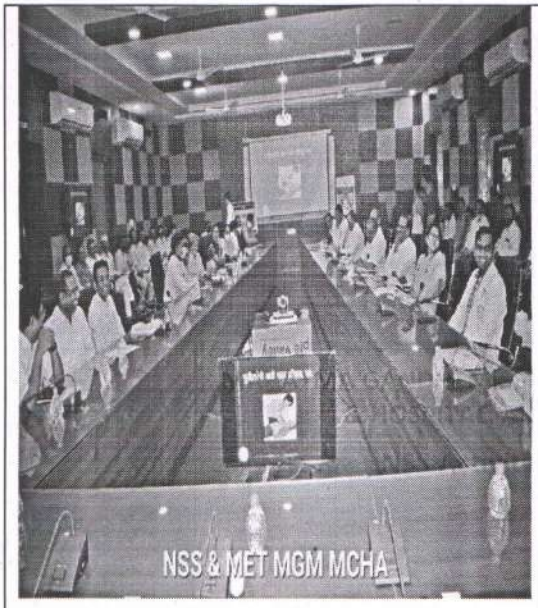
DATE- 13-04-2022

International Workers day

	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL, AURANGABAD	Doc. No	NSS/MGM/3
		Issue No	01
	NSS Activity Report	Rev. No.	00
		Date	04/05/2022
		No. of Pages	4

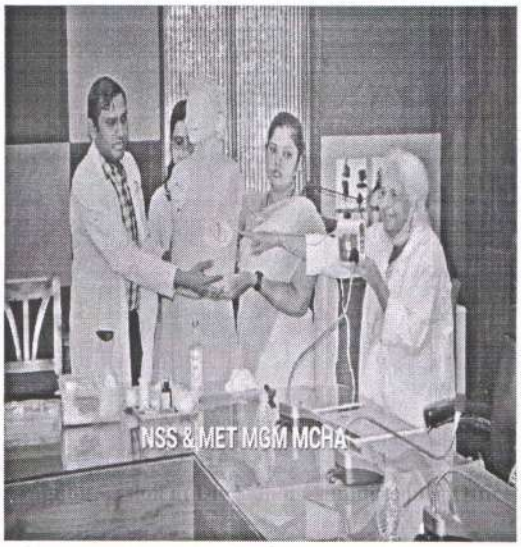
No.	Points for Report
1.	**Nature of Event – essay/poster/poem/dance/singing/digital art/sketch/poster/photography**
Cardiopulmonary Resuscitation and First Aid Training session for government employees on occasion of International Worker's Day 2022	
2.	**Date/ Time/ Venue**
01/05/2022, from 09:00 am to 02:00 pm at Divisional Commissioner Office, Aurangabad.	
3.	**Rational/ Need for the Event**
This session was organized to demonstrate CPR and first aid for officers and staff of Divisional Commissioner Office at Aurangabad. Through this event, the NSS volunteers made an attempt to develop lifesaving skills among government employees in order to observe international worker's day in a unique way.	
4.	**Organized by Institute/ Dept(s)**
NSS Unit, MGM MCHA in collaboration with MET Cell, MGM MCHA.	
5.	**Report of Event Proper**
The NSS unit of MGM MCHA in collaboration with MET cell organized a training session for government employees. Administrative permissions were taken. The training session was conducted on 1st May 2022 at the Divisional Commissioner's Office. In the session, recognizing need of CPR, method of providing CPR was demonstrated followed by hands on training on mannequin. After this, method of providing first aid in various emergency conditions was demonstrated. Feedback from the employees was obtained.	
6.	**Patients/ Participants/ Audience Details –** *No and characteristics of patients/ participants/ audience.*
150 employees under the Divisional Commissioner Office consisting of officers and staff.	
7.	**Faculty/ Residents/ Students Participated –** *No, Names etc.*
Dr. Sadhana Kulkarni (MET Cell I/C), Dr. Deepak Tayade (NSS Advisor), Dr. Bhavna Joshi (NSS Program Officer) and 25 NSS volunteers of MGM MCHA, staff of MET Cell helped with conduction of the event.	
8.	**Event Outcome & Projections in Brief**
The NSS volunteers learnt organizing and training skills. The employees benefitted from the session. As per their feedback, they felt confident in providing CPR and first aid under various emergency conditions. Thus, they developed lifesaving skills.	

Bhavna..



Training session at Divisional Commissioner Office

Health Talk on CPR & First Aid



Dr Kulkarni & Dr. Tayade explaining need for CPR

Team demonstrating CPR

Bhavna.

NSS Volunteers demonstrating first aid

CPR Hands on training session

Govt. Employee performing CPR

Hon. Mr. Kendrekar, Divisional Commissioner providing feedback

Bhavna

NSS & MET Team of MGM MCHA with participants at Divisional Commissioner office, A'bad

NSS & MET Team of MGM MCHA with participants at Divisional Commissioner office, A'bad

Bhavna..

Dr. Bhavna Joshi,
NSS Program Officer,
MGM Medical College, Aurangabad

Perfusion Appreciation Week

Event Name: Perfusion Appreciation Week

Date & Time: 6th May 2022 at 11.00 am

Location: MGM School of Biomedical Sciences, Navi Mumbai.

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	**2rd Floor MGM School of Biomedical Sciences, Kamothe**	Ms. Minal Kanse	50

Kindly attach 4 photographs

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Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES
KAMOTHE
NAVI
MUMBAI

Short event report

All the Students of B.Sc. Perfusion Technology celebrated Perfusion Appreciation Week on 6th May 2022 as 1st successful Open Heart surgery with the help of Heart Lung Machine was performed on 3rd May 1953. On this occasion students participated and presented a miniature model of herat lung machine from the waste products. A simplified miniature model of the heart lung machine was materially devised which consisted of a model of the heart depicting the surgical field demonstrating how the cannulation is accomplished during surgery, assembling of the tubing, connections and how they are connected, the venous reservoir, oxygenator and the roller pumps.

This miniature imitation simplified the teaching as well as the learning process through creative strategies. It involved the development of materials and approaches to gain interest and motivation in learning. The application of these approaches helped in teaching techniques for better understanding of basic concepts effectively and developing skills in limited exposure.

Report Prepared by: Ms. Minal Kanse (Tutor & Co-ordinator of B.Sc. PT)

Contact details : MGM SBS, NM

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

World Hypertension Day

MGM MEDICAL COLLEGE

Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT

To,
The Dean,
MGM Medical College,
Kamothe, NaviMumbai.

Respected Sir,

Here by submitting the report of NSS IEC Activity on occasion of World Hypertension Day held on 04/06/2022 (Saturday) at MGM Hospital , Kalamboli.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar
Program Officer
NSS Unit

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean.
M.G.M Medic & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE

Kamothe, Navi Mumbai-410209,India

NSS UNIT

Report on IEC Activity held on occasion of World Hypertension Day

Date: 04.06.2022

Time: 11:00 am-1:00 pm

Agenda: To promote public awareness of hypertension and encouraging prevention and control of this silent killer

The IEC activity for visitors and patients in MGM Hospital Kalamboli was organized on 04.06.2022 from 11:00 to 1:00 pm in Seminar Hall on the 3rd floor of the Hospital.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.

bout World Hypertension Day

/orld Hypertension Day (WHD) is a day designated and initiated by The World lypertension League (WHL), which is itself an umbrella to organizations of 85 ational hypertension societies and leagues. The day was initiated to increase the wareness of hypertension. This was especially important because of the lack of appropriate knowledge among hypertensive patients. The WHL launched its first WHD on May 14, 2005. Since 2006, the WHL has been dedicating May 17 of every year as WHD.

In 2005, as the inaugural effort, the theme was simply "Awareness of high blood pressure". The 2006 theme was "Treat to goal", with a focus on keeping blood pressure under control. The recommended blood pressures are less than 140/90 mmHg for the general population and for the hypertensive population without any other complications, and less than 130/80 mmHg for those with diabetes mellitus or chronic kidney disease. These are the cut-off values recommended by international and Canadian guidelines. The 2007 WHD theme was "Healthy diet, healthy **blood pressure**". Through such specific themes, the WHL intends to raise awareness not only of hypertension, but also of factors contributing to an increase in the incidence of hypertension and on ways to prevent it. In an effort to empower the public, the theme for 2008 was "Measure your blood pressure...at home". Recent reports confirm the ease, accuracy and safety of blood pressure measurements using home monitors.

For the five-year period 2013-2018, the theme of WHD was "Know Your Numbers" with the goal of increasing high blood pressure awareness in all populations around the world

The theme for World Hypertension Day for year 2022 is "Measure your blood pressure, control it, live longer".

AIMS AND OBJECTIVES:

AIM: To sensitize and create awareness about hypertension and encouraging prevention and control

OBJECTIVES:

- The objective of the day is to communicate to the general masses the serious medical complications that can be caused by hypertension.
-
- To provide the right and useful information about the prevention, detection treatment of hypertension

e program was attended by:

ıe NSS team:

- Dr. Pradeep Sawarkar (Programme Officer, MGMMC, Kamothe)
- Dr. Madhavi Mankar (NSS Coordinator, MGMIHS)
- Mrs Rupali Gujjar (APO-F, MGMMC, Kamothe)
- Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe)

INTERNS:

- Dr. Upasana Dahiya
- Dr. Rajasi Sabherwal
- Dr. Hritik Yadav

ATTENDED BY:

Sr No.	Beneficiaries	Age	Gender
1.	Vaishali Kishore Raut	40	F
2.	Jai Phule Pawar	41	F
3.	Mangal Arjun Iyer	50	F
4.	Neelam Malappa	52	F
5.	Vimal Aatmaram Patil	40	F
6.	Janabai Datta Gondhali	65	F
7.	Deepali Deepak Salvi	40	F
8.	Hridya Ram	32	M
9.	Kamlakar Kishore Rao	22	M

	Male	Female	Total
Faculty	3	4	7
Benefeciaries	2	7	9

Wednesday
Date: 04.06.2022
Time:11am to 1.00 pm

Glimpses from the NSS IEC program on occasion of World Hypertension Day held on 04.06.2022(Saturday), from 11 am-1.00 pm in the seminar hall of the MGM Hospital Kalamboli.

Dr.Pradeep Swardekar

(Program Officer, Mgmmc, Kamothe)

Gave a brief introduction about World Hypertension Day and its importance

Wednesday
Date: 04.06.2022
Time:11am to 1.00 pm

Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe) highlighted the importance of knowing blood pressure

Dr. Upasana Dahiya (Intern) highlighting the risk factors of hypertension, its complications and preventive measures.

Volunteers were motivated to adopt healthy lifestyle and take measures to control blood pressure.

Sincere thanks to PSM Department and Obstetric and Gynecology department for supporting the event.

Sincere thanks to Dr. G.S. Narshetty (Dean, MGM Medical College) for all the valuable support

Dr. Pradeep Sawadekar

NSS Program Officer

Mgm medical college Kamothe

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dr.G.S.Narshetty.

Dean

Mgm medical college kamothe

Dean.
M.G.M. Medical & Hospital
Kamothe, Navi Mumbai 19

World Environment Day

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CIRCULAR

MGM/IUDPO/2022/06/ **Date: 02/06/2022**

This is to inform all students that MGM Institute's University Department of Prosthetics & Orthotics will organize a Cleanliness campaign on Prabalgad Fort and Prabalmachi site on 04th June 2022 under National Social Service Scheme of MGMIHS.

Students are informed to gather in front of canteen sharp at 7:50am

Uttara Deshmukh

Dr. Uttara Deshmukh (P&O)
Head of the Department,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Report of "World Environmental Day Activity"2022 under NSS

Name of the event: "World Environmental Day – 2022"

Purpose of the event: To spread awareness about preserving values of nature and environment.

Location of the event: Prabalgad and Prabalmachi.

Date of the event: 04th June 2022.

Hours spent: 08:00 AM to 05:00 PM

No. of attendees: 29 Students and 2 Faculties

Proceedings of the event:

Historical tourist spots play a major role in economy and nation building. It creates thousands of jobs directly and indirectly by which many people earn their livelihood. So far every nation at tourist spots are very important and as a citizen, everyone must maintain cleanliness and sanity of the tourist places, sometimes visitors try to spoil the place by throwing garbage and waste around the spot which can reduce the attractiveness of the place and can create pollution.

MGM Institute's University Department of Prosthetics & Orthotics (MGMIUDPO) with motto of say "NO PLASTIC FOR BETTER TOMORROW" organized cleanliness program under NSS activity at Prabalgad & Prabalmachi site near Panvel, which is a very famous tourist spot in Maharashtra. The activity was conducted on 4th June 2022.

The activity was conducted in the presence of Dr. Uttara Deshmukh (P&O), Principal, MGMIUDPO and Dr. Subhasish Paikray (P&O), Assistant Professor, MGMIUDPO.

Early morning students gathered in campus and departed for the journey by bus. They reached the campsite and started with the cleanliness program by collecting various types of waste and gathering it in large garbage bags. After 2 hours of cleanliness journey, students reached Prabalmachi village. There, they divided themselves in groups and some students went to Prabalgad and carried out the campaign with full energy also some local people also joined the campaign.

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The waste materials which were collected by students was properly disposed in big dustbins for further process. Lastly students were dispersed from the campsite with good memories and experience; also they learned to respect the nature so the future generation can live happily on beautiful mother Earth.

For Spairee

Dr. Uttara Deshmukh (P&O)
Head of the Department,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
[illegible] University Department
[illegible] Orthotics,
[illegible] Mumbai.

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Name of the Activity	:	Celebration of World Environment Day-2022
Date	:	04.06.2022.
Time	:	08.00 Am to 05.00 PM.
Venue	:	Prabalgad and prabalmachi

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
01	Dr. Uttara Deshmukh	Uttara Deshmukh
02	Dr. Subhash Pathrey.	Subhash

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Wajid Mandal.	12010600003	W.mandal
2	Govind Singh	12010600002	
3	Nikhil Wagh.	12010600007	
4	Hrida Ansari.	12010600001	Hrida
5	Pranaya more.	12110600006	P. more
6	Rohan Dekate.	12110600005	
7	Divyanshu Ghandiyal.	12110600008	

8	Sakshi Thakkar.	11910600006	S Thakkars.
9	Lalit Patil.	11910600004	Lalit Patil.
10	Riya Gacade.	11910600005	R. Gawade.
11	Kreetik Jadhav.	11910600005	Kreetik J.
12	Akhil Sunny	11810600001	Akhil
13	Gursimran Kaur.	11810600002	GSimran
14	Hitesh Chorge.	11810600003	
15	Apersha Ubhare.	11810600017	Ubhare
16	Shaifa Khan	11810600006	SKhan
17	Siddhesh Mali	11810600008	
18	Vighnesh Bidre.	11810600023	
19	Esha Malik	11810600009	Faraaik
20	Snehal Pane.	11810600011	Snehal Pane
21	Prajakta Tarei	11810600012	
22	Sneha T. Sunil Kumar.	11810600013	
23	Shital Gaikwad	11810600015	S Gaikwad
24	Rushikesh Raygade.	11810600016	Raygade
25	Shikha Garg.	11810600018	S.Garg
26	Sarbhi Waghate.	11810600020	
27	S. Abathaeib.	11810600022	
28	Suraj Nirmal.	11810600019	S. Nirmal
29	Pradnya Gacade.	11810600004	P. Gacade
30			
31			
32			
33			

for Speakers

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

WORLD ENVIRONMENT DAY-2022 CELEBRATION , DATE- 04- JUNE-2022

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS

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(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

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Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

WORLD ENVIRONMENT DAY-2022 CELEBRATION , DATE- 04- JUNE-2022

SBS
School of Biomedical Sciences

Event Name: WORLD ENVIORNMENT DAY

DATE: 5th June 2022 to 8th June 2022

LOCATION: MGM Campus. Navi Mumbai

SR NO	EVENT TITLE AND VENUE DETAIL	PROGRAM CO –ORDINATOR (TEAM MEMBER NAME)	TOTAL NUMBER OF PARTICIPANTS
1	World Enviornment Day; MGM Campus. Navi mumbai	Dr. Mansee Thakur Mrs. Anamika Chalwadi Mr. Subodh Rahate, Ms. Vineeta Sharma, Ms. Patcy & Dr. Neelam Yeram	45

World Environment day was organised by MGM School of Bio medical science along with MGM PSM dept, Kamothe, Navi Mumbai on 5th June 2022. It was of 1 week activity. NSS students participated in this campaign .Students done various activity including cleaning of campus, poster and awareness presentation in all medical campus. Tree plantation event was organised on this day. Each student planted more than 5 plants. By recycling different things students created natures classroom. It was a good opportunity for students to explore their talent.

REPORT PREPARED BY:

Mrs. Anamika Chalwadi
NSS Program Officer (MGM SBS)

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Dr. Mansee Thakur
Director, MGM SBS

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

MGM
MEDICALCOLLEGE
Sector-1,Kamothe, Navi Mumbai-
410209,India

NSS UNIT

TO
THE DEAN
MGM MEDICAL COLLEGE
NAVI MUMBAI

DATE : 6th June 2022

SUBJECT :- REPORT OF IEC ACTIVITY:WORLD ENVIRONMENT DAY

RESPECTED SIR,

Hereby submitting the report of IEC Activity conducted on the topic World Environment Day, held on 06/06/2022 from 10.30 a.m – 12.30 pm at MGM Hospital, Kalamboli.

Thanking you.

Yours Sincerely

Dr. Pradeep N. Sawardekar
NSS SECRETARY & PROGRAM HEAD
MGM MEDICAL COLLEGE

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM
MEDICALCOLLEGE
Sector-1,Kamothe, Navi Mumbai-
410209,India

NSS UNIT
REPORT OF WORLD ENVIRONMENT DAY

Date: 06.06.2022
Time: 10.30 a.m-12.30 pm

The IEC Activity conducted on the topic World Environment Day was organized on 06.06.2022 from 10.30 a.m-12.30 p.m in MGM Hospital,Kalamboli.
World Environment Day is celebrated on 5th june every year to create awareness about the ill effects of tobacco among people.
The theme for 2022 is **"Only One Earth"**

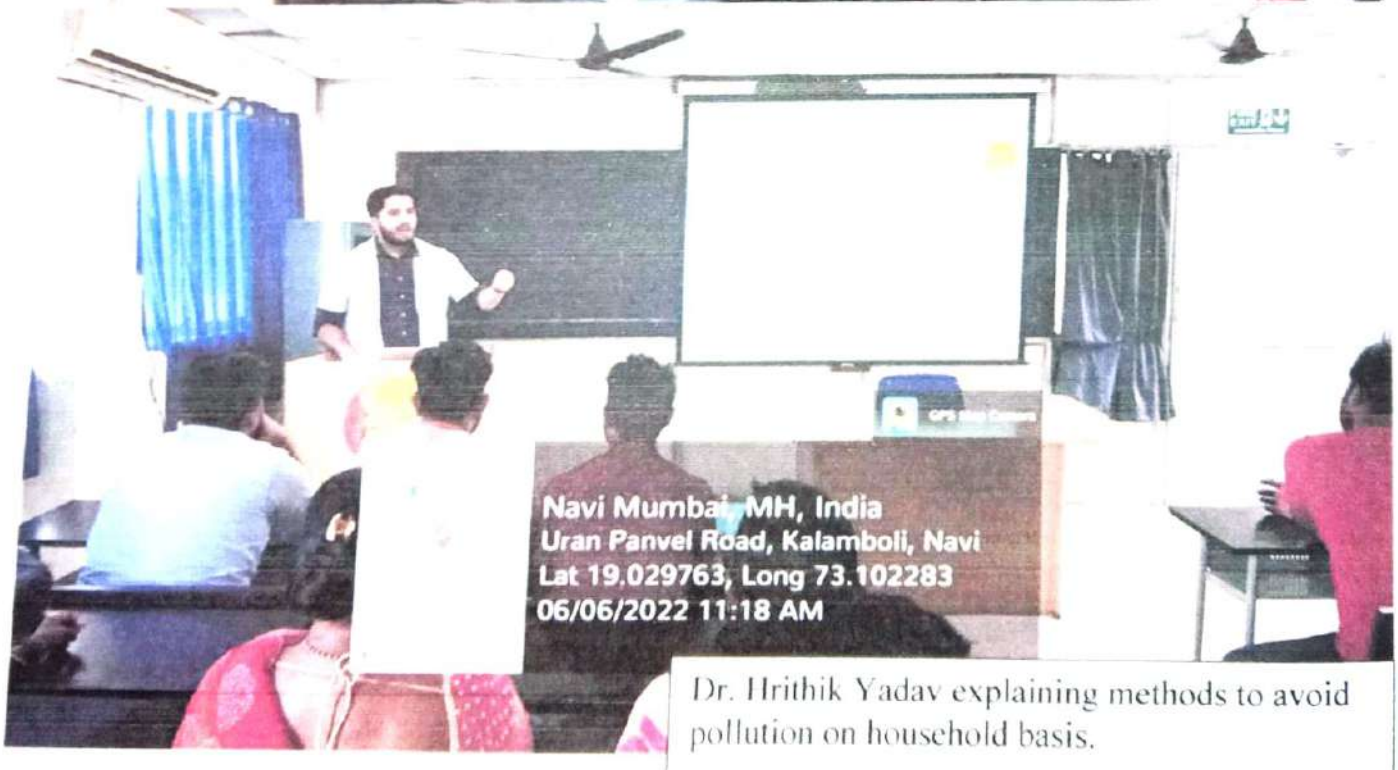
The following points were covered in the event :

- Humanity ,environment and functioning of economy depend on responsible management of Planet Resources
- Consuming Natural Resources with care
- Importance of Water resources and Threat to Water reserves
- Judicious use of energy and alternative energy Resources
- Food Waste Management and measures to prevent wastage of food.
- Encouraging planting of trees and plants
- Methods to avoid Air Pollution

DAY 1	**WORLD ANTI TOBACCO DAY**	**3 RDJUNE**
DAY 2	**WORLD HYPERTENSION DAY**	**4 TH JUNE**
DAY 3	**WORLD ENVIORNMENT DAY**	**6 TH JUNE**

10:30-11:00 AM	**INTRODUCTION & ORIENTATION ON WORLD ENV DAY by Dr . Pradeep Sawardekar**
11:00-11:30 Pm	*ENVIORNMENT DAY Speech by Dr. Hrithik Yadav* • *Importance of Env. in life* • *Do' and Dont's to avoid Env Pollution*
11:30-12:00 pm	*Speech on Community guidelines and schemes to Save Enviornment by Mr , Jeevan urankar*
12:00-12:30 pm	**Conclusion of world Env day by Dr. Pradeep Sawardekar**

DR. PRADEEP SAWARDEKAR NSS PROGRAM OFFICER orienting the attendies about importance of environment



Dr. Hrithik Yadav explaining methods to avoid pollution on household basis.

Following are the faculty members involved in the programme

Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer,MGMMC,Kamothe
2	Dr. Madhavi Mankar	NSS Coordinator ,MGMIHS
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer- Male
5	Dr Hrithik Yadav	Intern
6	Dr Rajasi Sabharwal	Intern
7	Dr Upasana Dahiya	Intern

The beneficiaries who attended the programme

SR NO	NAME	AGE	GENDER	MOBILE NO
1	Mohd. Faizan Shaikh	25	M	7045666536
2	Amir khan	23	M	8652538496
3	Bablu khan	30	M	8779277401
4	Rohini Rohidas	60	F	
5	Tai Kundlu Pawar	50	F	
6	Savita	45	F	
7	Mahima Prabhakar	60	F	7039771636
8	Raja Ram	23	M	
9	Mohammad Akhtar	37	M	8271072363
10	Kailash Pachawa	22	M	9644521913
11	Pooja Shah	21	F	8003807632
12	Puran Singh	30	M	7021091652
13	Rohit Kanojiya	28	M	8369315084

Sincere thanks to Dr GS Narshetty (Deilis MGM Medical College) for all the valuable support as well as GYNAECOLOGY DEPT and PSM Dept for providing us with the necessary equipments, venue and support for successful conduction of the program.

A special thanks to the Dr Hrithik, Dr Rajasi and Dr Upasana for organizing the event and sharing your knowledge with the attendies.

	Male	Female	Total
Faculty	3	4	7
Beneficiaries	8	5	13

Dr. Pradeep Sawardekar
Secretary [Student Council]
Program officer [NSS unit]

Dr. G.S Narshetty- Dean
MGM Medical College
Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical [illegible] Hospital
Kamothe, Navi Mumbai-410209

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/ /06/2022 Date: 03/06/2022

World Environment Day Celebration (Academic Year 2021-22)
Activity Plan

Theme: "Only One Earth"

Venue : OPD & Wards, MGM Hospital, Kamothe

Date: 06.06.2022 **Time**: 10.30 am to 12.30 pm

Name of the organizing faculty : Mrs. Snehal Lakade

Students Participating: I year B.Sc. Nursing & II year B.Sc. Nursing

Students Organizing : I year M.Sc. Nursing

Schedule of activities

S.No	Time	Activity
1	10.30 am – 12.30 pm	1) Assessment of knowledge of OPD patients regarding solid waste management. 2) Play video clips on environmental sanitation. 3) Display of Posters on environmental hygiene and control on pollution

03/06/22
Signature of Organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Director
PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

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MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

World Environment Day Report

Date-06/06/2022

Time-10.30pm- 12.30pm **Duration:** 2 hr.

