



**MGM INSTITUTE OF HEALTH SCIENCES**

(Deemed University u/s 3 of UGC Act, 1956)

**Grade 'A' Accredited by NAAC**

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : [registrar@mgmuhs.com](mailto:registrar@mgmuhs.com) ; Website : [www.mgmuhs.com](http://www.mgmuhs.com)

**University IQAC Activity**

**Report - Human values celebration 7th May 2020**

**Buddha Purnima**

**Preamble:** India is blessed by the teachings of Lord Buddha who advocated eternal peace and guided us to embrace the right way of living. On Buddha Purnima, we took the opportunity to remind ourselves of India's rich culture and heritage and to imbibe their teachings in our lives through an E-Poster competition for students.

**Date:** 7<sup>th</sup> May 2020

**Activity:** To prepare a PPT with maximum of 8 slides with respect to the teachings of Lord Buddha on the following points.

- o Human values teachings by Lord Buddha.
- o How were they exposed and influenced by those values
- o Did they imbibe those values and if yes then, how have they implemented them in your day to day life.
- o If they are not practicing but want to, what human values that they would like to inculcate and develop and how would they go about doing it.

**Number of participants:** 40 (List 1 attached )

**Participating Institutes** –From both Campuses, 31-NM + 9- Abd = Total 40

**Judges – 1 External & 1 Internal Judge appointed**

1. Dr Anita Kadagad Kembhavi, Director & Consultant Ayurveda Physician and Panchakarma Specialist at Astanga Wellness Pvt Ltd. Hubli, Karnataka, Board Member of Europe Ayurveda Academy, France
2. Dr Rakesh Ghildiyal - Professor & HOD, Psychiatry Department, MGM Medical College, Navi Mumbai

**Sequence of events –**

- Notice for Human values celebration was sent to all the students of all the institutes on 4.5.2020 (Annexure 1)
- Students were asked to submit their entries by 11.5.2020.



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- After collecting all submissions on line the personal information was concealed on all entries and then they were distributed to all the judges online.
- 3 winners were selected by judges. (Annexure 2)
- Results were declared on 15.6.2020. (Annexure 3)
- Winners were given certificates. The results were uploaded on the website
- Judges were given Certificate of Appreciation.
- With participation from both Campuses the event was conducted smoothly.

**Dr. Rita Khadkikar**  
University IQAC Co-ordinator  
MGMIHS

**Co-ordinator**  
**IQAC Cell**  
**MGMIHS**

**Kamothe, Navi Mumbai - 410209**

**Dr. Shashank Dalvi**  
Vice Chancellor  
MGMIHS

**Dr. Shashank D. Dalvi**  
Vice Chancellor  
MGM Institute of Health Sciences  
Navi Mumbai - 410209



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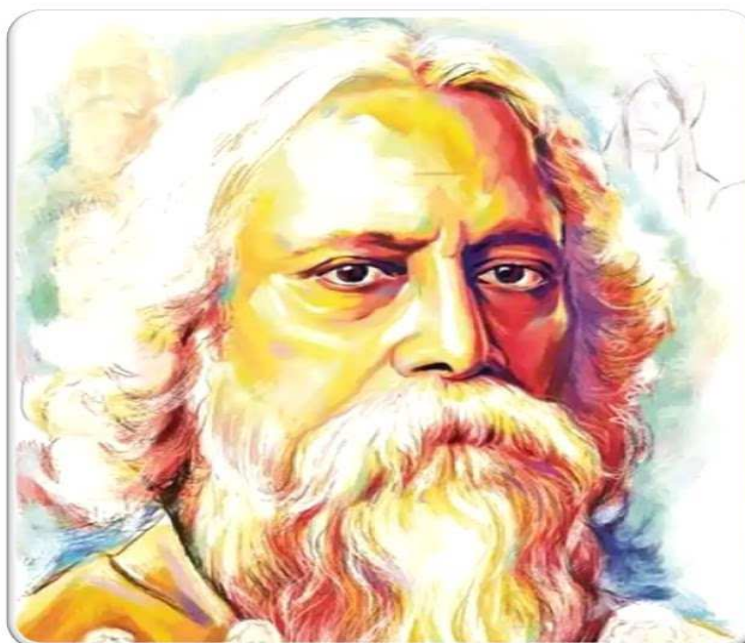
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### **Human values celebration 7th May 2020**

#### **Buddha Purnima and Gurudev Rabindranath Tagore's Birthday**



Where the mind is without fear and the head  
is held high  
Where knowledge is free  
Where the world has not been broken up  
into fragments.....