Activity-1) Health Education on Solid Waste Management

2) Survey on Solid Waste Management.

Venue: All 6 Floors, MGM Hospital, Kamothe.

Name of the Organizing Faculty: Mrs. Snehal Lakade.

Students Organizing: Ist year M.Sc Nursing

Students Participating: Ist and IInd year B.Sc Nursing

Brief of the World Environment Day Report:

MGM New Bombay College of Nursing has observed World Environment Day on 06/06/2022. The theme for World Environment Day is, 'Only One Earth.' 1st and 2nd year B.Sc. Nursing Students have performed Health Education, Teaching Survey and Teaching Programme (Video Show on Solid Waste Management) in view of Solid Waste Management and Environmental Sanitation. Before conducting this program permission was obtained from hospital authorities and were invited for the same. The Health Education, survey and Teaching Programme included definition, incidence, causes, signs and symptoms, types of solid waste management, ways to reduce the waste, waste management strategy, control measures of solid waste management. Patients, relatives of the patients, hospital employees and nursing students actively attended the Teaching Programme and Health Education with interest. Students also projected various Poster, videos and Pamphlets with slogans to create awareness solid waste management. The programme was ended by thanking the audience at 12.30 pm.

Annexure:

1. Photos : Yes

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

24/6/2022

Signature of Director
PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 06/06/2022

Name of the Programme : Environmental Day (1st yr M.Sc. Nursing)

Venue : MGM Hospital, Kamothe.

Sr. No.	Name	Designation	Signature
1	Ms. Minakshi D. Misale	Student	
2	Ms. Komal Kathage.	MSC. student	
3	Mr. Mahesh pardeshi	MSC. Student	
4	Ms. Mansi kambli	MSC. Student	
5	Ms. Aarti patil	MSC. student	
6	Mrs. Ankita Mokal	MSC. Student	
7	Mrs. Stejal Kaslekar	MSC. student	
8	Ms. Shraddha Pune.	MSC. student	
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06/06/2022

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 06/06/2022

Name of the Programme : Environment Day (I st yr. BSc. Nursing)

Venue : MGM Hospital, Kamothe.

Sr. No.	Name	Designation	Signature
1	Srushti Mhatre	1st yr BSc(N)	
2	Hanna Shaji	1st yr BSc(N)	
3	Manika Pawar	1st yr BSc(N)	
4	Sharani Mhatre	1st yr BSc N	
5	Joe Jose	1st yr BSc(N)	
6	Avantika Patil	1st yr BSc(N)	Avantika.
7	Christina Jose	1st yr BSc(N)	
8	Reeba Santosh	1st yr BSc(N)	Reeba
9	Ashwini Deshmukh	1st yr. BSc(N)	
10	Ethan Clint Henriques	1st yr BSc(N)	Ehenriques
11	Vaishnavi chikane	1st yr. BSc(N)	VChikane
12	Joise Benjamin	1st yr BSc(N)	JoiseB
13	Sakshi Santosh Patil	1st yr BSc(N)	Spatil
14	Sujata Angarkhe	1st yr B Sc(N)	Sujata
15	Bhakti Subas Sawant	1st yr BSc(N)	Bsawant
16	Baig Mohammad Ali. Mustafa	I st Yr B.Sc(N)	ABaig
17	Muskan Shahealam Shaikh	1st yr BSc (N)	Muskan
18	Vaishnavi VitthalMore	1st yr BSc(N)	
19	Deby Joby	1st Yr BSc(N)	
20	Aditi Thakur	1st Yr B.Sc(N)	Athakur
21	Johanna Sam John	1st Yr B.Sc(N)	
22	Akshata Maruti Sargar	1st yr BSc(N)	Amsagar
23	July Mariyam James	1st Yr B.Sc(N)	July

06/06/2022

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410 209

MGM INSTITUTE OF HEALTH SCIENCES
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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet **Date:** 06/06/2022

Name of the Programme : Environment Day

Venue : MGM hospital, Kamothe

Sr. No.	Name	Designation	Signature
24	Josphine Anthony	1st Year BSc(N)	
25	Nandana P	1st Year B Sc(N)	
26	Krushna Dhakane.	1st year BSc (N)	
27	Akhilu Sebastian	1st yr Bsc (N)	
28	Sapna Pratap	1st Yr B.Sc (N)	
29	~~Anushka~~ Anushka Patil	1st Year BSc(N)	A.B.Patil.
30	Litche Kadu	1st Year B.Sc (N)	Lkady
31	Upasana Patil	I st Year BSc (N)	Upasana
32	Gayali Ghinde	I st year BSc(N)	
33	Aparna R	I st Yr Bsc(N)	Aparna
34	Akhila Uthaman	1st Yr B.Sc(N)	
35	Sejal Patil	1st yr BSc(N)	
36	Sneha Joseph	1st Yr B.Sc (N)	
37	Ruchita Kailas Mhatre	1st yr BSc N	Ruchita
38	Jyoti Prajapati	1st yr B Sc(N)	Jyoti
39	Preena	1st Yr B.Sc(N)	Preena.
40	Bhavika Patil	1st Yr B.Sc(N)	Bhavika.
41	Yuvaraj Lavate	1st Year B.Sc(N)	
42	Princy Wilson	1st yr Bsc(N)	
43	Atharv Mukesh Wallimbe	1st yr BSc(N)	
44	Vishakha Angadke	1st Yr B.Sc (N)	Vishakha
45	Ekta Thakar	I st Yr BSc(N)	Ekta.
46	Saniya	I st Yr B.Sc(N)	Saniya.

06/06/2022

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410 209

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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet **Date:** 06/06/2022

Name of the Programme : Environment day

Venue : mgm hospital, kamothe.

Sr. No.	Name	Designation	Signature
47	Sanjana Gawand	1st Yr B.Sc(N)	SanjanaGawand
48	Shikha Khawas	1st Yr B.Sc (N)	Shikhak
49	Marwin Bharathi	I st yr BSc (N)	
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06/06/2022

College of Nursing
Kamothe
Navi Mumbai
410209
New Bombay

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 06/06/2022

Name of the Programme : Environment Day (IInd yr B.Sc. Nursing)

Venue : MGM Hospital, Kamothe.

Sr. No.	Name	Designation	Signature
1	Hardi . B . Patel	2nd yr BSc(N)	HBPatel
2	Harshala S. Mhapankar.	2nd yr BSC (N)	HSM
3	Prajakta D. Mhatre,	2nd Yr BSc(N)	P.D.Mh.
4	Vaishnavi Janardan Bhoir	11nd Yr Bsc N.	Bhoir
5	Anisha Prasad	11nd Yr Bsc N	Anisha
6	Sanjana Mhatre	11nd Yr Bsc N	SMhatre
7	Sakshi Pokharkar	11nd Yr Bsc N	Sakshi
8	Aditi Anant Patil	11nd Yr Bsc N	APatil
9	Vaishali P. Pawar.	11nd Yr Bsc N	VPawar
10	Shravani Nachore	2nd yr BSCN	SNachore
11	Tejal Patil	2nd yr BSCN	TPatil
12	Tanvi kadam	2nd yr BSCN	TKadam
13	khushboo Pradhan	2nd yr BSCN	KP
14	Soniya Patil	2nd yr BSCN	SPatil
15	Neha gupta	2nd yr BSCN	NGupta
16	kajal gupta	2nd yr BSCN	Kajal
17	Diksha Patil	2nd yr BSCN	DSPatil
18	Neha S. Patil	2nd yr BSC N	NSPatil
19	Neha C. Patil	2nd yr BSC N	NCPatil
20			
21			
22			
23			

College of Nursing MGM New Bom

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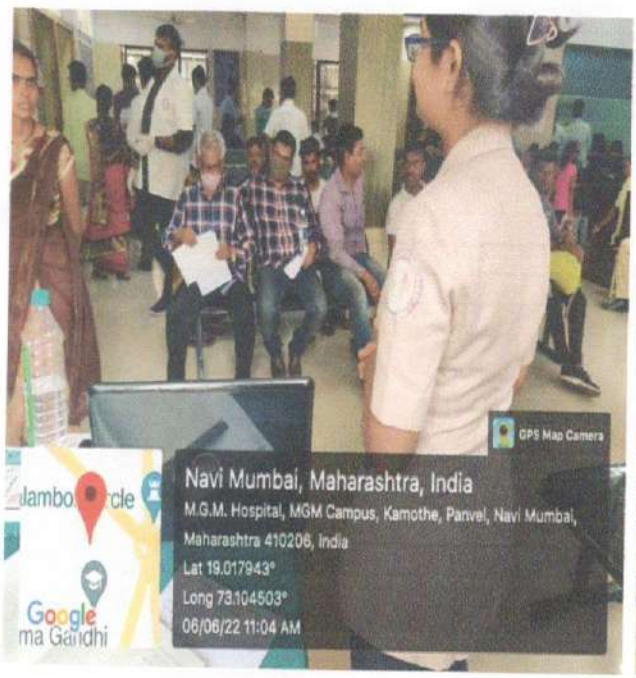

06/06/2022

MGM New Bombay College of Nursing

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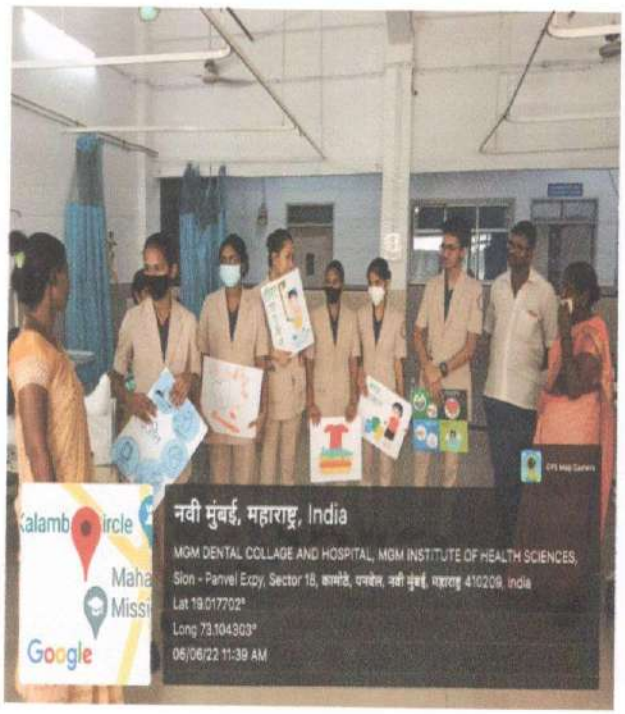
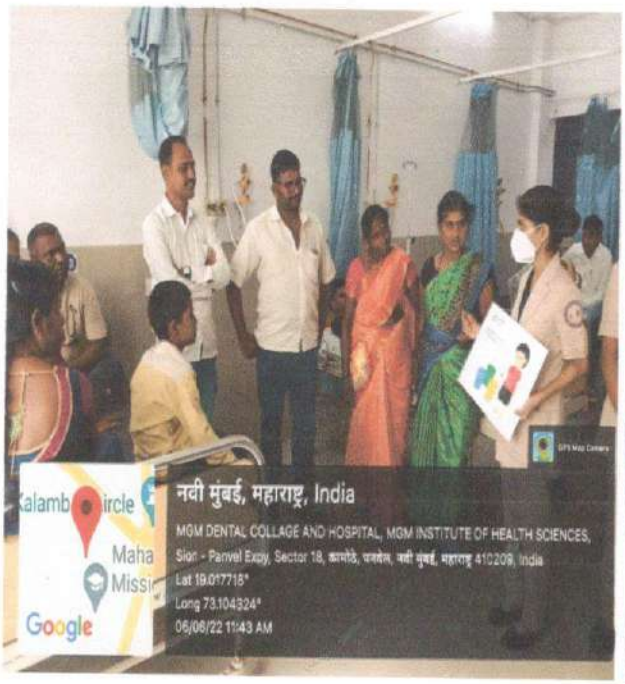




06/06/2022

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410209

WEBINAR ON CERVICAL CANCER AWARENESS MONTH was conducted on **22ND January 2022** by MGM **SBS National Service Scheme (NSS UNIT)** which was attended by total 78 student.
Conference was about **Creating awareness** about **Cervical cancer** by solving myths, telling Symptoms, diagnosis and treatment of it. There were 2 Speakers which were **Dr. Daxa** (Indian Cancer Society) and **Dr. Sabrina** (Gyanc – MGM College & Hospital). They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES
KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Pulse Polio Campaign

MGM MEDICAL COLLEGE

Sector-1, Kamothe, Navi Mumbai-410209, India.

NSS UNIT

To,
The Dean,
MGM Medical College,
Kamothe, Navi Mumbai.

Respected Sir,

Here by submitting the report of NSS activity of 'Pulse Polio Campaign' held on 19th June 2022 (Tuesday) at MGM Hospital, Kalamboli.

Thanking you.

Yours Sincerely,

Dr. Pradeep Sawardekar

Program Officer

NSS Unit.

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

1

MGM HOSPITAL

NSS UNIT

REPORT OF: PULSE POLIO CAMPAIGN.

With successful efforts of all healthcare workers, POLIO has been eliminated from India.

India received the status of Polio free on 13th January, 2011.

South East Asia region of WHO has been POLIO free for past 5 consecutive years.

India has vaccination strain 1 and 3 in the oral Polio Vaccine. In April 2016, India introduced the use of fractional dose IPV into the routine immunization Programme in eight states. In August 2016, the use of IPV was expected to an additional eight states and since March 2017 has been scaled up nationwide in all 36 states.

To sustain the status of POLIO free country, we still continue pulse polio campaign.

On 19th June 2022, NSS Unit took active part in Immunization.

Location: MGM Hospital, Kalamboli.

Activity: Pulse Polio Campaign.

Time: 8 am to 5 pm

2

Beneficiaries:

MALE	FEMALE	TOTAL
56	48	104

3

The program was organized by Dr. Pradeep Sawardekar (NSS Program officer), NSS Assistant Program Officer and other faculty members.

Following are the faculty members involved in the Pulse Polio Campaign:

Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer
2	Dr. Madhavi Mankar	IHS Coordinator
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer- Male
5	Ms. Prachi Nangare	Health Inspector
6	Mr. Vikrant Dinkar	Medical Social Worker
7	Mr. Abhijeet Rodpalkar	Clerk

Note: Also attaching the 104 beneficiaries list of Pulse Polio Campaign.

Thanking you.

4

ollowing are the faculty members involved in the Pulse Polio Campaign:

Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer
2	Dr. Madhavi Mankar	IHS Coordinator
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer - Male
5	Ms. Prachi Nangare	Health Inspector
6	Mr. Vikrant Dinkar	Medical Social Worker
7	Mr. Abhijeet Rodpalkar	Clerk

Note: Also attaching the 104 beneficiaries list of Pulse Polio Campaign.

Thanking you.

Yours Sincerely,

Dr. Pradeep Sawardekar
Program Officer
NSS Unit.

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

International Yoga Day

MGM MEDICALCOLLEGE
Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT

TO
THE DEAN
MGM MEDICAL COLLEGE
NAVI MUMBAI

DATE : 18th MAY 2022

SUBJECT :- REPORT OF CONDUCTION OF YOGA SESSION

RESPECTED SIR,

Hereby submitting the report of NSS YOGA SESSION held on 18/05/2022 from 2.30-3.30 pm at MGM Medical College, Kamothe.

Thanking you.

Yours Sincerely

Dr. Pradeep N. Sawardekar
NSS SECRETARY & PROGRAM HEAD
MGM MEDICAL COLLEGE

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai

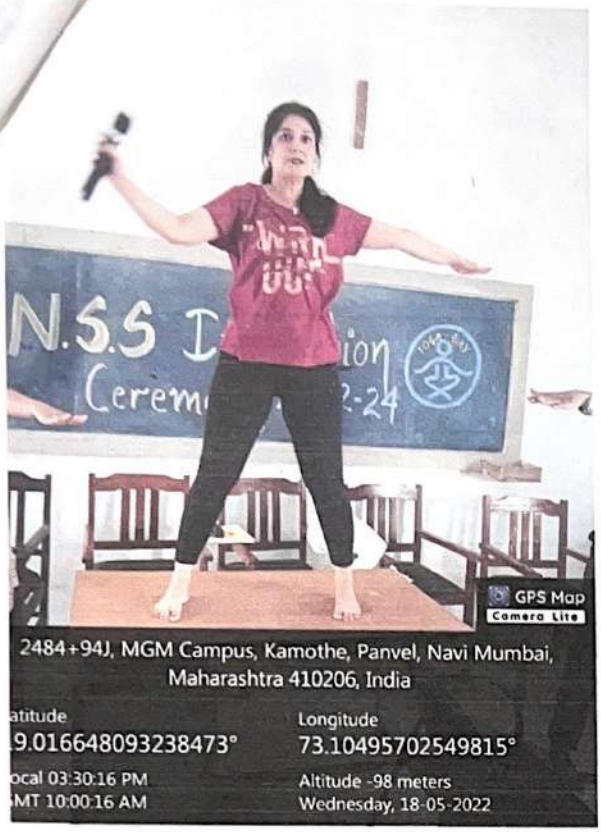
MGM Medical College
Kamothe,Navi Mumbai,
Maharashtra 410209

NSS UNIT

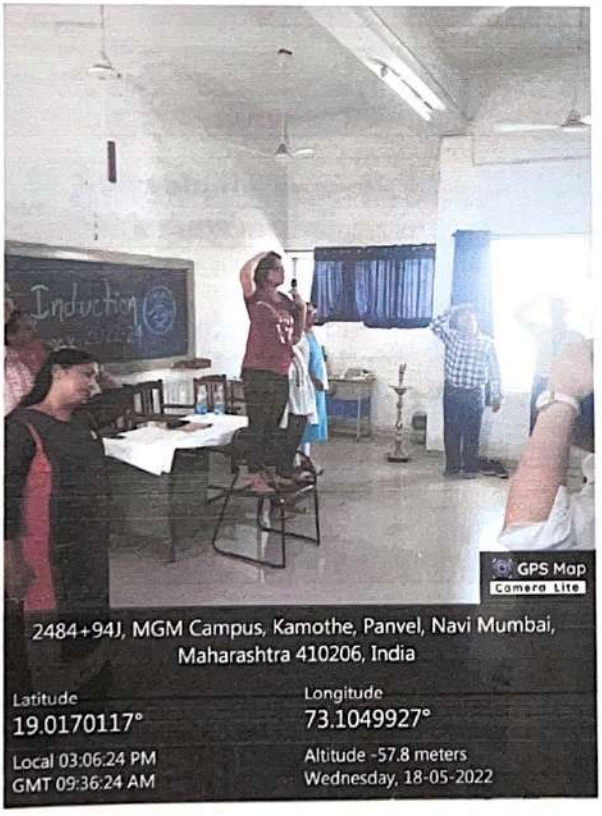
In view of letter dated **26th April 2022** sent by **GOVT of India Ministry of Youth Affairs & Sports ,Shivaji Stadium ,New Delhi** as a part of IDY-2022 NSS UNIT of MGM medical college Navi Mumbai Kamothe , Navi Mumbai with due permission from Dr G.S.Narshetty -DEAN (MGM medical college) on letter dated 6th May 2022 following activities were organised under the guidance of Professional Yoga instructor Mrs Bharti Iyer

1. Common yoga protocol practise
2. Lecture on yoga by expert
3. Yoga workshop
4. Yoga Demonstration

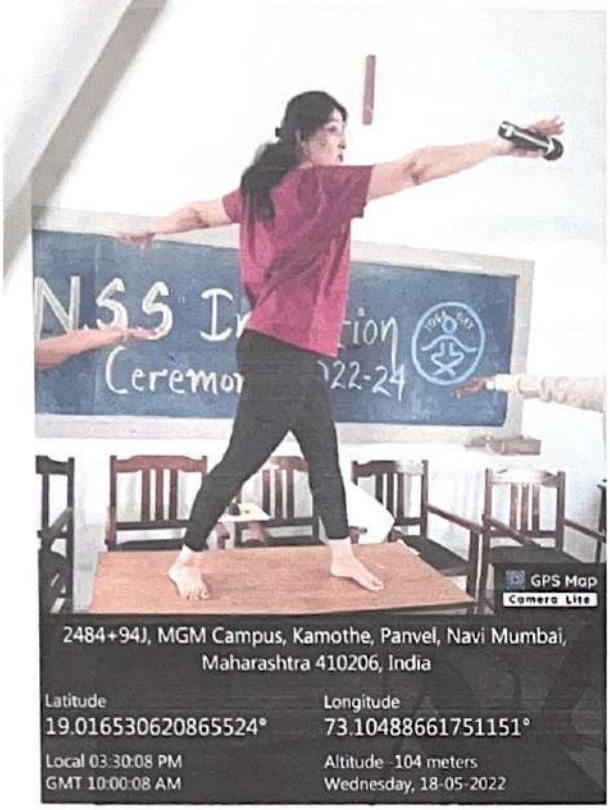
The Yoga session was following NSS induction ceremony , Yoga Session began at 2:30 pm under the guidance of Professional Yoga instructor in boys common room of 4th floor of Mgm medical college .Session was attended by NSS Candidates under the presence of NSS Program Head Dr. Pradeep Sawardekar along with NSS staff



-**Mrs Bharti iyer** performing Yoga session with due permission from **Dean (MGMMC)** In view of letter dated **26th april 2022 sent by GOVT OF INDIA MINISTRY OF YOUTH AFFAIRS**



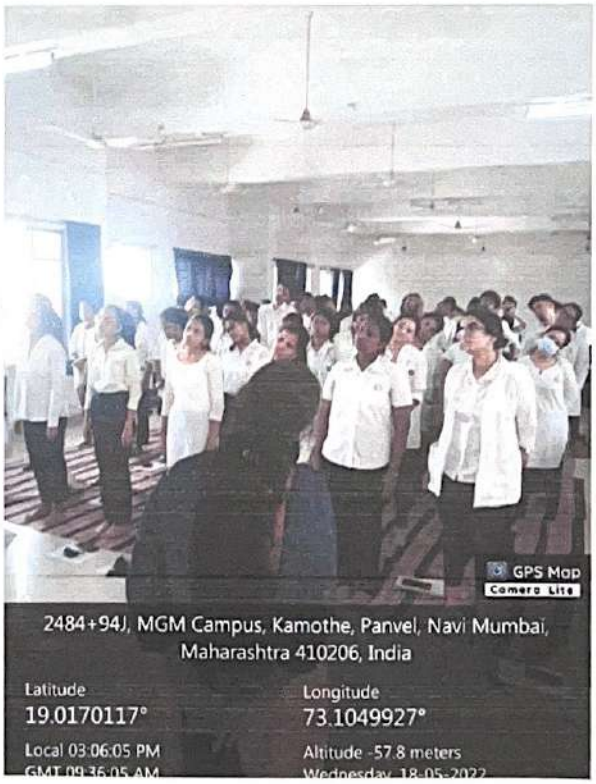
-**NSS PROGRAM HEAD Dr. Pradeep Sawardekar** along with NSS STAFF assisting students in understanding various yoga exercises



- **WAIST EXERCISES being performed by yoga instructor**
- Improves posture
- Increases flexibility
- Builds muscle strength
- Boosts metabolism
- Increases blood flow
- Keep diseases at bay
- Increases self-esteem.

- **NSS volunteers performing Neck movements**

- Neck exercises can help you to **release tension, tightness, and stiffness**. They can reduce pain and increase flexibility. A strong neck can help to prevent neck and cervical spine injuries as well



- NECK RESISTANCE EXERCISES being performed by NSS volunteers

- SURYANAMASKAR Being performed by NSS volunteers

NAME	DESIGNATION
Dr Pradeep Sawardekar	NSS PROGRAM HEAD
Dr. Madhavi Mankar	NSS COORDINATOR MGMIHS
Dr Sunila Sanjeev	ASSOCIATE PROFESSOR COMM. MEDICINE
Dr Rupali gujar	F-APO
Dr Jeevan urankar	M-APO
Mr. Abhijit rodpalkar	CLERK
Dr. Hrithik Yadav	INTERN
Dr.Rajasi sabarhwal	INTERN
Dr. Upasana dahiya	INTERN
Mrs. Bharti iyer	YOGA INSTRUCTOR

YOGA ASANA TAUGHT

(WORKSHOP+LECTURE + DEMO SESSIONS)

1. Neck exercises
2. Eye exercises
3. Sukshm vyayam (Hand, leg warm up movements)
4. Waist rotation
5. Trikonaasan
6. Konaasan
7. Twisting
8. Eagle pose
9. Tree pose
10. Flying bird pose
11. Chakraasan
12. Phalakaasan
13. Paschimottanaasan
14. Bharadwajaasan
15. Matsyendraasan
16. Tabletop pose
17. Bhoonamanaasan
18. Simhaasan
19. Taalivaadan
20. Basic pranayam
21. 5 minute guided meditation
22. Omkar chants

TOTAL NO . OF NSS VOLUNTEER ATTENDED	75
TOTAL NO. OF BOYS ATTENDED	20
TOTAL NO. OF GIRLS ATTENDED	55
TOTAL NO. OF NSS STAFF ATTENDED	10

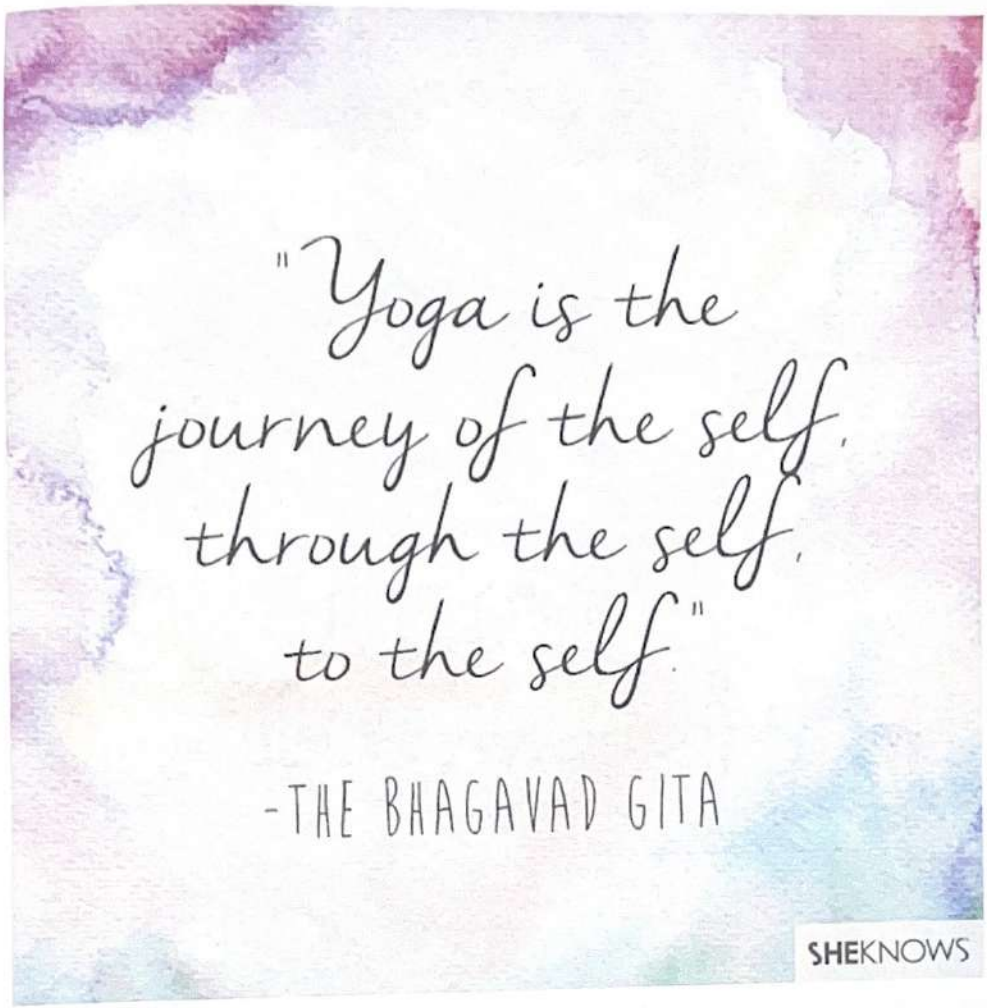
A total of 75 STUDENTS (M-39, F-36) attended the ceremony.

	Male	Female	Total
Students	39	36	75
Faculty	6	5	11

Sincere Thanks to

- **Dr. G.S. Narshetty (Dean MGMMC)** for granting permission and providing necessary equipment and support for the NSS Yoga Program
- **Mrs. Bharti Iyer (Yoga Instructor)** for blessing us with her expertise in yoga and enlightening everyone with the benefits and techniques of performing yoga
- **Interns**
  1. Dr Hrithik
  2. Dr Rajasi
  3. Dr upasana

For the successful conduction of the NSS yoga program on 18th MAY 2022 at MGM medical college (Boys common room 4th Floor)



Dr. Pradeep N. Sawardekar
NSS PROGRAM HEAD
MGM MEDICAL COLLEGE

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dr. G.S Narshetty
Dean & Chancellor
MGM Medical College

Dean.
M.G.M. Medical College & Hospital
Kamothe, Navi Mumbai - 410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT AND STUDENT COUNCIL

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of celebration of 'International Yoga Day' activity organized by NSS unit and Student council held on 21/06/2022 (Tuesday) at MGM Medical college,4th floor sports room , Kamothe, Navi Mumbai.

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

NSS UNIT AND STUDENT COUNCIL

CELEBRATES INTERNATIONAL YOGA DAY

DATE: 21ST JUNE 2022,TUESDAY

TIME : 10 AM – 1 PM

PLACE : MGM MEDICAL COLLEGE ,4TH FLOOR SPORTS ROOM , KAMOTHE NAVI MUMBAI

"Yoga is not a work-out it is a work-in, and this is the point of spiritual practice to make us teachable to open up our hearts and focus our awareness so that we can know what we already know and be who we already are."

2022 Theme FOR INTERNATIONAL YOGA DAY : Yoga for humanity

The COVID-19 pandemic has been an unprecedented human tragedy. Beyond its immediate impact on physical health, the COVID-19 pandemic has also exacerbated psychological suffering and mental health problems, including depression and anxiety, as pandemic-related restrictions were introducedin various forms in many countries. This has highlighted the urgent need to address the mental health dimension of the pandemic, in addition to the physical health aspects.

People around the world embraced yoga to stay healthy and rejuvenated and to fight social isolation and depression during the pandemic. Yoga is also playing a significant role in the psycho-social

care and rehabilitation of COVID-19 patients in quarantine and isolation. It is particularly helpful in allaying their fears and anxiety.

In addition to the human suffering, the COVID-19 pandemic has also highlighted several key vulnerabilities of the economic and developmental models of countries around the world. Future prosperity demands that the member states rebuild differently as they recover from the COVID-19 pandemic.

The essence of yoga is balance - not just balance within the body or that between the mind and the body, but also balance in the human relationship with the world. Yoga emphasizes the values of mindfulness, moderation, discipline and perseverance. When applied to communities and societies, Yoga offers a path for sustainable living.

Yoga can be an important instrument in the collective quest of humanity for promoting sustainable lifestyle in harmony with planet Earth. In keeping with this spirit, the theme for this year's Yoga Day celebrations is "Yoga for Humanity."

The NSS unit and Student council of MGM Medical college, Navi mumbai celebrated International Yoga Day on 21st june 2022 .The programme was conducted in two phases with 1st year MBBS students. The first phase was carried out from 11 am to 12pm and the second phase was from 12pm to 1 pm.

Dr .G.S Narshetty , Dean [MGM Medical College, Navi Mumbai] was the chief guest .

Dr Sameer Kadam [Professor and HOD -General Surgery MGM Medical College ,Navi Mumbai] was guest of honour for the programme .

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision and guidance of Dr. Pradeep Sawardekar [Secretary - Student Council,Program officer -NSS unit] and Dr Madhavi Mankar [MGM university co-ordinator]

The programme began with a small prayer and lighting of the lamp .

The opening remark was from dean sir regarding the importance of yoga and what changes yoga brings into our life .

Dr Sameer Kadam sir later explained regarding the mental and physical strength one can develop and acquire while doing yoga on a regular basis.

Dr . Pradeep Sawardekar later introducted everyone with yoga coach and trainer – Mrs Bharti Mahesh Iyer and her team members .

Dean sir welcomed mrs bharti iyer with a flower bouqet.

Mrs Bharti Iyer is a yoga instructor , coach and trainer who is in the field of yoga since 10yrs.

She is a trained yoga teacher from Patanjali Yogpeeth trust Haridwar.

She is certified yoga volunteer and instructor from Aayush Mantralaya.

She has completed certified pranayama course from the Ashtaang university of Naturopathy

[Mrs Bharti Iyer and her team]

The celebration concluded with some breathing techniques and exercises like Pranayams, Anulomaand Viloma, Meditation and Relaxation with Laughter yoga. The students were encouraged to practice regular yoga to remain fit and improve concentration as they showcased a very energetic and spirited performance!

N.S.S & STUDENT
COUNCIL

Following are the faculty members involved in the programme

Sr.No.	Name	Designation
1	Dr. G.S Narshetty	Dean , MGM Medical College Navi Mumbai
2	Dr Sameer Kadam	Professor and HOD – Surgery MGM Medical College ,Navi Mumbai
3	Dr. Pradeep Sawardekar	Program Officer NSS unit Secretary [Student Council]
4	Dr. Prasad Waingankar	Professor & HOD [Community Medicine]
5	Dr. Santosh Gawali	Professor & HOD [Biochemistry]
6	Dr. Madhavi Mankar	NSS MGMIHS Coordinator
7	Dr. Yashoda Kattimani	Associate Professor [Dept of Physiology]
8	Mrs Hitali Mali	Tutor [Dept of Physiology]
9	Mrs . Rupali Gujar	Assistant program officer - female
10	Mr. Jeevan Urankar	Assistant program officer- male
11	Ms. Prachi Nangare	Health Inspector
12	Mr. Vikrant Dinkar	Medical Social Worker
13	Mr. Abhijeet Rodpalkar	Clerk [Community Medicine]
14	Mr ramdas kharche	Health assistant

Following are the NSS Volunteers [students] participated in the activity

Sr no	Name of student	Year of studying
1	Manan Gupta	3RD year MBBS
2	Vinay Gupta	3RD year MBBS
3	Anusha Hingorani	3RD year MBBS
4	Romit Unde	3RD year MBBS
5	Sakshee Wadje	3RD year MBBS
6	Raj Zalavadia	3RD year MBBS
7	Kunal Surva	3RD year MBBS
8	Nipum Basmothar	3RD year MBBS
9	Tanuja Brave	3RD year MBBS
10	Swarali Samant	3RD year MBBS
11	Rajsinh Ghagare	3RD year MBBS
12	Kowshik Movva	3RD year MBBS

Following are the students of MGM Medical college who participated in the activity

Sr no	Name of student	Year of studying
1	AGRAWAL KRATI RAJESH	11ST year MBBS
2	AMEENA ABDULMAJID	1ST year MBBS
3	ANGCHEKAR SARVESH SATISH	11ST year MBBS
4	BHARGAVA PARTH	11ST year MBBS
5	BHOJANE VASUNDHARA	11ST year MBBS
6	BOKEY ISHA	1ST year MBBS
7	CHAMANKAR DAANISH	1ST year MBBS
8	CHANASMAWALA SAKINA ABID	1ST year MBBS
9	CHAUDHAR SUCHITRA SANJAY	1ST year MBBS
10	CHAVAN SHREYA	1ST year MBBS
11	CHHEDA HETVI ROHIT	1ST year MBBS
12	DALAL RADHARANI SNEHAL	1ST year MBBS
13	DANGE AKMAL ZAK	1ST year MBBS
14	DAREKAR AARYA	1ST year MBBS
15	DESAI ASLESHA GANARAJ	1ST year MBBS
16	DESALE OM	1ST year MBBS
17	DHAPATE SAMIKSHA	1ST year MBBS
18	DHAR KANISHK	1ST year MBBS
19	DUBE ASTHA PRAVEEN	1ST year MBBS
20	GAIKWAD YASH SHIVAJI	1ST year MBBS
21	GANDHI SIA CHIRAG	1ST year MBBS
22	GHANSHAMNANI NUPUR KAMAL	1ST year MBBS
23	GUJAR ISHWARI	1ST year MBBS
24	GUPTA NEHA UMESH	1ST year MBBS
25	JADAV VIDHI CHETAN	1ST year MBBS
26	JAIN VANSHIKA	1ST year MBBS
27	JAISWAL RITIK RAJESH	1ST year MBBS
28	KASHID JEEDNYASA KAMALAKAR	1ST year MBBS
29	KHUDE SHWETA TANAJI	1ST year MBBS
30	KOLEKAR ADITYA ARVIND	1ST year MBBS
31	MANSURI YASAR MOHAMMED SALIM	1ST year MBBS
32	MEHTA MIHIKA ATUL	1ST year MBBS
33	MEHTA REVA SUMIT	1ST year MBBS
34	PATIL RIYA LAXMAN	1ST year MBBS
35	PATIL SAHIL YOGESH	1ST year MBBS
36	PAWAR SHRIYA	1ST year MBBS
37	SANGALE NANDINI	1ST year MBBS
38	SAWANT DIYA SANJAY	1ST year MBBS
39	SAWANT VAISHNAVI	1ST year MBBS
40	SHAH SALONI	1ST year MBBS
41	SHAIK SUHANA	1ST year MBBS
42	SHARMA RHEA	1ST year MBBS

43	SHINDE ADITYA SANDIPAN	1ST year MBBS
44	SINGH DISHA SURESH	1ST year MBBS
45	SINGH MITU	1ST year MBBS
46	SINHA SAKSHI RAJIV	1ST year MBBS
47	SURVE RAKSHANDA TALIB	1ST year MBBS
48	TALELE SANIKA NITIN	1ST year MBBS
49	THAKARE PARTH	1ST year MBBS
50	THOKALE SONAL RAJESH	1ST year MBBS
51	YERAM ARCHITA	1ST year MBBS

The programme was a huge success due to the efforts of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council,Program officer -NSS unit], the NSS Unit and Student's Council members.

Dr. Pradeep Sawardekar
Secretary [Student Council]
Program officer [NSS unit]

Dr. G.S Narshetty- Dean
MGM Medical College
Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGMIUDPO

INTERNATIONAL DAY OF YOGA

2022

21 - JUNE -2022

SECTOR-01 ,KAMOTHE,NAVI MUMBAI.

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS
Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website: www.mgmudpo.edu.in

CIRCULAR

Date: 18/06/2022

CELEBRATION OF INTERNATIONAL YOGA DAY

AGENDA: To celebrate the International Yoga Day – 2022

Dear Students,

As you all are aware that the MGM Institute's University Department of Prosthetics and Orthotics celebrates International Yoga Day every year under NSS unit, the same will be celebrated on Tuesday, 21st June 2022, by a Yoga competition among the students.

Students will be asked to perform various asanas on the spot with its explanations. The three best performance will be awarded by the institute.

Interested candidates are requested to give their name by Monday, 20/06/2022.

Details of the events are as follows:

Theme: "Yoga for well- being"

Date: 21st June 2022.

Time: 3pm to 4.00 PM

Time allotted to each candidate: 5 min.

Venue: Prosthetics and Orthotics Lab.

Dr. Uttara Deshmukh (P&O),
Head of Deparment,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
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Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

Report of "International Yoga Day Activity – 2022" under NSS

Name of the event: "Celebration of International Yoga Day – 2022"

Purpose of the event: To celebrate International Yoga Day by spreading awareness about the importance and effects of yoga on the health.

Location of the event: Academic Section, Department of Prosthetics and Orthotics.

Date of the event: 21st June 2022.

Hours spent: 03:00 PM to 04:00 PM

No. of attendees: 23 Students and 07 Faculties

Proceedings of the event:

International Yoga Day is observed on June 21 across the globe every year, to spread awareness about the invaluable benefits of Yoga. Practicing yoga might seem like just stretching, but it can do much more for human body than the way it feel, look and move. It even helps to increase flexibility, muscle strength and body tone. It improves respiration, energy and vitality.

This year MGM Institute's University Department of Prosthetics & Orthotics (MGMIUDPO) celebrated International Yoga Day under NSS Unit by conducting a Yoga competition among students.

The program begun with warm welcome to the participants and attendees by Dr. Uttara Deshmukh (P&O), Principal, MGMIUDPO. She delivered an informative speech about the significance of Suryanamaskar in day to day life by performing the same. This encouraged the students as an ignition.

The event proceeded with the Suryanamaskar performance by Dr. Subhasish Paikray (P&O), Assistance Professor, MGMIUDPO. Faculties took the lead to conduct the competition.

There were 6 participants viz.,

1. Mr. Shivam Panday - IV Year
2. Mr. Rushikesh Rajgude – IV Year
3. Mr. Siddhesh Mali – IV Year
4. Ms. Namrata Shinde – IV Year
5. Mr. Wajid Mandal – II Year
6. Ms. Divyanshu Ghundiyal – I Year

Each participant was asked to perform three *asanas* with its explanations. And score board was maintaining accordingly.

The event ended by and felicitating the winners.

The first prize was received by Mr. Shivam Pandey, second prize was received by Mr. Rushikesh Rajgude and third prize was received by Mr. Wajid Mandal.

The International Yoga Day 2022 was celebrated with full enthusiasm and students enjoyed the event.

Dr. Uttara Deshmukh (P&O)
Head of the Department,
MGMIUDPO,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

Name of the Activity	:	Celebration of International Yoga Day - 2022
Date	:	21 June 2022
Time	:	3.00 pm to 4.00 pm
Venue	:	Academic Section, Department of prosthetics and orthotics.

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
1	Dr. Utkarsa Deshmukh	21/06/2022
2	Dr. Deepshikha Raut	21/06/22
3	Dr. Subhadish Paikray	
4	Dr. Simranjeet Kaurmanni	
5	Dr. Gauri Panse.	
6	Dr. Ravi Bareta (PRO)	
7	Mr. Akash Kateriya	

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Miss Apeksha Ubhare	11810600017	
2	Shilpa Garg	11810600018	
3	Shital Gaikwad	11810600015	

4	Rushikesh Paygude	11810600014 14	
5	Shaifa Khan	11810600006 06	Khan
6	Subhi waghale	11810600019 19	Subhi
7	wajid mandal.	12010600003 to 3	mandal.
8	abu thalib.	11810600022 22	Abuthalib
9	Namrata Shinde	11710600006 06	Namrata
10	Shivam pandey	11810600010 10	Pandey
11	Hitesh chorghe	11810600003 03	Hitesh
12	Siddesh mali	11810600008 08	Sonali
13	lalit	11910600004 04	Lalit
14	Sneha Sukumar	11810600015 15	Sunil
15	Gursimran Kaur Bal.	11810600002 02	
16	Esha Malik	11810600009 09	Esha
17	Snehal Rane	11810600011 11	Rane.
18	Pradnya Gawde.	11810600004	Pradnya
19	Rohan Dekate.	12110600005 05	
20	Divyanshu Ghundiyal.	12110600008 08	
21	Hasida Ansari	12010600001 01	Hasida
22	Riya Gawade	11910600005 05	
23	Nikhil Wagh	12010600007 07	
24			
25	Uttara Deshmukh 21/06/2022		
26			
27	Dr. Uttara Deshmukh (P & O),		
28	H. O. D. In-Charge,		
29	MGM Institute's University Department of Prosthetics and Orthotics,		
30	Kamothe, Navi Mumbai.		
31			
32			
33	Uttara Deshmukh		

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
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CELEBRATION OF INTERNATIONAL YOGA DAY-2022 AT MGMIUDPO , DATE- 21-JUNE -2022

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
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CELEBRATION OF INTERNATIONAL YOGA DAY-2022 AT MGMIUDPO , DATE- 21- JUNE-2022

MGM MEDICAL COLLEGE

Sector-1, Kamothe, Navi Mumbai-410209, India.

STUDENT COUNCIL

To,
The Dean,
MGM Medical College,
Kamothe, Navi Mumbai.

Respected Sir,

Here by submitting the **Report of Yoga session conducted on** 1st August 2022 (Monday) at MGM Medical College,4th Floor, Sports room, Kamothe, Navi Mumbai.

Thanking you.

Yours Sincerely,

Dr. Pradeep Sawardekar
Program Officer
NSS Unit

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM MEDICAL COLLEGE

Sector-1, Kamothe, Navi Mumbai-410209, India.

STUDENT COUNCIL

Report of Yoga session conducted on 01/08/2022.

Time: 11:00 am- 1:00 pm

1st batch: 11:00 am – 12:00 pm

2nd batch: 12:05 am – 1:15 pm

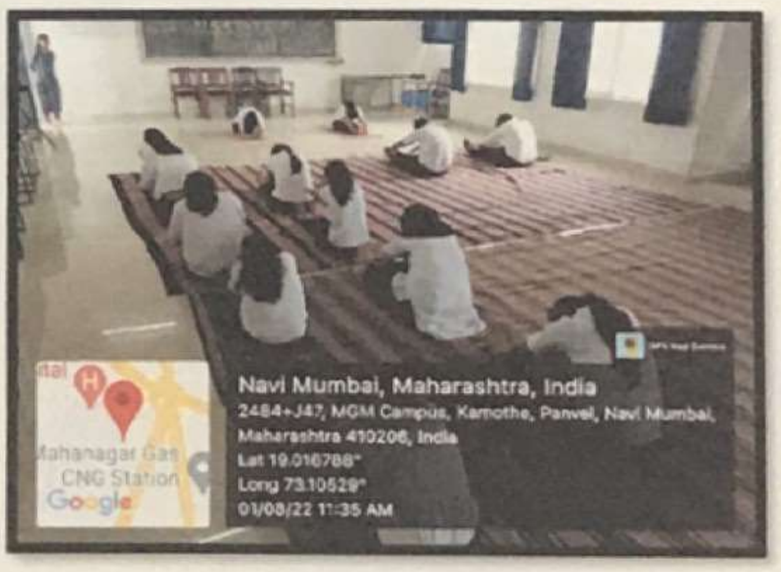
Place: MGM MEDICAL COLLEGE,4th FLOOR

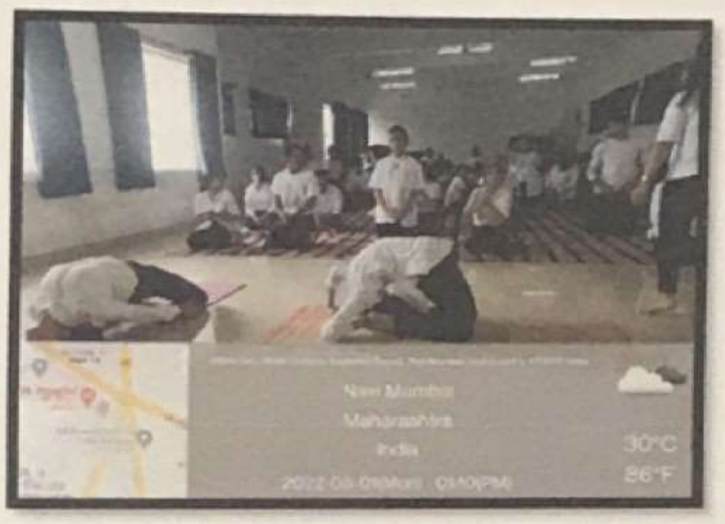
SPORTS ROOM, KAMOTHE, NAVI MUMBAI.

Mrs. Bharti Iyer,coach and her team members took this session. She started the session with warm up exercise, followed by breathing exercise like pranayams, surya namaskar, and relaxation.

Total number of NSS students participated in the activity are – 57

GLIMPSES OF THE SESSION





Following are the faculty members involved in the Programme:

Sr. No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program officer NSS unit Secretary(student Council)
2	Ms. Prachi Nangare	Health Inspector
3	Mr. Abhijeet Rodpalkar	Clerk
4	Mr. Ramdas Kachare	Health assistant
5	Mr. Vikrant Dinkar	MSW
6	Mr. Sanjay Singh	Intern

The next session is arranged on 19/09/2022

Thanking you.

Yours Sincerely,

Dr. Pradeep Sawardekar

Program Officer
NSS Unit

Secretary
MGM Medical College,

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM Institute of Health Sciences
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
MGM School of Physiotherapy
N-6 CIDCO, Aurangabad-431003
Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

Ref.No. MGM/SOP/2022/33

Date: 20/06/2022

Notice

This is to inform all the NSS volunteers, students and faculties that we are organizing National Service Scheme activity on the occasion of **International Yoga Day** on 21st June 2022. Everyone is requested to attend the session.

Time: 7:00 AM -8:00 AM

Venue: MGM JNEC Ground, Aurangabad.

MGM School of Physiotherapy Aurangabad

Principal
Director
MGM School of Physiotherapy
Aurangabad

	MGM SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
	Conferences/ Seminars/Workshop/CME/Quiz/ Debate/ Guest Lecture/Extension activity etc	Date	14/03/2022
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College
'Missing Link Between Yoga and Life' -A Yoga Session	
2	**Background/Introduction** - Need/ reasons for holding the program. Name of Association /Collaborations etc.
This National service schemeactivity was organized on the occasion of International Yoga Day for NSS Volunteers, students, faculties by taking into consideration the need to improve concentration and posture, Reduce conflict and Increase self-esteem	
3	**Venue** -
MGM JNEC Ground, Aurangabad	
4	**Sponsors** - Name & Details
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc.....
6	**Speakers/ Judges/ Chairman/Panel Team –**
Gangaprasad Kharat HOD Departement of Yog Science MGM University, MGM Campus N-6 Cidco Aurangabad	

MGM School of Physiotherapy Aurangabad

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.