What you think, you become  
What you feel, you attract  
What you imagine, you create  
Gautama Buddha

In this crucial time of fear and uncertainty, these words of Gurudev Rabindranath Tagore remind us not to lose hope till we achieve our goal. India has also been blessed by the presence and teaching of Lord Buddha who advocated eternal peace and to embrace the right way of living.

On 7<sup>th</sup> May 2020, we celebrate Buddha Purnima and the birth anniversary of Gurudev Rabindranath Tagore. On this day we would like to remind ourselves of India's rich culture and heritage and to imbibe their teachings in our lives.

We at MGMIHS are keen to have all the students promote this culture and will be hosting 2 separate e-poster competition in remembrance of Gurudev Rabindranath Tagore and Lord Buddha.

Students can participate in either one or both the e-posters competitions

You need to prepare a PPT with maximum of 8 slides.

It must include the following:


First slide must mention your details Campus, Name, Roll number, Program, Semester, Mobile No, E-mail id.

- o Human values that were unique to Rabindranath Tagore and Lord Buddha.
- o How were you exposed and influenced by those values.
- o Did you imbibe those values and if yes then, how have you implemented them in your day to day life.
- o If you are not practicing but want to, what will be the human values unique to Rabindranath Tagore and Lord Buddha that you would like to inculcate and develop and how would you go about doing it.

You can mail the PPT to [iqac@mgmuhs.com](mailto:iqac@mgmuhs.com) **Last date for submission is 11<sup>th</sup> May 2020**

The best ones will receive a certificate and their presentations will be put up on the MGMIHS website

We look forward to your active involvement.

  
Dr. Rita M Khadkikar  
IQAC Co-ordinator  
MGMIHS,NM



### E-poster for Lord Buddha

Sr. No.	Student Name	Institute	Campus
1	PANIGRAHI ADITI PRAKASHCHANDRA	1 <sup>ST</sup> YEAR BSC NURSING	Navi Mumbai
2	ANASWARA RAJU	FIRST YEAR BSc NURSING	Navi Mumbai
3	bhagyalekshmi ajit	bsc nursing	Navi Mumbai
4	Ms. Shweta Girish Pandit	3 <sup>RD</sup> Year Bsc Nursing	Navi Mumbai
5	Neha Jha	MGM, Aurangabad SBS	Aurangabad
6	SHAIKH FIRDOUS	SBS	Aurangabad
7	Ms. Arathi Chandran	II Year MSC Nursing(Critical Care Nursing)	Navi Mumbai
8	Rosemary Stephen	B.Sc. Nursing	Navi Mumbai
9	Ms. LEEDIYA MARY	BSc. NURSING (3 <sup>RD</sup> YR	Navi Mumbai
10	Ms. NISHA GUPTA	BSc. NURSING (3 <sup>RD</sup> YR)	Navi Mumbai
11	Sakshi Rajendra Purarkar	BSc Nursing	Navi Mumbai
12	Gokul gopinath	SBS	Navi Mumbai
13	Merlin Shaji	BSc Nursing	Navi Mumbai
14	HARSHITHA V.K. HARIDAS	1 <sup>st</sup> YEAR BSC NURSING	Navi Mumbai
15	Jasmine James,	First year BSC Nursing,	Navi Mumbai
16	Jheel Punmia	IV Year – BPT	Navi Mumbai
17	Indraneel Mhatre	BPT	Navi Mumbai
18	POOJA PATRE	MBBS	Aurangabad

Sr. No.	Student Name	Institute	Campus
19	Rajlekshmi Ajit	B. Sc Nursing, 2 <sup>nd</sup> Year	Navi Mumbai
20	Shantanu Ramesh Shinde	MGM Aurangabad SBS	Aurangabad
21	Shivdhan Balasaheb Magar	MBBS Aurangabad	Aurangabad
22	Umeshkumar Sudhakar Wankhede	MBBS Aurangabad	Aurangabad
23	Misbah R Choudhary	P & O, NM	Navi Mumbai
24	KHAN SANA BARKATULLAH	P & O, NM	Navi Mumbai
25	SANDRA GEORGE	BSc. NURSING (3 <sup>RD</sup> YR	Navi Mumbai
26	Aishwarya Ajimon	Bsc Nursing	Navi Mumbai
27	MERLIN MATHEW	Bsc Nursing	Navi Mumbai
28	Anushka Bhanarkar	BPT	Navi Mumbai
29	Jalak Upadhyay	BPT	Navi Mumbai
30	AARTI BAPU CHANDANSHIVE	BPT	Navi Mumbai
31	ARYA VINAYAK SAVADI	BPT	Navi Mumbai
32	Niyati Choksi	BPT	Navi Mumbai
33	Avani V Shah	BPT	Navi Mumbai
34	Bhairavi Sanjay Ugale	BPT	Aurangabad
35	MIZBA SIDDIQUI	BPT	Navi Mumbai
36	Shekhar Bhikan Khade	SBS	Aurangabad
37	NIDHI RANE	MBBS	Aurangabad
38	Aniket Chandrakant Vyavahare	B.scII Nursing	Navi Mumbai
39	Siddhi More	BPT	Navi Mumbai
40	Palak Trivedi	BPT	Navi Mumbai