84 participants (Including NSS Volunteers, Students, Faculties)

8	**Prize Distribution etc** - Brief Summary of the Proceeding.

9	**Valedictory Ceremony** - Brief of the proceeding including chief guest etc. and who conducted it.

Vote of thanks was delivered by NSS Volunteer

10	**Highlights of the Event** - Brief about the main highlight(s) of the event.

1. This venture added confidence of participants and they learned the methods of overcoming the depression
2. They felt more confident about their personality and knew how to carry oneself confidently
3. They had positive effects on mind
4. All participants actively participated

Report Prepared on: 24th June-2022

Report Prepared by-Dr Krishna B. Gawande (PT)

Designation/ Dept- Assistant Professor

NSS Program Officer

MGM School of Physiotherapy Aurangabad

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

MGM's School of Physiotherapy, Aurangabad

INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

Attendance sheet

Sr. No.	Name of NSS Volunteers	Sign
1	Nichee Gaddpawar	
2	Gargee Deutkar.	
3	Ishani Prasade.	
4	Shweta Acharya	
5	Kimaya Patil.	
6	Diya Manghwaramani	
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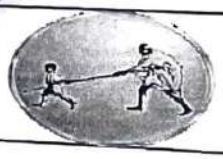
Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad



MGM's School of Physiotherapy, Aurangabad

INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

Attendance sheet

Sr. No.	Name of the Participants	Sign
1	Mr. Sunil Sahebrao Kumavat	
2	Ms. Rajlaxmi Bhosale	
3	Ms Rekha shelke	
4	Saee Dhawade	
5	Mathura shelke	
6	D. John Chelladurai	
7	Dr. Ayushi Jain	
8	Dr. Sanskruti Talekar	
9	Ashish suresh Ambhore	
10	Raman Shashikant Bhosle	
11	KRISHNA SHIVAJI BHALERAO	
12	Diksha Ghadge	
13	Neha Khandekar	
14.	Renuka Khedekar	
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17	samiksha singh	
18	Vaishnavi Chavan	
19	Samruddhi Ballusad	
20	Shivani Biyani	
21	Vaidehi Bhawsar	
22	Kunshi Bhardwaj	
23	Nidhi Vinod Patel	
24	Javeria Shaikh	
25	Isha Solanki	
26	Janvi Gupta	
27	Dhanashree charan	
28	Saarah hanif	
29	mithila Bangera	
30	Samiksha Gopal Sharma	
31	Abhijeet Gopal Sharma	
32	Shaikh Adiba	
33	Pathan Nusha Khan	
34	Farzeen Farooqui	
35	Rujuta Subhedar	
36	Pratiksha Pawar	
37	Ashwini Jadhav	
38	Vaishnavi Mujmule	
39	Diya Khadka	
40	Nidhi Dodiya	

41	Diya Manoharamani	
42	Tulsi Lavate	
43	Vinaya dhobale	
44	sakshi mundhe	
45	pallavi patil	
46	Gaurav Pole	
47	Srushti Deshpande	
48	Abhijeet Sharma	
49	Omswaraj Vidhekar	
50	Om Rasal	
51	Aman Jaiswal	
52	Himanshu Rathi	
53	Mahesh Bejge	
54	Harsha Rokade	
55	Gauri Chinchkhedkar	
56	Adee Rakesh	
57	Shreyash Varle	
58	Anushka Damu	
59	Nikita Dhaktode	
60	Tejal Rokade	
61	Rutuja Kamble	
62	Pradnya Patil	
63	Divya Pawar	
64	Vaibhavi Bhalekar	
65	Vaishnavi Bhalekar	
66	Ruchi mahajan	
67	Gayatri Hingole	
68	Kiran Gobale	
69	Rutuja Sancheti	
70	Janhavi Dalvi	
71	Snehal mahalpure	
72	Ritika Bagul	
73	Shweta Aacharya	
74	Ishani Prasade	
75	Nidhee Gaddapawar	
76	Gargee Deuskar	
77	Sakshi Deshmukh	
78	Kimaya Patil	
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School of Physiotherapy Aurangabad

Director
MGM School of Physiotherapy
Aurangabad

MGM's School of Physiotherapy, Aurangabad

INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

Attendance sheet

Sr. No.	Name of Faculties	Sign
1	Dr. Jinneshwar Bidve	
2	Dr. Kashmira B. Gaikwad	
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MGM's School of Physiotherapy Aurangabad

Director
MGM School of Physiotherapy
Aurangabad

Director
MGM School of Physiotherapy

Internation Yoga Day NSS Activity 2022

MGM School of Physiotherapy Aurangabad

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
MGM SCHOOL OF PHYSIOTHERAPY
Sector-1, Kamothe, Navi Mumbai – 410209

International Yoga Day 2022

Date: 18.06.2022

Preamble	:	International Yoga Day is celebrated every year on the 21st of June, to create awareness about Yoga. The theme for International Yoga day, 2022 was "Yoga for Humanity".
Objective	:	-To spread awareness about Yoga -To encourage students to practice Yoga for healthy living.
Event	:	International Yoga Day
Time and Date	:	11.00 am to 1.00 pm, 18th June 2022
Organized by	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai
Participants	:	Bachelor of Physiotherapy students, faculty, and non-teaching staff.
Event Coordinator	:	Dr. Ruturaj Shete (PT), Dr. Aarohi Joshi (PT)
Venue	:	MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai.
Summary	:	On the occasion of International Yoga day, students were engaged in a fun-filled competitive activity. Ten teams comprising 10-12 students in each team participated in different tasks related to Yoga. Following were the tasks: 1. Squid game: The participants were shown green light when they had to move toward the goal. Whereas, when the red light was shown, they had to stop and sustain any Yoga pose for 1 minute. 2. Spin wheel: The group leader was asked to spin the wheel. The Yoga pose that was present next to the spin wheel arrow was demonstrated by the team members. 3. Tadasana challenge: All the group members performed Tadasana for 1 minute. 4. Motivation Challenge: Students explained the importance of yoga and encouraged faculty and non-teaching staff to perform various yoga poses. Pictures were clicked in yoga poses as a part of their competition.

MGM School of Physiotherapy NAVI MUMBAI

		5. Plank holding competition: Students had to hold a plank for 1 minute. 6. ABCD of Yoga: Students had to enlist names of various yoga asanas for maximum alphabets possible. 7. Yoga dance: Participants danced to the music using various Yoga poses. 8. Video Challenge: Participants took a one-minute video performing yoga poses and one of the team members explained the importance of that yoga asana. 9. Interview Challenge: Students interviewed non-teaching staff about their knowledge of Yoga. The first three teams to finish all the tasks were selected as winners: 1st Position: Team Shavasana (led by Khushi Khandelwal) 2nd Position: Team Tadasana (led by Anushka Nagwani) 3rd Position: Team Padmasana (led by Pruthvi Shetty)

Participants in Hold the pose challenge performing Tadasana.

Spin the wheel Challenge: Team performing the yoga pose.

Team leaders with their teams

Dr. Aarohi Joshi (PT)
NSS Assistant Program Officer
MGM School of Physiotherapy, Navi Mumbai

Dr. Rutuja Shete (PT)
NSS Program Officer
MGM School of Physiotherapy, Navi Mumbai

Dr. Shrutika Parab (PT)
IQAC coordinator
MGM School of Physiotherapy, Navi Mumbai

Dr. Rajani Mullerpatan
Professor-Director
MGM School of Physiotherapy, Navi Mumbai

MGM School of Physiotherapy NAVI MUMBAI

SBS
School of Biomedical Sciences

Events name: INTERNATIONAL YOGA DAY

Date and time: 21st June 2022; 6am to 8 pm

Location: Marine Drive, Kilachand Chowk, Opp. Pizza by The Bay, Church Gate.

SR NO	EVENT TITLE AND VENUE DETAIL	PROGRAM CO ORDINATOR (TEAM MEMBER NAME)	TOTAL NUMBER OF PARTICIPANTS
1	WORLD YOGA DAY; Marine Drive, Kilachand Chowk, Opp. Pizza by The Bay, Church Gate.	Dr. Mansee Thakur Mrs. Anamika Chalwadi Mr. Subodh Rahate Ms. Neelam Yeram	50

WORLD YOGA DAY was celebrated on 21st June 2022 at marine drive, Mumbai by MGM School of Medical Science along with teachers student also practised yoga under the guidance of yoga instructor from Heartfulness Institute at early morning 6 am.

REPORT PREPARED BY:

Mrs. Anamika Chalwadi
NSS Program Officer (MGM SBS)

MGM SCHOOL OF BIO-MEDICAL SCIENCE
KAMOTHE
MUMBAI

Dr. Mansee Thakur
Director, MGM SBS

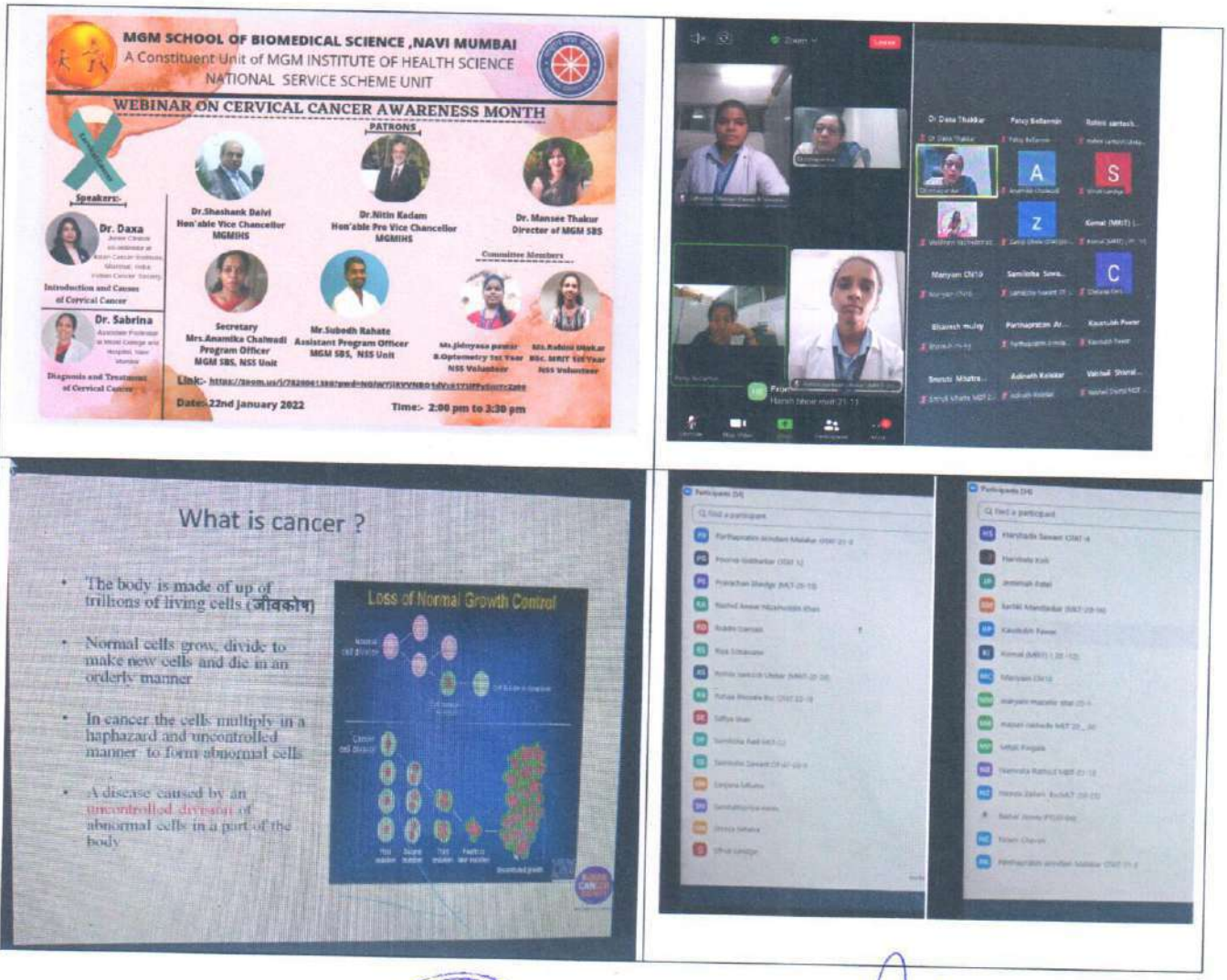
Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

EVENT NAME-WEBINAR ON CERVICAL CANCER AWARENESS MONTH.

DATE&TIME-22nd January 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on CERVICAL CANCER Awareness Month; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, Mrs. .Anamika Chalwadi Mr. Subodh Rahate Ms. Jidnyasa Pawar Ms. Rohini Utekar	78



M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1

Kamothe, Navi Mumbai – 410 209.

Report of Activity

Date : 13/05/2022 to 20/05/2022 Duration: One week

Name of the activity : Training session on common Yoga Protocol

Organizing Institute : MGM New Bombay College of Nursing, Kamothe.

Collaborating agency : Private

No of Teachers Participated : 2

No of Students Participated : 30

Brief of the Activity :

On occasion of **International Yoga Day 21.06.2022** MGM New Bombay College of Nursing has organized one-week yoga session for Undergraduate and Post Graduate Nursing students to raise awareness on benefits of Yoga in daily life.

An introduction on **Common Yoga Protocol** was delivered by ***Mr. Girish Nehete*** a certified Yoga trainer. He also demonstrated different yoga Asana (standing posture, supine posture, prone and seating postures) and pranayama along with meditation. He has shared the PDF on general Yoga protocol initiated by Ministry of AYUSH.

The students practiced the demonstrated Yoga Asana for a week from 13.05.2022 to 20.05.2022 for one hour.

The session was very informative and motivating for the students.

Annexure:

1. List of students participated : Yes
2. List of Teachers Participated : Yes
3. Photos : Yes

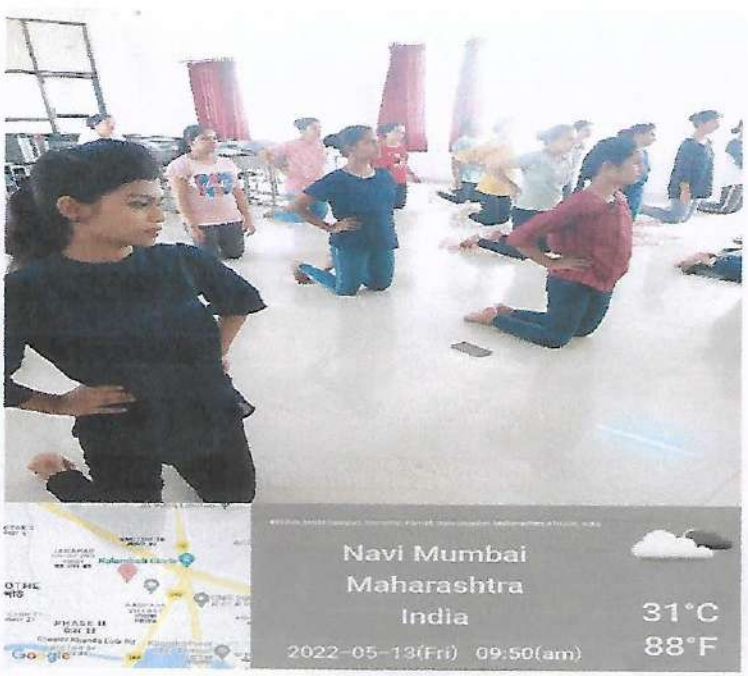
Signature of Organizer

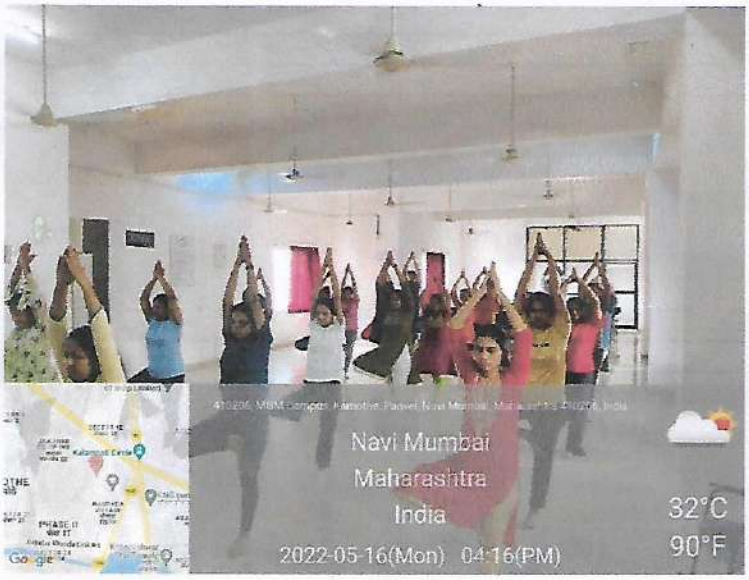
Date:

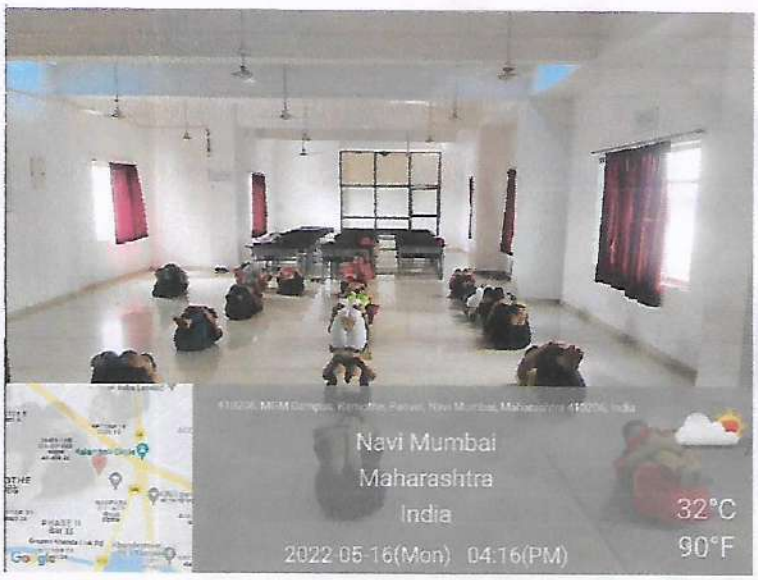
MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

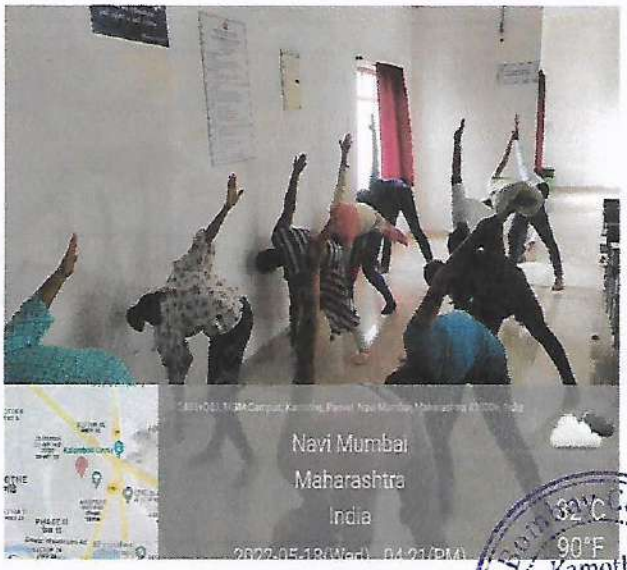
20/5/2022

Signature of Director









MGM New Bombay College of Nursing
Kamothe,
Navi Mumbai
410209

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/74/06/2022

Date: 09/06/2022

CIRCULAR

On the occasion of **International Yoga Day: Theme - "Yoga for Humanity"** dated 21.06.2022, MGM New Bombay College of Nursing will be organizing following activities for UG & PG students in the First year B.Sc. Nursing classroom, on the 4th floor at 9.30 am. All the Students and faculties are invited to attend the programme.

1) Yoga Session
2) Competition on Yoga Assana and postures.

Signature of Organizer

Signature of Director

Tel. No.: 022- 27430141/ 27430215/ 27430213 | E-mail: principal@mgmnbcon.ac.in | Website: www.mgmudn-nm.edu.in

MGM INSTITUTE OF HEALTH SCIENCES
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MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/AA/06/2022 Date: 09/06/2022

International Yoga Day Celebration (Academic Year 2021-22)
Activity Plan

Theme: "Yoga for Humanity"

Venue : First Year B.Sc. Nursing Classroom, 4th Floor, MGMNBCON

Date: 21.06.2022 **Time**: From 9.30 am

Name of the organizing faculty: Mrs. Sanjukta Mohanty

Students Participating: All UG & PG students

Schedule of activities

S.No	Time	Activity
1	9.30 am to 10.30 am	Yoga Competition on the theme 1) Suryanamskar 2) Yoga Assan for Healthy Respiratory System 3) Yoga Assan for Healthy female reproductive System
2	10.30 am onwards	Live session on Yoga Day by imminent speakers Dr. Sonali Banerjee

Signature of Organizer

MGM New Bombay College of Nursing Kamothe Navi Mumbai 410209

Signature of Director

MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2,
Sector-1, Kamothe, Navi Mumbai – 410 209.

Yoga Day Report

Date-21/06/2022

Time-9.30pm- 12.30pm **Duration:** 3 hrs.

Activity-1) Yoga competition .

2) A session on importance of yoga

Venue: Fourth floor First year class room of MGM New Bombay College of Nursing, Kamothe.

Name of the Organizing Faculty: Mrs. Sanjukta Mohanty.

Students Organizing: Student council

Students Participating: All UG and PG students.

Brief of the World: International yoga day

MGM New Bombay College of Nursing has observed International Yoga Day on 21/06/2022. The theme for Day is, '**Yoga for Humanity**.' All UG and PG students has performed yoga assanas and postures in yoga day competition followed by a session on importance of yoga by the eminent speaker Dr Sonali Banergee in the session madam told about Importants of yoga and showed demonstration on pranayam and omkar. Yoga day competition based on the theme suryanamaskar, assans for healthy respiratory system and female reproductive system. There are large number of students participated in that competition and dr sonali madam evaluate the competition and shortlist the winners list for appreciation. Students also projected various Posters with slogans to aware about the day and was ended by thanking the speaker and audiences.

Annexure:

1. Photos : Yes
2. Attendances: yes

MGM New Bombay College of Nursing Kamothe Navi Mumbai 410209

21/6/2022

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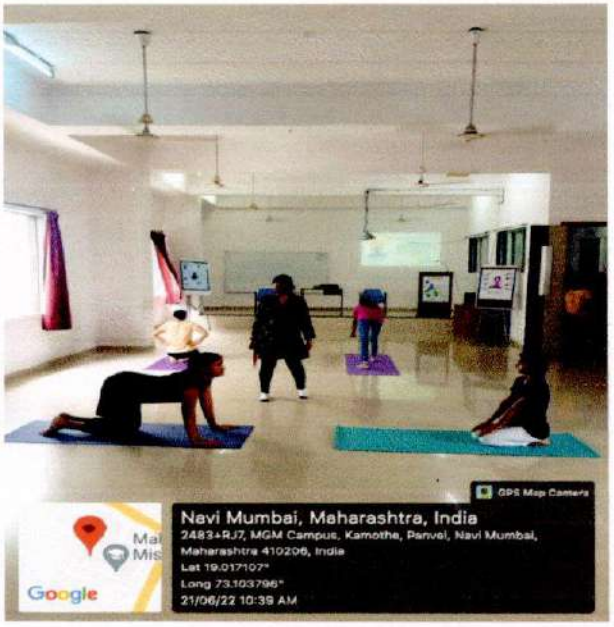

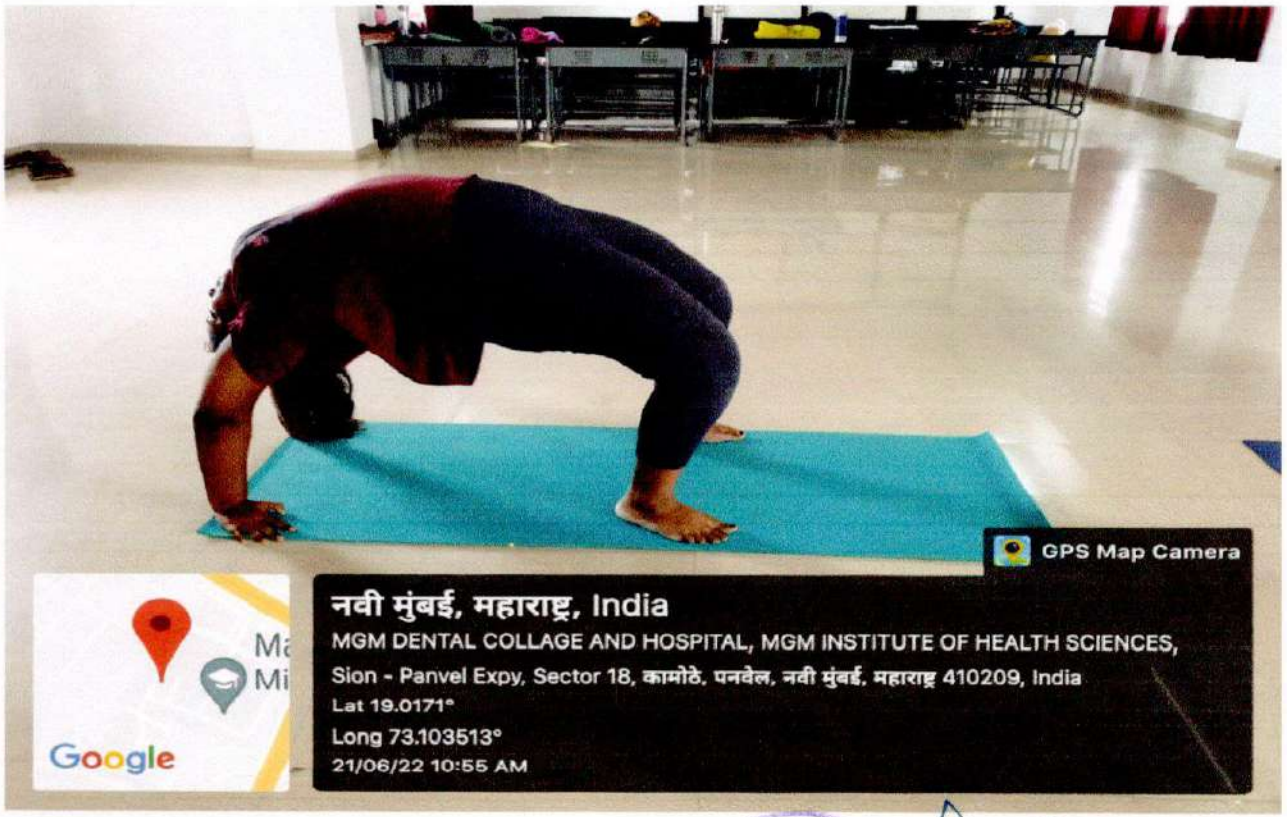

21/6/22

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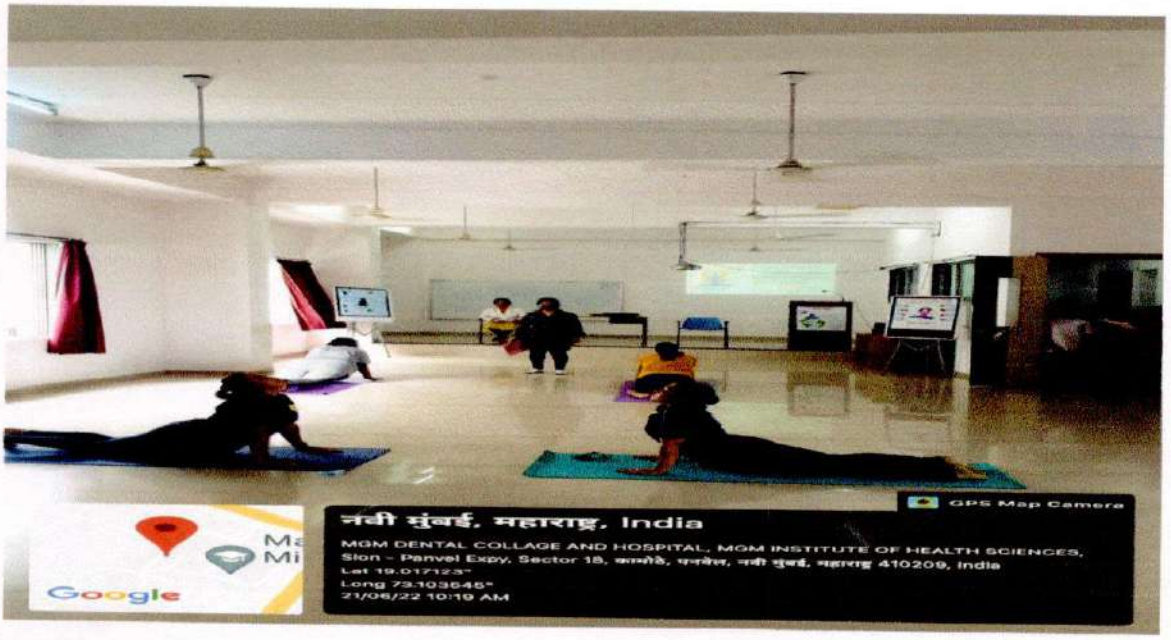

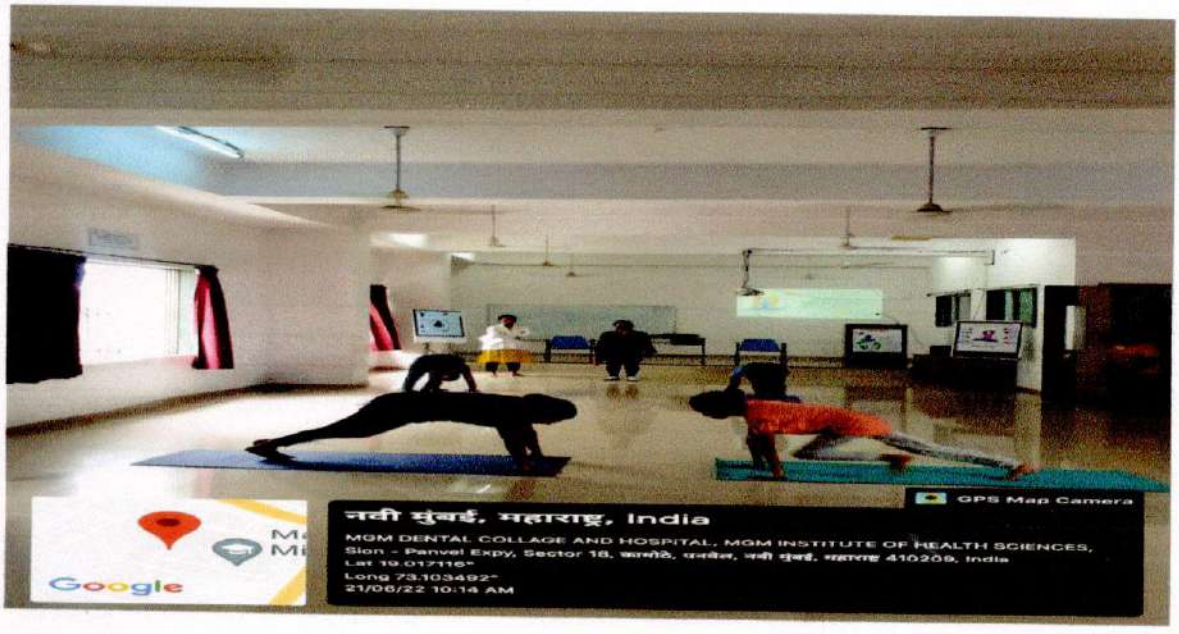

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

Signature of Director

MGM INSTITUTE OF HEALTH SCIENCES

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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet **Date:** 21/6/22

Name of the Programme : INTERNATIONAL YOGA DAY COMPETITION

Venue : 4th FLOOR 1st Year class room.

Sr. No.	Name	Designation	Signature
1			
2	Mrs. Pruthi Mathur	Assoc Prof	
3	Ms Sanjukta Mohanty	Tutor.	
4	Mrs. Snehal Lakade	Tutor	
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MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

21/6/22

MGM INSTITUTE OF HEALTH SCIENCES
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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet **Date:** 21/6/2022

Name of the Programme : YOGA DAY COMPETITION

Venue : 4th Floor 1st Year Class Room.

Sr. No.	Name	Designation	Signature
1	Anushka Santosh Kolthankar	3rd yr BSc (N)	Kolthankar
2	Apurva R. Koli	3rd yr BSc (N)	Koli
3	Shruti Laxman Talekar	3rd yr BSc N.	Talekar
4	Sanskruti R. Gompati	3rd yr BSc N.	Gompati
5	Bhagyalekshmi Ajit	3rd year BSc N	Bhagya
6	Vaibhavi Mhatre	3rd years BSc N.	Mhatre
7	Narayan Pachore	2nd yr. P.B	Pachore
8	Sayali Acharekar	2nd yr P.B BSc	Sayali
9	Rutuja Ganacharya	—11—	Ganacharya
10	Sonali Kanaskar.	—11—	Kanaskar
11	Mayank Sankhwar	—11—	Mayank
12	MS. Zayeda Khan	2nd yr MSc	Zayeda
13	Ms. Arpita B. Khandekar.	2nd yr. Msc.	Arpita
14	Ms. Mahima Yadav	2nd yr. MSC	Mahima
15	Mr. Sunil Aluvala	II M.Sc	Sunil
16	Mr. Atharv M. Waghimbe	I st BSc	Atharv
17	Ms Aishwarya Ajmera	3rd BSc N	Aishwarya
18	Ms Tisha Joseph	3rd BSc N	Tisha
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MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

21/6/22

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Attendance Sheet **Date:** 21/6/2022

Name of the Programme : YOGA DAY COMPETITION

Venue : 4th Floor 1st year class room

Sr. No.	Name	Designation	Signature
1	Bhavika Patil	1st yr BSc (N)	
2	Akhila Sebastian	I st yr BSc (N)	
3	Akila Uthaman		
4	Nandana P.		
5	Sneha Joseph	1st Yr Bsc(N)	
6	Christina Jose	1st yr BSc (N)	
7	Vanessa Thomas	2nd yr BSc (N)	
8	Malvika Nair	2nd yr BSc (N)	
9	Sandra Deepak	2nd yr BSc (N)	
10	Dona Joseph	2nd yr Bsc (N)	
11	Shivani Verma	2nd yr BSc (N)	
12	Vaishnavi Janardan Bhoir	2nd Yr Bsc (N)	
13	Bhavana Shankar Navale	2nd yr BSc (N)	
14	Neha . C . Patil	2nd yr BSC (N)	
15	Kajal Gupta	2nd yr BSc (N)	
16	Sakshi pokharkar	2nd yr BSC (N)	
17	Harshala Mhapankar	2nd yr BSC (N)	
18	Diksha S. Patil	2nd yr BSC (N	D.S.Patil
19	Rinu Elizabeth Varughese	2nd yr BSc N	
20	Acty Jaison	2nd yr Bsc (N)	
21	Christy Shajan	2nd yr Bsc (N)	
22	Deepti Bharsat	2nd yr BSC (N)	

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410209

21/6/22

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5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

YOGA COMPETITION EVALUATION FORM

CODE NO	STEPS TO DO	MARK		TOTAL
	✓ Completion of steps	5		
	✓ Coordination to breath	5		
	✓ Smoothness of position	5		
	✓ Holding the position	5		
	✓ Knowledge about the asana	5		
	✓ Completion of steps	5		
	✓ Coordination to breath	5		
	✓ Smoothness of position	5		
	✓ Holding the position	5		
	✓ Knowledge about the asana	5		
	✓ Completion of steps	5		
	✓ Coordination to breath	5		
	✓ Smoothness of position	5		
	✓ Holding the position	5		
	✓ Knowledge about the asana	5		
	✓ Completion of steps	5		
	✓ Coordination to breath	5		
	✓ Smoothness of position	5		
	✓ Holding the position	5		
	✓ Knowledge about the asana	5		

Signature of Evaluator with Date

MGM New Bombay College of Nursing
Kamothe, Navi Mumbai 410209

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/ /06/2022

Date: 03/06/2022

CIRCULAR

On the occasion of **World Environment Day: Theme - "Only One Earth"** dated 06.06.2022. I year M.Sc. Nursing students have organized awareness campaign programme which include posters and video presentations along with First & Second year B.Sc. Nursing Students at MGM Medical College Hospital, Kamothe from 10.30 am to 12.30 pm. All the concerned Students should participate in the programme. All faculties are invited to attend the programme.

Signature of Organizer

MGM New Bombay College of Nursing Kamothe, Navi Mumbai 410209

3/6/2022

Signature of Director
PROFESSOR & DIRECTOR
MGM New Bombay College of Nursing
Kamothe, Navi Mumbai - 410209

Tel. No.: 022- 27430141/ 27430215/ 27430213 | E-mail: principal@mgmnbcon.ac.in | Website: www.mgmudn-nm.edu.in

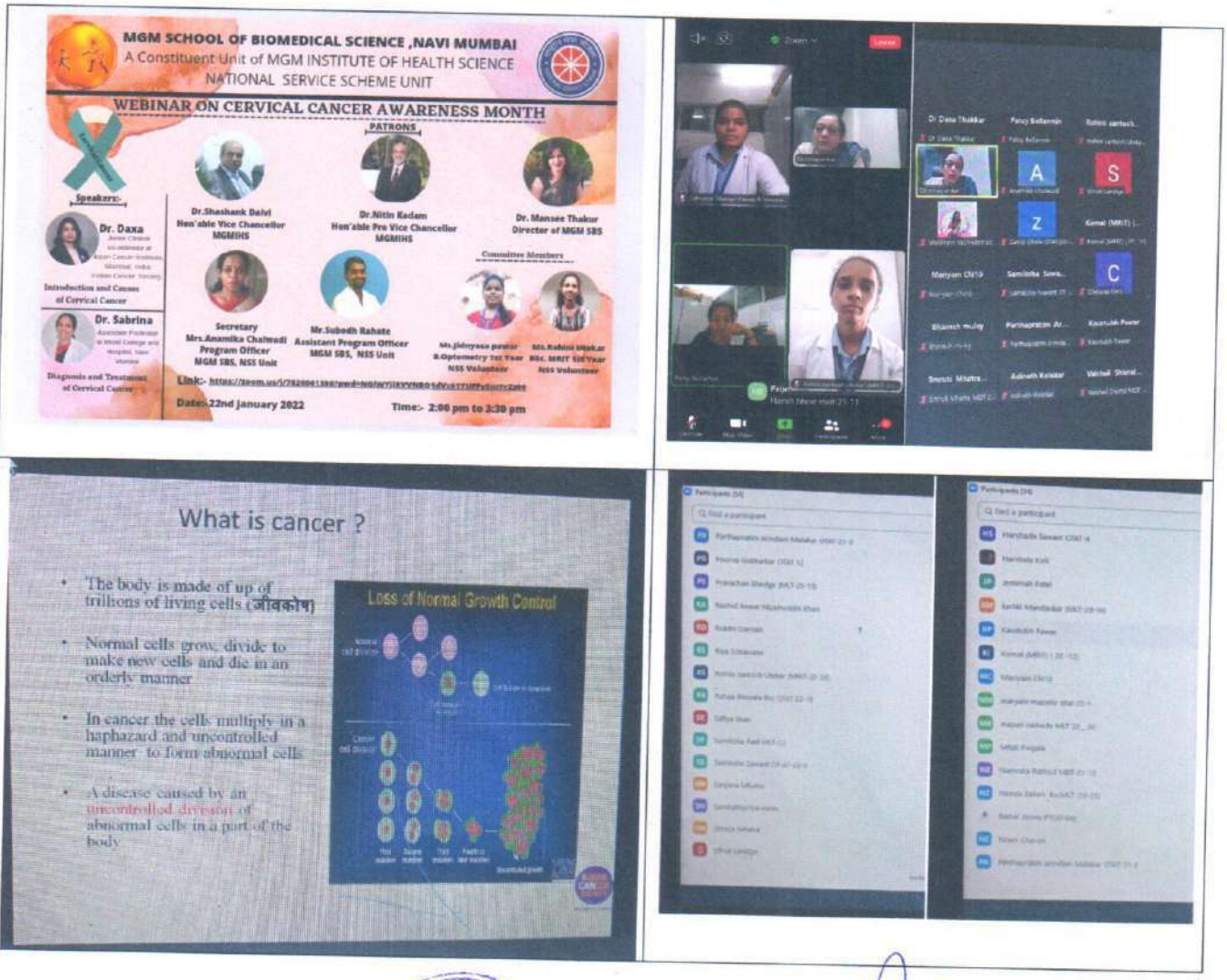
Cervical Cancer Awareness Month

EVENT NAME-WEBINAR ON CERVICAL CANCER AWARENESS MONTH.

DATE&TIME-22nd January 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on CERVICAL CANCER Awareness Month; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, Mrs. .Anamika Chalwadi Mr. Subodh Rahate Ms. Jidnyasa Pawar Ms. Rohini Utekar	78



M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

WEBINAR ON CERVICAL CANCER AWARENESS MONTH was conducted on **22ND January 2022** by MGM **SBS National Service Scheme (NSS UNIT)** which was attended by total 78 student.
Conference was about **Creating awareness** about **Cervical cancer** by solving myths, telling Symptoms, diagnosis and treatment of it. There were 2 Speakers which were **Dr. Daxa** (Indian Cancer Society) and **Dr. Sabrina** (Gyanc – MGM College & Hospital). They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES
KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

National Doctor Day

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of Felicitation of "COVID Warriors" on occasion of National Doctor's day organized by NSS unit and Student council held on 1/07/2022 (Friday) at Mgm Medical college, Kamothe.

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar

Professor [Community Medicine]

Secretary [Student Council]

Program officer [NSS unit]

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

Felicitation of "COVID Warriors"

A programme organized by the

NSS Unit

Student Council

DATE: 1ST JULY 2022,FRIDAY .

Occasion – National Doctor's Day

Venue: Auditorium (MGM Medical College,Navi Mumbai)

''Corona warriors are the sleep-deprived heroes which includes doctors, nurses, medical cleaners, pathologists, paramedics, ambulance drivers, and health-care administrators. In the fight against coronavirus, the brave medical army stands strong with thermometers, stethoscopes, and ventilators as their weapons. Not to forget, medical researchers are working day in and night out against all odds, hoping to find the antidote to the disease.''

National Doctor's Day on July 1

When the world is struggling to survive a pandemic, there is probably no better time to remember the 'national doctor' whose story is a mix of hard work, talent, success despite racial discrimination, love for his homeland and an unmatched dedication towards his profession. India celebrates July 1 as 'National Doctor's Day' commemorating the iconic and internationally renowned medical practitioner, Dr Bidhan Chandra Roy who served as a physician, a freedom fighter, an educationist and a politician.

Who was Dr Bidhan Chandra Roy

Roy was born in Patna Bengal Presidency, British India, in 1882. He first did a graduation in Mathematics following which he studied medicine at the University of Calcutta. Aiming higher he went to England to join the prestigious St Bartholomew's Hospital in London but was initially denied admission as he came from the Asian continent. Nonetheless, after 30 attempts, his admission was finally approved.

The man who was initially denied admission to the leading London institute went on to become a Member of the Royal College of Physicians (MRCP) and a Fellow of the Royal College of Surgeons (FRCS), after his post graduation in 1911. It was a feat unheard of.

Dr Roy was still pursuing medicine in Calcutta when the partition of Bengal was announced. Resisting the urge to join the movement, the young doctor is said to have focus on his studies hoping to contribute through mastering his profession.

Following his return from London, Dr Roy joined the Independence movement, went on to teach medicine at his alma mater, where he eventually became the Vice-Chancellor. He joined politics in 1925 and served as the second chief minister of West Bengal (1948-62).

Dr Roy was known to be one of Mahatma Gandhi's personal physicians and a good friend. The tall doctor was also know to be the medical counsel of former Prime Minister Jawaharlal Nehru.

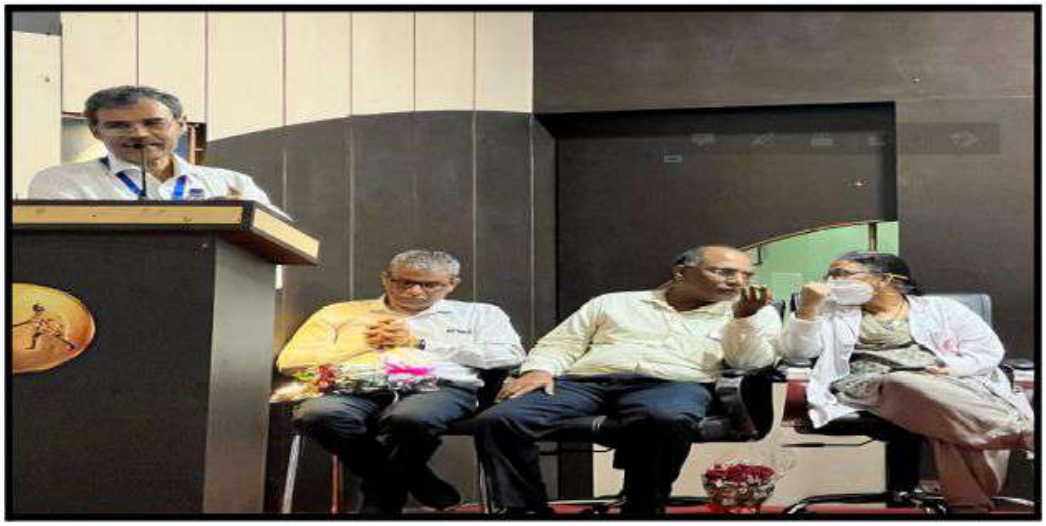
India honoured Dr Roy with a Bharat Ratna in 1961. Dr Roy passed away on his 80th birthday on July 1, 1962. He donated his home to be converted into a nursing home named after his mother Aghorkamini Devi, who was an ardent Brahmo Samaji and a dedicated social worker.

The British Medical Journal, in its obituary of Roy, called him the “first medical consultant in the subcontinent of India, who towered over his contemporaries in several fields”. It also said, “… at his professional zenith he may have had the largest consulting practice in the world, news of his visit to a city or even railway station bringing forth hordes of would-be patients.”

MGM Medical College and Hospital , Navi Mumbai appreciated the efforts taken by the COVID Warriors including medical , nursing , paramedical ,biomedical , hospital management, transportation department, security department for their significant contribution in health care delivery of patients. As a token of appreciation, the College felicitated them for their extra-ordinary work.

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council,Program officer -NSS unit]

Honourable Dean sir - Dr G. S. Narshetty took the task of hosting the event and made sure that each and every corona warrior of each department gets felicitated .



The presence of Honourable

Dr. Shashank D. Dalvi (Vice – Chancellor MGMIMS)

Dr. (Lt.Gen) K.R. Salgotra (Medical Superintendent ,MGM hospital Kamothe)

Dr. Rajesh Goel , (Registrar MGM Medical college, Navi Mumbai)

made the event special .

Dr. Shashank D. Dalvi (Vice – Chancellor MGMIMS)

Dr. (Lt.Gen) K.R. Salgotra (Medical Superintendent ,MGM hospital Kamothe)

The function began with a small prayer and lighting of the lamp.

The starting of the event was marked with the presence and felicitation of the covid task force team's Head

Dr. Jaishree Ghanekar (Professor & HOD, General Medicine)

Dr. Vijay Kamale (Professor & HOD, Paediatrics)

Dr. D.B. Bhusare (Prof. & HOD Emergency Medicine)

Dr. Pradeep Potdar(Prof. & HOD Respiratory Medicine)

Dr. Gogena (Ex. Professor & HOD, Anaesthesiology)

Dr. Mansi Thakur (Incharge SBS)

The covid task force team's Head shared their experiences of the covid time and their work management during the pandemic.