# Human Values Celebration

## E -Poster competition –Lord Buddha

**1<sup>st</sup> Prize**

**Neha Jha**  
**(MBBS MGMMC ABD)**



**2<sup>nd</sup> Prize**

**Shivdhan B Magar**  
**(MBBS MGMMC ABD)**



**3rd Prize**

**Jalak Upadhyay**  
**(BPT MGMSOP NM)**



# Human Values Celebration

## E -Poster competition – Gurudev Rabindranath Tagore

### 1<sup>st</sup> Prize

**Zaheen Zahid Shaikh  
(BPT MGMSOPNM)**



### 2<sup>nd</sup> Prize

**Jewel Monteiro  
(MHA MGM SBS NM)**



### 3<sup>rd</sup> Prize

**Sneha Shaji  
(B .Sc Nursing MGM NM )**





## Human Values Celebration

E -Poster competition –Lord Buddha

External Judge

**Dr Anita Kembhavi**

Director & Consultant  
Ayurveda Physician and  
Panchakarma Specialist at  
Astanga Wellness Pvt Ltd.  
Hubli, Karnataka,



Internal Judge

**Dr Rakesh Ghildiyal**

Professor & HOD  
Psychiatry Department  
MGM Medical College,  
Navi Mumbai



## Human Values Celebration

E -Poster competition –Gurudev Rabindranath  
Tagore

External Judge

**Manjusri Ganguly**

Ex Associate professor & HOD  
Environmental studies  
ICLES Motilal Jhunjhunwala  
college Vashi



Internal Judge

**Dr N. C. Mohanty**

Director of International student  
Welfare Committee MGMIHS





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*Certificate of Appreciation*

**Human Values Celebration**

**E -Poster competition –Lord Buddha**

This is to certify that **Dr Rakesh Ghildiyal** has evaluated the **E-Posters** as an **Internal Judge** for the **E -Poster Competition –Lord Buddha** on the occasion of **Buddha Purnima**, **7<sup>th</sup> May, 2020** organized by the IQAC, MGMIHS.

**Dr. Rita Khadkikar**

IQAC Coordinator

MGM Institute of Health Sciences

**Dr. Rajesh B. Goel**

Registrar

MGM Institute of Health Sciences



**Dr. Shashank D. Dalvi**

Vice Chancellor

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**Human Values Celebration**

**E -Poster competition –Lord Buddha**

This is to certify that **Dr Anita Kembhavi** has evaluated the **E-Posters** as an **External Judge** for the **E -Poster Competition –Lord Buddha** on the occasion of **Buddha Purnima, 7<sup>th</sup> May, 2020** organized by the IQAC, MGMIHS.

**Dr. Rita Khadkikar**

IQAC Coordinator  
MGM Institute of Health Sciences

**Dr. Rajesh B. Goel**

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### **Human Values Celebration**

### **E -Poster competition –Lord Buddha**

This is to certify that **Ms. Neha Jha**, MGM Medical College, Aurangabad has won **1st Prize** in the **E -Poster competition –Lord Buddha**, on the occasion of **Buddha Purnima, 7<sup>th</sup> May, 2020** organized by the IQAC, MGMIHS.

**Dr. Rita Khadkikar**

IQAC Coordinator

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**Human Values Celebration**

**E -Poster competition –Lord Buddha**

This is to certify that **Mr. Shivdhan B Magar**, MGM Medical College, Aurangabad has won **2nd Prize** in the **E -Poster competition –Lord Buddha**, on the occasion of **Buddha Purnima, 7<sup>th</sup> May, 2020** organized by the IQAC, MGMIHS.

**Dr. Rita Khadkikar**

IQAC Coordinator

MGM Institute of Health Sciences

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**Human Values Celebration**

**E -Poster competition –Lord Buddha**

This is to certify that **Ms. Jalak Upadhyay**, MGM School of Physiotherapy, Navi Mumbai has won **3rd Prize** in the **E -Poster competition –Lord Buddha**, on the occasion of **Buddha Purnima, 7<sup>th</sup> May, 2020** organized by the IQAC, MGMIHS.

**Dr. Rita Khadkikar**

IQAC Coordinator

MGM Institute of Health Sciences

**Dr. Rajesh B. Goel**

Registrar

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**Dr. Shashank D. Dalvi**

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