After this each corona warrior of each department of the medical , nursing , paramedical ,biomedical , hospital management was felicitated

Covid task force team's Head

Dr. Jaishree Ghanekar (Professor & HOD, General Medicine)

Dr. Pradeep Potdar(Prof. & HOD Respiratory Medicine)

Covid task force team's Head

Dr. D.B. Bhusare (Prof. & HOD Emergency Medicine)

Dr. Vijay Kamale (Professor & HOD, Paediatrics)

Covid task force team's Head

Dr. Gogena (Ex. Professor & HOD, Anaesthesiology)

Dr. Mansi Thakur (Incharge SBS)

DEPARTMENT OF GENERAL MEDICINE

Dr. Sandeep Rai [PROFESSOR]

Dr.Mitesh Thakkar [PROFESSOR]

Dr. Aditya Nayak [Assistant Professor]

DEPARTMENT OF GENERAL MEDICINE

Residents

Dr. Prashant Kaushik

Dr Abhishek jha

DEPARTMENT OF GENERAL MEDICINE

Residents

Dr Awaiz farroqui

Dr. Khapre Rohit Yashwant

Department of Psychiatry

Dr. Darpan Kaur [Professor]

Dr. Shubhangi Dere [Assistant Professor]

Department of Emergency Medicine

Dr. Sagar Sinha [ASSOCIATE PROFESSOR]

Dr. Mayank Dhir [ASSISTANT PROFESSOR]

Department of Emergency Medicine

Residents

Dr. Sibjathullah G.K [Resident]

Dr Varun S [resident]

Dr Sindhu Kode [resident]

Department of Paediatrics

Dr Nikhilesh [resident]

Dr. Khan Mohd Nazmuddin [resident]

Dr. Akshai B. [resident]

Dr. Tuhin S resident]

Department of Anaesthesiology

Dr. Vishwas Sathe [Professor]

Dr. Ankita Joshi [Assistant professor]

DEPARTMENT OF RADIOLOGY

Dr Pranjal Sharma [resident]

Dr Ojaswi K [resident]

Dr Suresh Kumar [Radio safety officer]

DEPARTMENT OF COMMUNITY MEDICINE

Dr. Prasad Waingankar [PROFESSOR AND HOD]

Dr. Mrunal Pimparkar [PROFESSOR]

Dr. Pradeep Sawardekar [PROFESSOR]

DEPARTMENT OF COMMUNITY MEDICINE

Dr. Madhavi Mankar [ASSOCIATE PROFESSOR]

Dr. Sunila Sanjeev [ASSOCIATE PROFESSOR]

Dr. Ashlesha Tawade [Assistant Professor]

DEPARTMENT OF COMMUNITY MEDICINE

Dr. Noopur Kulkarni [Assistant Professor Epidemiologist]

DR SAYLI [Tutor]

DEPARTMENT OF COMMUNITY MEDICINE

MR VIKRANT D

MISS PRACHI N

MISS VINEETA S

RESIDENT [Geriatrics]

Dr. Prakash Mane [Assistant professor] Anatomy

Department of Traumatology

Dr. Vishaka Malhotra [resident]

Dr. Siraj H. [resident]

DEPARTMENT OF RESPIRATORY MEDICINE

Dr. Shreeja Nair [ASSOCIATE PROFESSOR]

RESIDENT

DEPARTMENT OF DERMATOLOGY

Dr. Shylaja S [PROFESSOR AND HOD]

Dr.Surina Nair [RESIDENT]

Department of Pathology

Dr. Shilpi Sahu [PROFESSOR AND HOD]

Dr. Hoogar M.B. [Associate professor]

Dr. Shilpi Sahu [PROFESSOR AND HOD] of pathology department payed her deepest condolences to Professor Dr. Patro [professor - Department of ImmunoHaematology & Blood Transfusion] sad demise during the pandemic.

MGM Institute is grateful to Dr Patro for his selfless contribution in the field of healthcare and appreciate his commitment which he held until the end of his life .

Department of Microbiology

Dr. S.A. Samant [associate professor]

Dr. Harapriya Kar [associate professor]

Department of biochemistry

Dr. Z.G. Badade [professor]

Dr. Parineeta Samant [professor]

Medical Social Worker ‘s team

The medical social worker team played a very important and crucial role during the pandemic . They were the primary interface between the hospital and the patient’s relatives.

Their work was appreciated and the team was feliciated by honourable vice chancellor sir

The Medical Social Worker ‘s team -

Mr. Eknath Bagul

Mrs. Rupali Gujar

Mr Vikrant Dinkar

NURSING DEPARTMENT

The department of nursing provided their full support with full strength to make sure that there is proper functioning of the work during the pandemic. This was appreciated and the nursing team was fecilitated by Dean sir .

Security Department

House keeping department

Pathology , Laboratory and Technician department

Pathology , Laboratory and Technician department

The efforts and hardwork by the following committee during the covid time was remarkable and this was appreciated by Dean sir .

IT department

Mess and canteen dept

Biomedical Engineering

Site office department

Mjpjy team

Reception team and counselling

The event went in its final phase with the closing remarks of Honourable Vice – Chancellor sir , Medical Superintendent sir and Dean sir.

The Audience during the programme ...

The Audience during the programme ...

The programme was a huge successful due to the efforts of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council,Program officer -NSS unit], the NSS Unit and Student's Council members.

Following is the mention of the students of the NSS Unit and student council

Sr no	Name of student	Year of studying
1	Dr .Sanjay singh kushwah	INTERN
2	Shantanu Khandge	FINAL YEAR MBBS
3	Piyush Kothari	3RD YEAR MBBS
4	Dhaiyay Pandya	3RD YEAR MBBS
5	Raj Zalavadia	3RD YEAR MBBS
6	Bilal Mokashi	3RD YEAR MBBS
7	Pranay Kapur	3RD YEAR MBBS
8	Drishti kukreja	3RD YEAR MBBS
9	Vinay gupta	3RD YEAR MBBS
10	Drishti Kukreja	3RD YEAR MBBS
11	Tanmay saaho	3RD YEAR MBBS
12	Romit unde	3RD YEAR MBBS
13	Anusha hingorani	3RD YEAR MBBS
14	Gayasuddin khan	3RD YEAR MBBS
15	Jhanvi Nair	2nd Year MBBS
16	Neha Powar	2nd Year MBBS
17	Rhea Thomas	2nd Year MBBS

18	Sharon Thomas	2nd Year MBBS
19	Parnika Joshi	2nd Year MBBS
20	Bipasha Kapoor	2nd Year MBBS
21	Pranati Agrawal	2nd Year MBBS
22	Preeti Kavrani	2nd Year MBBS
23	Pratiksha Pathare	2nd Year MBBS
24	Aariya Ramanvjar	2nd Year MBBS
26	Sandipan Sinha Ray	1st Year MBBS
27	Nitnavya Soni	1st Year MBBS
28	Naman Singh	1st Year MBBS
29	Parth Thakre	1st Year MBBS
30	Aditya Shinde	1st Year MBBS
31	Sakshi Sinha	1st Year MBBS
32	Monica Srivastava	1st Year MBBS
33	Riya Verma	1st Year MBBS
34	Sharvari Borse	1st Year MBBS
35	Charchit Vats	1st Year MBBS

Dr. Pradeep Sawardekar
Professor [Community Medicine]
Secretary [Student Council]
Program officer [NSS unit]

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

Dr. G.S Narshetty
Dean
MGM Medical College
Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of Doctor's day celebration activity on occasion of National Doctor's day organized by NSS unit , Student council and department of Community Medicine held on 1/07/2022 (Friday) at Mgm Medical college,Kamothe.

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar	**Dr. Prasad Waingankar**
Professor [Community Medicine]	Professor and HOD
Secretary [Student Council]	Community Medicine
Program officer [NSS unit]	MGM Medical College Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Professor & Head
Dept of Community Medicine
M G M Medical College,
Kamothe, Navi Mumbai-410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

DEPARTMENT OF COMMUNITY MEDICINE
NSS UNIT AND STUDENT COUNCIL

CELEBRATES DOCTOR'S DAY

DATE: 1ST JULY 2022,FRIDAY .

" only a Doctor is blessed with the magical powers to treat life, and to bring health into our lives ,to be there with us when we have lost all the hope "

Report on Doctor's Day celebration activity held on National Doctor's Day

Date: 1st July 2022

Time 9:00 am-12.00 pm

Place : MGM Medical College and Hospital , Navi Mumbai

The Department of Community Medicine, NSS unit and Student council of MGM Medical college, Navi mumbai celebrated National Doctor's Day on 1st July 2022 to pay tribute to all medical practitioners for their ethical and relentless service to the humanity .

The celebration was an attempt to emphasize on the value of doctors in our lives and to express our gratitude towards them.

Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council,Program officer -NSS unit] explained about the activity to the students and instructed the students regarding the workup for the day.

At 9.00 am Dr Pradeep Sawardekar along with the NSS unit Students & Student's council members gathered around the Dean office. The first activity of the day was the felicitation of Dr G. S. Narshetty [Dean - Mgm Medical College Navi Mumbai) with bouquet of flowers by the students.

DR G.S NARSHETTY [DEAN , MGM MEDICAL COLLEGE NAVI MUMBAI]

DR PRADEEP SAWARDEKAR [PROFESSOR – COMMUNITY MEDICINE]

MR. SHANTANU [G.S OF STUDENT COUNCIL]

STUDENTS OF NSS UNIT AND STUDENT COUNCIL

After this, the students were divided into different teams . A total of 16 teams of students was formed .Each team was assigned the task of felicitating each doctor staff in each department of medical college and hospital .

Around 9.30 the students in the assigned group went to the respective department.

The students expressed their gratitude towards the doctors by presenting them a flower as a token of appreciation for their immense hard work.

The students felicitated everyone from the department right from the HOD'S , Associate,Assistant professors to the Residents and Interns of the department .

The students covered each and every department of medical college and hospital , wards, opd and tried their level best to felicitate each and every doctor of the MGM Institute

SR NO	DEPARTMENT	NUMBER OF DOCTOR'S FACILIATED
1	Anatomy	5
2	Physiology	6
3	Forensic medicine	2
4	Community medicine	15
5	pathology	12
6	radiology	13
7	Ear, Nose, and Throat	5
8	Ophthalmology	7
9	pharmacology	4
10	General medicine	24
11	Anesthesiology	11
12	Dermatology	8
13	General surgery	20
14	Obstetrics and gynecology	18
15	Psychiatry	5
16	microbiology	6
17	orthopeadics	11
18	Paediatrics	10
19	BIOCHEMISTRY	4
Total		186

Residents - Orthopeadics

Residents - General Surgery

Residents and Intern General Medicine

Dr Mitesh Thakkar [Professor – General Medicine]

Department of Biochemistry

Department of Anatomy

Department of Community Medicine

Department of community medicine has visited different outreach centers -

1) Subdistrict hospital panvel
2) UHTC Khopoli
3) RHTC Nere

The community medicine department staff felicitated the various medical field worker working in these centers on the day of national doctor's day

Subdistrict hospital panvel

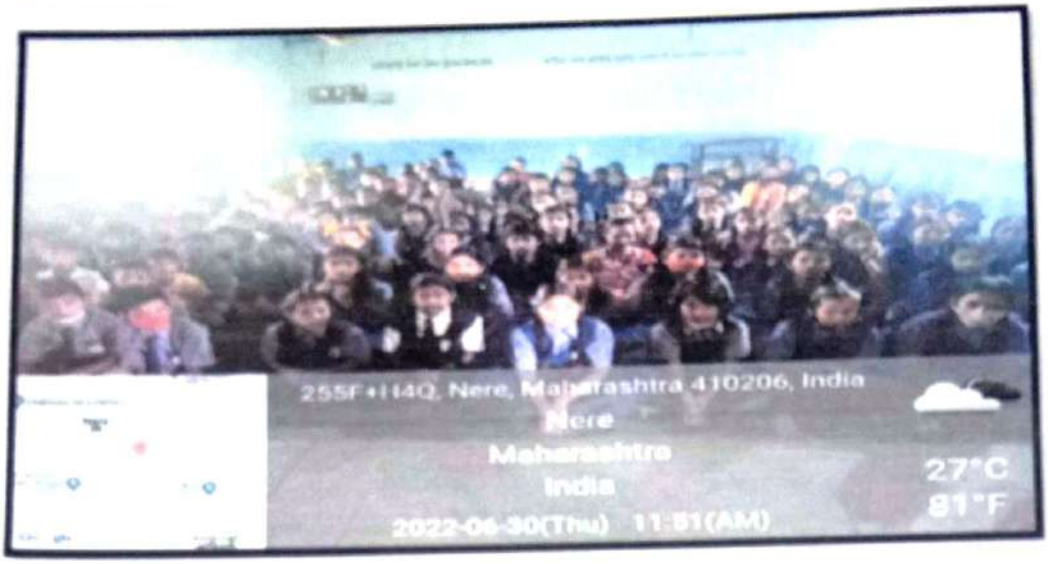
RHTC Nere

UHTC Khopoli

The SEAL Ashram old age home Nere and the ZP school felicitated the staff of Community Department MGM medical College Navi Mumbai

SEAL Ashram

ZP school RHTC



The activity enchanced the understanding of the medical students regarding the hardwork of the medical practioners who are working tirelessly for the humanity.

The NSS volunteers and the Student council members have immensely worked very hard for making this event a grand success.

Dr. Pradeep Sawardekar

Professor [Community Medicine]

Secretary [Student Council]

Program officer [NSS unit]

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dr. Prasad Waingankar

Professor and HOD

Community Medicine

MGM Medical College Navi Mumbai

Professor & Head
Dept of Community Medicine
M G M Medical College,
Kamothe, Navi Mumbai-410209

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A++' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CIRCULAR

Date:30th June, 2022

CELEBRATION OF NATIONAL DOCTOR'S DAY-2022

Agenda: To create awareness about Prosthetics & Orthotics field and its role for rehabilitation of Disabled people among common people.

This is to inform all the staffs that, Department will organize an Awareness Programme for Security Personals of MGM Institute of Health Sciences about Prosthetics & Orthotics services at MGM Hospital.

The Details are as follows:

1. **Date:** 01th July 2022, Friday.
2. **Time**: 03.00 PM to 04.00 PM
3. **Venue**: Academic Section, MGM Department of Prosthetics & Orthotics.

NOTE: All staff should be Present in the Department at that time for successful completion of the programme.

Dr. Uttara Deshmukh (P&O)
I/C Principal, Associate Professor
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A++' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CELEBRATION OF NATIONAL DOCTOR'S DAY-2022

Name of the event: - Awareness Programme about Prosthetics & Orthotics services and demonstration of Prosthetic and Orthotic products.

Purpose of the Event: To create awareness about Prosthetics & Orthotics field. .

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 01th July 2022.
Time: 03:00 PM to 04:00 PM (One hour).

No. of attendees: 12 Security Personals of MGMIHS.

Proceedings of the event:

Awareness about various allied health care professions plays a key role in improving access and Rehabilitation services to the needy persons.

On the Occasion of National Doctor's Day-2022, **MGM Institute's University Department of Prosthetics orthotics** organized an Awareness Programme of Prosthetic & Orthotic Services at Department of Prosthetics & orthotics of MGM Institute of Health sciences among security personals.

Dr. Uttara Deshmukh (P&O) demonstrated various types of P&O devices like Arch Support, Heel wedge, Ankle foot Orthosis, Knee Ankle Foot Orthosis, Hip Ankle foot orthosis and Prosthetic equipments like Below knee Prosthesis and Above Knee Prosthesis and various types of other prosthesis. Also she solved all the doubts of security personals regarding Prosthetics & Orthotics Field and answer all the queries. She also gave the information about the Bachelor of Prosthetics & Orthotics graduation programme by which any students can able to serve Disabled People by giving various P& O devices.

Overall the session was beneficial for all security personals by which they learned about Prosthetics & Orthotics fields which is beneficial for the society to give rehabilitation service to disabled Patients.

Uttara Deshmukh

Dr. Uttara Deshmukh (P&O)
I/C Principal, Associate Professor
MGM Institute's University Department of Prosthetics & Orthotics,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS
Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829/7620, Website:
www.mgmudpo.edu.in

Celebration of 'DOCTORS DAY' ON 1ST JULY 2022

Creating awareness of Prosthetics and Orthotics Services in the MGM Campus.

SR.NO	Name	Department/office	Sign
1 Ex.	Govind Bimali	Security	Gbimali
2 S.G.	Deepak Salve	Security Guard	
3 EX	DAL Bahadur	Security SUP — II —	Dal
4 Ex-	Rameshwar P. Dahibhate		Prdahibhate
5 HSG	Vaishali V. Chavan	Security	Vvchavan
6	Ashwini Mundhe		Amundhe
7			
8	Pranay Nakhawa	selusity	
9	Sandip Shriwadhankar		Shriwadhankar
10	Prem Bahadur Singh	ext mon	
11	mane Tanaji Rajaram	Security	Stmane
12	Kundal chandrakant kadam	Security	
13	Deepali Jagtap	security	Deepali
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			

Uttara Deshmukh

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A++' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CELEBRATION OF NATIONAL DOCTOR'S DAY-2021 , DATE- 01-07-2022

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
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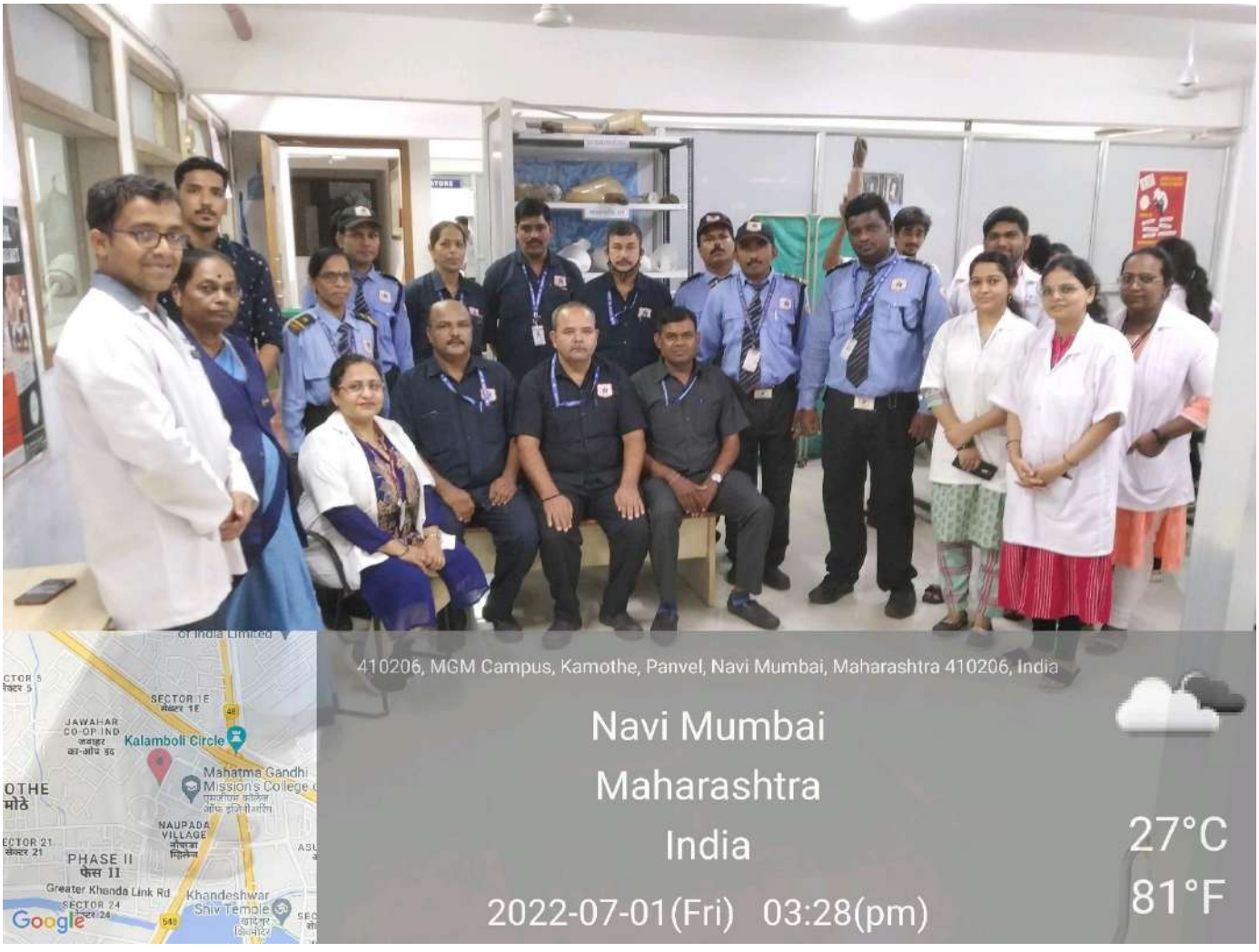
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CELEBRATION OF NATIONAL DOCTOR'S DAY-2021 , DATE- 01-07-2022



World Population Day

MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
MGM SCHOOL OF PHYSIOTHERAPY
Sector-1, Kamothe, Navi Mumbai – 410209

World Population Day

Date: 21.07.2022

Preamble	:	World Population Day is observed every year on 11th July across the world. The event was established by the Governing Council of the United Nations Development Program in 1989. The UN initiated this program to combat the issue of growing population. It is dedicated to raise awareness about global population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights.
Objective	:	- To spread awareness about issues related to population rise. - To explain the importance of family planning. - To explain the benefits for educating a girl child. - To spread awareness about various national policies.
Event	:	World Population Day
Time and Date	:	9.00 am to 11.00 am, 21st July, 2022
Organized by	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai
Participants	:	Bachelor of Physiotherapy students and faculty.
Event Coordinator	:	Dr. Ruturaj Shete (PT), Dr. Aarohi Joshi (PT), Dr. Viral Sarvaiya (PT)
Venue	:	Primary Health Care Center, Nere, Raigad.
Summary	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai took the initiative to create awareness about importance of family planning, gender equality, poverty, maternal health and human rights at Primary Health Care Center, Nere, Raigad on the occasion of World Population Day. The session started with a talk by Janhvi Naik, NNS volunteer about various issues arising due to rise in population. Posters were used to introduce various contraceptive methods to the audience. NSS volunteers raised awareness about prevention of

		female feticide and infanticide. Prosperity of having a girl child and importance of providing them with quality education was explained. Various national girl child policies that are introduced by the government were explained. 36 beneficiaries were there out of which 21 were males and 15 were female. The average age was 35 years. Beneficiaries found the session informative.

NSS volunteers spreading awareness regarding birth control measures at PHC, Nere, Raigad.

NSS volunteers with Dr. Viral S. (PT) at PHC, Nere, Raigad.

Dr. Aarohi Joshi (PT)
NSS Assistant officer
MGM School of Physiotherapy, Navi Mumbai

Dr. Ruturaj Shete (PT)
NSS Program Officer
MGM School of Physiotherapy, Navi Mumbai

Dr Shrutika Parab (PT)
IQAC coordinator
MGM School of Physiotherapy, Navi Mumbai

Dr. Rajani Mullerpatan
Professor-Director
MGM School of Physiotherapy, Navi Mumbai

MGM School of Physiotherapy * NAVI MUMBAI *

MGM Institute of Health Sciences
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC

MGM School of Physiotherapy

N-6 CIDCO, Aurangabad-431003

Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

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25th Nov 2021

This is to Inform all the Students from first to Final Year , A lecture is scheduled on 2nd Dec 2021on the occasion of National Pollution Control Day in the first year classroom by Dr Snehal Thakur

Topic : What You Should Eat to Avoid Pollution

Resource Person : Dr Snehal Thakur (PT) (IAFT Certified Dietician and Nutritionist)

Time : 4:00 PM to 5:00PM

Principal

Principal
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy
Aurangabad

	MGM SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
	Conferences/ Seminars/Workshop/CME/Quiz/ Debate/ Guest Lecture/Extension activity etc	Date	3rd Dec 2021
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College /Regional/ State/ National/ International.
Guest Lecture on the occasion of National Pollution Control Day	
2	**Background/Introduction** - Need/ reasons for holding the prg. Name of Association /Collaoration etc.
This lecture was arranged to make students aware about the need of adopting ore environment friendly diet options and to make them aware about the fact that how their food choices can affect the environment in a positive or negative way	
3	**Venue** -
First Year Classroom (First Floor)	
4	**Sponsors** - Name & Details
-	
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc.....
6	**Speakers/ Judges/ Chairman/Panel Team** - Brief Introduction with their achievements.
We were fortunate to have a resource person Dr Snehal Thakur who is an Indian Academy of Fitness Training certified dietician and Nutritionist	

MGM School of P Aurang

	MGM SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	AER/IQAC/00
		Issue No.	1
	Academic Event Report Conferences/ Seminars/CME/Quiz/ Debate/ Guest Lecture etc	Rev. No.	
		Date	3rd Dec 2021
		Page	Page 2 of 2

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.
Total 40 students attended the lecture	
8	**Prize Distribution etc** - Brief Summary of the Proceeding.
9	**Valedictory Ceremony** - Brief of the proceeding including chief guest etc. and who conducted it.
10	**Highlights of the Event** - Brief about the main highlight(s) of the event.
Students were enlightened with the knowledge about the food cultures and traditions also they were enthusiastic to implement the concept of eating local, seasonal and traditional in their daily food habbits	

Report Prepared on: 3rd December 2021

Report Prepared by-Dr Vaibhavi Walimbe (PT)

Designation/ Dept- Assistant Professor

Vaibhavi

Signature
Organizing Chairman/ Secretary

Signature
Principal/ HOD

Principal
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy, Aurangabad

MGM Institute of Health Sciences
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC

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N-6 CIDCO, Aurangabad-431003

Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

List of Students who Attended Lecture on National Pollution Control Day

Name of the Student	Year	Sign
Chinmay Videhar	Ist	
Soham Sawant	IInd	
Nidhi Nayar	IInd	
Kankshi Vethear	IIyr	
Prathamesh Khedekar	IInd	
Vaibhav Khaydekar	Ist	
Nishika Kaul	Ist	
Khadka diya	Ist	
Sauzaloh Abhojan	IV	
Gayatri Hirgole	IV	
Darshana Chachra	IV	
Harshal Gupta	IInd	
Sheetal Godbole	IIIrd	
Asmeen Siddiqui	3rd year	
Kanal Bochare	3rd year	
Jouk Neha	2nd	
Aditi Joshi	2nd	
Jeet Kantaria	IV	
mayuresh Padalkar	final year	
Juí Phaltankar	IVth year	
Prathamesh	4th year	
Gaurav Sonone	Ist	
Prashant Kadam	IInd	
Pragati Talekar	IInd	
Ashoukumar Jadhav	IV	
Anwar Patel	Ist	
Anwar Patel	Ist	
Gayatri Dahiwale	IV	

MGM Institute Aurangabad

Athawale Sane	IV	
Digvijay Deshmukh	IV	
Parvez Patel	IV	
Ruteja Kashikar	IV	
Dakshata Bhande	IV	
Vedashree Godbole	IV	
Aaryan Patil	IV	
Vivek Waware	IV	
Sukeshini Sawant	IV	
Shweta Salunke	Fifth year	
Digvijay Deshmukh	IV	
Sakshi Khareta	IV	

Principal

MGM School of Physiotherapy
Aurangabad

Principal
MGM School of Physiotherapy
Aurangabad

National Pollution Control Day (Lecture by Dr Snehal Thakur)

Director
MGM School of Physiotherapy
Aurangabad

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT AND STUDENT COUNCIL

To,

The Dean,

MGM MEDICAL COLLEGE

Kamothe, NaviMumbai

Subject - Report of celebration of '**World Population Day**' activity organized by NSS unit and Student council

Respected sir,

Here by submitting the report of celebration of 'World Population Day' activity organized by NSS unit and Student council held on 13/07/2022 (wednesday) at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

NSS UNIT AND STUDENT COUNCIL

CELEBRATES **WORLD POPULATION DAY**

DATE:13th JULY 2022, WEDNESDAY

TIME : 10 AM – 1 PM

PLACE : MAHATMA GANDHI MISSION HOSPITAL FOR WOMEN AND CHILDREN KALAMBOLI, NAVI MUMBAI.

"Reaching a global population of eight billion is a numerical landmark, but our focus must always be on people. In the world we strive to build, 8 billion people means 8 billion opportunities to live dignified and fulfilled lives."

-UN Secretary-General António Guterres

WORLD POPULATION DAY 2022 THEME:

"A world of 8 billion: Towards a resilient future for all - Harnessing opportunities and ensuring rights and choices for all"

In 2011, the world reached a population of 7 billion. This year, the number will hit 8 billion, prompting the attendant responses. Some will marvel at the advancements in health that have extended lifespans, reduced maternal mortality and child mortality and given rise to vaccine development in record time. Others will tout technological innovations that have eased our lives and connected us more than ever. Still others will herald gains in gender equality.

But progress is not universal, throwing inequality into razor-sharp relief. The same concerns and challenges raised 11 years ago remain or have worsened: Climate change, violence, discrimination. The world reached a particularly grim milestone in May: More than 100 million forcibly displaced worldwide.

In an ideal world, 8 billion people means 8 billion opportunities for healthier societies empowered by rights and choices. But the playing field is not and has never been even. Based on gender, ethnicity, class, religion, sexual orientation, disability and origin, among other factors, too many are still exposed to discrimination, harassment and violence. We do ourselves no favors when neglecting those left behind.

Let no alarmist headline distract from the work at hand: investing in human and physical capital for inclusive, productive societies that uphold human and reproductive rights. Only then can we tackle the enormous challenges facing our planet and forge a world where health, dignity and education are rights and realities, not privileges and empty promises. In a world of 8 billion, there must always be space for possibility.

World Population Trends

It took hundreds of thousands of years for the world population to grow to 1 billion – then in just another 200 years or so, it grew sevenfold. In 2011, the global population reached the 7 billion mark, it stands at almost 7.9 billion in 2021, and it's expected to grow to around 8.5 billion in 2030, 9.7 billion in 2050, and 10.9 billion in 2100.

This dramatic growth has been driven largely by increasing numbers of people surviving to reproductive age, and has been accompanied by major changes in fertility rates, increasing urbanization and accelerating migration. These trends will have far-reaching implications for generations to come.

The recent past has seen enormous changes in fertility rates and life expectancy. In the early 1970s, women had on average 4.5 children each; by 2015, total fertility for the world had fallen to below 2.5 children per woman. Meanwhile, average global lifespans have risen, from 64.6 years in the early 1990s to 72.6 years in 2019.

In addition, the world is seeing high levels of urbanization and accelerating migration. 2007 was the first year in which more people lived in urban areas than in rural areas, and by 2050 about 66 per cent of the world population will be living in cities.

These megatrends have far-reaching implications. They affect economic development, employment, income distribution, poverty and social protections. They also affect efforts to ensure universal access to health care, education, housing, sanitation, water, food and energy. To more sustainably address the needs of individuals, policymakers must understand how many people are living on the planet, where they are, how old they are, and how many people will come after them.

Did you know?

- Since the middle of the 20th century, the world has experienced unprecedented population growth. The world's population more than tripled in size between 1950 and 2020.

- During the period from 2000 to 2020, even though the global population grew at an average annual rate of 1.2%, 48 countries or areas grew at least twice as fast: these included 33 countries or areas in Africa and 12 in Asia.
- The life span of adults in the developed world has increased since the middle of the 20th century - the number of people reaching the age of 100 years has never been greater than it is today.
- Worldwide, the number of deaths relative to the size of the population has been declining since the 1950s, Over the next several decades, projections by the United Nations assume a continuing gradual decrease in age-specific mortality rates.

What is India's current population?

According to Census 2011, the population of India was 1.21 billion. The current population in India is estimated to be around 1.37 billion (according to Untied Nations data 2020) and 1,508,525,200,416 approx according to worldometer in 2022.

The NSS unit and Student council of MGM Medical college, Navi mumbai celebrated World Population Day on on 13/07/2022 (Wednesday) at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision and guidance of Dr. Pradeep Sawardekar [Secretary - Student Council,Program officer -NSS unit]

The Programme started with opening speech of Dr. Pradeep Sawardekar who stressed upon the importance of Celebrating World Population Day and the awareness regarding increasing population among the society .
He talked regarding the concerns of the growing population and the ways to control it.

The Programme later progressed with the powerpoint presentation and talk by two final year MBBS students –

1] Keagan Gerard Miranda

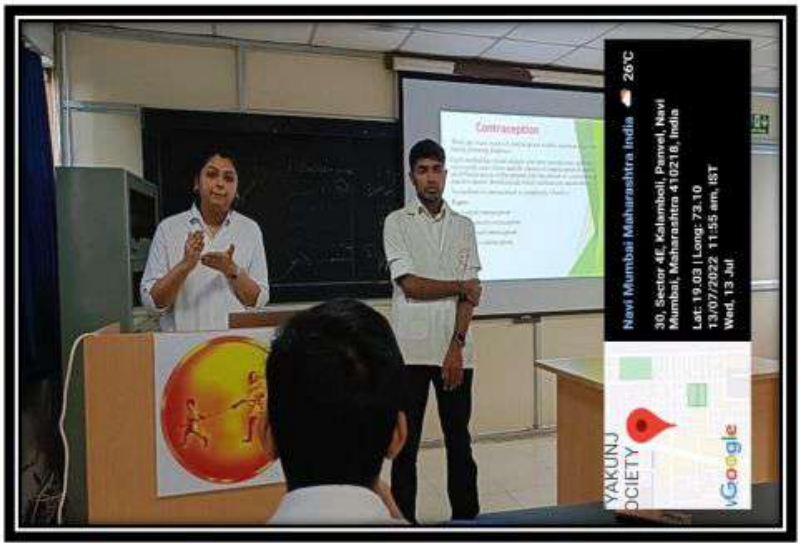
2] Anushka Anand Hanchate

The topic of the presentation was Contraception .

They explained regarding the basics of contraception, its advantage and disadvantage , the classification , the application of it in controlling the population.

The interaction by Keagan and Anushka was in very simple language which helped the audience to understand the topic very easily.

They were opened to various questions and answers from the audience.



The programme went into its final phase with the closing remarks of Mr. Jeevan Urankar (Assistant program officer- male).He emphasized on the need to control population .

The Audience during the programme

The Audience during the programme

Following are the faculty members involved in the programme

Sr no	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer NSS unit Secretary [Student Council]
2	Mr. Jeevan Urankar	Assistant program officer- male
3	Ms. Prachi Nangare	Health Inspector
4	Dr Sanjay Singh Kushwah	Intern [MBBS]

The NSS volunteers and the student council members

Sr no	Name of the student	Year of studying
1	Shantanu khandge [General secretary- student council]	Final year MBBS
2	Shayaan khan [vice General secretary – student council]	Final year MBBS
3	Keagan Gerard miranda	Final year MBBS
4	Anushka anand hanchate	Final year MBBS

The students who attended the programme

Sr no	Name of student	Year of studying
1	Krishna bhanushali	2nd year MBBS
2	Shravani bhide	2nd year MBBS
3	Nachiket bhojane	2nd year MBBS
4	Anvi agrawal	2nd year MBBS
5	Faria ansari	2nd year MBBS
6	Zainab bubere	2nd year MBBS
7	Zarna ansari	2nd year MBBS
8	Zeal almeda	2nd year MBBS
9	Ahmed sarathia	2nd year MBBS
10	Vivek arban	2nd year MBBS
11	Anoushka sehgal	2nd year MBBS
12	Khushbu agrawal	2nd year MBBS
13	Abin koshy	2nd year MBBS

The **beneficiaries who attended the programme**

Sr no	Name of the beneficiary	Contact number
1	Navneet gharat	8356043919
2	Satish mhatre	9920682859
3	Rekha mhatre	9137524655
4	Shallan gaikwad	-
5	Niketa mukerie	8857910341
6	Budal	8355991145
7	Rauli mauraya	8879235427
8	Waseem ansari	6389392239
9	Vijay jhadhav	9619043305
10	Sainath patil	8446251825
11	Abhishek baguee	9619708981
12	Nomu c	9769504845

The programme was a huge success due to the efforts of Dr.Pradeep Sawardekar [Secretary - Student Council,Program officer -NSS unit], the NSS Unit and Student's Council members.

Dr. Pradeep Sawardekar
Secretary [Student Council]
Program officer [NSS unit]

Dr. G.S Narshetty- Dean
MGM Medical College
Navi Mumbai

Secretary
MGM Medical College,

NSS Programme Officer
MGM

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

SUBJECT –Permission to celebrate World Population day [11th july] on 13th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Respected sir,

The NSS unit wants to celebrate World Population day [11th july] on ~~14th~~ 13th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Kindly give the permission to conduct the activity.

Kindly please sanction the following-

1] 1 banner

2] Tea and Snacks for 30 people

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar

Program officer [NSS unit]

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

Dr. Archana Chatterji,

Medical superintendent

Mahatma Gandhi Mission Hospital for Women and Children Kalamboli,

Navi Mumbai

SUBJECT –Permission to celebrate World Population day [11th july] on ~~14th~~ 13th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Respected ma'am ,

The NSS unit wants to celebrate World Population day [11th july] on ~~14th~~ 13th. july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Kindly give the permission to conduct the activity.

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar

Program officer [NSS unit]

NSS Programme Officer
MGM Medical College,
Kamothe, Navi Mumbai

World Nature Conservation Day

MGM Institute of Health Sciences
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
MGM School of Physiotherapy
N-6 CIDCO, Aurangabad-431003
Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

Date: 27/07/2022

NOTICE

This is to inform the students of First Year BPT CBCS batch that we are organizing **Awareness and Beat Plastic Pollution** program on the occasion of "World Nature Conservation Day" on 28th of July 2022.

Venue: MGM Campus, Aurangabad

Time:02PM -03:30PM

Principal

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGM SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP/ AER/IQAC/00
		Issue No.	1
	Academic Event Report	Rev. No.	
	Conferences/ Seminars/Workshop/CME/Quiz/ Debate/ Guest Lecture/Extension activity etc	Date	14/03/2022
		Page	Page 1 of 2

No	Points for Report
1	**Name & Level of Event** - College
'Missing Link Between Human and Nature	
2	**Background/Introduction** - Need/ reasons for holding the program. Name of Association /Collaborations etc.
This National service scheme activity was organized on the occasion of World Nature Conservation Day for NSS Volunteers, Students, Faculties taking into consideration Living Sustainably in Harmony with Nature	
3	**Venue** -
MGM Campus, Aurangabad	
4	**Sponsors** - Name & Details
5	**Inauguration** - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given, compared by etc.....
6	**Speakers/ Judges/ Chairman/Panel Team –**

7	**Participants & Delegates** – No. of participants & delegates/teams with their names.
8	**Prize Distribution etc** - Brief Summary of the Proceeding.
9	**Valedictory Ceremony** - Brief of the proceeding including chief guest etc. and who conducted it.
10	**Highlights of the Event** - Brief about the main highlight(s) of the event.

1. This venture added confidence of participants and they followed reduce, recycle and reuse formula
2. Use reusable cloth bags instead of plastic or paper bags
3. They had positive effects on mind
4. All participants actively participated

Report Prepared on: 30/07/2022

Report Prepared by-Dr Krishna B. Gawande (PT)

Designation/ Dept- Assistant Professor

NSS Program Officer

Principal/ HOD

Director
MGM School of Physiotherapy
Aurangabad

MGM School of Physiotherapy Aurangabad

	MGM's SCHOOL OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMSOP /SCM-S/IQAC
		Issue No.	1
	ATTENDANCE SHEET	Rev. No.	
		Date	
		Page	Page 1 of 1

Name of Event- World Nature Conservation Day

Year: July 2022

Topic- Awareness and Beat Plastic Pollution

Sr No	Name of Students/NSS Volunteers	Signature
1	Akansha Sersande	
2	Suharsha Dinesh Bindu	
3	Yogeshwari Patil	
4	Syed Rida	
5	Vaishnavi. A. Tale.	V. A. Tale
6	Shaikh Saelaf mohd Ayub	
7	Sai Raghavi Sampath	
8	Dakshita Patil	
9	Gunjan Agrawal	
10	Harshita Shah	
11	Nidhi Miniyar	
12	Pratidnya Ghughare	
13	Namrata Bhalekad	
14	Arya Shinde	
15	Shraddha Kalantri	
16	vaishnavi Nikam	
17	Sakshi mate	
18	Ashwini Molekar	
19	Vaishnavi Jadhav	
20	Pranjal Jaiswal	
21	Samruddhi pande	

Sl No	Name of Students/NSS Volunteers	Signature
22	Vedashree Deshpande	Vedashree
23	Meenaam Baig	MBaig
24	Mary Nadar	
25	Shweta Shrimangle	Shweta
26	Suresh Sawant	
27	Aryan Patil	
28	Mohd. Furkhan	
29	Prem Renapurkar	Prem
30	Harsh Kasker	
31	Shaunak Jadhav	
32	Sunny Agrawal	
33	Shubham Raut	
34	Vinay Chaudhari	
35	Prabhamesh Pathare	Prabh
36	Apporva More	
37	Vivek So wawre	30/08
38	Malode Aniket	
39	Saurabh Jain	
40	Raj patil	
41	Jayant. Kadam.	
42	ABHISHEK KALE.	
43	Anaya Mandlik	
44	Padmja yadav	
45	Vaishali Parab	
46	Ashlesha Nagare	
47	Rutuja Kadam	
48	Akshata Dhamale	
49	Pratik Pramod Shinde.	
50	Shaikh Shaheen	

School of Architecture Aurangabad

Sr No	Name of Students/NSS Volunteers	Signature
51	Shubhangi K. Bankar	
52	Prerna Mhaske	
53	kavita chavan	
54	Shambhavi V. Goge	
55	Ashwini Mapari	
56	Syed Abdullah	
57	Maithili Samudkar	
58	Aparna Aher	
59	Shreyas Jadhav	
60	Ramsha Khan	
61	Khan Zuba	
62	Rutuja Shingne	
63	Hemangi Waghulde	
64	Vedika Joshi	
65	Renu Choudhary	
66	~~Jayant Kadam~~	~~Jay~~
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MGM School of Physiotherapy Aurangabad

Director
MGM School of Phys
Aurangabad

MGM School of Physiotherapy Aurangabad

WORLD NATURE CONSERVATION JULY 2022

World Breastfeeding Day

Event Name: World Breast feeding week celebration

Date & Time:3/08/2022 10.30a.m.-1.30 p.m.

Location: Primary Health care Center , Nere Villege

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Hand on training on breast feeding techniques	Dr. Shilpi Malhotra	60 ladies (Pregnant ladies and lactating women)
2.	Skit	Dr. Priyanka Pareek	8(MSc. Clinical Nutrition ,First year students)
3.	Galactogogues recipe Display	Dr. Priyanka Pareek	8(MSc. Clinical Nutrition ,First year students)

Kindly attach 4 photographs

Participants and coordinators and beneficiaries

Skit

SCHOOL OF BIO-MEDICAL SCIENCES M.G.M. KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

The event was conducted on 3 rd of August on the account of World breast feeding week. It was a joint activity which has been conducted by Dept. of Clinical Nutrition (MGM School of Biomedical Sciences), Dept. of Community Medicine (MGM Medical College), NSI Mumbai chapter. The purpose of the activity was to teach the correct techniques of breast feeding to the lactating and pregnant ladies and to give them information about nutrition during pregnancy and lactation. The hands on training had been given by Dr. Shilpi Malhotra. She explained in detail with her props the correct position and posture in which the mother should breastfeed. Different techniques were also explained which ensures that the baby gets properly fed. After the lecture the M.Sc. Clinical Nutrition students performed a skit. The skit was based on clearing some common myths and explaining facts regarding breastfeeding. At last they displayed the two galactogogoues recipes for lactating women, these recipes were easy to make and convenient. They also explained the nutritive value and procedure to the ladies. It was really a great experience would like to give thanks to all the SBS team for their support and guidance.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor,
Dept. Of Clinical Nutrition
MGM School of Biomedical Science, Navi Mumbai, Kamothe
Contact no. 8143640995

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES
KAMOTHE
NAVI
MUMBAI

Director
MGM School of Biomedical Sciences
Kamothe, Navi Mumbai

Event Name: World Breast Feeding week celebration

Date & Time: 8/08/2022 11.30a.m.-1.30 p.m.

Location: Ram Mandir, Belapur Gaon

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Street play	Dr. Priyanka Pareek Dr. Saloni Desai	6 (MSc. Clinical Nutrition ,First year students)

Kindly attach 4 photographs

Participants and coordinators

SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

Short event report

The event was conducted on 8 th of August on the account of World breast feeding week. It was a joint activity which has been conducted by Dept. of Clinical Nutrition (MGM School of Biomedical Sciences), and MGM Hospital and research centre, CBD Belapur. The purpose of the activity was to spread awareness regarding breastfeeding and to give them information about nutrition during pregnancy and lactation. The M.Sc. Clinical Nutrition students performed a street play to burst some myths and state some facts regarding breastfeeding. Later they conducted a discussion aiming to spread awareness about breastfeeding techniques among audience. It was really a great experience would like to give thanks to all the SBS team for their support and guidance.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor,
Dept. Of Clinical Nutrition
MGM School of Biomedical Science, Navi Mumbai, Kamothe
Contact no. 8143640995

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES KAMOTHE NAVI MUMBAI

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

76th Independence Day (Azadi ka Amrut Mahotsava)

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)
Grade 'A' Accredited by NAAC
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620
Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

Date: - 08/08/2022

CIRCULAR

Sub: "Celebration of Azadi ka Amrut Mahotsav – India @75"

This is to inform you that, in view of "Celebration of Azadi ka Amrut Mahotsav – India @75", MGMIHS has planned various activities as a central event in Kamothe campus starting from 13th August to 15th August 2022.

All the Students and Staff (Teaching/Non Teaching) are requested to be the part of this program and make the celebration of "Azadi ka Amrut Mahotsav – India @75" energetic and a grand success.

Winners in each category will be performing on Independence Day celebration (15th August 2022) at University Auditorium and they will be felicitated with a certificate and awarded with a cash prize of Rs. 2000/-.

The details of competitions are as follows:

Dance (Solo and Group), Singing (Solo and Group)

- THEME : "Patriotism"
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- CATEGORY OF REGISTRATION : Participation is invited under the following categories :
  - Singing (Solo) - Student
  - Singing (Solo) - Staff (Teaching & Non Teaching)
  - Singing (Group) - Student
  - Singing (Group) - Staff (Teaching & Non Teaching)
  - Dance (Solo) - Student
  - Dance (Solo) - Staff (Teaching & Non Teaching)
  - Dance (Group) - Student
  - Dance (Group) - Staff (Teaching & Non Teaching)

- SCHEDULE :

Dates	Event	Venue
05/08/2022 to 11/08/2022	Registration/Practice by interested students/teaching/non teaching staff	MGM Rhythm Academy, Kamothe campus.
12/08/2022 (12:00 PM to 03:00 PM)	Final Selection for each category	

RULES AND REGULATIONS:

- Participation is open to all Students and Staff (teaching/ non teaching).
- Registration fee – Free
- Time Limit for each category – 5-7min.
- Costume, Prop, etc is solely participant's responsibility.
- All audio-video will be arranged by MGMIHS.
- Winner will be awarded Certificate in respective category with a cash prize of Rs. 2000/-
- Any of category may be cancelled in case of less number of participants.

Essay Competition

- THEME: Nation First, Always First.
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- DATE : 13/08/2022
- TIME : 75 minutes (Begins at 10:30 AM)
- *VENUE : DEPARTMENT OF PROSTHETICS & ORTHOTICS, ACADEMIC SECTION*
- *Winner will be felicitated by prize.*

Rangoli Competition

- THEME : "Patriotism"
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- CATEGORY OF REGISTRATION :
  - Student
  - Staff (Teaching & Non Teaching)

- SCHEDULE :

Dates for registration	Event	Venue
05/08/2022 to 12/08/2022	Registration/Practice by interested students/teaching/non teaching staff	3rd floor, Reception of MGMIHS
13/08/2022	▪ Actual Rangoli to be prepared (02:00 PM to 04:00PM) ▪ Final Selection (04:00PM to 06:00 PM)	

RULES AND REGULATIONS:

- Participation is open to all Students and Staff (teaching/ non teaching).
- Registration fee – Free
- The maximum dimension allowed – "3feet by 3feet"
- Participants have to bring their own colors/decoration material.
- Total available slots are 30 (15 students & 15 Staff)
- The designated committee will judge the Rangoli on Saturday, 13/08/2022, from 04:00 PM to 06:00 PM
- All participants must remain present during committee visit.
- Winner will be awarded Certificate in respective category with a cash prize of Rs. 2000/-

Har Ghar Tiranga

- DATE : 14/08/2022
- PARTICIPANTS : NSS VOLUNTEERS
- The NSS Volunteers will put the national flag sticker to the citizens of India and they will click the geotag photograph of the activity.

08.08.2022

For **Dr.Uttara Deshmukh (P&O),**
Associate Professor & I/C Principal,
MGMIUDPO,
Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
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Report of "Celebration of 75th Independence Day"2022
"Azadi Ka Amrut Mahotsav"

Name of the event: Celebration of 75th Independence Day "Azadi Ka Amrut Mahotsav".

Purpose of the event: To inculcate the values of independence among the students.

Location of the event: MGM Campus, MGMIHS Kamothe, Navi Mumbai.

Date of the event: 15th August 2022.

Time: 08:00 AM to 12:00 PM

No. of attendees: 18 Students and 04 Faculties

Proceedings of the event:

MGM Institute of Health Sciences celebrated the 75th Independence Day with full joy and happiness with the presence of all members of the great Institute.

The function started with the Prabhat pheri from MGM University Building to MGM Sports Ground, at the MGM Sports Ground tree plantation activity was conducts under NSS Unit MGMIHS, where all the NSS Volunteers and faculty planted the saplings around the ground.

The program proceeded for Flag Hosting, and was continued with a small inaugural speech by Hon'ble Chancellor, Dr. Kamal Kishor Kadam. He gave tribute to all the freedom fighters who sacrificed their ultimate life for independence of this nation.

Further, distribution of artificial limbs, supporting devices & mobility aids by Hon'ble Chancellor sir, which was arranged by the Department of Prosthetics & Orthotics, MGMIHS in association with Department of Community Medicine, MGM Medical College, where three Divyangjans from adopted villages by MGMIHS under Unnat Bharat Abhiyan were benefited.

The program was continued with cultural activities by all constituent units under MGMIHS with the theme "Azadi Ka Amrut Mahotsav". Students from MGMIUDPO performed skit on "Tribute to Indian Army" which was praised by everyone. All the participants from various institutes gave outstanding performance. The program ended with National Anthem and refreshments were distributed to all the students and staff members of MGMIHS.

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

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GLIMPSES OF THE EVENT

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GLIMPSES OF THE EVENT

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Name of the Activity	:	Celebration of 75th Independence Day
Date	:	15/08/2022
Time	:	8:00 AM to 12:00 AM
Venue	:	MGM CAMPUS, MGMIHS, NAVI MUMBAI

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
1	Dr. Uttara Deshmukh (PAO)	
2	Dr. Subhasish Paikray (PAO)	
3	Dr. Ravikumar Barela (PAO)	
4	Dr. Simranjeet Kaur Manni (PAO)	

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Pranaya More	1211060000 6	
2	Rohan Dekate	1211060000 5	
3	Divyanshu Ghundiyal	1211060000 8	
4	Vanshika R. Raval	1191060000 2	
5	Maria Ubale	1191060000 3	
6	Lalit Patil	1191060000 4	
7	Krutik Jadhav	1191060000 7	

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8	Nikhil P. Wagh	120160000	
9	Hrida Ansari	120160000	
10	Govind Singh Tomar	120160000	
11	Surendra Singh	120160000	
12	Riya Gawande	119106000005	
13	Esha Malik		
14	Shikha Garg		
15	Sheetal Gaikwad		
16	Yashashree Gawade	119106000001	
17	Shivam Pandey	1181060010	
18	Lav Kumar	1181060000	
19			
20			

Dr. Uttara Deshmukh (P & O),
H. O. D. In-Charge,
MGM Institute's University Department
of Prosthetics and Orthotics,
Kamothe, Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
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Report of "Har Ghar Tiranga on occasion of 75th Independence Day" 2022 "Azadi Ka Amrut Mahotsav"

Name of the event: Har Ghar Tiranga on occasion of 75th Independence Day "Azadi Ka Amrut Mahotsav".

Purpose of the event: 'Har Ghar Tiranga' is a campaign under the aegis of Azadi Ka Amrut Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence.

Location of the event: Local Residence of NSS Volunteers.

Date of the event: 15th August 2022.

No. of attendees: 11 Students.

Proceedings of the event:

As a part of the initiative under the 'Azadi Ka Amrut Mahotsav' to commemorate the 75 glorious years of a progressive independent India, a campaign **'Har Ghar Tiranga'** has been launched to encourage the citizens to hoist the National Flag of India in their homes.

MGM Institute's University Department of Prosthetics and Orthotics (MGMIUDPO) have taken the initiative of Har Ghar Tiranga Campaign under NSS Unit, MGMIHS, Navi Mumbai in the remark of 75th Independence Day.

NSS Volunteers from MGMIUDPO visited to the different buildings in their residence to display the National Flag to create the awareness among the people and encourage them to join this huge campaign.

Students from MGMIUDPO enthusiastically participated in this campaign and realized their duties towards the nation.

Dr. [illegible] shmukh (P & O).
[illegible] In-charge,
[illegible] niversity [illegible] ment
[illegible] s [illegible] Orthotics,
[illegible], Navi Mumbai.

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
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GLIMPSE OF HAR GHAR TIRANGA ON OCCASION OF 75TH INDEPENDENCE DAY, 2022 "AZADI KA AMRUT MAHOTSAV"

MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
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Name of the Activity	:	Har ghar Tiranga.
Date	:	15th August 2022
Time	:	4:00 pm
Venue	:	Local Residence of NSS volunteers

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Rohan Dekate	12110600005	
2	Pranaya More	12110600006	
3	Divyanshu Ghundiyal	12110600008	
4	Vanshika R. Raval	11910600002	
5	Maria Ubare	11910600003	
6	Lalit Patil	11910600004	
7	Krutik Jadhav	11910600007	
8	Nikhil Pralhad	12010600007	
9	Hrida Ansari	12010600000	
10	Govind Singh Tomar	12010600000	
11	Surendra Singh	12010600000	
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15			

	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL, AURANGABAD	Doc. No	NSS/MGM/6
		Issue No	01
	NSS Activity Report	Rev. No.	00
		Date	22/08/2022
		No. of Pages	6

No.	Points for Report
1.	**Nature of Event – essay/poster/poem/dance/singing/digital art/sketch/poster/photography** **Independence Day 'Azadi ka Amrit Mahotsav' Celebration 2022**
1. Street Play on 'importance of blood donation' 2. Power point compilation on 'Advancement in Indian Health Sector in 75 years of independence' 3. Selfie with Tiranga 4. Visit to exhibition on 'Horrors of Partition' 5. Participation in Independence Day Parade at MGM Campus	
2.	**Date/ Time/ Venue**
13 - 15/08/2022. The street play was performed at 30 different locations across Aurangabad city. Rest of the activities were conducted inside MGM campus, Aurangabad.	
3.	**Rational/ Need for the Event**
In lieu of celebration of Azadi ka Amrit Mahotsav, various activities were conducted by the NSS volunteers. These activities were planned with purpose of creating social impact by raising public awareness regarding a social cause, educating all volunteers about advances and progress made by nation in medical sector post independence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices made by countrymen for achieving the independence.	
4.	**Organized by Institute/ Dept(s)**
NSS Unit, MGM MCHA	
5.	**Report of Event Proper**
1. Street Play: During 13th & 14th August, 25 volunteers performed skit at 30 different locations in the city. The skit was in local language stressing importance of blood donation, explaining eligibility as well as inspiring people to donate blood. 2. PPT compilation: the volunteers gathered information from various sources regarding progress made by India in medical sector during last 75 years. They then compiled this information in form of power point presentation. These were then presented and all volunteers took part in a discussion as to what are the future challenges and how we can work further. Total 15 presentations were made.	

3. Selfie with Tiranga: 50 volunteers clicked selfie with the tricolor and uploaded them on the harghartirnga.com website. They got certificates for same.
4. Exhibition on 'Horrors of Partition': 14th August was observed as the 'Partition Horrors Remembrance Day'. On this day, the volunteers visited an exhibition regarding the political scenario, social factors, mass exodus and consequences of the partition. It was organized in the MGM campus, Aurangabad.
5. Independence Day Parade: 22 volunteers participated in parade on 15th August. They were awarded third prize among 22 teams from MGM campus.

6. Patients/ Participants/ Audience Details – *No and characteristics of patients/ participants/ audience.*

The street play was performed by 25 volunteers and catered to a population of around 3000 general public. All 140 volunteers benefitted from power point presentation which was compiled by 15 volunteers. 50 volunteers uploaded their selfies. All 140 volunteers visited the exhibition.

7. Faculty/ Residents/ Students Participated – *No, Names etc.*

Dr. Deepak Tayade (NSS Advisor), Dr. Bhavna Joshi (NSS Program Officer) and 140 NSS volunteers, supporting staff of MGM MCHA

8. Event Outcome & Projections in Brief

The NSS volunteers learnt organizing and performing skills. The general public was made aware about life saving importance of blood donation, eligibility for donating blood and answered their queries on this topic. Many persons gave feedback that they felt motivated for donating blood. Through these activities, the volunteers learnt the art of expressing themselves as well as cultivated pride and love for the nation. Through participation in the parade, they learnt team-work, co-ordination, discipline.

	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL, AURANGABAD	Doc. No	NSS/MGM/6
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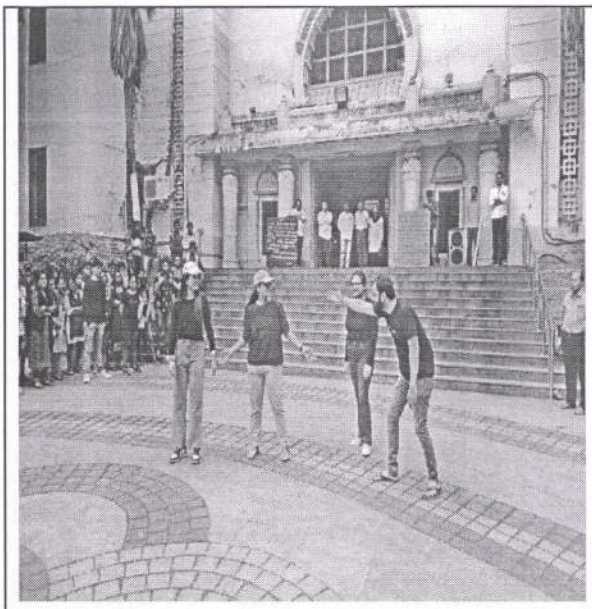
		No. of Pages	6



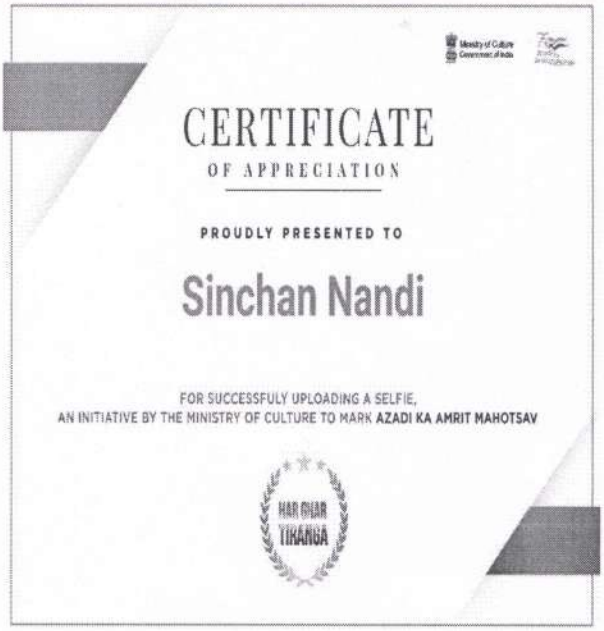
Volunteers performing street play

General public watching street play

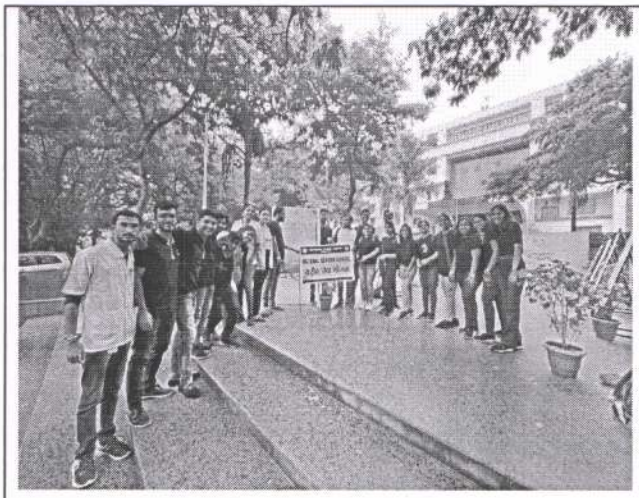
Performing play at Prozone Mall, Abad

Team at M.P. Law College, Abad

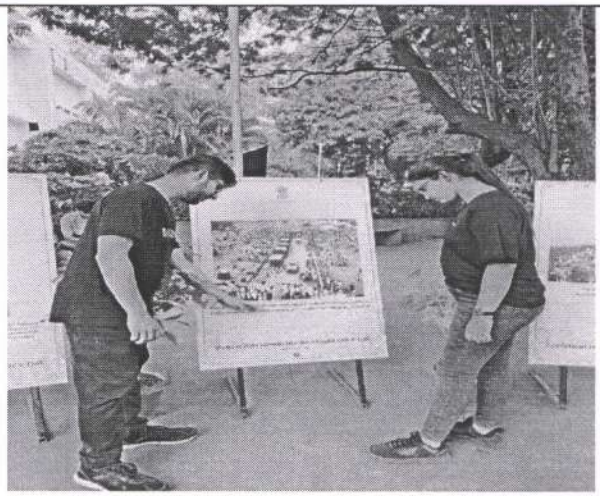
NSS Volunteer holding the tricolor



Certificate of uploading selfie with Tiranga

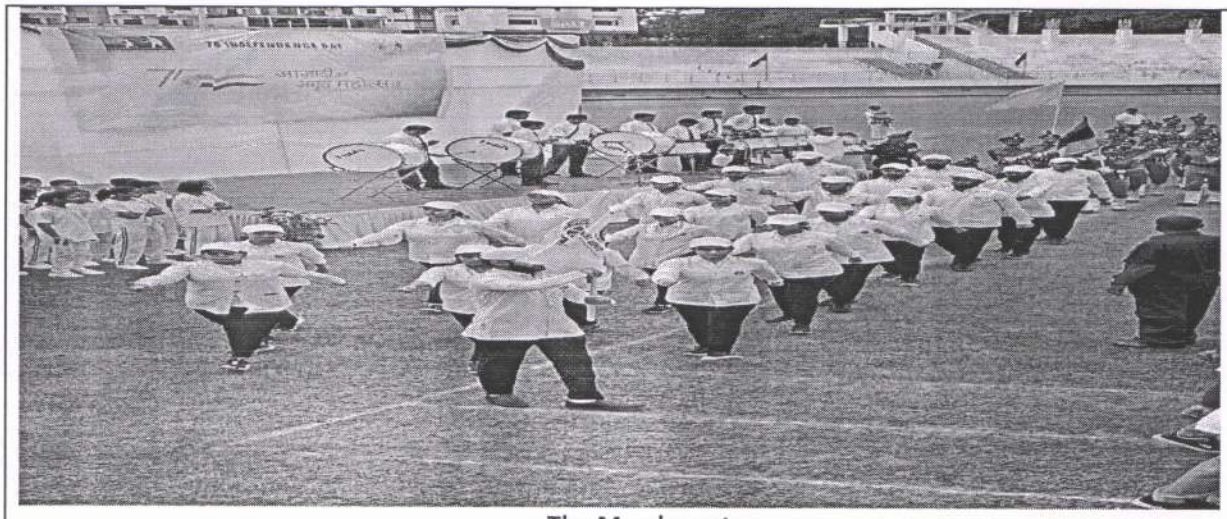


'Horrors of Partition' Exhibition



Discussion on 'Horrors of Partition'

NSS Volunteers at Independence Day Parade



The March-past

The NSS troop awarded third prize at the parade

Bhavna.

Dr. Bhavna Joshi,
NSS Program Officer,
MGM Medical College, Aurangabad

Food Safety Week

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

Mess /Canteen Committee

To,

The Dean,

MGM Medical College ,

Kamothe , Navi Mumbai

Subject - Report of IEC activity of a training programme to **celebrate 'Food Safety Week** [5th August 2022 to 12th August 2022]' by Mess &Canteen Committee

Respected sir,

Here by submitting the report of IEC activity training programme to celebrate food safety week [5th august 2022 to 12th august 2022] by mess & canteen committee for the staff of the mess & canteen .

The activity was conducted at the central mess on 25th august 2022 , [11 am to 12pm]

Thanking you,

Yours sincerely,

Dr. Pradeep Sawardekar
Secretary - Mess /Canteen committee

Secretary
MGM Medical College,
Kamothe, Navi Mumbai

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai 410209

In order to celebrate the Food Safety Week [5th august 2022 to 12th august 2022] a training programme for the staff of mess & canteen was organized under the guidance of **Dr. Pradeep Sawardekar [Secretary - Mess /Canteen committee]**

It was a interactive session where various points regarding food handling and food safety was discussed .

Dr. Pradeep Sawardekar [Secretary - Mess /Canteen committee] & Dr rupali gujar [MSW , Member Mess /Canteen committee] during the session .

The programme started with the introductory remarks by Dr Rupali Gujar [Mess Member] .
She gave the brief idea regarding the importance of handling the food. She also mentioned regarding the health checkup activities provided by the management to the working staff .
The staff should be aware about it and regular checkup should be done .

Dr Rupali Gujar [Mess Member] interacting with the staff members .

The programme later progressed with the interactive session by Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee]

He emphasized on the topic of a benefits of good food safety under the headings of- :-

- Satisfied customers
- Loyal and confident customers
- Good reputation – customer recommendations
- Operating costs under control
- Profit
- Legal compliance – no criminal prosecutions or civil lawsuits
- Pleasant working environment
- Healthy employees
- Motivated employees
- Better job security
- Less employee supervision required

Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee] also mentioned that deworming tablets should be provided to the staff and the responsibility to keep this information updated for each staff was taken by Ms Prachi Nangare [Health Inspector]

He also made a assurance to the staff members that each and every staff member will be provided assistance by the hospital management in regards to their regular check up and routine medical examination .

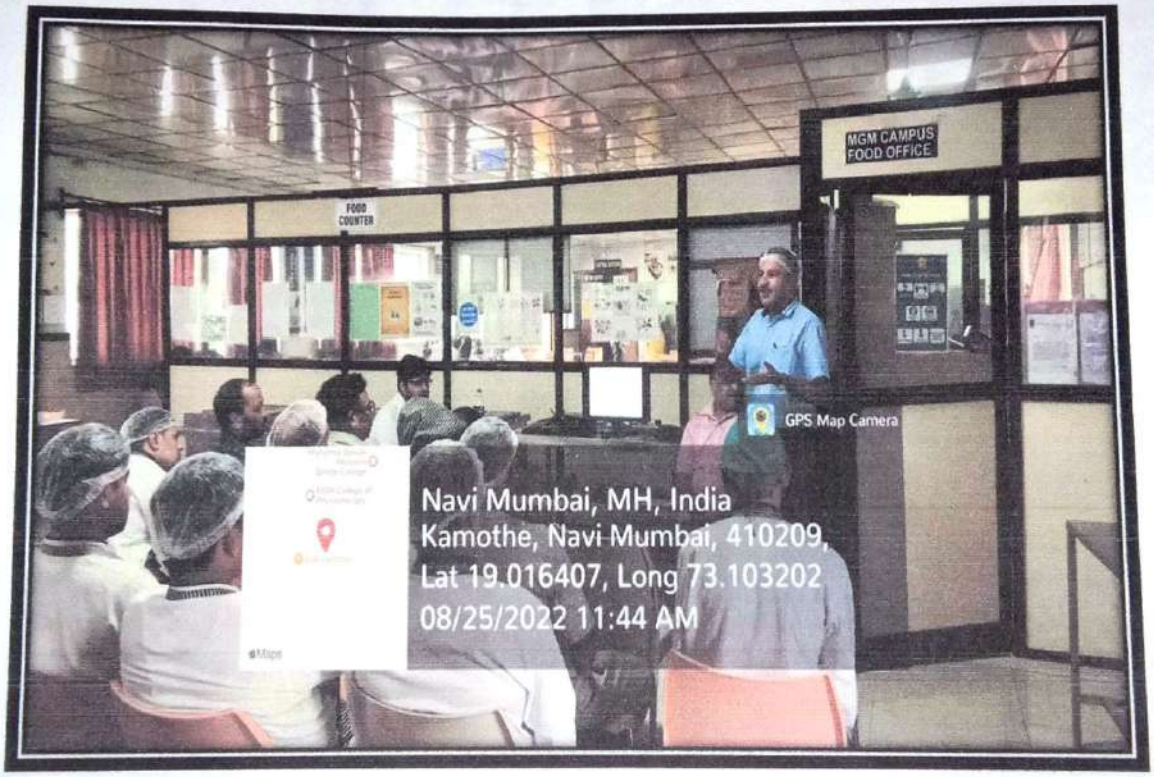
Food Safety Protocols for Food Handlers

Dr Pradeep Sawardekar
Professor – Community Medicine
MGM Medical College

The powerpoint presentation made by Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee]for the session . The Preface of the slide presentation is the above picture

Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee] during his presentation .

Mr Ravindra Pawar [Manager , Mess And Canteen] later explained the importance of following guidelines and safety .
He mentioned that it is the responsibility of each and every individual to carry out their responsibility



Mr Ravindra Pawar [Manager , Mess And Canteen] interacting With The Staff Members .

The staff members attending the session .

The event went into its final phase with vote of thanks by Dr Sanjay Singh Kushwah [Intern MBBS]
He expressed his gratitude to-
Dean Sir
Dr Pradeep Sawardekar Sir ,
Dr Rupali Gujar Ma'am
Dr Ravindra Pawar Sir
Ms Prachi Nangare Ma'am
Dr Parth Mirani
Dr Abhjieet Roadpalkar Sir
Dr Ramdas Kachare Sir and to all the staff .the collective efforts by each one made the event a successful .

Dr Sanjay Singh Kushwah [Intern MBBS] expressing vote of thanks

Faculty members who conducted the training session

Sr. No.	Name	Designation	Position in the mess and canteen committee
1	Dr. Pradeep Sawardekar	Professor – community medicine	Secretary
2	Dr Rupali Gujar	MSW	Member
3	Mr Ravindra Pawar	Manager -Mess And Canteen	Joint Secretary
4	Ms. Prachi Nangare	Health Inspector	member
5	Mr. Abhijeet Rodpalkar	Clerk	-
6	Mr. Ramdas Kachare	Health assistant	-
7	Dr Parth Mirani	Intern MBBS	-
8	Dr Sanjay Singh Kushwah	Intern MBBS	-

The staff of the mess and canteen [beneficiaries] who attended the programme

Sr no	Name of the staff	Position
1	Liladhar Kadu	Head chef
2	Taleshawar Yadav	Chef
3	Vijay Kadu	Chef
4	Rakesh Sahu	Chef
5	Suraj Kumar	Assistant cook
6	Santosh Vachade	Chef
7	Mahadev Tambatkar	Worker
8	Surekha Jhadav	Worker
9	Seema Sarkar	Worker
10	Jyoti Pawar	Worker
11	Shardha Surve	Worker
12	Rakesh Patil	Worker
13	Siddesh	Store attendant
14	Seema Shinde	Worker
15	Yogesh Yadav	Worker
16	Paresh Thakur	Worker
17	Ajay Shikhavne	Service boy
18	Hiralal Gupta	Tea maker
19	Meena	Worker

The data of the activity

Faculty	beneficiaries	Total
8	19	27

	Male	Female	Total
Faculty	06	02	08
beneficiaries	13	06	19
total	19	08	27

The programme was a huge success due to the efforts of
Dr.Pradeep Sawardekar [secretary – mess & canteen committee]
Dr. Sanjay Singh Kushwah [MBBS Intern] & Dr . Parth Mirani
[MBBS Intern]

Dean
MGM Medical College & Hospital
Kamothe, Navi Mumbai-410209

Dr. Pradeep Sawardekar

Secretary - Mess /Canteen committee

MGM Medical College Navi Mumbai

Secretary
MGM Medical College
Kamothe, Navi Mumbai

Dr. G.S Narshetty- Dean,

Chairman [Mess /Canteen committee]

MGM Medical College Navi Mumbai

World First Aid Day

SBS
School of Biomedical Sciences

EVENTS NAME : WORLD FIRST AID DAY

DATE AND TIME : 14TH SEPTEMBER 2022, 3:30AM TO 5AM

LOCATION : MGM SCHOOL OF BIOMEDICAL SCIENCES

SR NO.	EVENT TITLE AND VENUE DETAIL	PROGRAM COORDINATOR	TOTAL NUMBER OF PARTICIPATS
1	WORLD FIRST AID DAY; MGM SCHOOL OF BIOMEDICAL SCIENCES NAVI MUMBAI		

WORLD FIRST AID DAY WAS CELEBRATED ON 14TH SEPTEMBER, 2022 AT MGM SCHOOL OF BIOMEDICAL SCIENCES, NAVI MUMBAI. NSS STUDENTS ORGANISED THIS EVENT UNDER THE GUIDANCE OF RESPECTED FACULTY. SKIT AND DEMONSTRATION ON FIRST AID WAS HELD ON OCCASION OF FIRST AID DAY , STUDENTS INITIATIVELY PARTICIPATED IN THIS EVENT.

REPORT PREPARED BY: NSS P.O. MRS. ANAMIKA CHALWADI

CONTACT DETAILS : SBS MGM .

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai

M.G.M. SCHOOL OF BIO-MEDICAL SCIENCES
KAMOTHE
NAVI
MUMBAI

World Hindi Diwas

SBS
School of Biomedical Sciences

EVENTS NAME : WORLD HINDI DIWAS

DATE AND TIME : 14TH SEPTEMBER 2022, 3:30AM TO 5AM

LOCATION : MGM SCHOOL OF BIOMEDICAL SCIENCES

SR NO.	EVENT TITLE AND VENUE DETAIL	PROGRAM COORDINATOR	TOTAL NUMBER OF PARTICIPATS
1	WORLD HINDI DIWAS ; MGM SCHOOL OF BIOMEDICAL SCIENCES NAVI MUMBAI		

WORLD HINDI DIWAS WAS CELEBRATED ON 14TH SEPTEMBER, 2022 AT MGM SCHOOL OF BIOMEDICAL SCIENCES, NAVI MUMBAI. NSS STUDENTS ORGANISED THIS EVENT UNDER THE GUIDANCE OF RESPECTED FACULTY. POEM AND ESSAY COMPETITION WAS HELD ON OCCASION OF HINDI DIWAS, STUDENTS INITIATIVELY PARTICIPATED IN COMPETITION AND SEMINAR.

REPORT PREPARED BY: NSS P.O. MRS. ANAMIKA CHALWADI

CONTACT DETAILS : SBS MGM .

Director
MGM School of Biomedical Science
Kamothe, Navi Mumbai